



A ROAD TO SELF KNOWLEDGE

RUDOLF STEINER

Global Grey ebooks

**A
ROAD TO SELF-KNOWLEDGE**

**BY
RUDOLF STEINER**

1918

A Road to Self Knowledge By Rudolf Steiner.

This edition was created and published by Global Grey

©GlobalGrey 2018



globalgreeyebooks.com

CONTENTS

Introductory Remarks

First Meditation

Second Meditation

Third Meditation

Fourth Meditation

Fifth Meditation

Sixth Meditation

Seventh Meditation

Eighth Meditation

scientific value as that which in general is called scientific proof. There is nothing in the science of spiritual things which cannot be confirmed by proofs of that kind. But of course we must admit the difficulty is greater for spiritually scientific proofs to be acknowledged than proofs of natural science.

This is not on account of their less stringent logic, but because in the face of such proofs one does not feel those underlying physical facts, which make the acceptance of the proofs of natural science so easy. This has nothing whatever to do with the conclusiveness of the reasoning itself. And if we are capable of comparing with an unbiased mind the proofs of natural science with those given on analogous lines by spiritual science, we shall easily be convinced of their equally conclusive power. Thus the force of such proofs may also be added to that which the investigator of the spiritual worlds has to give as a description of successive terrestrial lives resulting from his own vision. The one side can support the other in the formation of a conviction of the truth of human reincarnation based simply on reasonable comprehension. Here the attempt has been made to show the way that leads beyond mental comprehension to supersensible vision of this reincarnation.
