



YOGA LESSONS FOR DEVELOPING SPIRITUAL CONSCIOUSNESS

A. P. MUKERJI

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you insist upon their fulfilment positively and persistently with confidence. Believe in your power to succeed and everything in nature shall rush to your aid.

CONCLUSION.

Dear Student: Before we part let me thank you for having paid attention to what I have said thus far. This work is meant solely to extend to you a helping hand in the thickening gloom of Materialism which I see with horror and pain all around me. Whatever I have tried to tell you has received a trial at my own hands and may it strike a sympathetic chord in your heart. It may be my good fortune to present to you more fully some truths of the Grand Yoga Philosophy of ancient India of which I have hardly succeeded in touching even the outskirts. You may catch a passing glimpse here, a flash of light there:—but what of that? The Lord alone can enlighten your intellect. Therefore meditate and pray often and wait in patient earnestness for the dawn of spiritual Light from within. It will come. You cannot escape your own birth right.

Peace—Peace—Peace—be unto You.
