



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MIX STIR & BLEND

Peterson YMCA
Cooking Club Recipe

CILANTRO LIME DIP

Ingredients:

- (8oz) Sour cream
- (2) Limes
- (1) Bunch of cilantro\1/2 teaspoon of salt

Directions:

- Chop cilantro
- Put container of sour cream and chopped cilantro into blender.
- Add lime juice
- Add salt to taste
- Blend everything until smooth



PETERSON YMCA

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