



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE Y IN YOUR DISTRICT

## YMCA PROGRAMS



YMCA OF ORANGE COUNTY  
[ymcaoc.org/district-support](http://ymcaoc.org/district-support)



# The Y Philosophy

YMCA programs are rooted in the YMCA mission, vision, core values and purpose.

## **CARING – HONESTY – RESPECT – RESPONSIBILITY**

We believe that building strong children and families will strengthen the foundation of our communities, with programs that:

- Support the needs and priorities of the child, family and school.
- Provide a safe, secure and supportive environment that gives families peace-of-mind.
- Offer activities that strengthen, expand and provide real-life context to the information learned in the classroom.
- Foster the opportunity to provide healthy mind, spirit and body for all.



## What We Offer

- Before and After School Care on Campus
- Camps: Spring, Summer, and Winter
- Clubs
- Distance Learning Lab and Support
- Enrichment Classes
- Esports Program
- Inclusion Services for Children with Special Needs
- Physical Education: Noontime Sports Program
- STEAM Education
- Teen Clubs
- Financial Assistance



# Program Snapshot



## S.T.E.M. Curriculum

The Y prepares children for success with enrichment programs that develop knowledge and application of Science, Technology, Engineering, and Math.



## Enrichment Classes

These are specialty classes that focus on one key area of interest. Each class meets 2-3 times per week for 2 hours for a total of 8 weeks. All classes are led by teachers with a specialized understanding of that particular topic.



## Onsite School Care

We offer on campus care for parents when school is not session. This includes before and after school, full-day, holidays, summer break, winter break and more.



## Noontime Sports

This program can be used to supplement existing P.E. programs, or can be implemented in the absence of regular P.E. programs.



## Camps

Our holiday and summer camps provide academic enrichment, recreational and extracurricular opportunities for children.



## Inclusion

Helps children with special needs succeed in traditional afterschool settings while broadening the experience of the other children in the program.



## Distance Learning

Educational support for children K-8th. Our teachers will work with children from one hour to multiple hours with available Chromebooks or student's personal laptop.



## Scholarship Assistance

We never turn a family away for their inability to pay. **In 2018-19 school year, the Y provided a total of \$1.1 million in assistance to families.**

**LEARN MORE:**

[ymcaoc.org/district-support](http://ymcaoc.org/district-support)

# Our Impact Results

## Achievement & Health\*

88% gain new knowledge, skills and abilities

89% become more physically active

88% build confidence

85% discover what they can achieve

---

## Character & Giving\*

91% demonstrate caring, honesty, respect and responsibility

88% volunteer and help others

86% value differences in others

92% collaborate with other children

87% make connections between their choices and potential consequences

---

## Relationships & Belonging\*

91% feel a relationship between their child and the staff

90% feel a sense of belonging to this program

94% build friendships

# About the Y

At the Y, our purpose is strengthening communities with a focus on three key areas of impact: youth development, healthy living and social responsibility. We serve Orange County, Riverside County, Pomona Valley, and East San Gabriel Valley through 5 Health & Wellness locations (Fullerton, Huntington Beach, Laguna Niguel, Mission Viejo and Newport-Mesa), 2 program centers (Rancho Mission Viejo and Yorba Linda/Placentia), an aquatics and soccer complex (Santa Ana), numerous community services and youth programs, 80 child & youth development centers, preschool & early learning programs and TK-kindergarten wrap around programs. Donations, grants and legacy gifts ensures Y programs are "Open to All" regardless of an individual's or family's financial circumstances. 100% of donations support our Financial Assistance Program or subsidized programs for marginalized populations.



**7,804**

students served daily



**80+**

before & afterschool centers on school campuses



**621**

trained staff who provide interactive, caring and quality daily service to the students



**13+**

enrichment clubs offering students the opportunity to learn and explore their interests

**16 ASES**

(After School Education & Safety Programs)

This program supports low-income families by providing a safe and educational after school environment through state grants.

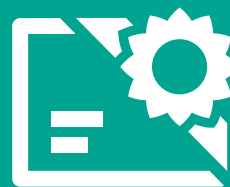
**1**

Inclusion Program for children with special needs or disabilities that supports them in becoming independent, engaged, and successful in their educational setting



**\$1.1 million**

in financial assistance provided to families in need



The YMCA of Orange County:

- Is licensed by the state of California\*
- Conducts regular quality assurance audits

\*select locations



## **Our Mission**

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

## **Our Vision**

To improve lives and strengthen character through youth development, healthy living and social responsibility driven by passionate staff and volunteers.

## **Our Values**

Respect, Responsibility, Caring, and Honesty – Our values are celebrated by staff and members and provide a positive foundation for all Y programs and a healthy connection with others.

## **Our Commitment**

To keep programs open for all. The Y is a nonprofit, charitable organization that serves the entire community. Donations support our scholarship program and Our Commitment.

## **Our Purpose**

Strengthening the foundation of communities.

**YMCA OF ORANGE COUNTY**  
[ymcaoc.org/district-support](http://ymcaoc.org/district-support)