



# **THE YELLOW BOOK**

**SAMAEI AUN WEOR**

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**BY**  
**SAMAEL AUN WEOR**

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5. Close your eyes so that the matters from the physical world do not distract you.
6. Cover or close the left nostril with the index finger of your right hand. Vocalizing mentally the mantra “TON”. At the same time inhale slowly through the cavity of the right nostril.
7. Now, close the right nostril with the thumb of your right hand. hold your breath, retain your breath. Mentally send the Prana to the temple of Ephesus (chakra situated in the coccyx, the small bone at the lower extremity of the spinal column) to awaken Kundalini and pronounce mentally the mantra “SA”.
8. Exhale now slowly from the left nostril vocalizing mentally the mantra “HAM”.
9. Now close the right nostril with the thumb.
10. Inhale the life, the Prana through the left nostril vocalizing mentally the mantra “TON”. Close both of your nostrils with the index finger and the thumb and retain the breath and vocalize mentally the mantra “RA”. Send the Prana to the magnetic centre of the coccyx in order to awaken the Kundalini.
11. Exhale slowly through the right nostril vocalizing mentally the mantra “HAM”.
12. This constitutes one complete Pranayama.
13. Repeat this complete process 6 more times (twice a day at dusk and dawn).
14. The devotee will kneel on the ground.
15. Once she is on the ground the devotee places the palms of her hands on the floor, the thumbs of the two hands together.
16. Prostrated on the ground, with her body inclined forward, with her head facing the east, and filled with supreme veneration she then places her forehead on her hands, in Egyptian style.

17. Next the disciple with her powerful creative word vocalizes the Mantra “RA”, the mantra of the Egyptians. This mantra “RA” is vocalized by prolonging the sound of its two letters, as follows:

RrrrrrrrrrrrrrrrrAaaaaaaaaaaa. Vocalize the mantra seven times.

The preceding are all the steps of Egyptian Pranayama.

The mantra RA has the power to vibrate the Kundalini and the chakras, the result being the awakening of the mentioned chakras.

The mantras of Pranayama are TON - SAH - HAM; TON - RAH - HAM. With this Pranayama the Kundalini can be awakened.

With Pranayama we can come out of the darkness and become illuminated. With this Pranayama we can disintegrate laziness and dullness.

Prana is related with the mind. The mind is the vehicle of willpower. Willpower must obey the Great Soul of the Word. Our internal vehicles must be controlled by Pranayama. Prana is life.

The right nasal cavity (nostril) is solar. The left nasal cavity is lunar, The two witnesses of the Book of Revelation are related to the nasal cavities. The two witnesses are a pair of nervous cords. The testicles (ovaries) are united with the nasal cavities through these two nervous cords. We can say that the two cords begin in the testicles (ovaries). The two testicles are the two oceans of Life. Moses found his Master between the two oceans.

In this chapter, we have taught Egyptian Pranayama for the devotees of the occidental world.

Those who want to awaken their Kundalini must persevere in Pranayama and sexual magic daily throughout their entire life. The room for the practice of Pranayama must not be humid, poorly ventilated, or unclean. The room should be pure, clean and neat.

Pranayama can be practiced in the country, in the mountains, and on the shores of lakes, rivers and seas. With Pranayama, we transmute the sexual energy into Christic energy.

With Pranayama and sexual magic we awaken the Kundalini and the chakras completely. Pranayama is a system of sexual transmutation for single persons.

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## CHAPTER 9. SEXUAL TRANSMUTATION FOR SINGLE PEOPLE

Yoga signifies 'Union with God'. No one can achieve the union with the Beloved One unless the Kundalini has previously been awakened. No living being can awake the positive powers of Kundalini unless supreme chastity has been reached. It is indispensable that we wash our feet with the waters of renunciation.

“Strive to enter in at the straight gate for many, I say unto you, will seek to enter in, and shall not be able.” (Luke: 13: 24)

It is urgent to know that the straight, narrow and difficult door is sex. We departed from Eden through the door of sex, and only through this door may we re-enter into Eden. Eden is sex itself. No one can enter Eden through false doors. We must enter through the doors from which we departed. This is the law.

The students of occultism who, for one reason or another, cannot practice with the Arcanum A.Z.F. must know the science of sexual transmutation in depth.

There exists a secret key, and with its help the single devotees can open the Ark of Science.

### **PRACTICE OF SEXUAL TRANSMUTATION FOR SINGLE PEOPLE**

First position:

The devotee of the path must imitate the position of the toad while situated on the floor.

Second Position:

The devotees must lie down on their back, on the bed or on the floor, with their trunk or midsection elevated higher than the head. They must then inhale and inflate their lungs as if they were an angry toad.

### **Mental attitude of the First Position**

With willpower and imagination united in vibrating harmony, the Gnostic student must identify himself with a toad that is within a rivulet of the pure waters of life. Her must also join his willpower and imagination in order to make his sexual energy rise from his sexual organs to the sacred chalice of the brain.

The Gnostic student must raise his seminal energy through the two sympathetic cords that are entwined around the spinal medulla. They form the famous Caduceus of Mercury.

### **Mental attitude of the Second Position**

With willpower, and imagination united in vibrating harmony, the Gnostic student must inflate himself as the toad does. This is possible only with a deep breath. During the inhalation of the vital air, we must imagine that the seminal energy is ascending through the two sympathetic cords, that are marvelously entwined around the spinal medulla.

The marvelous seminal energy must be directed towards the brain, then directed towards the heart. We must then exhale the vital air, placing the energy in the temple of the heart. Our motto is Thelema (willpower).

### **Mantra of this practice**

Imitate the song of the toad. The mysterious croak of the toad is the song, it is the mantra.

### **Origin of this practice**

The Divine Cosmic Mother gave this marvelous key of the Ark of Science to the Gnostic brethren.

The Divine Mother cares for all of her children. The toad that is upon the immaculate lotus flower, within the pure waters of life, is an archaic sexual symbol of the pharaohs of ancient Egypt.

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## CHAPTER 10. ORDER AND ESOTERIC DISCIPLINE

The Gnostic must be temperate. He must not slander people. He should not be gluttonous or lazy.

As a rule, the Gnostic must retire to the bedroom at 10:00 p.m. daily, in order to practice internal meditation. The Gnostic must rise at dawn in order to practice all of his esoteric exercises.

The Gnostic must be a clean, tidy, decent, honest and upright person. He should always be punctual and happy, never angry with anyone, nor should he be against anyone in any way. The devotee should shower or wash himself daily, and he should dress presentably. The Gnostic who never washes himself or is in great disorder, causes damage to humanity in such a way that with his bad taste may drive people away from the Gnostic studies. For example, people may say "If this is what Gnostics are like, I don't want to enter into these studies. I don't want to degenerate, myself", etc.

The Gnostic must not be a fanatic. We must study everything to reject the useless and accept the useful. Gnosis is not against any religion, school, order or sect. We have fought for the moral purification of many religions, schools, orders and sects. We have never been against any religion, school or sect. We know that humanity is divided into groups and that each group needs its own system of particular instruction. All religions, schools, orders and sects are precious pearls that are strung on the golden thread of divinity.

We must build churches in order to serve all religions without distinction of names or creeds. Truly, all religions are ineffable and divine. All religions, schools, orders, and sects are necessary.

Religious jealousy is equivalent to passionate jealousy. It is a shame to be religiously jealous. The Gnostic brother or sister must overcome such jealousy, for it is a very vulgar passion. The Gnostic movement is structured for people of all religions, schools, orders and sects.

Nexroneuritis is a very terrible sickness of the soul. In this epoch, people have become neurotic. Neurosis is satanic. We must cultivate sweetness, patience and love. We must educate our children with wisdom and love. We must cultivate in our homes happiness, sweetness and love because you must know that neurosis damages the lotus flowers of the soul. We must teach our children with examples, we should always be happy and joyous. Gnostic homes should be sanctuaries of love and happiness. Neurotic shouts and screams, weeping and crying destroy happiness, thus the white dove of love leaves the heart forever. This is the disgrace of many homes. Live with wisdom and love.

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## CHAPTER 11. MEDITATION

Once we heard an exotic declaration from the lips of an Hindustani Swami. The master explained the necessity of Hatha Yoga to the people in the auditorium, He explained how indispensable it was in order to reach the exaltation of Samadhi.

That Yogi stated that many people have not obtained success with internal meditation, in spite of their hard efforts and daily training. According to the Swami, such failures were due to the exclusion of Hatha Yoga.

Frankly, we disagree with this affirmation given by the venerable Swami.

Those who have not obtained illumination within ten to twenty years of serious practice within internal meditation, must find the cause, which is the lack of the sleepy state. It is urgent to combine meditation with drowsiness.

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## CHAPTER 12. PRIMARY CLAIRAUDIENT AND CLAIRVOYANT EXPERIENCES

If the Yogi persists with internal meditation constantly, tenaciously and with infinite patience, then within a period of time, clairvoyant perceptions will begin to develop. In the early stages of development, luminous spots will appear. Later, as development continues, faces and objects and pictures of Nature will appear. Objects will seem dreamlike in the instants of transition that exist between vigil and dream.

The disciple's enthusiasm increases when clairvoyant perceptions begin to take place. These perceptions inform the disciple that his internal powers are being activated.

It is extremely important that the disciple does not become weary. A great deal of patience is required for the development of internal powers. It is very difficult to develop internal powers. Many disciples begin this difficult process, but there are very few disciples who have the patience of Saint Job. Impatience will only impede our steps along the path towards Self-realization, Such esoteric practices are for those that are tenacious and patient.

In the sacred India of the Vedas, Yogis practice internal meditation four times a day. However, in our occidental world, due to the preoccupation of our daily lives, and the hard battle for existence, if we can only practice meditation once a day, then this is sufficient. Yet, what is important is to practice consistently, and without missing a day. With intense repetition and tenacious practices, we will eventually put our chakras into rotation. Thus, after some time, primary clairvoyant and clairaudient perceptions will begin.

Luminant spots, pictures of light, living figures, sounds of bells and animals and the voices of people, etc. indicate with accuracy the disciple's progress. These perceptions appear in the instant when the disciple is submerged in profound meditation and in the sleepy state.

Many types of light begin to appear with the practice of internal meditation. In early stages of development, the devotee perceives very brilliant white lights. These lights correspond to the eye of wisdom which is located between the eyebrows. The white, yellow, red, blue, and green lights as well as the lightning, sun, moon, stars, sparks, flames, etc. are particles which are forms of the supra-sensible elements (tanmtric particles).

When small luminous balls appear, shining with white and red colors, then this is an absolutely positive sign that we are progressing in our practices of concentration of thought.

There will be an instant in which the devotee will see Angels, Archangels, Thrones, Potentates, Virtues, etc. The student may also see within the dreams in meditation grand temples, rivers, valleys, mountains and beautiful enchanted gardens.

Commonly, during the practice of meditation, certain strange sensations occur that may fill the devotee with fear. One of these sensations is an electric shock in the chakra of the coccyx. Also the lotus of a thousand petals, which is situated in the upper part of the brain will feel electric sensations.

The devotee must defeat this fear if he wants to progress in the development of his internal powers.

The lime in which these visions appear depends on the individual himself. Some students have these visions within a few days of practice, others begin to have these visions after six months of daily exercises.

Within the first period of daily training we are in relation with the beings of the astral plane.

Within the second period of esoteric training we are in relation with the beings of the mental plane.

Within the third period of esoteric training we are in relation with the beings of the purely spiritual plane.

We then begin to convert ourselves into competent investigators of the superior worlds.

The devotee who has begun to experience his initial perceptions in the superior worlds, must in the beginning be like a garden that is sealed with seven seals.

Those students who tell others about what they have experienced crumble in their studies, because the doors to the superior worlds become closed to them. One of the gravest dangers that attack the devotee is vanity and pride. The devotee fills himself with pride and vanity when he begins to perceive reality in the supra-sensible worlds. He thinks of himself as a master, yet he has not achieved the complete development of his internal powers.

He then begins to judge others incorrectly, according to his incomplete clairvoyant perceptions. The result of these incorrect judgments is a great deal of karma. The devotee attracts this karma upon himself because he has become a slanderer of his own neighbors. He fills the world with and tears.

The student that has experienced primary clairvoyant perceptions must be like a garden that is sealed with seven seals. He must remain as such, until his Internal Master initiates him into the Great Mysteries, and gives him the order to speak.

The devotee who is submitted to esoteric discipline also makes another grave error: He disregards imagination. We have learned that imagination is translucent. It is the mirror of the soul, it is divine clairvoyance. In order for the devotee to see, he must use his imagination. When the chakra of the forehead begins to rotate, then the images that are seen with the translucent imagination become more brilliant, splendid and luminous.

The devotee must distinguish between imagination and fantasy. Conscious imagination is positive, yet, fantasy is negative and harmful for the mind because it could lead us to have hallucinations or to reach madness.

Some wish to awaken their clairvoyance while disregarding imagination. If they disregard imagination, then they will fall under the same absurdity as those who wish to practice meditation without the sleepy state. These people fail to develop their internal powers. These people break the laws of Nature and inevitably, failure is the result.

Imagination, inspiration and intuition are the three mandatory factors of initiation. In the beginning, images appear and in the end we penetrate into the purely spiritual world.

Initiation is necessary for all clairvoyants. To have clairvoyance without esoteric Initiation leads the student into the world of delinquency. Therefore, it is urgent to receive the Cosmic Initiation.

If a clairvoyant penetrates into the subconsciousness of Nature, then he can read all of the past history of the earth and its races. He will also find his most beloved relatives. He may see, for example, his beloved wife married with other men. He may also see her committing adultery. If the clairvoyant has not reached Initiation, He may mistake the past for the present. He will then slander his wife saying, "She is betraying me, she is an adulterer. I am clairvoyant and I am seeing her in the internal worlds committing adultery.

All of the records of our past reincarnations exist within the subconsciousness of Nature.

If a clairvoyant penetrates into the infra-consciousness of Nature, then he will discover all the evil of humanity.

The Satan of every human being dwells within the infra consciousness of Nature.

If the clairvoyant has not received Initiation, then he will see the Satan of the Saints continually reviving the crimes and evil actions that the saints committed in their ancient reincarnations, before they became Saints.

The inexperienced clairvoyant who is lacking Initiation cannot distinguish between the past and the present, or between the Satan of a human and the Real Being of a human, thus resulting in slanderous behavior.

The inexperienced clairvoyant may say: "That man believes he is a saint, yet he is an assassin, a thief and a terrible black magician. I know this, because I saw it with my clairvoyance.

This is precisely what we call a slanderer. Many clairvoyants have become horribly degenerated slanderers. One of the grave dangers of this behavior is homicide.

Within the infra-consciousness of Nature, a jealous, distrustful, and unworthy man will find that all of his doubts and suspicions are converted into reality. He then begins to slander his wife, friends, neighbors and masters saying: "You see, I have reason for my doubts, my friend is a thief a black magician, and an assassin; my wife is committing adultery, just as I suspected. My clairvoyance never fails me, I am always right, etc., etc.

The poor man, due to the lack of Initiation, does not have the capability to sufficiently analyze in order to understand that he has penetrated into the subconsciousness of Nature. This is where his own mental creations live.

Therefore, considering all of these dangers, it is necessary that the esoteric student does not throw judgment against anyone. Do not judge in order not to be judged. The devotee must be like a garden that is sealed with seven seals. Whosoever has primary clairvoyant and clairaudient perceptions is an inexperienced clairvoyant. Thus, if he does not know how to remain in silence, he will begin to slander others.

Only the great clairvoyant Initiates do not fall. Rama, Krishna, Buddha, Jesus Christ, etc., were truly infallible and omniscient clairvoyants.

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## CHAPTER 13. THE STILL SMALL VOICE

There exists a particular mystical sound that the yogi must learn to hear. The Aztecs knew this mystical sound. Let us remember the hill of Chupullepec (note: Chapul -cricket, lepec - hill: The hill of the cricket). A cricket upon a hill is represented in a Mexican codex.

In ancient Rome, during the time of the Caesars, the cricket was sold in golden cages at a very high price. Magicians of ancient Rome bought crickets in order to employ them in practical magic.

If we have the cricket close to the head of our bed when we are meditating on its beautiful song, we will hear the 'still voice' in the instant of slumber. This phenomenon is equivalent to the phenomenon of two pianos that are equally tuned. If we play for example, the note TI on either piano, the other piano will repeat the same note without the touch of the human hand. This vibratory phenomenon is very interesting, and it can be proven by anyone. This exact phenomenon also happens with the mysterious sound of the cricket. There exists in the human brain the music sound that resounds when the cricket sings. It is a matter of affinity and vibration.

To nourish this little animal is not a problem. We know that the cricket feeds itself with vegetables and also with clothes found in homes. Many people are afraid of the cricket because they do not want to ruin their clothes. This animal can easily be found in the country hills.

Whosoever hears the 'still voice' can travel instantly into the astral plane at any time. If the devotee concentrates on the sound of the cricket, or if the Yogi meditates on the sound of the cricket and goes to sleep while listening to the sound of the cricket, suddenly the same mystic sound, tone or 'still voice' will resound within his brain, and the doors of mystery will then be opened. During this instant, the Gnostic can rise from bed naturally and depart from his home in the astral body.

What we are explaining must be experienced and understood in action not in thought or with the mind. The devotee must rise from his bed naturally.

Nature will act by separating the astral body from the physical body. When we are out of the physical body, we feel a very light, delightful, spiritual voluptuousness. There is nothing more pleasurable than to feel the soul detached from the physical body.

In the Superior worlds we can communicate with the ineffable Gods. In the superior worlds we can study at the feet of the Master. This is how we become free of many theories. This is how we drink from the fountain of living knowledge.

Every devotee must learn how to hear the 'still voice'. The devotee can perform marvelous wonders and prodigies with this mystical sound.

If the devotee wants to hear this mystical sound his concentration must be perfect. To begin with, the student will hear many sounds, yet, if he concentrates intensively on the sound of the cricket, eventually he will hear this sound and will attain victory. We inevitably attain illumination with this mystical sound.

In its final synthesis, this mystical sound comes from the tranquil heart. The origin of this remote, mystical sound must be searched for within the Divine Mother. The devotee must pray constantly, beseeching his Divine Mother to give him the ability to hear the great mystical sound.

With the grace of the Divine Mother, every devotee can have the joy of hearing the mystical sound that grants us the instantaneous projection of the astral body.

The devotee who wishes to perform these practices with success must meditate internally until he truly feels the state of slumber. You must know that every esoteric exercise of meditation, if practiced with a lack of the sleepy state, is useless, sterile, because it damages the mind and harms the brain.

Therefore, internal meditation must be intelligently combined with the sleepy state.

If the Gnostic student does not have this marvelous cricket when practicing this exercise, then he must pronounce the letter 'S'. This letter must be

pronounced like a fine and delicate whistle, like this: sssssssssssssssssssss (lips opened and upper and lower teeth together).

Behind this fine sound dwells the 'still voice' that permits us to project instantaneously in astral body.

The devotee should be in a very comfortable position in order to practice correct internal meditation.

We suggest two positions:

### **POSITION OF THE CORPSE**

Lay down in corpse position on the bed or floor, placing arms against the sides of the body. Straighten the legs and bring the heels of the feet together so they are touching. However, the toes of the feet should be separated towards the left and right, like a fan.

### **POSITION OF FLAMING STAR**

Lay down in the position of a flaming star with the arms and legs extended towards the right and left. Our bodies must be very relaxed. We should resemble the figure of the five pointed star. This is the position of the Master. Great Masters utilize this position for the practice of internal meditation. When in this position, the black magicians will run away with terror. When the Master rises from this position, the impression of the star remains in that place. This keeps the black magicians away.

The devotee must not meditate with a full stomach. It is necessary for the devotee to abandon the sin of gluttony. We must eat only three meals per day.

Esoteric Diet:

Breakfast: basted bread with pure honey, hot milk and fruit.

Lunch: Must consist of vegetables, fruits and any type of grain.

Dinner: Bread with pure honey and hot milk. Nothing more.

Meditation should be performed at 10:00 p.m. nightly. Meditation should also be performed at dawn. If the student meditates during these hours, he will progress rapidly.

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## CHAPTER 14. JINN STATE

Hyper space can be demonstrated mathematically with hyper geometry. Jinn Science belongs to hyper space and to Hyper geometry.

If we know what volume is, then we must accept hyper volume as the base of volume. If we accept the geometric sphere, then we must also accept the hyper sphere.

Hyper space permits the Gnostics to perform extraordinary acts. Jesus performed the extraordinary act of taking his body out of the sepulcher after three days, thanks to hyper space. Since then, the resurrected Master lives with his physical body within the hyper space.

Every Initiate who receives the Elixir of Long Life dies, but does not die. On the third day, following death, he rises from the sepulcher utilizing the hyper space. The sepulcher remains empty.

The appearance and disappearance of a body in three-dimensional objective space, or the passing of a person through a wall, is performed with success when the hyper space is scientifically utilized. Gnostic scientists can place their physical body in jinn State and move, consciously in the hyper space.

When the body of a Yogi is in hyper space we say that he is in Jinn Slate. A Yogi can walk on fire without being burned when he is in jinn state. He can also walk upon the waters as Jesus did.

He can float in the air. He can pass through a boulder or a wall, from one side to the other, without damaging his body.

Jinn Science is based on hyper space; it is a special branch of atomic physics.

Ignorant people who have never studied hyper geometry deny the fact that jinn State exists. These type of people deserve to be pitied, because they are ignorant.

Primitive geometry is based on the absurd hypothesis that on a plane, from one point to another, we can trace a straight parallel line, but only one line (speaking in elementary terms).

The Gnostic movement rejects the Euclidean point of view, which only studies the three known dimensions. Such a point of view is totally primitive for this atomic era.

The so called unique parallel line (speaking in an absolutely spatial sense) multiplies itself within the different dimensions of the hyper space. Therefore, it is no longer one unique line.

The unique parallel of Euclid is just a sophism in order to trap ignorant people. Gnostics reject this type of sophism.

The Gnostic movement cannot accept this hypothesis which cannot be demonstrated.

This hypothesis states: "From a given point in our mind, we can trace a real parallel line in the visible reality, but only one line." However, the unique parallel line does not exist.

The Euclidean hypothesis of the three-dimensional absolute and dogmatic space is unproved and false.

The absurd affirmation that the physical world of experimentation is the unique real one results in there being a very common belief among the illustrious ignorant (who have never investigated the electromagnetic fields and the so called pro-matter, as a Causa Causoruni of physical matter).

The fourth dimension is hyper spatial. Gnostics have special techniques in order to place their physical body within the hyper space.

We, the Gnostics, affirm that interplanetary infinite space is curved. We affirm that the infinite is in incessant motion. We affirm that there exist an infinite series of revolving spaces from different dimensions that mutually penetrate and co-penetrate without disorder. We affirm that all of the spaces of the infinite space have hyper ellipsoidal form.

We affirm that with the forces of the mind, the human being can place his physical body in whichever revolving hyper ellipsoidal space he chooses. We routinely affirm that astrophysics will demonstrate to (lie world the existence of hyper space. We also affirm that inside one line, hyper spatial lines exist.

We affirm that the Savior of the world actually lived in the hyper space with the same physical body that he had in the holy land.

We affirm that any Initiate who receives the elixir of long life dies, but does not die. We affirm that all of those who receive the elixir of long life will rise from the sepulcher on the third day with their physical body, thus taking advantage of the opportunity that the hyper space is granting us.

These Initiates maintain their physical body over millions of years. The immortal Babaji and his sister Mataji have maintained their physical bodies for millions of years. They will perform great missions for humanity in the future sixth and seventh great root races.

We bluntly affirm that anyone who works with the Arcanum A.Z.F. can ask for the elixir of long life. He who receives the elixir of long life dies, but does not die.

We affirm that any human being can place the physical body in Jinn Slate, at any moment that he wishes to, if he truly has faith in the Divine Mother.

Any sage of the elemental art (Jinn Science) can make the great jump. The Masters of Jinn Science can leave the earth in order to live on other planets with the same physical body that they have here in the third dimension. They can take their physical body of flesh and blood to other planets. This is the great jump. Some Masters of Jinn Science have already made this great jump.

We gain the power to place our physical body in Jinn State with Pranayama.

There exist many keys in order to place the physical body in jinn State. It is very important to practice Pranayama before using these keys.

It is important to know that the two witnesses, Ida and Pingala, in their final synthesis, are rooted in the right and left testicles of the male and in the ovaries of the female.

Through these two nervous canals, the solar and lunar atoms of the seminal system rise until they reach the chalice (the brain). The nostrils and the sexual organs are connected through the two witnesses. This fact invites us to reflect. Pranayama, among other purposes, is truly a system of sexual transmutation for single people.

Every Gnostic must begin practicing jinn Science, following intensive preparation in Pranayama. The great Masters of Yoga levitate in the air while practicing Pranayama.

The only body capable of floating in the air is the body that escapes from the law of gravity. Only the body that enters the hyper space can escape from that law. When mental force is consciously driven, the physical body can enter into the hyper space.

Jinn Science is a matter of vibration. Above and below the limited objective perceptions, there exist worlds that are located in other dimensions.

With the power of thought we can accelerate the oscillatory frequency and normal vibration of the physical body by means of certain keys of jinn Science which we give here. This is how we then penetrate with the physical body into the hyper space. When scientists gain absolute control over atomic movement, then they will place any physical object into the hyper space.

The devotees of Jinn religion, prior to the practice of Pranayama, must pray to their Divine Mother, beseeching her for the power to place their physical body in the Jinn State. They must practice Pranayama continuously in order to conquer the Jinn State powers.

The student must carefully select the key that he prefers in order to practice Jinn Science. It is absolutely urgent that the student comprehends that Jinn religion demands absolute chastity and supreme sanctity.

Remember beloved disciple that the divine powers of Jinn Science are very sacred. These powers can be utilized in order to cure and heal sick people from afar. These powers can also be utilized in order to enter the temples of the White Lodge and to study the marvels of creation within the womb of Nature.

Whosoever wishes to apply the powers of Jinn Science for selfish gain will convert himself into a horrible demon and will inevitably tumble into the abyss. The law is the law. Karma will punish the abusers.

The devotee must choose the key of Jinn Science that lie prefers. he must practice daily with this key, with great intensity, until he reaches victory. Jinn Science is not for the weak, the unsteady, fickle or inconsistent people. This science is for people who have as much patience as Saint Job. This science is for tenacious, courageous, alert and strong people who are strong as steel.

This science is not for skeptical people. Such people are useless for Jinn Science. This science is never to be exhibited, for the White Lodge forbids it. Jinn Science is not to be displayed or demonstrated as a spectacle of magic. This science is terribly divine and can be practiced in secret only. When I, the author of this book, wanted to publicly demonstrate Jinn Science, the Master Moria immediately intervened saying: "We have been Teaching and helping you for the past ten years and now you want to exhibit your powers. Why? Powers are very sacred. Powers must no! be exhibited to the public.

Since then we have understood that Jinn Science is very secret. Many people would like to see demonstrations. We, the Brethren of the Temple are not experimental animals of a laboratory.

Truth is what one experiences in oneself. We cannot experiment with other people's bodies.

We give the keys in order that each one can experiment with his own flesh. People who are filled with doubts, skeptical ones, we advise them not to enter into these studies, because they may become mad. The battle of tremendous contrast and opposition can destroy the brain of the skeptics, this may force them into a mental institution.

Therefore, Jinn Science is for those who have unbreakable faith, like steel. This science is not for people who are full of doubts.

For those who have strong faith, the keys to experiencing the Jinn Science are as follows:

### **FIRST KEY**

The devotee must lie down on his left side, resting his head on the palm of his left hand. The devotee must fall sleep in this position. He must be on guard and aware of his dreams, he must become a vigilant of his own dreams. When he begins to see the images of his dreams, lie must rise very quietly from the bed holding on to the dream as if it were a precious treasure.

Before the devotee leaves his house, he must make a small jump with the intention of floating in the surrounding atmosphere.

If the devotee, after executing the small jump, floats in the atmosphere, then his physical body has entered into Jinn State. If he does not float, then it is because he is not in Jinn State.

When the devotee is in Jinn State, he can leave his house with courage and confidence; in an instant, the devotee can travel to the most remote places of the earth. If the devotee does not enter into Jinn State on the first try, then lie must not dismay. Go to bed and repeat the exercise during the night as many times as necessary until success is achieved.

There are some devotees who will succeed immediately, these are the fortunate ones who have practiced Jinn Science in ancient reincarnations. Others may have never practiced the science. They must begin practicing Pranayama and exercise this practice for many years, until they obtain this power. In reality, this key is just a modification of somnambulism (or sleep walking), it is voluntary yet induced somnambulism.

During dreams, tremendous subconscious energies are functioning. The devotee must take advantage of these energies and control them, like a lever, in order to place the physical body into hyper space.

### **SECOND KEY**

There exists a nut, commonly known as the Deer's Eye. This nut has marvelous Jinn powers. The devotee must go to sleep while holding this nut. He must place himself in the same position as given in the previous key, while holding this marvelous nut in his right hand. It is very important to remember that this nut has a marvelous elemental genie that can help the devotee to place his physical body in the Jinn State.

During this practice, the devotee must go to sleep pronouncing the mantra "INVIA". Then, the elemental genie will arrive and help him to place his physical body in jinn State.

The devotee must rise from his bed, holding on to the sleepy state as if it was solid gold. Before he leaves his house, he must make a small jump with the intention of floating in the surrounding atmosphere. If the devotee floats, then he can leave his house in jinn State. If he does not float, then he must repeat the exercise for as many hours, months, or years that it takes until achieving victory.

### **THIRD KEY**

There is a Master of Jinn State named Oguara. He helps anyone who calls him in the name of Christ.

The devotee must lie down in the same position, previously mentioned in key number one and number two. The devotee must call Oguara, the Master of Jinn State, in the name of Christ, saying:

"In the name of Christ, by the power of Christ, by the majesty of Christ, I call you Oguara, Oguara, Oguara. Please place my physical body in Jinn State."

The devotee must repeat this invocation continuously until he goes to sleep. The devotee must rise from the bed holding on to his dreams as if they were solid gold. He must then make a small jump, with the intention of floating in the surrounding atmosphere. If he floats, then he is in jinn State. If he does not float, then he must return to the bed and repeat the experiment.

### **FOURTH KEY**

The devotee must seat himself in front of a table, he must cross his arms, place them on the table and rest his head on his arms. The devotee must

invoke the Jinn Masters and ask them for help, in order that they may help him in his practices. He can call upon Babaji, the Yogi Christ of India, or his sister Mataji, also Harpocrates, Saint Peter, etc., etc. When the student begins to dream, He must rise from the chair automatically, instinctively and without thought. He must hold on to his dreams as if they were solid gold. He must then take a long jump, as far as possible, with the intention of floating in the surrounding atmosphere. After the devotee makes this jump, He must mark on the floor the exact place on which lie landed.

The student must perform this exercise daily, repeatedly and patiently. He must always mark the point on the floor, to measure the length of each jump. This system is marvelous because the student can appreciate his degree of progress in Jinn Science. For example, today the devotee's jump measured 1 meter, tomorrow his jump may be 1 centimeter more than the previous day, and the following day one centimeter more, and so on. Thus, the student is measuring his progress in Jinn Science.

Finally, He will discover one day, with wonder, that lie has performed an extremely long jump, an incredible jump that no athlete could perform. these are signs which indicate with clarity his progress in Jinn Science. Following this incredible jump, the devotee can remaining floating in the hyper space. Thus, he has victoriously succeeded. This key is marvelous.

What is important in occultism is to practice. Today people are tired of theories. It is absolutely necessary to practice occultism now. People who theorize neither practice, nor do they allow others to practice. The student that has not wasted his time theorizing is better off practicing quietly and keeping his progress to himself. He must remain in silence, because this science is very secretive. It is better to remain in silence, therefore, we avoid the mockery and slander of foolish theorists who do not practice or allow others to practice. They are just social parasites.

#### **FIFTH KEY**

The instant in which the student awakes from his normal sleep, he must jump from his bed without any conscious or subconscious analysis, without the process of theoretical analysis. It must be done instinctively. In other

words, He must be ecstatic, full of wisdom and with very strong faith, like the steel of the sword that is well tempered and ready for battle.

Upon leaving the house, the student must make a jump. If he floats in the surrounding atmosphere, then his physical body has entered Jinn State. At this point, the student can go wherever he Wishes with his physical body in jinn Slate. If he does not float in the surrounding atmosphere, then he must repeat the exercise. With patience we can go very far in these studies.

### **SIXTH KEY**

The Aztec Tiger Knights of ancient Mexico placed their physical bodies in jinn Slate with the assistance of the elemental strength of the tiger.

Some Mexican codices show the Tiger Knights traveling to the temple in the form of tigers. One codex explains that when the Knights arrived at the temple they again took the form of humans.

In ancient Mexico, the Temple of the Tigers was very sacred. The elemental strength of the tiger permits us to place the physical body in Jinn State.

The student must lie down on a tiger skin while invoking the Devas who reign over the tigers. He must beg them for their help, for the strength of the tiger.

The Aztec devotees of the sacred order of the Tigers, while identified with the tiger, went to sleep holding on to their dreams as if they were solid gold. Then, they were rising with their bodies and walking like tigers on four legs (hands and legs). They were then pronouncing with great faith: “We belong to each other”.

Thus, with their physical body in jinn Slate, in the form of tigers, the Tiger Knights arrived at the temple. Once they arrived, according to the Mexican codex, they were again taking human form. The Yogis from India sit and meditate on tiger skins. According to the Aztecs, the first human root race was devoured by tigers, (the tiger is a symbol of divine force).

“May the suns of enthusiasm enlighten your path.”

“May Xhcoc sing in your steps.”

“May the strength of the tiger keep you company”.

“May the sparks of wisdom illuminate your intellect”

“May the whispering Picr be the shadow upon your retirement”

“May the emerald frogs croak and direct you along the path without repose”

“May She, Nature, be prodigal with you.”

“May the universal force bless you and guide you.”

The occidental yogi lies down on the tiger skin while partially nude, and performs the esoteric practice of the Tiger Knights. This is how he enters into jinn Stale.

### **SEVENTH KEY**

Those who know how to travel in their astral body, can invoke the physical body from afar. The first step the Gnostic must do with this key is to project himself in the astral body. When he finds himself far from the physical body he may call upon any of the great Masters of Jinn Science.

The devotee may ask the great Masters to carry his physical body to the astral plane. He can invoke the Masters Harpocrates, Babaji, Mataji, Saint Peter, Oguara, etc., etc.

He must begin the name of Christ, he must ask by the power of Christ, he must beseech by the majesty of the Christ.

The Genii of the jinn Stale will then take the physical body from the bed and will bring it to the devotee who is asking for it. Prior to the arrival of the physical body, many bubbles will appear to the devotee. The final bubble is red, behind this red bubble comes the physical body in Jinn State. When the physical body is near the student, he feels as though his shoulders are very heavy.

The emotion that the student experiences when the physical body is in front of him is tremendous. The greatest surprise comes to him when he













Study this hook and exercise these practices with intensity and supreme patience. Many occult powers appear with the awakening of the Kundalini. When this happens we must be careful not to fall into pride. Once we have accumulated these powers, we must act as though we do not have them. We must recognize our own misery and sins.

We must find shelter within the nothingness. We are the sinning shadow of that which has never sinned. We must develop our internal powers, but we must dissolve the 'I', the myself, the returning ego. By dissolving the 'I' we can obtain complete liberation. The ego is a horrible larva which is present within the various levels of the mind. When the ego is dissolved, the great Lord of the Light enters the soul and dwells within.

We, the Brethren of the Temple feel great bitterness when we see a great Master who, in spite of having awakened the Kundalini, still has the living 'I' or ego within the profound levels of the mind.

Beloved brothers and sisters, this book will guide you to awaken your Kundalini and develop your occult powers. We must practice the exercises but, we must dissolve the ego.

Again, we must recognize our own misery and sins.

We must fast, pray, and walk with faith, patience, and charity along the difficult path that leads us to Nirvana.

**Samael Aun Weor**

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