Mission & Vision

Our mission is to champion, develop, and sustain excellence in collegiate recovery. Our vision is a collegiate culture that embraces recovery.

Purpose Statement: With recovering students at the heart of what we do, ARHE fosters the growth of collegiate recovery through the provision of institutional standards, support, and professional development.

ARHE Responsibilities include:

- Support and advocate for the continued growth, expansion and accessibility of collegiate recovery.
- Act as the accrediting body for collegiate recovery.
- Provide professional community and development opportunities for collegiate recovery leadership and staff.
Goals

Goal 1: Growth and Expansion of Collegiate Recovery
Objectives:

- Advocate for the creation of new collegiate recovery programs.
- Cultivate material and intellectual assets to facilitate start-ups.
- Create a resource toolkit to provide to start up programs.
- Provide educational and development opportunities for all stakeholders.

Goal 2: Develop Accreditation Standards and Process
Objectives:

- Establish universal accreditation standards for CRP’s.
- Develop and outline the model of accreditation.
- Establish the process by which ARHE evaluates and determines accreditation requirements are met.

Goal 3: Development of Professional Collegiate Recovery Workforce
Objectives:

- Establish roles and competencies pertinent to collegiate recovery work.
- Provide continuing education opportunities based on established competencies.
- Provide opportunities for collaboration and the sharing of best practices.

Goal 4: Assemble and Disseminate Best Practices and Relevant Recovery Research
Objectives:

- Publish ARHE best practice recommendations.
- Collaborate with key stakeholders regarding advancing, housing and disseminating recovery research.

Goal 5: Develop funding sources and policies that create organizational sustainability
Objectives:

- Develop sustainable and diverse revenue streams from ethical sources that support the guiding principles of our membership.
- Improve financial systems and develop policies that support sustainability.
- Improve operational systems and develop procedures and policy manual.
- Mitigate organizational challenges through the recruitment of board members, amendment of by-laws, and addressing liabilities.

Goal 6: Coordinate Membership and Stakeholder Engagement and Outreach
Objectives:

- Create a consistent brand and communications platform.
- Regularly collect membership feedback, solicit input and needs.
- Expand membership participation through unique and engaging programs and services.
- Ensure the conference contains relevant, timely and dynamic learning opportunities.
CORE VALUES
Values: In support of our mission and responsibilities, the ARHE will model the following values:

**Integrity:** As individuals and as an Association, we are honest, trustworthy, transparent and responsible. We adhere to the highest professional standards, and we advance the values and ethical obligations associated with our work with students.

**Inclusion:** As individuals and as an Association, we value diversity and the worth of all people, respecting individual differences that bring richness to the students and constituents we serve.

**Student-Centered:** As individuals and as an Association, we recognize our role in supporting student success and strive to act in the best interests of the students we serve in all decisions.

**Service Excellence:** As individuals and as an Association, we utilize our knowledge and skills to improve our programs, services, facilities and activities in ways that demonstrate our commitment to student success.
President: Tom Kimball, Texas Tech University
President-Elect: Sierra Castedo, The University of Texas at Austin
Past President: Amy Boyd Austin, University of Vermont
Ex-Officio: Patrice Salmeri, Augsburg University
Secretary: Anne Thompson Heller, University of Connecticut
Treasurer: Tom Bannard, Virginia Commonwealth University
Member at Large: Eileen McRae, Cumberland Heights
Member at Large: Shauntelle Hammonds, Virginia Commonwealth University
Regional Representative Northeast: Keith Murphy, Rutgers University
Regional Representative Mid-Atlantic: Jarmichael Harris, East Carolina University
Regional Representative Southeast: Blake Schneider, Mississippi State University
Regional Representative Midwest: Ahmed Hosni, The Ohio State University
Regional Representative Southwest: John Shiflet, University of Houston
Regional Representative Mountain: Waltrina DeFrantz-Dufor, University of Denver
Regional Representative Pacific: Angie Bryan, University of California at Santa Barbara
Student Representative: Tiffany Cunningham, The University of Texas at Austin
Student Representative: Ashley Riley, Colorado State University
<table>
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<th>Appalachian State University</th>
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<tr>
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<td>Baylor University</td>
<td>Gustavus Adolphus College</td>
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<td>Boston University</td>
<td>Illinois State University</td>
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<td>BridgeValley Community &amp; Technical College</td>
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<td>Georgia Institute of Technology</td>
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Monmouth University
Montclair State University
Montgomery County Community College - Power Program
Nash Community College - Student Wellness Center
North Carolina A&T State University
North Carolina State University
Northampton Community College
Northeast State Community College
Northwest Arkansas Community College
Ohio University
Oregon State University
Our Lady of the Lake University
Penn State University
Pratt Institute
Purchase College
Purdue University
Radford University
Rampap College of New Jersey
Rice University
Rowan University
Rutgers - New Brunswick
Rutgers - Newark
Sacred Heart University
Saint Joseph's University
Sam Houston State University
Santa Clara University
Southeastern Louisiana University
Southern Methodist University
Southern Oregon University
St.Cloud State University
Syracuse University
Texas A&M University
Texas Christian University
Texas Tech University
The College of New Jersey
The College of St. Scholastica
The Ohio State University
The University of Iowa
The University of North Carolina at Greensboro
The University of Texas at Austin
The University of Texas at Dallas
The University of Texas at San Antonio
The University of Texas Permian Basin
Tompkins Cortland Community College
Towson University
Tufts University
Tulane University
University of Alabama
University of Alabama at Birmingham
University of Arkansas
University of California - Riverside
University of California at Los Angeles
University of California at Santa Barbara
University of California at Davis
University of Central Florida
University of Colorado at Boulder
University of Connecticut
University of Delaware
University of Denver - Health & Counseling Center
University of Georgia
University of Houston - Cougars in Recovery
University of Mary Washington
University of Maryland - Health Center
University of Massachusetts
University of Massachusetts Boston
University of Michigan - Univ Hlth Srvc Wolverine Wellness
University of Minnesota - ROC
University of Minnesota at Rochester
University of Nebraska at Omaha
University of Nevada at Reno
University of New England
University of North Carolina at Asheville
University of North Carolina at Chapel Hill
University of North Carolina at Charlotte
University of North Carolina at Wilmington
University of North Texas
University of Oregon
University of South Carolina
University of Southern Maine
University of Southern Mississippi
University of Tampa
University of Tennessee at Chattanooga
University of Texas @ Tyler
University of Texas at El Paso
University of Texas RGV
University of Utah - College of Social Work
University of Vermont
University of Virginia
University of Wisconsin at Madison
University at Albany at SUNY
Vanderbilt University
Virginia Commonwealth University Wellness Resource Center
Virginia Tech
Wake Forest University/College Recovery Community
Washington and Lee University
Washington University in St. Louis
West Virginia State University
West Virginia University - WELLWVU

Corporate and Non-Profit:
Cumberland Heights
The Ammon Foundation
Caron Treatment Centers
Pavillon
Women Empowering Women in Recovery, Inc.
Recovery Campus Magazine
Red Oak Recovery
Alpha 180
Origins Behavioral Healthcare
Sandstone Care
Sunrise Detox Millbury
PRN for Families
### OUR FINANCIALS

#### Revenue

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#### Operating Expense

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Building Collegiate Recovery

77%
Increase in membership from 2018 to 2019
Staff Summit

In November of 2019, ARHE hosted its first Collegiate Recovery Staff Summit at UC Santa Barbara. The 2-day summit welcomed dozens of professionals from across the country. The plan is to continue hosting these events starting back up in the fall of 2020.

Annual Conference

From June 29th to July 2nd, ARHE hosted our 10th Annual National Collegiate Recovery Conference. In conjunction with the Association of Recovery Schools and the Association of Alternative Peer Groups, this event brought together hundreds of education and recovery professionals for the country’s premier event on the intersection of addiction recovery and educational settings. We look forward to an even better event from June 23rd to 27th out in San Diego!

Collegiate Recovery Leadership Academy

ARHE’s idea of a Collegiate Recovery Leadership Academy came to fruition in 2019 thanks to a partnership with SAFE Project. Throughout the 2018-2019 academic year, we supported over 50 students through a fellowship program that focused on mentorship, leadership development, and a collegiate recovery impact project.

2020 Vision Campaign Launch

In the spring, we launched our 2nd ever ARHE campaign: Our 2020 Vision Campaign. On the following page you can read more about where we see ourselves and the collegiate recovery profession headed in 2020.
The Association of Recovery in Higher Education (ARHE) is a nonprofit association that represents approximately 130 colleges and universities with support programs for students in recovery, known as collegiate recovery programs (CRPs). With the addiction crisis affecting individuals far and wide, collegiate recovery programs are a critical solution for many communities. One day, we hope to see programs on every campus throughout the country. Our goal is to start by doubling the number of programs by the end of 2020. In order to do so, we'll need your help!

#Our2020Vision Campaign is an engagement initiative to help move the collegiate recovery profession forward. Through awareness, action, and fundraising, our goal is to grow the Association so that we can best support the development and sustainability of the collegiate recovery field. We hope to accomplish that in the following ways:

- Accrediting collegiate recovery programs nationwide
- Offering collegiate recovery competency training to treatment centers and other organizations
- Offering professional development opportunities for students in recovery
- Training the collegiate recovery workforce
- Assisting in the development of new collegiate recovery programs and ensuring their sustainability

Want to get involved? Here are the areas where we need help!

1) Awareness: promoting collegiate recovery and the work of ARHE. Spread the message far and wide that recovery works and CRPs belong on every college campus!

2) Action: volunteer, mobilize, coordinate outreach, donate, engage online. Read our blog post on all the ways you can take action or sign up below!

3) Fundraising: help us reach our $200,000 goal by the end of 2020. Visit our campaign fundraising page to make a gift or start a fundraiser!

Visit collegiaterecovery.org/2020vision for full information about the #Our2020Vision Campaign
Other Collegiate Recovery Accomplishments

- We presented and spoke on collegiate recovery at over 25 locations including the White House, annual NASPA conferences, various statewide events, and a variety of institutions
- Hosted and distributed a variety of webinars, funding opportunities, and additional recovery resources to our ARHE members
- Saw great strides forward with our advocacy and accreditation committees
- Updated and rebranded our website to best support members
- Over 2 million social media impressions
Chava E. has been interning with us since the beginning of 2019. Currently, Chava is a junior at Virginia Commonwealth University where he studies political science. Chava's work with ARHE ranges from working on outreach for our conferences to curating social media content.

In college, his collegiate recovery program was the first place he went to a recovery meeting and met other young people who were passionate about sobriety and bettering themselves. It was through them and their support that he has been able to flourish academically while maintaining recovery and thriving personally.

Chava's hopes for the future of collegiate recovery include: all students having the ability to have collegiate recovery programs at their universities and for those universities to actively support those students through adequate funding and resources.
Board Member Spotlight

Anne Thompson-Heller
Board Member

Collegiate recovery changed my life, because of a collegiate recovery program (CRP), I received a high-quality education, my family and I were able to heal, and I developed into a person I am proud to be. It changed the trajectory of my life and I am forever grateful, and I consider it a honor to pay that forward in any way I can. I view the ability to access recovery support in college as a social justice issue. Without recovery support, many students seeking recovery struggle to navigate their recovery and the high-risk environment of a college/university campus.

Professionally, students in recovery are among the smartest, funniest, most resilient, and hardest working students I’ve had the pleasure to work with. With proper support, students in recovery excel academically, sustain their recovery, and thrive. The benefits of collegiate recovery programs are vast and they are an asset to any college campus.

This last decade we have seen exponential growth of CRPs with considerable variation in program philosophies, organizations, and structures. I believe ARHE will continue to prioritize initiatives that unite, strengthen, and advance the field of collegiate recovery. One such initiative is the accreditation of collegiate recovery programs. Accreditation is an initiative intended to support CRP growth and development through the use of best practices and ensure the quality and integrity of programs and services. Additionally, through accreditation we hope to honor the diversity of CRPs nationally, help programs advocate for the resources and services they need to support their students, and increase public awareness and understanding of CRPs. It is an exciting time in the field of collegiate recovery, and I look forward to all that is to come.
2019 Donors and Fundraisers

The Kopf Family Foundation
The Rabolt Family
Veronia Amarante
Randy Anderson
Christian Arthur
Robert Ashford
Tom Bannard
Marcus Barrios
Mary Bono
Amy Boyd Austin
Angie Bryan
Janice Cairnes
Todd Rose
Kristina Canfield
Sierra Castedo
Jennifer Cervi
Alexa Chilcutt
Pat Cotts
Tiffany Cunningham
Kristine De Jesus
David Deever
Waltrina Defrantz Dufor
Andrea Del Gaiso Luckey
Erik Dolgoff
Jerry Donabedian
Emily Eisenhart
Lilly Ettinger
Paula Figueroa
Bret Frazier
Ali Clements
Morgan Pettis

Jeremiah Gardner
Amy Gooch
Karen Grossman
Thomas Guerra
Lydia Hamner
Ryan Hampton
Jesse Harless
Christopher Harmon
Jarmichael Harris
Donna Hillman
Ahmed Hosni
John Howard
Louise Irizarry
Bill Johnson
Samuel Kemp
Tom Kimball
Erin King
Abbie Knapton
Carter Kofman
Pam MacDonald
Christina Mailliard
Michael Mailliard
Mike Mailliard
Eileene McRae
Sara Mullan
Sharon Murillo
Keith Murphy
Sarah Nerad
Annette Newton
Lori Noorollah
Justin North

Pamela Parson
Opient Pharmaceuticals
Eric Quinlan
Sazha Ramos
Joe Riggs
Ashley Riley
Angie Rogers
Patrice Salmeri
Sue Saunders
Blake Schneider
Meri Shadley
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Mike Smith
Molly Stifler
Matthew Stovall
Vikram Surya Chiruvolu
Kate Thompson
Maureen Thompson
Anne Thompson Heller
Jan Tozier
Anna Trevino
Sandy Vargas
Sharon Weber
William White
Jason Whitney
Beth Wilkening
Diana Williams
Shelly Young