

CREAMY CHIPOTLE RANCH

By Avie Rosacci

Ingredients:

⅓ cup Mayonnaise
½ cup sour cream
¼ cup buttermilk
2 chipotle peppers in adobo sauce (canned)
½ tsp. garlic powder
½ tsp. onion powder
½ tsp. smoked paprika
¼ tsp. Himalayan salt

Instructions:

In blender or Ninja Bullet, add all ingredients and blend at high speed until incorporated.

Freeze leftover chipotle chilies 2-3 per bag for later use. You can also freeze the buttermilk in freezer bags in ¼ - ½ cup portions for no waste cooking and food prep.

Serving size: 2 TBSP

Nutrition facts per serving:

Calories: 78.2 kcal - Protein: .06 grams - Carbohydrate: 1.5 grams - Fat: 7.8 grams



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