

March 16, 2020

As we continue to navigate this unprecedented time, **we have made more necessary changes to our fitness facility locations effective March 17, 2020.**

**New Requirement:** All members will be asked to sign an additional waiver upon entrance. The waiver must be signed in order to access the facility.

**The following services and programs have been canceled:**

1. All pools are closed. All aquatics classes and programs have been postponed.
2. All Personal Training sessions are postponed. We will extend the expiration date on all personal training packages to accommodate this closure.
3. Adventure Guide Events – all events have been postponed through the end of March. We will communicate regarding events scheduled for April later this month.
4. Fee-based classes and programs – are postponed.

**The following services will remain open at this time:**

1. Fitness floor – cardio machines, weights and other equipment will remain open with some modifications. We will be closing off a select number of machines to provide 6 feet of social distancing.
2. KidZone – will remain open and available for those who choose to use this service. We will be asking health-related questions upon check-in and ask that parents keep their children home if they are sick.
3. Group Exercise classes – we will continue to offer modified classes with limited space in order to ensure 6 feet of space between participants.

**Additional available services:**

- Online Workouts – we have created a library of workouts for all ages. Newly added workouts include Zumba and kids fitness. This free resource is available anytime and anywhere by visiting [www.ymcaoc.org/videos](http://www.ymcaoc.org/videos)

We appreciate your patience and understanding. Our priority is the health and safety of our members, staff and the community. If you have any questions, please contact your facility's front desk.

For more information and updates regarding COVID-19, please visit [http://www.ochealthinfo.com/phs/about/epidasmt/epi/dip/prevention/novel\\_coronavirus](http://www.ochealthinfo.com/phs/about/epidasmt/epi/dip/prevention/novel_coronavirus)

We are thankful for you and your shared efforts to keep yourself, your families and the YMCA safe!

Thank you,

**Dolores Daly**

Chief Operations Officer  
YMCA of Orange County