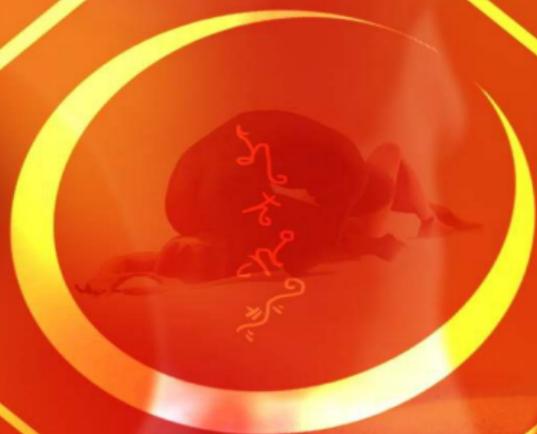


ADVENTURES IN SEX MAGICK



CONTROL YOUR LIFE
WITH THE POWER
OF LUST

Damon Brand

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Why Sex Magick Works

Sex magick works, and it's easy to get it working quickly. With many other forms of magick there are so many details that need to be worked on to get results, and that can be off-putting. With sex magick, all you need is to reach orgasm and you can change the world.

Adventures In Sex Magick covers everything from quick masturbation magick, to the most debased orgies where partners feast on shared fluids. The book also looks at the extra energy that can be accessed through a new method of empowerment called The Major Process.

Be clear that you don't have to do all the magick that's in here, so just do the magick that suits your tastes. And even if you do end up having an orgy, that may be years from now. Take this magick at your own pace. If the idea of group sex doesn't appeal, don't go there. If you're alone, don't worry about trying to find a loving partner for the sake of sex magick – just masturbate. There will be something here that works for you, whatever your circumstances. And if you want to explore sex with a partner, or multiple partners at once, I'll cover the practicalities of organizing those workings. It's a lot easier than you might imagine.

For the more adventurous, you can take this basic idea to unbelievable places, where the singular moment of orgasm can be used to shake the foundations of existence and shape destiny to your pleasing. If these sound like big claims, you can relax, because testing out sex magick is easy and probably the most fun you can have while exploring the occult.

You probably know that letting go of your 'lust for result' is important when performing magick. If you lust for result and hope and wish, you short-circuit the magick and no results come. With most magick, suspending your desire and letting the magick work takes great faith

and energy. With sex magick this all becomes much easier. When the sex is over, you let go of everything and relax or sleep quite naturally. Letting go comes so easily that it becomes part of your magickal process. When you realize how easy sex magick is, it can quickly become your magick of choice.

The Secret of The Major Process

The orgasm is a powerful moment that gives you access to extremely effective magick. Whether your orgasm is a brief spasm or something that goes on for much longer, there are those moments within the orgasm where reality blanks out. This moment of pure ecstasy is a moment of powerful trance. Combine this trance with the simplest rituals and you can make great changes in the world.

This has been known to many for a long time, and is not so secret, but I want to offer something new in this book. As well as the basic orgasmic technique

described above, I will reveal how you can really dive into the moment of orgasm. Rather than simply picturing results or symbols to achieve results, I'll unravel a technique that reveals the true power of sex magick. I call this The Major Process, and this works whether you are alone or working with a partner or group.

The Major Process deals with an area of magick that is rarely understood, but thankfully, one that is easy to master. If you are capable of desire, if you are capable of wanting, you can master The Major Process and take your sex magick to a powerful place.

This book is about getting results. Magick is something you should do, and you should do it to get results. There are countless books on the theory of sexual energy, and although many are interesting, practical knowledge is more difficult to acquire. The techniques in this book have been assimilated from ancient and modern texts, refined, tested and made available in a useable form. I won't go into the theory much at all, because if you want to know why it works, there are many long, elaborate books out there that will tell you everything you need to know. But there's no better way to learn than through experience.

This book will begin by looking at some simple sex magick, and will then explore ways to increase sexual energy, showing you how to work alone or with partners and groups, and will then go on to explore The Major Process, before moving on to a series of guided rituals and practices. By the end of the book you will have a good understanding of workable sex magick that can bring about change.

Sex magick is fun in its own right, but to me, magick is about seeing change in the world. You should use this magick to make the changes you want to see in your world.

Your Experience and Beyond

If you are completely new to magick, this is a great way to start, and a fantastic way to access the energy of magick and see results.

If you are somebody who's been practicing for a short while, this book can be a great way to make your magick take a leap forward.

If you are an experienced occultist I believe there is new material for you here. Even if you are highly experienced in sex magick, I have attempted to include new teachings here that should

be of great value. A great deal of research and decades of practical experimentation went into its creation. The book may contain work and ideas that are familiar to you, but I urge you to read the book from beginning to end, because even the simplest methods should contain some variations on familiar approaches, and these should be useful to you.

Some of the magick described here may seem absurdly simple, but even the simplest methods have worked for myself and many others. In fact, it was the success of these simple methods that led me to suspect that sexual energy was often the missing key in magick.

There are many magickal systems that insist you build wands, temples, tables, alphabets, codes and a thousand other objects, and learn to meditate, visualize, control energy and spend years perfecting your concentration. These systems insist that Nothing Will Happen unless you do everything by the book. I found out that they were wrong. You can take the best parts of these systems, throw out the junk, replace it with sexual energy to get great results.

I tested these systems without all the extras. I cut these ideas down to their most basic forms and applied sexual energy. The results were good, and have

led to this book. Rest assured that every technique has been field-tested by myself and a group of other helpers. Some were experienced occultists and some were new to magick, so I know this can work for you. Some techniques are only a few years old, but many have been practiced for decades, and the source materials for some of these workings is ancient.

If simple sex magick works, why is magick often so complicated? Some people suggest that complication, confusion and secrecy are deliberately used to keep magick in the hands of an elite. Others believe that the tools, trinkets, robes and candles are used as a

substitute for a poor imagination, to help get you in the mood. Whatever the truth, you can use sexual energy as a shortcut to great magickal power.

Newcomers to magick are often told they need to spend years building up imaginative skills, practice breathing and slowly initiate themselves. Sex magick proves how wrong that can be. The best way to initiate yourself into magick is to do some sex magick and see the results.

The Power of Lust

If you have little interest in sex or a low sex drive, you may find this book difficult to use. Sex magick works best if you are somebody who has a high sex drive, or at the very least you should be somebody who really enjoys sex.

This doesn't mean you need to be in constant need of sex, but that when you experience sex you find it a consuming and exciting experience that enables you to let go. Sex should be a joy. If you have issues of shame or find sex uncomfortable or embarrassing, you may struggle with these techniques.

You don't have to be a sexual expert or fantastically experienced to get results. In fact, many of the results come from breaking taboos and moving into new sexual areas. There are few things as thrilling as sexual experimentation, and this thrill can take your magick even deeper.

Thankfully, most people who are drawn to sex magick have a deep lust, and want to make changes in the world. If you feel that sense of lust and want to shape your destiny, then trust your instincts and use sex magick to create your life exactly as you want it to be.

Tuning The Magick To Your Lifestyle

The magick can be practiced in many ways, depending on your tastes and circumstances. You can use this magick all by yourself, using masturbation. You can use it with a partner who's into magick, or with a partner who's willing to participate even if they're not actually into magick. Some of the later rituals include the option of group sex. If you've never had group sex, don't worry, I'll tell you how easy it is to get involved. You don't need to seek initiation into a magickal order, and group sex can start with just three people. You can be as tame or as wild as you like, depending

on your sex drive, and the places you are willing to go.

There are risks. The safest sex you can have is a bit of quiet masturbation, and that in itself can be extremely powerful. If you dive into group sex, be aware that the risks get much more extreme (on the physical plane), and you need to read the disclaimer at the front of this book. I will cover the risks to some extent in the text, but it is your responsibility to work out what is safe for you, and whether you want to play with fire. If you do, then wondrous times await, but don't underestimate the risks.

Sex involves power, vulnerability, trust

and many states that lead to some degree of risk. This is true even if you are having calm sex magick with a partner. Be aware of the risks as they are explained, but also know that this magick has been designed with your safety in mind. The rituals have built-in safeguards to prevent the magick back-firing.

How your personal life, relationships and health are affected by sex is another matter, and that is something you will need to take care of for yourself. With that said, I have been working with sex magick for decades, and the pitfalls have been minor, whereas the rewards have been astounding. And as one of my

partners once said, even when the magick doesn't produce the result you want, you had a great time anyway. However, my aim is to get results for you, fast, and this book will help you to do that.

Sex magick is a tool for you to use according to your circumstances, but there is a lot of energy in change, and when you experience new forms of pleasure and direct that pleasure into magick, the results can be outstanding. Be open to change and new areas of sexual exploration.

Sex magick can be used for just about anything you want to change in the

world, but the one area that it does not excel in is seduction. If you want to seduce, then lust is the last thing you want. I considered including seduction spells in here, but that's not the topic of this books. If you want to seduce with magick, read *Magickal Seduction* (<http://galleryofmagick.com/2014/06/11/time-for-magickal-seduction/>), which covers everything you need to know to seduce.

If you are ready for an adventure, this book will show you how to use sex to reach the most glorious levels of pleasure and alter the world to meet your desires.

The Basic Sexual Process

A quick web search will reveal that the most basic form of sex magick is to think of your desire at the moment of orgasm, and then forget about it for a while. This does work.

Many years ago, when building my career as a novelist, I was shortlisted for a reasonably large competition. The first prize was not especially prestigious, but there was a cash handout of about \$13,000 for the winner, and that caught my attention. I only had ten days until the award ceremony. I was a practicing occultist and I could have put a lot of effort into devising a precise ritual to

win the competition.

Instead, I decided to relax, enjoy myself and try basic sex magick. I was in a relationship with somebody who did not even believe in magick, so I knew she would not be willing to help me.

My magick was simple. I masturbated at least three times a day. At the beginning of each session I thought about the result I wanted, then I forgot about the result and simply wanked, enjoying whatever sexual fantasies came to mind. Then, during the final few seconds, as orgasm was approaching, I pictured myself winning the prize and chanted the word 'success' over and over until my orgasm

faded.

I won the prize. Of course, I may have won it anyway, but I tested this process many times over the years and found it to work.

There are six important points here.

1. The result was something that was within reach, but not certain. I wasn't trying to win the Booker Prize or be a best-selling millionaire. It was a goal just outside my normal level of expectation.

2. I acknowledged the result I wanted as I started to masturbate but then let go of

that thought and focused on the sexual pleasure.

3. I allowed myself to remember the goal as the orgasm approached. The timing here is quite precise. When you reach the point of no return, where you are definitely going to orgasm no matter what happens, that's when you think of your goal.

4. I pictured the result as best I could, but because I didn't know exactly where the award ceremony would take place or who would be there, I also chanted a word that summed up the result I wanted. It's difficult to think clearly as you approach orgasm (and it's this moment

of orgasmic oblivion that makes it all so powerful), so a simple method for crystalizing your goal is to use a one-word mantra along with picturing your wish.

5. The feeling of success was created as though it was happening now. That is, I pictured myself as though I was there in that moment. I didn't imagine it as a future event, but as something that was happening right now. I chanted the word 'success' as though I'd just heard the announcement that I was the winner. I did not think, 'I'll win on Friday, I'll win first prize.' That would push the success into a future that would never arrive. Instead, I made it feel real in the

moment and made is short and simple.

6. Afterward, I let go. Orgasm is so pleasant that it's easy to move on and think about something else. I never let myself ponder the award after I'd reached that point. If, later in the day, I found that I was thinking about the award again, I'd simply have another wank and repeat the process.

We can build on this process, and add more power, but there is enormous energy in this most basic of approaches. You don't need anything other than yourself, and yet it works.

It works best when there is a short term

goal in the near-future, as described above. I also found that masturbating at least three times a day worked best for me, but this was never out of a sense of obligation. I have a high sex drive, so whenever I felt the least bit aroused I'd pleasure myself. If you don't have a high sex drive, don't force yourself. But if you can get in the mood at least once a day that is a good way to go.

Some people find that chanting a word feels unusual, embarrassing, or just plain wrong for the operation they are working on. If you find that you can't find a word, you can use an image instead – and at the moment of orgasm you picture this simple image.

The image can be related to the goal, but it doesn't need to be. It should not be complex. It doesn't even have to remind you of the goal. So long as you decide on the image in advance, and decide that the image *represents the goal for you*, it will work.

Once, for example, I wanted to get a new agent to represent me in the publishing world, and the first step was to break off relations with my old agent peacefully. Normally I chant a word, but for this I couldn't find a word that seemed right, so I decided that the image I would use was a golden nut and bolt. I can't say why that image came to me, but it did,

and it worked. The main thing is, it was an image that was simple to picture in an instant. If I'd tried picturing my agent, and some sort of change in the relationship, it would have been far too difficult to picture. Keep it simple, even if it's abstract.

This image technique only works if you're quite a visual person. If so, it works perfectly, but if you're happy to chant a word, that's the simplest way to get this magick working.

The Basic Process Alone And With Others

You can follow the steps outlined above and you will get results. It is important to note those six points and replicate them closely. You can do this alone or with a partner. Doing this by yourself is simple, but if you have a partner who understands your needs and is happy to work with you magickally, then this is an extremely simple way to start shared sex magick, even if you partner has no magickal experience or abilities.

All your partner needs to do is turn up for the sex, and show no judgment when you chant your ‘success’ word. This

does require an extremely open and trusting relationship. There is also the issue of discussing your goal, because in general it is wise to keep your magickal aims secret. If your relationship is one that doesn't allow secrecy this can complicate matters and will need to be negotiated carefully. If your partner truly wants to know the exact aim of your magickal operation, you *can* share the truth, but only if you are certain that your partner won't 'lust for result' and keep checking up with you to see 'how the magick went'.

Although this is partnered sex magick at its most simple, you can see how complications creep in when you work

with others. The only way to avoid complications is for everybody to communicate openly and honestly about what they want and what they are willing to do and hoping to achieve.

I've found many willing partners who were happy to participate without knowing what the aim of my ritual was. Others wanted to know some details, to ensure it was in keeping with their general hopes and wishes for the two of us. All partners seemed to understand my need to 'let go' after the act and not talk about the magick, but that was probably because I had explained this in detail.

Remember, it's fine to talk about the sex and how good the sexual experience was. You don't need to act as though nothing happened. Act normally, just exclude the magickal act itself from your discussion or attention.

A variation on this technique is to perform the magick with a partner for a shared goal. Let's imagine you both want to buy a house, and you're looking for the perfect place to live. You could perform a shared ritual to find the perfect house, and you could both agree on images and a 'success' word to chant at orgasm. If you are able to orgasm at the exact same moment, that is powerful. If not, then taking turns is fine. It remains

a shared experience.

Whether you are working alone or with a partner, remember the six steps.

Find A Result: Make sure there is a pathway to your result. Don't try to win a race without running the race. It sounds obvious but it's the single most common mistake in magick. Have a magickal goal that seems just out of reach without being outrageously impossible.

Ponder The Result: Begin by thinking about the result and how good it would be to have that result. Do not think about how the result is missing from your life, but imagine how good it would feel if it

had already come true, then forget about it.

Enjoy The Sex: Have great sex, or a fabulous wank, enjoying yourself fully without any pressure to achieve a magickal result. Enjoy yourself, and as you approach orgasm, and hold the image right through orgasm. During orgasm, most people blank out for a moment, so make sure you have the image clear in your mind on either side of this moment of oblivion.

Chant At Orgasm: Chant your one-word mantra. This doesn't have to be 'success' but a word that sums up your desire. It could be 'home, 'love' or a

name, a place, a color, or even something quite abstract, so long as the word feels right to you.

Feel The Moment: When picturing the result, feel it as though it's happening now. Picture yourself getting the result and enjoying the moment. You can allow these images and feeling to linger for a few moments after orgasm, but no more. Let them dissipate as the orgasm dissipates into relaxation.

Let Go: Forget about the magick. Revel in the afterglow of sex. If you are with a loving partner, you can talk about the sex, or about anything else or just go to sleep. If you are by yourself, your only

aim is to enjoy the feeling of having experienced a fulfilling orgasm.

Some people burst into laughter after sex, especially after particularly wild or experimental sex. If this is something that happens to you with a partner, don't fight it. Laughter is a great release, and your magick should not be pious. You don't need to force laughter or even seek it, but if you find yourself laughing or smiling with the joy of the experience, revel in that feeling. Even if you're working alone, it's far better to experience a moment of laughter and joy than any sense of guilt or shame. Whether you're masturbating or having sex, make it as good as it can be from

beginning to end. But without pressure.
You're never aiming for spectacular sex.
Just enjoy whatever sex you have, and
that will do the work you need.

The Results You Aim For

Choosing the result you want is an important part of the magickal process. When you get good at magick, there are times when it really feels as though you can have everything you want. And with that freedom comes responsibility. The things you think you want might not be the things you want.

Do you think you want to own a mansion with fifteen rooms? Maybe. I've never owned one myself, but I have spent time in one (it's a long story), and I found it a lonely place, with no sense of being home. I liked talking to the workers who came to clean and garden, but without

them it felt lonely. Now I live in a smaller house and do my own tidying (and occasionally get a cleaner in to help.)

Equally, I know an occultist whose first big result was to buy an extremely large and expensive car, but he found the car difficult to park. It was pleasant to drive, but he didn't like parking it, and so half the pleasure was gone. It sounds like a small thing, but when you look at the effort he put in to the car on a mundane level, as well as with occult work, the whole affair seemed like a bit of a waste.

Every magickal manifestation is like a

child. It will affect your life and it will bring responsibilities. Even large amounts of money require a lot of work and attention. As Jason Miller pointed out in one of his books, many people think that winning the lottery means they will never have to worry about money again, but in truth, when you have a lot of money you have to manage it and spend a lot of time thinking about money and controlling its flow.

One of the best ways to get to grips with the things that you really want is to spend some time thinking about what you're already grateful for. Although this sounds a bit new-age-wishy-washy rather than hardcore magick, it's a useful

exercise.

When I published *Magickal Cashbook* (<http://galleryofmagick.com/unlock-the-magickal-cashbook/>) it worked extremely well for many people, because one of the main instructions was to aim for an amount of money that was just out of reach, but not so impossible it seemed like a dream. Sadly, I know some people asked for outrageous sums and then complained that the magick wasn't working. If they'd followed the instructions it would have worked.

The idea is always to aim for something that is just out of reach at the moment, and by building on these magickal goals

repeatedly, you get the life you want.

It's a good idea to break your goal down into a series of smaller goals that may or may not contribute to the overall success of the project.

Let's imagine you're a young writer, hoping to get your first novel published, but you've not even finished a novel that you're happy with yet. You could create the magickal goal of being a published novelist. Or you might create the goal of getting a good literary agent. You might even just start by creating the goal of writing a good novel. If you are wise, you would use all these ideas and more.

Later in the book I will show how you can empower an overall magickal goal, by creating a series of goals that contribute to the overall plan. This enables you to work on long-term projects, while tackling the smaller details that help support and develop your projects.

In our novel-writing example, to get a novel published you might need another income while you work, inspiration, persistence, ability, self-knowledge, connections in the publishing world, a reputation of some kind, a novel that appeals to people, an agent that wants to promote you and finally a publisher that gives you a good deal. If you simply do

a working 'to get a novel published' over and over gain for three years, you might not get anywhere. If you do a master working to be a published novelist, and then create many other workings that support that goal and are connected to that goal, you can set magickal greatness in motion.

When you create any goal, think of the smaller steps that could help to contribute to the final goal.

Some caution is needed here. It is often said in magick that you should let go and let the magick or the sprits work out how the magick will come about. This is absolutely true. If you do magick to get a

surprise \$200 from out of the blue, you shouldn't then spend your time wondering how it could happen, where the money could come from, and so on. The idea of letting go is that you truly hand the project over to the powers that are working on your magick. At the same time, however, you need to do mundane work in the real world to open the pathways for your magic. So if you're doing a general seduction spell, you don't worry about how you'll meet somebody, you just make sure you dress well, go out three times a week and make yourself available without a thought to the magick working. When you do that, it works.

When creating your goals, it helps to think of master goals, and the smaller goals that will contribute. So, for our struggling novelist, you could think of the overall goal ‘to be published’, but all those other goals about building a reputation, having a wage, networking, finding persistence, improving skills – they can all contribute. Breaking down your goals and working on each aspect through sex magick is the best way to ensure you get what you want.

Sexual Gratitude

The previous chapter focused on how to set your goals and select magickal results that are likely to manifest quickly, but this leads us to another great sexual process. Whether you are having sex alone, with a partner, or with a group, you can practice sexual gratitude every time you have sex.

When talking about sex magick, people often ask me, ‘Do you ever have sex normally?’ It’s a reasonable question because once you get into sex magick in a big way it is quite difficult to just make love in a more laid back fashion. The solution that I’ve found is a sort of

compromise between mundane and magick. And that is to dive into gratitude for the pleasure you are experiencing.

Whether you are masturbating alone, having casual sex with a stranger, making love with somebody you adore or taking part in an orgy, you can aim for a state of mind that is slightly different to the magickal trance that will be discussed in the rest of this book. The sexual trance is a state where you have almost no thoughts, but when you're just having sex for the sake of sex, connection or pleasure, you can dive into sexual gratitude.

Focus on the pleasure you are giving and

receiving, and feel grateful. On first reading this, you might think, ‘That’s exactly what sex is anyway.’ That *may* be true for you, but I’ve found that when I talk to people in great detail about their experience during sex, there are only brief moments of gratitude. The rest of the time you may be experiencing pleasure, concentration on technique, love, passion and so on – but gratitude is not there a lot of the time. It takes only a small effort to introduce gratitude. While having sex, with every stroke of skin, every sensation of pleasure, every taste and touch that you enjoy, feel grateful.

There are two main ways to apply this technique.

Method One

In the first method, you put all your focus into gratitude for the sexual act itself. If you are masturbating alone, you don't simply experience fantasies and orgasm - you experience gratitude for the pleasure you are feeling. If you are having sex with a partner, again feel gratitude for the sexual pleasures, the sensation of touch, taste, every sensual feeling. If you love the person you're having sex with, feel gratitude for the love. If it's a group sex situation, the exact same principle applies –enjoy the sex for what it is, but find room in your mind and heart to feel gratitude for the pleasure you are experiencing.

Method Two

In the second method, you make a list of things you are grateful for. The standard approach is to write down five to ten things you're grateful for each day. It might be the cup of coffee you're drinking, the way a friend smiled at you or something bigger and more impressive. Give the same feeling of gratitude to the big results and the small pleasures, and you will be much more open to magickal results. A mix of the grand and the mundane is often a good approach. Then, during the sex act, you bring these things to mind. If you need to write a list and stick it to the wall or ceiling, go ahead! Feel grateful for the

way these things have come into your life, and let the sexual energy you experience give power to those emotions. Let your gratitude build as you feed sexual energy into it. When you orgasm, feel the orgasm spread into your gratitude.

People sometimes ask me, 'Who am I being grateful to? God? An Angel? What?' Gratitude doesn't actually have to be aimed at anybody, although I find that people with strong religious upbringing do feel a need to aim it at God or the Universe. But it doesn't need to be anything more than a feeling of, 'I am so glad this is happening.' You don't need to use words, just allow yourself to

feel the pleasure and gratitude for the pleasure.

This is possibly the most basic technique in the book, but it works in two main ways. Firstly, it opens you to receiving pleasure, which is a major key to magickal success. Secondly, it enables you to improve your sexual pleasure and focus, which will serve all your sex magick.

Spend time learning to appreciate what you have around you, and you get much, much better at receiving and appreciating. This is a fundamental key to magick. When you learn to genuinely expect your results and enjoy them and

feel grateful for them, they come more easily.

Many practitioners skip this step, and want every single sexual experience to be a major act of extreme change and occult fireworks. I strongly advise you to perform this type of sexual gratitude at least once a week.

I could spend several more pages trying to explain these techniques, but they are simple, and the best way for you to find out how they work is to try them.

Working With Partners And Groups

I went two decades in the world of magick without group sex, so it is not required. I didn't even perform sex magick with a partner for the first 12 years of my sexual adventure, so it's more than possible to work alone. If you have no interest in partnered sex or group sex you can skip this chapter and the next, but it is probably worth reading to see the potential. One day, you may find this sort of work appealing.

You can get a long way when working by yourself, but if you are drawn to the additional power of working with a

partner or group, you are in for an exciting time.

Above all else, remain kind. Even if you experiment with wild orgies, bondage or other forms of extreme sex, you should remain kind and generous, and you should always seek consent before engaging in any sexual activity with another person. This is probably so obvious to most readers you may be insulted by even being reminded, but sex magick will take you to different states of consciousness. Your morals and ethics should be absolutely clear and in accordance with the law before you set out on this adventure. People go to new places during sex magick, and breaking

boundaries and taboos can be an excellent way to achieve more sexual energy, but you need to constantly check and re-check that no matter how your boundaries shift, you are staying on the right side of the law and the right side of kindness.

To be clear, this doesn't mean sex should be tame. I have a sexual partner who works with me during rituals, and the main way that she gets off is by being slapped and even hit quite hard. If you do your reading on this subject, you'll know this is quite a common fantasy and is often enacted with consent, and is a million miles from assault or domestic abuse. In some cases when people want

to be hit, it is sad and fucked up, and in others it is empowering and stable. In the case of my friend, she has sound mental health, has dealt with her issues, but loves to be struck quite hard during sex. But before the sex act we agree on a safe word (which can be used to immediately draw the act to a close if either party feels unsafe), and we agree on the limits of the enacted violence. To some, this will not sound healthy, kind or generous, but for us it is and it works. If this turns you off, that's not a big deal. If the height of excitement for you is kissing, then that's going to work as well as violent sex, so long as it actually takes you somewhere potent. There are no obligations to do anything you feel

uncomfortable with.

But if you find a partner who lets you break taboos, and wants to break taboos with you, it can increase your sexual power. Taboos come in so many forms. To some, cross-dressing is the ultimate thrill, while others might find it purely silly. Some find genital shaving a huge turn-on, while many people see it as an ordinary part of daily grooming. More extreme forms of sex, which I won't even list here, have the capacity to excite or disgust, depending on your tastes. You probably have some sense of what might turn you on, and places you might like to explore. If you can find ways to do this safely, in an arena of

trust, that's a good thing, so long as you remain kind (and legal!).

If you remain kind, generous and always seek consent then you are more likely to reach extreme states of sexual ecstasy than if you are trying to push somebody where they don't want to go. Shifting your boundaries is far more exciting when done as a joint adventure. With that said, this is not a sex manual, and if you want to learn about BDSM, fetishes or other forms of extreme sex there are plenty of books that can guide you. In magickal terms, I've told you what you need to know.

When working with groups, things can

get much more complicated, but there is also a huge opportunity for creating and harvesting the most potent sexual energy. If you are inclined to try group sex there are many, many precautions you should take, but the opportunities are tremendous.

There are three main ways to have group sex. The first is to have a threesome (or more) with open minded friends, the second is to find a swingers club or arrange an orgy at somebody's home or hotel room, and the third is to work with an established occult group.

Working with an occult group is actually my least favorite of these, because there

are often agendas, working styles and egos the size of planets. If you happen to stumble across an occult group that are willing to work with your desires, feel free to go ahead, but I'd recommend avoiding it in general. You can, of course, gradually build your own group and get people to work together. Agreement in advance is all that's required. Are you working on one shared goal, or are you all just raising sexual energy to pour into your own 'projects'? Get that clear and it can work. So, group work with occultists can be fine, I just don't recommend it for newcomers because things can get messy and there are lots of people on power trips. Ideally, get a couple of years of

group sex under your belt before you work with occultists.

Working with a close friend, or a small trusted group of friends can be an excellent way to get into group sex. But it can also ruin friendships, generate unexpected emotions and break couples apart. Be aware of what you're getting into, and be extremely careful how you broach the subject. You can usually tell from your group of friends who might be open to this, but not always. Bringing the subject up in casual conversation, and being open to the idea publically, can quickly get other people to open up to the possibility.

You then have a difficult choice to make. Do you tell these friends that you are doing magick to help build sexual energy with them, and even harvest their sexual energy, or do you do it without their knowledge? Do you tell them it's just a threesome and perform the magick secretly?

Some people say you should always, always tell people what you are doing, and anything else is tantamount to occult rape. I disagree with that, and have found that it is quite safe to keep your magickal work secret when having sex with friends, and this is usually the best way. Lots of people are interested in a threesome, but not many people are

excited by the idea of an occult gangbang. If anything, it might frighten them. So long as you don't drain energy from them without consent, you are doing nothing wrong. If they agree to a threesome or other form of group sex, you do no harm by performing secret magick. Just make sure you put some effort into making the sex good, so nobody feels let down.

You've probably heard that four vital components to magick are *to know, to will, to dare and to keep silent*. It's worth dwelling on this for a while, as there is a lot of wisdom in that phrase. But keeping silent is important. Talking casually about magick is not wise, and

the more secret you can be the better. At one time, all my friends knew I was interested in the occult and some knew I practiced rituals. Over the decades I let it become known that I had given that up and that it was only research for my novels, even though the truth is that I became more and more heavily involved in the occult. The secrecy pays off. It makes you less of a target for weirdoes, occultists-who-like-to-cause-trouble and it also gives your magick a little more power. There will still be people who sense what you are really into, and when they sense, you can share. Secrecy doesn't mean never revealing your work, it just means you don't talk about it like you would talk about a hobby. Keep it a

little sacred.

And this secrecy is why I prefer to keep the occult side of consensual group sex to myself. The rituals that follow in the rest of this book can be worked without anybody in the group knowing what is going on in occult terms. I consider this to be fair, because nobody ever really knows what's going on in another person's head during sex. So long as you are giving and sharing sexual pleasure with a partner or group, there is no karmic backlash from using the energy in your own secret ritual. Exactly how you do that will be described later.

The other way to get into group sex –

organizing an orgy or going to a swinger's club – carries more than the usual number of health and safety risks, and you will definitely want to keep the magickal aspect of the work to yourself. You are, after all, having sex with strangers, so the last thing you want them to know is that you are using their sexual energy. Going to a swinger's club is really easy, though, once you get over your nerves. If your city has one, it's a great way to test out how you respond to group sex. I still use this as my group sex of choice. I plan a ritual, take my partner or a friend, we have sex with a large group and use the energy to power the ritual. It's easy, fun and extremely effective.

The intricacies of getting invited to a private orgy, or visiting a swingers club vary from city to city, and the best advice I can give you is to do a lot of research before you dive into this. Also make sure that if you are doing this with a partner, you both break into it slowly and know your boundaries. Only the best relationships can survive this sort of process. If you have any jealousy or trust issues, then group sex will shatter your relationship in minutes. Which is one reason I like group sex – it's a great way for delving into trust and friendship when you have a really good partnership. It's also a lot of fun.

Do your research, talk about what excites or worries you, discuss with other people in online forums, and find out what you think will be a safe way for you to work.

Personally, my self and my main partner, Audrey, have worked in two main ways. We have occasionally invited somebody that we met online to come to our house, and had a threesome. We always make sure we take a photo of them and their car, and send it to a trusted friend – and let them know this has happened – to ensure everybody's safety. We also frequent a local swingers club. We turn up and get naked. One of the club rules is that *No Means No*, so we get to have

sex with a lot of people, but *only* when we are willing.

The basic approach we have is that I fuck Audrey while she lies on her back, and she sucks other men off. Sometimes we take a break from that and other men fuck her in a variety of positions while I watch, and occasionally I fuck other people. All the time we are harvesting or building sexual energy, with a build up to a big magickal climax.

If you're a gay male it's even easier to find a gay sex venue, depending on where you live in the world, as many cities have several bathhouses or gay saunas. It's far easier than finding a

heterosexual swingers club. Bisexuals have plenty of choice from all of the above options, but it's a little more difficult for lesbians. The few lesbian occultists I know sometimes visit traditional swingers clubs, making it clear they are only there for other women, but more often than not they will try to organize small orgies at home with a group of friends.

The Power of Group Sex

When working with groups, of whatever size, there are several main ways of working. The first is that you use the sheer excitement of the act to empower your own sex drive. It's so exciting that it gives you more sexual energy and more magickal power. This is great, so go ahead and try this, but the thrill can wear off after a year or two, so don't rely on this method for ever.

The second way is to harvest sexual energy from the people you are having sex with. When I work with Audrey, she consciously drains sexual energy from the men that are touching her, or the men

that are in her mouth. Drinking their semen, in particular, is an excellent way to take this energy. She either stores this in her solar plexus or guides it to a sigil or talisman as will be described later.

The third way is to use sexual fluids. Obviously there are health risks here, but if you go down this route there is great power in sexual fluids. Audrey and I use all three techniques at once. We let our sexual energy build by doing things we find exciting in a group situation, she harvests energy from the men and women who join in, and when somebody orgasms (whether a man or a woman) she uses their fluids. This might simply be a case of drinking semen, or wiping

vaginal fluid onto a talisman. At the end of a session (which can be anything from an hour to five hours), we climax, I pull out of her, and finish my orgasm in her mouth, and we then kiss to share the elixir of semen. If this all sounds pretty hardcore, remember that you don't have to try this, and you can stick to masturbation or straight sex. But if you do go down this road, the power is almost immeasurable. Magick doesn't always work, and that's usually because we've not been clever about setting goals. But if you break down your goals correctly, as will be described, and use this kind of sexual energy, you can achieve greatness.

Not all nights go well. Sometimes people just don't get in the mood, or nobody cums and that can lead to frustration. But when it goes well, the power of a room full of people fucking for hours, with many orgasms and a free flow of sexual fluids is mind-blowingly powerful.

For the record, we use condoms for vaginal sex, and we get health checks every few weeks when we're doing this sort of thing. We know the risks, and we accept them because of the pay-off. Make sure you know the risks, and make sure you always stay in charge of your boundaries at these events. Never let anybody make you do anything you don't

want, and make sure it's enjoyable. The moment sex magick becomes unpleasant, the magick is gone.

The Sexual Trance That Releases Magick

To some degree, when you have sex you are entering a sexual trance. In a casual wank you might only get a mild trance when you're highly concentrated or at the point of orgasm. In average sex, the trance may be on a similar level or slightly higher. When you have mind-blowing sex, you are in a near trance state most of the time. Many people almost lose the ability to speak, or to think in words. This is a powerful state, but it's quite rare. An alerted state of consciousness is required for magick to work – in fact it's the reason sex magick works so effectively - so you want to

develop the trance state, but you want to do it easily and without pressure.

There are many books on sex magick that talk about building tantric energy and circulating light and energy through the body. Many practitioners will have learned the Middle Pillar exercise for circulating energy and exploding the fountain of light. If you are an experienced occultist, feel free to use this as a starting point.

I want to offer a rapid alternative that means that you will create strong sexual energy, whether your sex is average or mind-blowing. It works whether you are masturbating alone or having sex with a

partner or a group. I'll explain the details of those workings shortly, but this is the essential Sexual Trance technique.

Start by letting yourself become aroused, perhaps by kissing, licking, tasting or stroking, but when you feel arousal starting to arise you say the following opening words:

GOH-HEE-AH BEE-EN YOL-CAM

YALPERR-GAH

LAH-EE-ADD

AVA-VARGO

MALP-EAR-GEE

KEE-CLAY

MOZ-OH-VOF

OH-ZAZ-MUH YOU-URBS

These are written phonetically, so you say them exactly as they are written, and don't worry about the pronunciation. Say them out loud. Ideally, learn the words. If that is not possible, you can read them from a piece of paper until you have learned them. Eventually, you should learn them. You are opening gates to angelic powers of sexuality.

The next step is simple but important.

Consider your sexual energy to be a bright white light.

That simple sentence holds many mysteries, truths and powers. It would

be wrong for me to explain too much, as the real power will come through your own discoveries.

I will reveal a little more, however, to help you on your way. There is no need to spend great amounts of energy picturing white light, or moving that light, or building your imagination to the point where you can see that light. Your sexual energy is so strong that it can guide your imagination. Simply allow yourself to *consider that your sexual energy is a white light*.

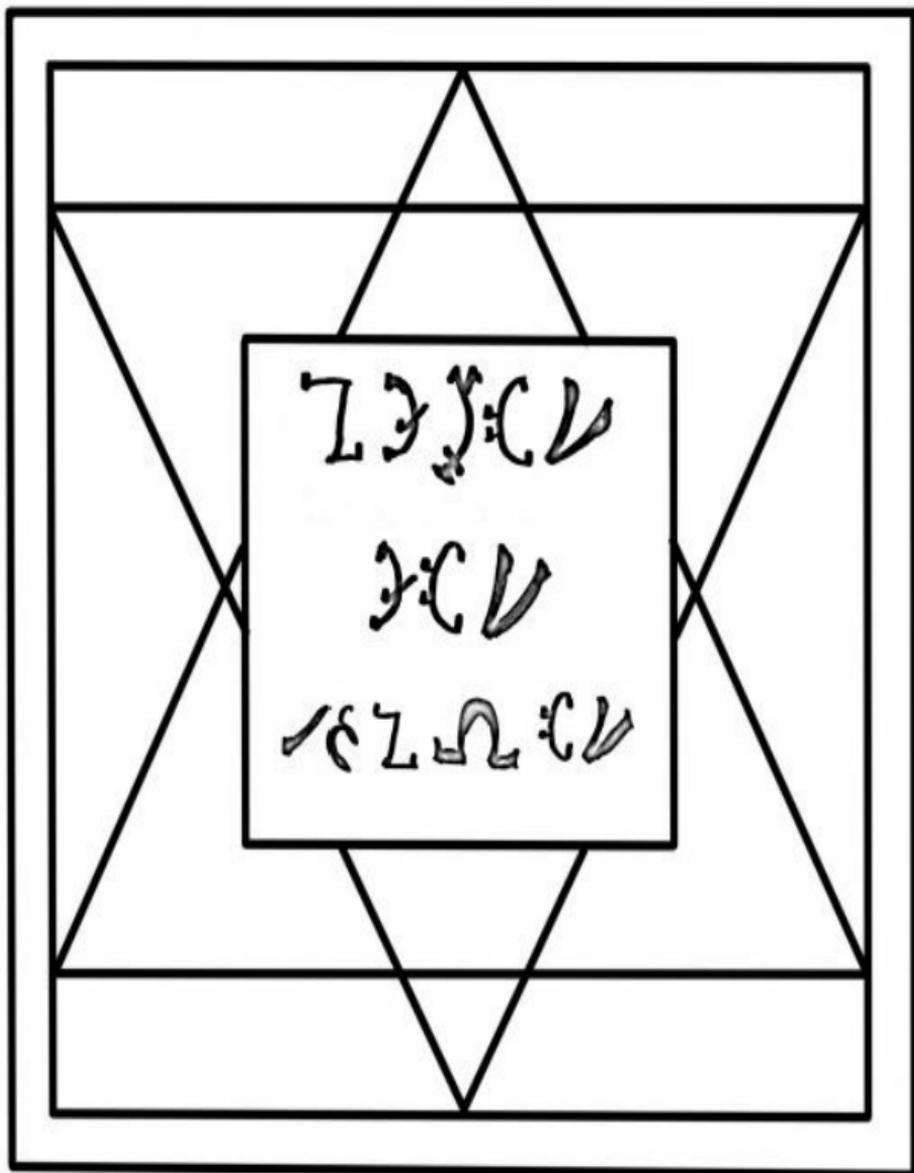
What you experience at this point will be unique to you. It may be dramatic, it may be nothing noticeable at all. It will certainly change over time, and there is no right or wrong about this moment, but

it should not be neglected.

Now gaze at the magick square below and say these words that follow three times.

OH-LAH-KNEE OLN OL-PEERT

If you can, let the words vibrate deeply through the back of your throat. It should be as though you are feeling them fill your whole chest, mouth and head, rather than just saying them.



You can copy this square by hand, or download it from my website and print it out at:

<http://galleryofmagick.com/images/>

Chanting these words three times, while observing this square will fill you with intense sexual energy and ensures you are protected during sexual workings.

As the sex act continues, focus mostly on the pleasure you are feeling, but every few minutes remind yourself of the white light. Focus on how good the sex feels and perceive your sexual feelings as a white light.

The Sexual Trance With Partners and Groups

The above working is an extremely simple way to raise your sexual energy to great heights. Using traditional occult technics it can take years to develop that sort of power. There are some drawbacks, though. If you are working with a partner who doesn't know you're using magick, or if you're working in groups, it gets a little more complicated. It remains just as effective, but needs some slight modification.

Working With A Group That Is Participating In The Magick

If you're in an organized group who are all trying to raise magickal sexual energy, then you should try to chant the words in unison. This applies to the opening words, as well as to the repetitions of OH-LAH-KNEE OLN OL-PEERT

You may need several copies of the magick square. I've been in some situations where one large copy of the square was placed on the ceiling, and everybody made the effort to look up when the chant began. We had one member of a group who was an artist, and she painted the square in yellow-white paint on a black background. Attaching the large canvas to the ceiling was difficult, but made for an enjoyable

evening. You don't have to be this elaborate, though. There's a lot to be said for simplicity as it gives you more time and energy for the sex act itself. A few paper copies will work just as well.

Working With A Partner Who Knows About The Magick

If you are with a partner, wait until it is obvious you are both feeling aroused. If need be you can ask, 'Ready?' to make sure you are both feeling aroused. Then, when you are ready, you both say the opening words as though saying them to each other, making eye contact. Looking into the eyes of another say you say these words has an extremely sensual and

powerful effect.

Depending on the position you are in, you may need to make two copies of the magick square, so you can each see it easily. Given that this happens early in the arousal stage of sex, many couples find that one magick square is enough, but feel free to use two.

If you and your partner are in a group sex situation, and you're the only two people who know about the magick that's taking place, you need to be covert, but it's quite easy to get this to work. You can whisper the opening words to each other, and when it comes to the repeated chant you can look in each other's eyes and say the chant quietly, as though you are simply

moaning or experiencing pleasure.

But what about looking at the magick square, or what if you need to keep quieter? The following sections include a technique for simplifying the magick square, and ideas on internalizing the chants.

Working With Partners and Groups Who Are Unaware of The Magic

Sometimes, you want to perform sex magick with one person or a group of people, and you don't want them to know what you're doing. Imagine you are using the 'success' technique from the early part of this book. You want to raise your energy, but you need to do it covertly.

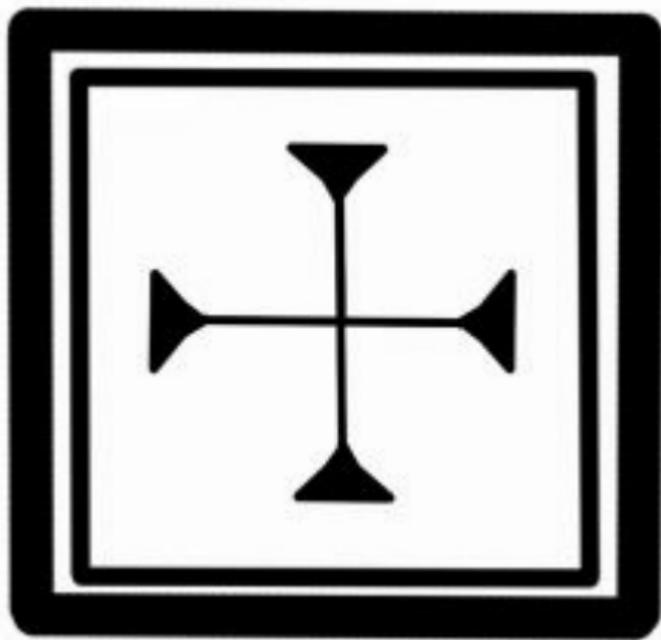
The opening words, that begin with GOH-HEE-AH BEE-EN YOL-CAM do not need to be said out loud. If you can learn them and say them to yourself internally, that will work. An alternative, which I have often used, is to excuse myself to the bathroom. Nobody really likes it when sex is interrupted by a bathroom break, but most people prefer you to get it out of the way at the beginning – so in 99% of cases, this has worked effectively. I slip off to the bathroom and say these words out loud, maintaining my sense of arousal. If you are in a group situation it's more difficult to excuse yourself, in most cases, so I prefer to use the internal monologue of the words. Sometimes I

just let them be said out loud, like moans. Nobody ever suspects.

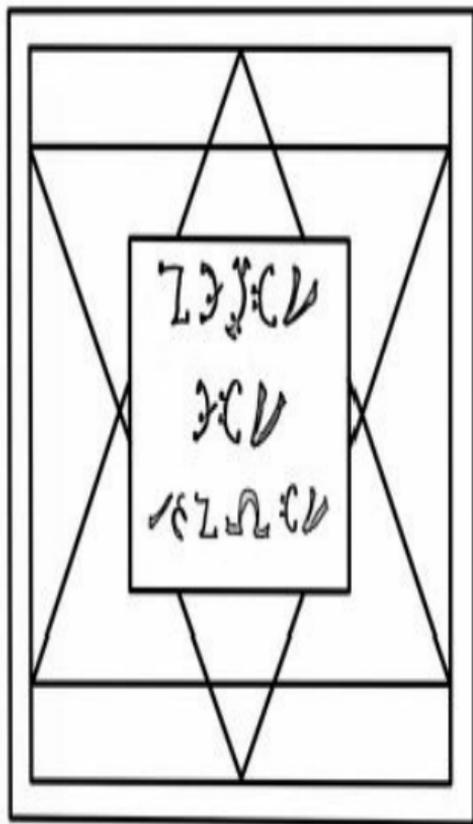
When it comes to OH-LAH-KNEE OLN OL-PEERT, you need to repeat this three times while staring at the magick square. How do you do this covertly? You can't carry a magick square around with you when you're naked. I knew one man who had the symbol engraved on a circle of steel, and wore it around his neck, but it got in the way, and raised suspicion when he stared at it during sex. You can try that sort of approach, but there's another way.

There is a trick that enables you to visualize a connection to the magick square at the right time, so you can mutter the words of power to yourself.

Actually picturing and memorizing the complete square is quite difficult unless you have strong visual skills. If you can visualize it accurately you are gifted, so go ahead. If you don't have that gift, then draw or print out this small symbol, and place it next to the large square.



You'll end up with something like this.



Perform the above ritual by yourself

seven times, while staring at both images, and reach orgasm. There should be no magickal aim other than connecting these two images.

Then when you come to work with another person or a group, you can simply say OH-LAH-KNEE OLN OL-PEERT while picturing the small image of the cross.

Picturing this small cross image is easy enough for most people. If you have difficulty, spend some time picturing it before the act. Even the slightest recall of what this cross looks like will connect you to the magick square as you say, mutter or whisper the words of power.

All sex can be used magickally, but if you empower your sexual trance using this angelic magick you will obtain results of far greater depth. And you will have more enjoyable sex as well.

The Major Process

We are often told to keep emotion out of magick. The reasons for this are varied, with some believing that emotion is ephemeral, base and irrelevant. Others feel that emotion can cloud a working and confuse your intentions. Many believe that emotion can lead to lust for result, thus disempowering the magick. I have found that adding emotion to sex magick unlocks the most potent occult power. Using emotion in magick is The Major Process that brings about manifestation.

We have already looked at gratitude, which is a form of emotion. Keep that in

your work and you will go a long way.

A second way to use emotion is simply to feel love for your partner at the moment of orgasm. Whether you are chanting a 'success' word or using one of the ritual techniques that follows, at the moment of orgasm, feed your sexual energy with the love you feel for your partner, and let your love flow into your partner, and into the sigils and talismans you are using. This paragraph contains one of the greatest secrets of magick, but it must be used with caution. Use it only when your love is real and untainted by resentment. Most romantic or long-term relationships are unstable and contain a great deal of resentment, so this

technique should only be used if you can access the purest love. I have often found it easiest to use this technique with good friends that I love freely and purely (so long as they're into sex magick as well!) Friendship is often easier than a relationship. If you are lucky enough to have a truly loving relationship, then let your love empower your work and your results will manifest with great beauty and harmony.

A third way to use emotion, and one that is extremely practical, is also extremely simple. It is so simple that it can be overlooked or dismissed. I urge you to try this technique because it will bring about astonishing changes. In short, you

feel a positive emotion at the moment of orgasm. You do this by recalling a pleasant memory.

I recently spent some time watching actors being taught by a leading acting coach. There are many ways that actors achieve the effects they do on screen, but one technique uses emotional memories to empower a scene. These are called substitutions and actors use them all the time. The fascinating thing about substitutions is that that they don't need to be related to the scene at all.

Imagine two actors are playing a scene where they finally decide to get divorced after trying to keep their

marriage going for years. I watched this exact scene played out recently, and I know that the female actor was picturing the day she had to take her cat to be euthanized. She'd never experienced divorce, so the scene didn't really upset her no matter how she tried to connect to her character. By substituting the emotions about her cat, she was able to cry.

In the early part of the scene, she remembered driving to the animal hospital, still hoping the cat would live. As the scene developed (and as hope for the marriage was lost) she remembered the moment where the veterinarian told her there was no hope for her cat. At the

moment in the scene where the husband agreed there was no hope, she remembered the moment where the needle went into her beloved cat and she watched him die. The scene was astonishing.

At the beginning of the acting class when she was simply ‘acting’, there was emotion and it was quite moving, but she was reaching for those emotions, pretending them. When she used her own painful memories – even though they were nothing to do with divorce – the scene came to life in a potent way. This technique can be applied directly to magic.

Your aim is to find an emotion that feels good, that feels similar to the manifestation you want to occur. But it doesn't have to be related to your goal directly.

Let's imagine you are performing magick to find an extra \$2000. Don't try to find positive emotions about money. Instead, remember the day that somebody sent you an unexpected Valentine card. I use this example, because it's one I tried early on in my exploration of The Major Process and it worked.

Memories are filled with emotion. Recall a potent memory at the moment of orgasm, and you will re-experience that

emotion. Feed that emotion into your magickal working, and you will find success. The orgasm workings involve images, sigils, talismans and so it may seem like there's a lot to think about. You are raising a sexual trance, feeling gratitude, and then creating an emotional memory at just the right moment. It can take practice, but it is worth the effort.

If you're struggling to find something suitable, choose a memory that makes you laugh or smile. Remember, you are not trying to find an emotion that matches your magickal goal. *You are simply looking for an emotion that makes it feel like dreams come true. An emotion that makes it feel like things work out.*

Plan ahead. Don't try to come up with the right memory during the sex act. When planning your magick, and when planning the result you want, find two or three memories that help generate a suitable emotional response for you.

Avoid memories involving parents or children, and avoid memories that generate any subtle sense of jealousy, resentment or struggle. Think of the memories where everything worked out, through luck or effort, and recall the moment when you found out that everything had worked out. No matter how bad your life has been, you have thousands of these memories.

The memories do not have to be grand or major. It could be something as simple as realizing there was a fresh jar of coffee at the back of the cupboard when you thought you'd run out. So long as it creates that feeling of, 'Oh good, everything's all right then,' you will be fine. Of course, if you have memories of winning major prizes, finding treasure or something equally dramatic, go ahead and use that, but you can get just as much power from remembering the day you were given your first car.

The memories do not need to be in any way pious. I know one occultist who gets the most power out of remembering

mountains he has climbed, and waves he has surfed. But I know another who gets the emotion by recalling times she won games of poker and tricks she played on friends. So long as the memory is good for you, it will work.

This is The Major Process, and it works. Experiment with it, enjoy the experiments, and you will get results. If you go back to the beginning of this book, and look at the ‘success’ technique, imagine how it could be improved by adding The Major Process. As well as chanting your word and feeling the emotion of your wish fulfilled, you also add an emotional memory. It does take some mental skill

to hold these thoughts in mind, but with a little practice you will get this right, and it will work.

You may find after some time that some memories lose their potency, so be prepared to replace them with other memories. Every life is filled with good memories, where dreams manifested or surprise events made you happy. Collect these memories, and use them as the energy of your magick.

Memories happen quickly. You don't need to recall every detail of a memory - just picture the overall memory, sense the feeling it generates, and put that into the moment of orgasm.

The following processes and rituals that make up the rest of this book range from the commonplace to the exotic and secret, and you can apply The Major Process to them all. If you work with other forms of magick, or use my other books, you can apply The Major Process to those magickal workings. Whenever you need to boost the energy of a working, this will help.

Some of the material that follows may be familiar to you, but there should still be gems of new knowledge in there. In my early days of working I found that sigil magick was quite limited and a little boring, so you may find it surprising that

so much of the following magick is dedicated to sigils and talismans. But this is the essential power of magick – to create an intention and physicalize it in some way, then combine the mysterious energy and physicality of sex, and bombard your sigil or talisman with that energy. Then you let go and let the magick work, and it will work.

Using Symbols To Guide Energy

Many people find their way into the occult through ‘wank magick’.

Popularized by the Chaos Magick stream, this system is now seen by many to have quite severe limits, but with modifications it can still be useful. If you’re familiar with this style (or even bored by having read about it a hundred times), this section is still worth reading, as I introduce a variation on the Chaos approach that makes the magick more targeted and effective. And by adding The Major Process, this magick is raised to a new level.

The traditional Chaos approach is to create a sigil – that is, an image on paper – which abstractly represents the result you want. There are many methods for creating a sigil. The most basic is to write down your desire in words, then make a little abstract drawing by combining the letters and reworking them. However you make your sigil, the end result should be quite abstract and should *not* remind you of the result you want. You then generally set the sigil aside for a few days, and then when you are ready to perform the magick you masturbate. At the point of orgasm, you stare at the sigil. Some people attempt to cast the sigil into the abyss of the orgasm, mentally, with the imagination.

Others just look at it and drink it in as they orgasm. And this method does work.

For a while this method appealed to me because it seemed to side-step the problem of 'lust for result'. If you don't even remember what you're doing the magick for - because the sigil just looks like a few strange lines - then you can't waste any time lusting for the result.

I think this is why the sigil magick works quickly and effectively for newcomers to magick. It cuts out the difficult part - the letting go - and accesses sexual energy quickly and easily. So it's good for small, quick results. But for the most

successful magick you need to combine real-world efforts with your magick.

If you're trying to sign a particular contract, for example, you can't just forget about the contract. You have to think about it and desire it and work on it for many hours a day. And no matter how obscure your sigil was, you will not be able to forget that you did magick to get the result. But this is what most Chaos Magick stipulates – forget about your magickal result or it will not come about.

That is the problem I have with this approach. There seems to be a terror of actually thinking about the result you

want, in case your 'lust' ruins your efforts. I've known Chaos Magicians who refuse to even think about a goal they are working towards, in case it short-circuits their magick. This does not seem to be a good way to work.

It is true that lusting for result is a challenge that needs to be overcome. You need to get out of your own way and let the magick do the work, rather than hoping, wishing and dreaming that it will work. If you do dream and hope and wish, you will undermine your magick. But Chaos Magick seems to have taken this caution to an extreme level, with many practitioners now afraid to even think about their desires.

Magick is *about* desire. I want to be able to desire my results, and work on them in the mundane world as well as the magickal world. I want to keep my desires in my thoughts. As such, the traditional Chaos approach feels too limited. (For the record I don't have a problem with Chaos Magick or anybody who practices it, but for myself it's been important to bring a little more structure and emotion into my system.)

My solution is to modify the sigil so that it is *less* abstract. This sounds like a small change, but makes a huge difference to the way the magick manifests.

Constructing Your Magickal Goal

Your first task is to phrase your magickal goal correctly. There are many words written on this subject, but even if you've read every book on the subject, this chapter should give you a new approach.

Let's imagine the goal is to sign a contract with Company X before Thursday. There is much debate about whether to put time limits on your magick. Some people say you should never put on a time limit, as results can take three months to manifest. Others say it's better to put a time limit, so you

know whether or not it's worked. This is personal choice, but be aware that if you don't put on a time limit, then the magick may find that the easiest way to work is really slowly. Also be aware that if you do put on a time limit, you may be limiting the chance of results manifesting. For myself, I like to put on a time limit that is not outrageously fast. So, in this example we could state the goal like this.

I want to sign the contract with Company X before Thursday.

If you've read anything about magick, or even new age self-help books, you'll know that the above phrase needs to be

changed so that it's phrased without the 'wanting.'

One way to do this is to change 'I want' to 'I will'. So the sentence becomes, 'I will sign the contract with Company X before Thursday.' Some even change this to 'It is my will to...' Feel free to experiment with that. I've found that it sounds so determined that it actually indicates a level of insecurity about the results. By making a mighty statement such as 'it is my will' you are actually indicating some level of doubt. So, I find a more casual approach is better, wording this as though it's obvious this is going to happen. You would never write, 'It is my will that the sun will rise

in the morning.’ You would write, ‘The sun will rise in the morning.’

However, the statement still isn’t in the present tense, and many occultists would advocate that you phrase it in the present tense. So you would change the sentence to:

‘I sign the contract with Company X before Thursday.’

Now comes my favorite part. Change the phrase to be in the past tense.

‘I signed the contract with Company X before Thursday.’ This makes it feel as though it is already done, and in magick

the feeling that is already done is half the battle.

Whatever your goal, phrase it in this way – with the desire removed, and put it in the past tense.

So, if your goal is, ‘Angela will ask me out at the party next week,’ you could change it to, ‘Angela asked me out at the party.’

If your goal is, ‘I need more money to pay off my credit card,’ change it to, ‘I made extra money and paid off my credit card.’

You can add emotion to the statement, so

long as it is positive emotion that is about gratitude rather than desire.

If you write, ‘I desperately want more money,’ your magick will make you more desperate. The wording is everything. Instead, you should write, ‘It felt so good to get the money I wanted.’

Short, simple sentences are all that’s required. Don’t worry about whether they make sense to anybody else. So long as you know what they mean, it’s fine. For example, you don’t need to say, ‘I signed the contract with Company X before Thursday 15th June.’ If you know it’s Thursday 15th June, just write Thursday.

Keep it simple, direct and positive.
Write it as though it's already happened
and the magick is ready to begin
working.

Modifying Chaos

With your statement of magickal intent ready you can create your sigil. My modified sigil requires a little creativity, but don't worry if you're no good at drawing. You just need to spend some time making something that feels right to you. It's a quick and easy process. Keep it that way. If it feels like a struggle, then you're overthinking the process.

To illustrate this modified approach, I'll show you a magickal goal, and the process you could go through to create a sigil.

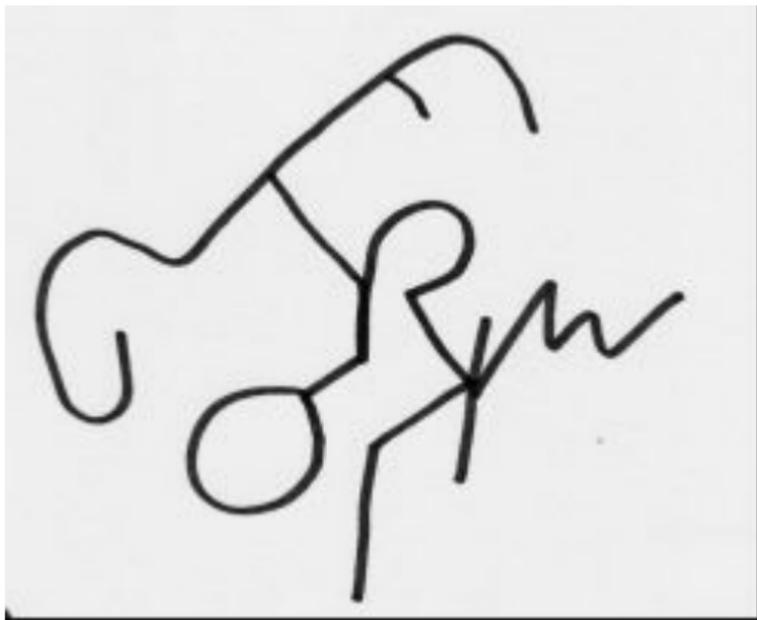
If the goal has been written as, 'Angela

asked me out at the party,' the most popular Chaos Magick approach would be to remove all the duplicate letters, leaving you with, ANGELSKDMOUTHPRY. You then draw these letters on a piece of paper and re-draw them until you end up with something that no longer reminds you of the original statement. Some people cross out the vowels first, but others leave them in, and either approach works. It looks something like this.

ANGELSKDMOUTHPRY



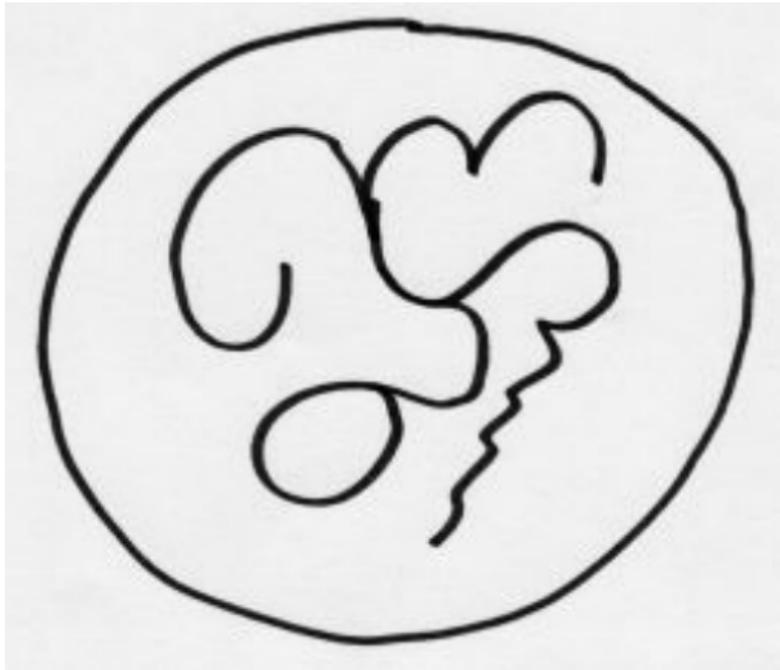
In this first step you combine the letters into a pattern, and the letters are still recognizable. You then redraw this, making it more abstract.



As you go, you will lose some letters, and others will be combined. You're effectively creating an abstract squiggle using the letters as a starting point.



At this point you might feel you almost have what you want. You then draw the final version and put a circle around it.



You cut this out, throw the rest of your drawings and doodles away, and set your sigil aside for a few days and then use it in a masturbation ritual. The idea is that you shouldn't remember what you created it for. One way to achieve this is to create several sigils at once, then 'fire' them with an orgasm ritual one at a

time, never being certain which one you're 'firing'.

My version is different in that you put some of your desire and emotion into the imagery. This is contrary to much magickal theory, but I have found this to work with astonishing speed. It has worked for new magick practitioners and those who've been using sigils for years.

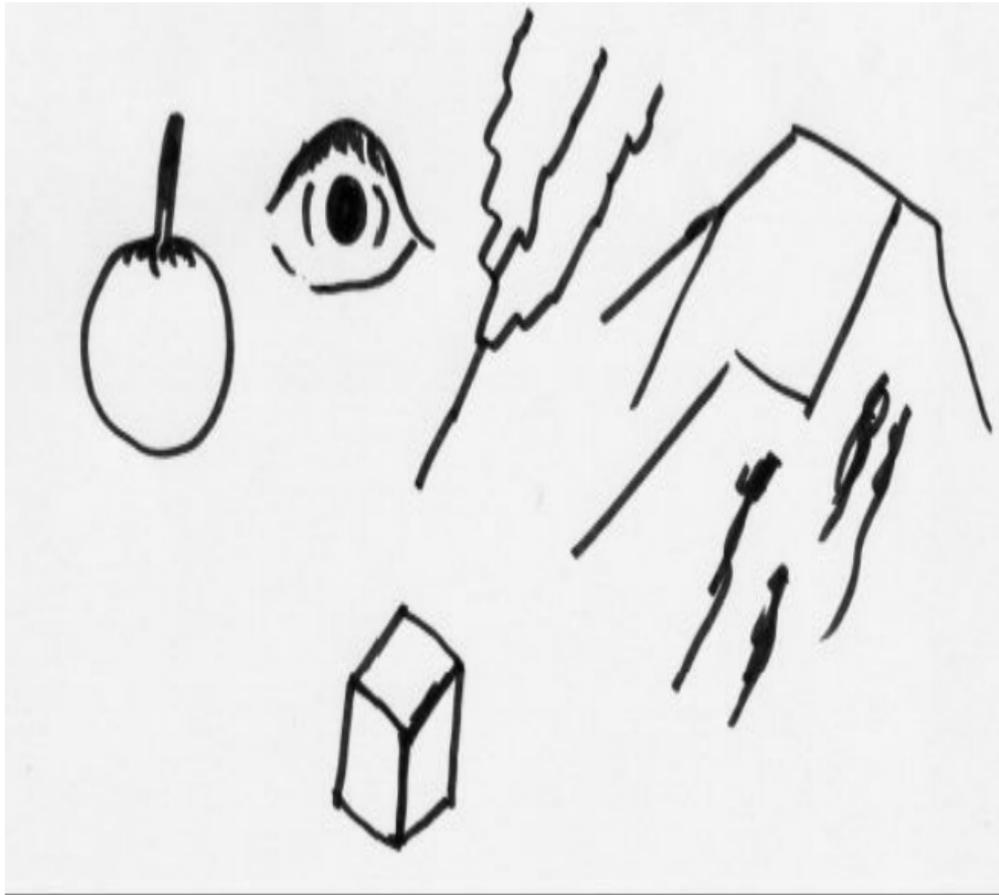
To illustrate, let's take the example of, 'Angela asks me out at the party.'

In a quiet place, where you will not be disturbed, think about Angela and how it would feel to be with her, to be asked

out by her.

My first impression, when I think about her, is that she has very red lips. I am drawn to that image. I reminds me of her. I try to draw that and find myself drawing a fruit, a cherry or apple. I can't draw very well, but that's OK, I know that this is a cherry and it reminds me of her lips.

Then I picture her eyes looking into mine, so I try to draw her eye.



I ponder the feeling that this has happened, that we were at the party and she asked me out. I let my pen move over the paper without thinking, and

draw a sort of upwards lightning. I'm quite literally drawing my feelings.

There is no right or wrong here. So long as you don't judge your work and go, 'Oh that looks terrible,' then it's working. Just let your feelings dictate what you draw. Remember though, you are drawing the feeling of the *desire fulfilled*. Don't draw your wish, your hope or desperation. Draw the feeling of the end result.

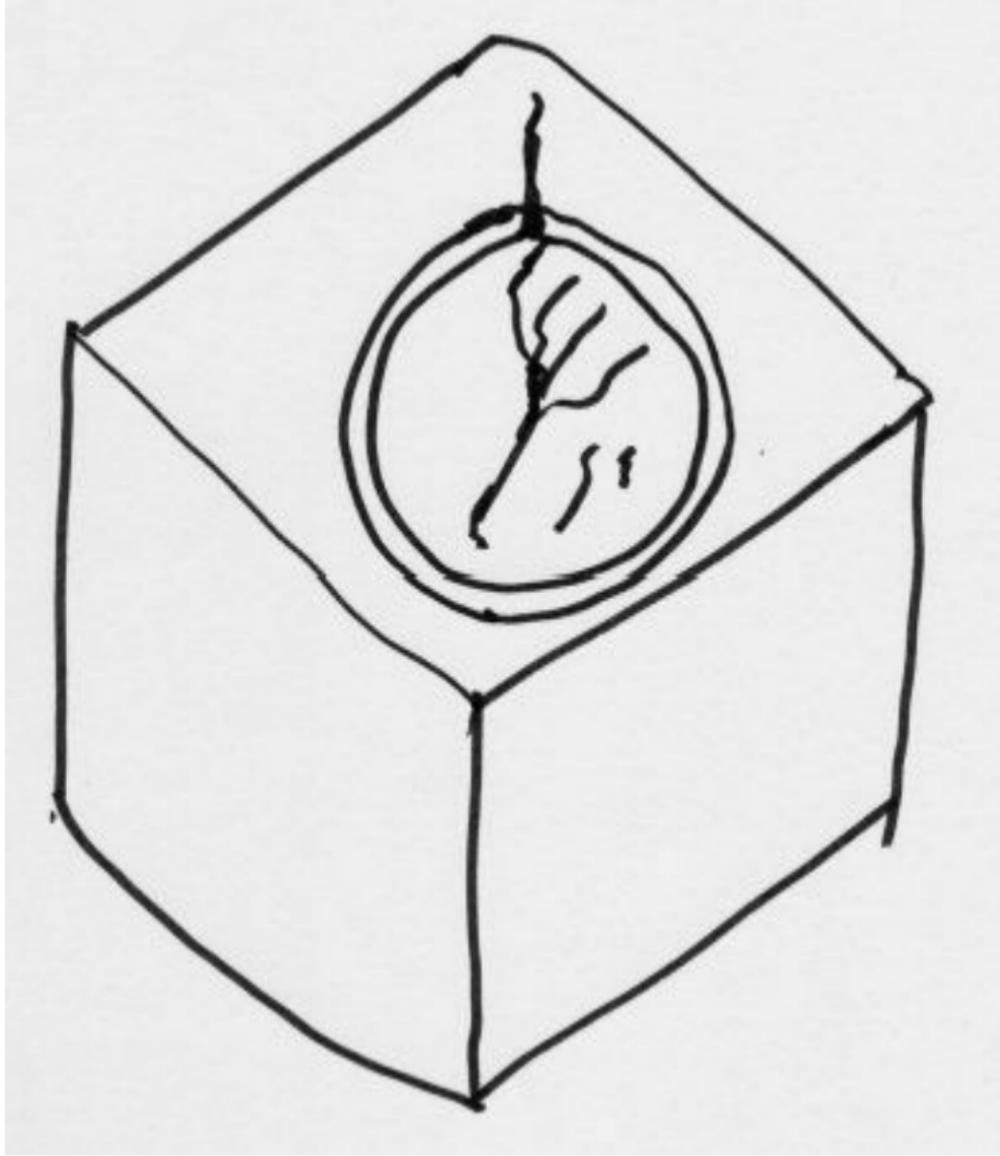
Next I continue to picture how this dream came true, and I see the room from above, a crowded room at the party. It's as though I'm viewing myself and Angela from above. The final

squiggles on the right are my drawing of the room. As you can see, you don't need to be able to draw well.

If you *can* draw well, don't go too far or make your images too complex. You are meant to be reducing feelings of completion to basic pictograms, so simplify your images as soon as you can.

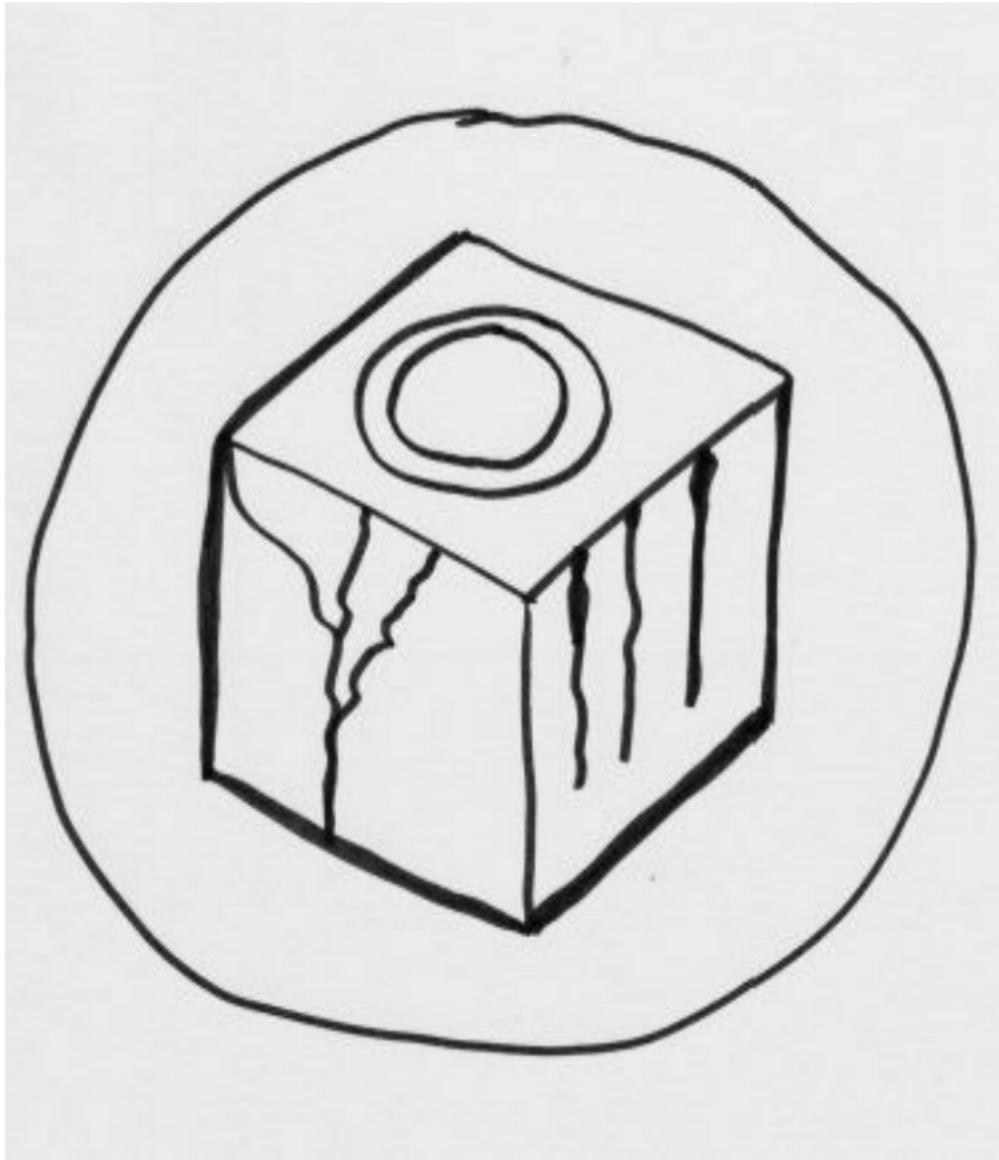
Finally, I clear my mind and just let the feeling of the wish fulfilled take over me, and let myself feel how good it is that the magick worked. If an image comes at this point, I draw it. If not, I simply carry on with what I have. In this case, I see a glass cube. I don't know why, but that's what I see, so I draw it.

In the next stage I begin to combine the images. Again, this should be done as play rather than perfection. You are not trying to get it right, and nobody will ever say, 'That's not right for your magick.' What you create is the right creation for your magick. In this case, the cube took over the image, with the other lines and squiggles being added and combined.



At this point, you can stop. If you feel

that this image reminds you of the statement, ‘Angle asked me out at the party,’ then stop. Often, though, you will feel the urge to draw or redraw this once or twice. This is what I ended up with:



There is no logical way to describe what

led to this image, but it reminded me of the stated goal, as though that goal had been achieved already.

Why is this any more powerful than a standard Chaos sigil? When you concentrate on the feeling of your wish fulfilled as you create the image, you are doing far more than just doodling with letters. You are not trying to create an image that makes you forget your desire. You are creating an image that represents how it feels to have your wish fulfilled. Cast that into the magickal void of orgasm and the universe will shift reality to match your desires.

That's all there is to this.

You have your sigil, you know how to use it. Masturbate to the point of orgasm, use The Major Process, and then put the sigil aside, relax, sleep or do something else. If your goal does creep into your mind at any point, just remember how good it feels that your wish came true.

Increasing The Power

A simple way to increase the power of this ritual is to wipe your sexual fluids on the sigil as soon as you have reached orgasm. You do this casually, rather than with great ceremony. Whether you are wiping semen or vaginal fluids, you simply spread them over the image. This is done without great emotion. If you feel anything it should simply be a sense of completion. This is a way of sealing off the work you have done.

What should you do with the sigil once it's been used and it anointed with your fluids? This is a matter of personal taste. Some people like to dispose of magickal

materials with some degree of ceremony, burying the sigil on your home ground, or discarding it in the middle of a cross-roads. If this suits your mood, that is fine, but usually the last thing you want to do after an orgasm is go out and start digging a hole in the ground. I suggest you simply screw the sigil up and throw it in the garbage. It is not sacred. The image has already been fired, the magick has been sealed by your fluids, and it does not need to be treated with reverence.

Some people worry that this may offend the universe/the spirits/god. The sigil is your creation, and its magick is working on a deeper level now, so

throwing away the paper is absolutely fine. If anything, treating it so trivially at this point helps with 'letting go' because you're not worrying or trying to do the right thing, you're just disposing of it like a used condom.

Using The Sigils With A Partner

You can use these sigils with a willing partner. One way is to simply tape the sigil to the wall or ceiling (somewhere you'll be able to see it), and follow the description from earlier, making sure you see the sigil at the point of orgasm. Make sure your partner understands exactly what's going on. Some partners may want to join in and send their energy into the magickal act. That is fine. If your partner has this instinct, then there are a couple of approaches.

The first is for your partner to release

their sexual energy into you during the sex act. This can be achieved by visualizing a white light leaving the heart, solar plexus, genitals (or wherever feels right) and letting that energy empower you. This can happen throughout the act, and at orgasm.

The second method is for your partner to send sexual energy into the sigil itself during the entire act and at orgasm. They don't need to know what the sigil is for.

And the third method is for your partner to stare at the sigil at the moment of orgasm. This is the same method you are using. I have found that your partner doesn't even need to know what the sigil

represents, and yet this works. You can, however, share the meaning of the sigil and even create it together if you're working towards a shared goal.

There are a few risks. You should make sure that if the purpose of the sigil is secret, that you keep it secret, and that your partner is genuinely ok with that. If not, keep talking until you find something that works for you both, or work alone.

There is also the risk that sex magick can put pressure on you both to perform well sexually. Do not try to have spectacular sex. Just have sex and enjoy it. Refer to the chapter on sexual gratitude. Many people find that once they start having

sex for the sake of magick, the sex gets a lot better, but don't hope for this or seek it. Just have the sex and wait to see how it goes. Enjoy the sex and perform the magick.

Another risk that your shared goals may be confronting. When you begin to talk about shared goals you may find they differ, and this can uncover problems and differences in your relationship. Be warned that sex magick, although powerful, can make you more open to a partner than ever before. That may or may not be a good thing.

If you're not in a relationship you can have sex with a willing friend, if you

happen to have a friend who likes casual sex and is willing to help.

You can even have casual sex and never tell the person you're having sex with that you are performing magick. I should stress the obvious – you should seek consent for every sexual act you perform. But you do not need to seek consent for the magickal moment of your orgasm. If you choose to glance at your sigil during a one-night-stand, you are not betraying the person you're having sex with. Some occultists disagree wildly with this, and say this is tantamount to psychic rape. I disagree because when you have casual or friendly sex, you always have private

thoughts, hopes and feelings. It is not a relationship, so what you think and feel is up to you, so long as you are kind, generous and respectful to the person you're sleeping with. If the idea bothers you, wait until you're in relationship that can take this kind of magick, or stick to masturbation.

The final risk is the missed orgasm. When there's pressure, it can be difficult to orgasm. If you feel that you must reach orgasm for the magick to work, you might put yourself under pressure and find it difficult to climax. If that happens, don't despair. If it becomes clear that you're not going to orgasm, then simply send your sexual feelings of pleasure

into the sigil, and charge it that way. Keep it for another day. Eventually you will orgasm, and the sigil will have been fired up with an added dose of sexual energy. Don't allow this situation to frustrate you if it occurs. The truth is, it can actually help.

If you're patient, you can even try out this delaying tactic deliberately. Have sex, sending your pleasure and sexual energy into the sigil, and stop before you reach orgasm. Then, a few hours or days later, have sex and achieve orgasm. Many of the people I've worked with swear this is actually the best way to ensure that a sigil is truly fired. So if you ever find that you're not going to

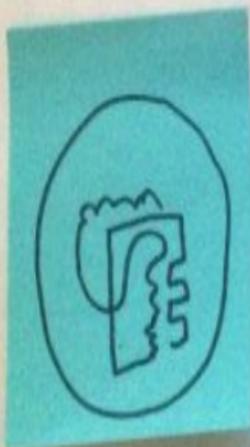
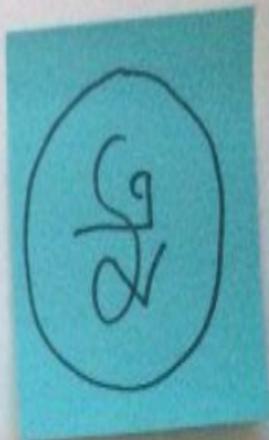
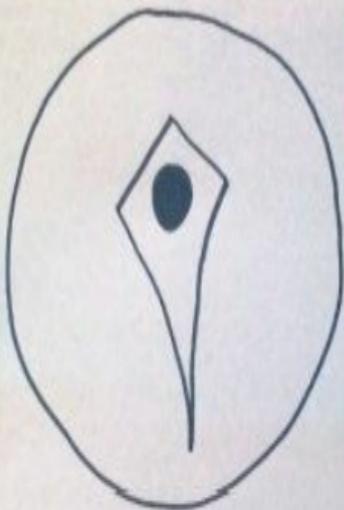
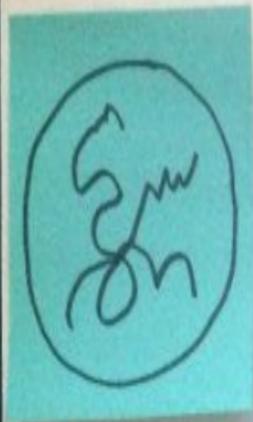
orgasm, see it as an opportunity.

Creating Targeted Master Sigils

Earlier in the book I mentioned that you should break a goal down into its component parts, and perform sex magick for each goal that contributes to the whole. To do this you should create a master sigil and several other sigils that are related to that goal.

The trick here is that you combine the traditional chaos approach, with the modified approach that I have discussed. So for the smaller, contributing goals you create sigils that are abstract. At the same time you create a master sigil that *does* remind you of the emotions of the

goal. It could look something like this.
The master sigil is in the center, and the other sigils are placed around the main image.



In this example the major goal was to get a new business successfully off the ground, and it is represented by the kite-shaped image with a dot in the center. That is the master sigil that contains the feeling of the goal.

There are four other goals on the post-it notes. One is to raise the initial money to get the business off the ground, one is to help spread the word about the business, one is to attract support of family and friends, and one is to make the business name memorable to people. I don't know which sigil is which. There is also a fifth sigil which has a story behind it. The fifth sigil is possibly the most

important.

I remember when the first iPhone came out and I immediately decided I wanted one and was going to queue up on the first morning to buy one. Did I do a ritual to get an iPhone? Of course not. I was so certain that I was just going to go out and buy one that I didn't bother with magick.

I realized after that day that I was only ever doing magick for things that I thought were difficult to get. The iPhone was easy to get. I assumed it was coming to me and it did. That implied that when I performed magick, there was always the sense that this was something a bit

more difficult. In other words, all magick is filled with a little doubt, because we're worried we won't actually receive the result we want.

So a fantastically powerful way to get your magick to work is to create a sigil for something that is going to happen very easily, or even better, for something that has already happened. This should still be related to your overall goal. In the above example, the fifth sigil was for the signing of a contract related to a business premises. At the time that I made the sigil, the contract hadn't been signed, but it had been written up and agreed upon verbally and I knew it was going to be signed within days.

Do not underestimate the power of this extra sigil. You may be tempted to ignore this, because it's time consuming, and requires magickal effort, but it one of the most effective techniques in the book.

When I construct a master sigil in this way, the process then continues like this: I collect everything together as shown and leave it that way for a day or so, then I fire each of the smaller sigils in turn without knowing which is which. I do this in whatever way is convenient, sometimes through masturbation, sometimes through sex with a partner, and sometimes during group sex. These sigils are on Post-It notes so it's easy for

me to remove them, fire them magickally, wipe fluids on them and dispose of them. I recommend a similar approach.

Eventually you are left with one master sigil. All you have to do is fire this in a similar way. Make sure you use gratitude and The Major Process, and keep an awareness of your goal during the sex act. By combining sigils in this way, you can make things move fast, and get results that last for a long time.

Firing Sigils To The Skin

If you have a good visual imagination you can take a sigil, especially a master sigil, and fire it into your skin. This is like a psychic tattoo – nobody knows it's there but you, and that means you can have access to this sigil during covert sex.

I used the above sigil in exactly this way. I impregnated the image into my skin (using the technique that will be described in a moment), and then went along to a swingers club because my partner was out of town. During the night I hooked up with several people. I used gratitude, I created the sexual trance, and

at the moment of orgasm I used The Major Process, and looked down at my forearm and saw my sigil there. It was obliterated by the orgasm. The results followed soon after.

Firing a sigil into your skin is an act of will and imagination, but it is not difficult. You are, after all, dealing with symbols and imagination, so transferring a sigil from a piece of paper to your skin is not difficult.

First, pick a part of your body that you will be able to see easily during sex. This might be your palm, or the back of your hand. If you're working with a partner, it can even be fired into your

partner's skin (with their prior agreement).

All you do is stare at the sigil, and picture it rising up in the skin, like a glowing, fiery image. There doesn't need to be any great ritual or drama. Just imagine the image appearing in the skin, until you can picture it there easily. Then burn your original sigil. (Take extreme care when burning anything – I've known to many occultists who damaged their houses with incense, candles and smoking offerings!) As you burn the original sigil, know that it has been transferred to your skin.

It should look something like this, when

you picture it there:



When you look at that area of skin, you will be able to see the sigil in your imagination. The more simple your sigil, the easier this is, and it gets easier with practice.

Creating Talismanic Objects

The magick that has been described so far will work, but sometimes you may feel the need to create a physical talisman to represent your goal.

Sometimes, you get an urge to create an object rather than a sigil. If you feel that instinct, take note, and create a talisman.

Recently, I was doing a working with a friend to help increase her income, and we felt a strong urge to make a talisman out of coins. We glued several coins together, used an engraver to scrape sigils into the coins, and then (with some difficulty) drilled a hole through the talisman so we could add some cord and

it could be worn around her neck like a necklace.

During the creation we didn't perform any specific ritual, but the whole time we considered the goal that we were aiming for. Then when the sigil was ready, we went out to a swinger's club, and anointed it repeatedly with as much semen as we could gather. The men who were cumming on my friend did not know that their sexual energy was being harvested into our talisman, but this didn't feel like vampirism to us. We were offering them sex, and the pleasure of cumming in her mouth and on her face. It seemed like a fair trade.

We both made sure we obtained some of that semen, and covertly wiped it onto the talisman, knowing that the sexual power was being transferred to the talisman.

At the end of the evening, we both used The Major Process at the point of orgasm, to charge the talisman. Then we went back to her house and buried the talisman in the soil in her garden. A similar practice can work for you. Be creative.

If you can't bury the talisman, you can throw it in a flowing river. It's not ideal for the environment, but it should be buried or disposed of in some way

similar to this, rather than being kept or simply thrown in the garbage.

This process can be performed alone, with a partner or in groups.

Drinking The Power

When working with sigils or talismans there is one final process that is worth talking about, although it is not a new idea. It's widely known in magickal circles that consuming a mix of semen and menstrual blood is extremely powerful. If you are a heterosexual couple in a stable relationship, this is an option, but be aware that there are extreme health risks.

Also, most people are quite squeamish about the idea of consuming this mix. If you have the stomach for it, it's a highly recommended way to complete any sex magick ritual.

The simplest way is for the male to withdraw the penis, and for the female to take the mix of semen and blood into her mouth. You then you pass this elixir between you, mouth to mouth.

This post-orgasmic ritual seals the magick in an extremely powerful way. If you don't think you can go this far, it's not an essential element, but if you experiment with this, you'll find great potential in the technique.

Your Own Magick

By now you should be getting the picture. Sex magick is simple. You set a goal, break it down, create something that represents the goal, generate gratitude, enter the sexual trance, use The Major Process, let go and you get results.

You can use this sexual energy in many other rituals, including the ones described in my other books.

Sex Magick is an adventure and one that brings results effectively. Be careful what you wish for. Make sure you actually want the results you are seeking,

but then dive into your adventure, enjoy it, and enjoy the results as they come to you.

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My Gallery of Magick Blog contains more advice, updated on a regular basis.

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