



Liz Watts is known as a triple threat and has graced many stages across the world from Dubai to London, New York to Lebanon, captivating audiences with her grace and style, dynamic presence and contagious smile. She can be seen acting in national commercials for IHOP and T-Mobile, countless short films, and performing memorable characters in L.A.'s top stage plays. Dancing on television shows *Cristella*, *American Idol*, and *Jane The Virgin*, and singing alongside Ricky Martin and on the Jay Leno show, and the credits roll on. Liz has choreographed for MTV's *America's Best Dance Crew*, for numerous International artists, music videos and T.V. She has taught actors Mena Suvari, Matthew Modine, Alex Raymundo, Eric LaSalle and Rob Schneider, to name a few.

As an instructor and mentor, Liz enjoys teaching the youth and equipping them with not only the skills and techniques of the craft, but also the business etiquette and tools necessary to succeed in a highly competitive business.

Liz Watts was born to perform! She attended Los Angeles County High School of The Arts and majored in vocal and music theory. Liz furthered her studies as a theatre major at UCLA before she was whisked away touring the World and competing with L.A.'s top Salsa Dance Company, *Salsa Brava*.

"To do what you love and make a living at it, now that is life!" Liz thanks her family for their countless years of support and sacrifice. She enjoys giving back and staying active within the community, volunteering her time to foster youth, and L.A. Cancer Society. She is a member of SAG-AFTRA, and Career Transition For Dancers. Life is a balance. Work hard, play hard, surpass expectations, always be prepared, remain in gratitude and have fun!