

## Covid-19 YMCA Update #3

Hello Y Member,

As we continue to navigate this constantly changing situation, in addition to the earlier changes, the following decisions have been made:

1. All Active Older Adult classes have been cancelled for in person participation. While they will not be available in person, we are currently working on a plan to offer them online. We will send an update as soon as they are available.
2. KidZone Check in Process: We will now be asking a series of health related questions prior to check in. We ask that all parents check their child's temperature before arrival. And please remember to keep your child home if they are sick.
3. Spring Break Camps: Have been cancelled.
4. Date Nights and all other gatherings deemed "unnecessary" have been cancelled.
5. Membership Fees: Please contact the front desk if you would like to place your membership on hold.

All other operations continue to remain the same. We ask that as you continue to use our facilities, you follow the below suggestions and recommendations:

- Try to use the facility at non-peak hours: 11am – 3pm
- When using cardio equipment, we recommend, if possible, to use a machine that is at least one machine away from anyone else working out.
- We are making every effort to keep you informed and safe, please make sure to read and follow the newly added health signs that will be displayed next week.
- Please stay home if you are sick.
- Wash hands with soap and water for at least 20 seconds.
- Cover mouth with tissue or elbow when coughing or sneezing.
- Avoid touching eyes, nose or mouth.
- Avoid close contact with people who are sick.

As a friendly reminder, we have already taken precautionary steps in our locations to ensure we provide the safest environment possible. We have increased cleaning protocols and frequencies to ensure all door handles, equipment, mats, weights, KidZones and other surfaces are sanitized every hour on the hour. We also have disinfectant wipes available throughout our facilities to be used by members after each equipment use. This is imperative to support a cleaner and safer environment.

If you have not been attending the Y, we completely understand and know that we miss you and look forward to having you back!

We are thankful for you and your shared efforts to keep yourself and the YMCA safe!

Thank you,

Dolores Daly  
Chief Operations Officer  
YMCA of Orange County