

APRON + LADLE

A+L BUTTERMILK BISCUITS – PROUDLY MADE FROM SCRATCH ALL DAY!

A+L BUTTERMILK BISCUITS

Biscuit Bites with house-made preserve, 5 for -4-, 9 for -6-
Egg + cheddar -6-
Country Ham Biscuit with house-made preserve -7-
Fried Chicken Biscuit Pimento cheese with house-made preserve -12-
Sausage (Chicken) Biscuit cheddar + egg -8-
Biscuit + house-made preserve -4-
Biscuit + Gravy made with our house-made chicken sawmill **OR** rich, creamy mushroom gravy -7-
Spicy Fried Chicken Benedict topped with poached egg, bacon + hollandaise -13-
Bacon egg + Gouda -7-
Turkey Bacon egg + Gouda -9-
Avocado bacon + fried green tomato -9-
Biscuit French Toast drizzled with maple syrup, dusted with powdered sugar, fresh berries -8-
Corn Beef Hash house-brined, over roasted potatoes topped with two eggs, served with a biscuit -15-

SIDES

Bacon -3-, **Turkey Bacon** -5-, **Locally Sourced Chicken Sausage** -4-, **Eggs** -3-, **Sausage Gravy** -3-, **Mushroom Gravy** -4-, **Skillet Potatoes** -3-, **Smoked Gouda Cheese Grits** -3-, **Fried Green Tomatoes** -3-, **Avocado Slices** -4-

DRINKS

COFFEE ILLY CLASSICO

Regular + Decaf -3-

Americano -3.5-

Espresso -3.5-

Latte -4-

Chai Latte -5-

Cappuccino -4-

Soy, Almond Milk +50c
Flavors +50c

SODAS ask your server -3-

NATURAL HONEY SODAS -4-

Lemon Zing lemon honey + rosemary

Blueberry Dream wild ME blueberry juice with honey + fresh ginger

Ginger Buzz fresh ginger, honey + coriander

Sweet/Unsweet Tea -3-

NATALIE'S Fresh Squeezed Orange Juice -4-

+ MORE ...

Smashed Avocado whole wheat toast topped with a poached egg + shaved radish -12-

Chia Pudding made with coconut milk, topped with berries, bananas + a house-made granola -7-

Frittata mushroom + spinach -9-

Frittata salmon + potato -12-

Scrambled Eggs + Smoked Salmon red onion garnish, capers + bagel chips -12-

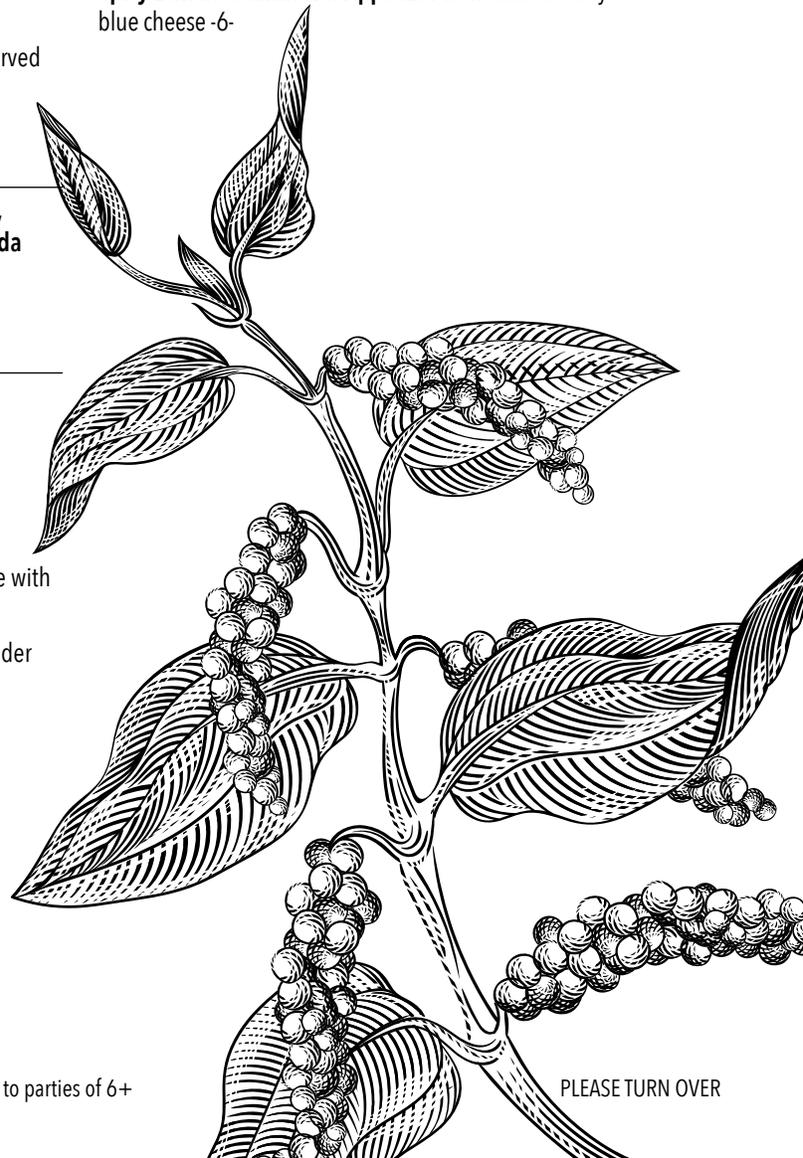
Chicken + Belgian Waffle lightly breaded, maple syrup -15-

Belgian Waffle + maple syrup -7-

Bagel + Smear plain, everything, sesame -4-

Yogurt Granola Bowl filled with bananas, blueberries + our house-made granola, drizzled with honey -7-

Spicy Buffalo Cauliflower Appetizer with shaved celery + blue cheese -6-



SANDWICHES

served with your choice of chips, fruit or side salad

hand cut French Fries add -2-

**contains almonds*

Turkey Reuben loaded with sauerkraut, aged Swiss + Russian dressing -12-

Pastrami Reuben loaded with sauerkraut, aged Swiss + Russian dressing -13-

Corned Beef Reuben house-brined, loaded with sauerkraut, aged Swiss + Russian dressing -14-

Chicken Curry Salad* with raisins, shaved almonds, celery + fresh lettuce on white French -10-

Smoked Salmon cream cheese, capers, onions, tomatoes, plain OR everything toasted bagel -12- (no side)

Hot Pastrami aged Swiss, coarse ground mustard + dill pickle on rye -12-

Patty Melt** Wisconsin cheddar, pickle, Thousand Island dressing on Texas toast -12-

Tuna Salad albacore tuna, celery, mayonnaise on croissant OR white French -9-

Egg Salad lettuce, tomato on whole wheat -9-

Chicken Salad* grapes, almonds, celery, lettuce, tomato on a croissant -10-

Roasted Turkey (OR Tuna Salad) avocado, sprouts, cucumbers, tomatoes with spicy mustard, mayo on whole wheat -12-

***There may be a risk associated with the consumption of raw beef. If you suffer from chronic illness of the liver, stomach or blood, or have other immune disorders you should eat the product fully cooked.*

+ MORE ...

Bang Bang Shrimp Tacos (3) served over mixed greens -14-

Salmon Wrap grilled, with lettuce, tomato + avocado aioli in a wrap -12-

SALADS

A + L Salad mixed baby greens, grape tomatoes, cucumbers, onions -6/10-

Asian Chopped Salad broccoli, cauliflower, carrots, red cabbage, celery, edamame, fried wonton + ginger honey dressing -6/10-

Chickpea avocado, kale, tomatoes, cucumbers, corn, feta cheese with a citrus dressing -6/10-

Caesar Salad Romaine, shaved Parmesan, garlic croutons -6/10-

Salad Niçoise tuna salad scoop, green beans, hard-boiled egg, tomato, potato, olives, onion + capers on a bed of butter lettuce + drizzled with Niçoise dressing -14-

Add Chicken -5- Shrimp -7- Grilled Salmon -7-

SOUPS

Chicken + Rice Soup carrots, onions + celery -6/10-

Soup of the Day – ask server for today's selection

SALAD SCOOPS

servings: one -4- two -8- three -11-

served with red onion garnish + bagel chips

Tuna Salad, Egg Salad, Chicken Salad*, Curry Chicken Salad*

**contains almonds*

THE YOUNG ONES -4.5-

served with apple slices

Turkey + Cheese Sandwich

Waffles + Syrup

Grilled Cheese Sandwich

Milk or Small Orange Juice -2.5-

 @ApronandLadle

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