CEC Infant Yards
List of plants and flowers

**Pansy** or Pansy Violet also called “Heartsease” and “Johnny Jump Up” Comes in a wide variety of colors, many are multi-colored. Cold hardy and does well in sunny areas.

**Nasturtium** literally means “nose twister” or “nose tweaker”. The entire plant is edible, from the watercress family.

**Society Garlic** also called Agapanthus, part of the Amaryllis family. Flowers smell like garlic. Bulbs and leaves are edible.

**Fairy Lily** also called Rain Lilies, Pink Fairy Lilies and Zephyr Lilies. Part of the Amaryllis family.

**Cordyline** or Hawaiian ti plant also known as the Hawaiian “Good Luck” plant. Colorful foliage from pinks to burgundies. Distant relative to the Yucca family.

**Stipa** is one of the 300 perennial hermaphroditic grasses. There are many types of feather or fountain grasses ranging in color from silvers to greens to purples.

**Rosemary Prostrata** is an evergreen shrub of the mint family. Not a tall upright plant but prostrate meaning sprawling. As a dried herb, it is used for seasoning foods.

**Pennisetum Rubrum** another of the fountain grasses with red to purple flower plumes with silvery or golden leaves. Breathtaking when planted in mass.

**Laurus Nobilis** from the laurel family. Clusters of small yellow flowers in Spring. Leaves known as Bay leaves used in cooking to flavor foods. The Laurel symbolizes victory and merit.

**Thyme** has evergreen leaves with small white, pink or purple flowers. Leaves are dried and used to prepare food. In the Middle Ages, Thyme was placed under pillows to aid sleep and ward off nightmares.
Blue Festuca or Elijah Blue Fescue another of the ornamental grasses. Foliage is powder blue with sparse flowers blooming May through June.

An assortment other vegetables, lettuces and herbs have been planted in the yard, including: Lavender, Spearmint, Parsley, Endive, Oregano and Lettuce (Ruby Red).