

THE HERMETICRON



By

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This book is dedicated to my sweet wife Debra and my three beloved children.

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INTRODUCTION

Hermeticism is a way of life that has existed for thousands of years and is based upon the teachings of Hermes Trismegistus. He is believed to have lived long ago in the land of Egypt and from him came alchemy, astrology and magic.

The reason this book is called “The Hermeticron” is because it contains the original Hermetic teachings of “The Emerald Tablet” and “The Seven Hermetic Principles”. Its purpose is to give students of “Regarding Humans” a guidebook on how to meditate and develop psychic abilities. I believe Hermeticism and Universalism are ancient and one and the same.

“The Hermeticron” will show you how to practice the three parts of wisdom of Hermes Trismegistus: alchemy, astrology and magic. You will not need a chart of the stars or a wand or a funny hat...unless you want one of course. All you will need is this book, a quiet place to meditate and a stack of tarot cards. I will show you how to safely develop your natural psychic abilities, astrally travel, use psychic protection, the law of attraction, how to talk to your

loved ones who have passed on and how to tap into the Universal Mind (The All or God) so as to gain guidance in life. Let's start at the beginning with "The Emerald Tablet".



THE EMERALD TABLET

In the past, Hermeticists wrote in a confusing manner so as to discourage all, but the most worthy from taking up Hermeticism. While we live in a more educated and enlightened time where we do not face being burned at the stake and can study Hermeticism openly, one does not possess a true Hermetic education without being exposed to “The Emerald Tablet”. It would be ridiculous to call this book “The Hermeticron” without including “The Emerald Tablet”. I originally intended to include all of the original Hermetic writings (The Corpus Hermeticum), but the book became too large. The point of this book is to teach you how to use Hermetics, not how to be a scholar.

If you want to read “The Corpus Hermeticum”, it is free on the Internet. By far, the oldest and most important of the original Hermetic writings is “The Emerald Tablet”.

THE EMERALD TABLE

1. This is true and remote from all cover of falsehood
2. Whatever is below is similar to that which is above. Through this the marvels of the work of one thing are procured and perfected.
3. Also, as all things are made from one, by the [consideration] of one, so all things were made from this one, by conjunction.
4. The father of it is the sun, the mother the moon. The wind bore it in the womb. Its nurse is the earth, the mother of all perfection.
5. Its power is perfected. If it is turned into earth,
6. Separate the earth from the fire, the subtle and thin from the crude and [coarse], prudently, with modesty and wisdom.
7. This ascends from the earth into the sky and again descends from the sky to the earth, and receives the power and efficacy of things above and of things below.
8. By this means you will acquire the glory of the whole world,
9. And so you will drive away all shadows and blindness.

10. For this by its fortitude snatches the palm from all other fortitude and power. For it is able to penetrate and subdue everything subtle and everything crude and hard.
11. By this means the world was founded
12. And hence the marvelous conjunctions of it and admirable effects, since this is the way by which these marvels may be brought about.
13. And because of this they have called me Hermes Trismegistus since I have the three parts of the wisdom and philosophy of the whole universe.
14. My speech is finished which I have spoken concerning the solar work.



THE SEVEN HERMETIC PRINCIPLES

(from "The Kybalion")

You should have read "Regarding Humans" by now. Here are "The Seven Hermetic Principles" from the Kybalion.

"The Principles of Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open."

You will see the above quote from "The Kybalion" several more times. Memorize it and meditate on it.

The Seven Hermetic Principles, upon which the entire Hermetic Philosophy is based, are as follows:

1. The Principle of Mentalism.
2. The Principle of Correspondence.
3. The Principle of Vibration.

4. The Principle of Polarity.
5. The Principle of Rhythm.

6. The Principle of Cause and Effect.
7. The Principle of Gender.

1. The Principle of Mentalism

"THE ALL IS MIND; The Universe is Mental."

This Principle embodies the truth that "All is Mind." It explains that THE ALL (which is the Substantial Reality underlying all the outward manifestations and appearances which we know under the terms of "The Material Universe"; the "Phenomena of Life"; "Matter"; "Energy"; and, in short, all that is apparent to our material senses) is SPIRIT which in itself is UNKNOWABLE and UNDEFINABLE, but which may be considered and thought of as AN UNIVERSAL, INFINITE, LIVING MIND. It also explains that all the phenomenal world or universe is simply a Mental Creation of THE ALL, subject to the Laws of Created Things, and that the universe, as a whole, and in its parts or units, has its existence in the Mind of THE ALL, in which Mind we "live and move and have our being." This Principle, by establishing the Mental Nature of the Universe, easily explains all of the varied mental and psychic phenomena that occupy such a large portion of the public attention, and which, without such explanation, are non-understandable and defy scientific treatment. An understanding of this great Hermetic Principle of Mentalism enables the individual to readily grasp the laws of the Mental Universe, and to apply the same to his well-being and advancement. The Hermetic Student is enabled to apply intelligently the great Mental Laws, instead of using them in a haphazard manner. With

the Master-Key in his possession, the student may unlock the many doors of the mental and psychic temple of knowledge, and enter the same freely and intelligently. This Principle explains the true nature of "Energy," "Power," and "Matter," and why and how all these are subordinate to the Mastery of Mind. One of the old Hermetic Masters wrote, long ages ago: "He who grasps the truth of the Mental Nature of the Universe is well advanced on The Path to Mastery." And these words are as true today as at the time they were first written. Without this Master-Key, Mastery is impossible, and the student knocks in vain at the many doors of The Temple.

2. The Principle of Correspondence

"As above, so below; as below, so above."

This Principle embodies the truth that there is always a Correspondence between the laws and phenomena of the various planes of Being and Life. The old Hermetic axiom ran in these words: "As above, so below; as below, so above." And the grasping of this Principle gives one the means of solving many a dark paradox, and hidden secret of Nature. There are planes beyond our knowing, but when we apply the Principle of Correspondence to them we are able to understand much that would otherwise be unknowable to us. This Principle is of universal application and manifestation, on the various planes of the material, mental, and spiritual universe--it is a Universal Law. The ancient Hermeticists considered this Principle as one of the most important mental instruments by which man was able to pry aside the obstacles which hid from view the Unknown. Its use even tore aside the Veil of Isis to the

extent that a glimpse of the face of the goddess might be caught. Just as a knowledge of the Principles of Geometry enables man to measure distant suns and their movements, while seated in his observatory, so a knowledge of the Principle of Correspondence enables Man to reason intelligently from the Known to the Unknown. Studying the monad, he understands the archangel.

3. The Principle of Vibration

"Nothing rests; everything moves; everything vibrates."

This Principle embodies the truth that "everything is in motion"; "everything vibrates"; "nothing is at rest"; facts which Modern Science endorses, and which each new scientific discovery tends to verify. And yet this Hermetic Principle was enunciated thousands of years ago, by the Masters of Ancient Egypt. This Principle explains that the differences between different manifestations of Matter, Energy, Mind, and even Spirit, result largely from varying rates of Vibration. From THE ALL, which is Pure Spirit, down to the grossest form of Matter, all is in vibration--the higher the vibration, the higher the position in the scale. The vibration of Spirit is at such an infinite rate of intensity and rapidity that it is practically at rest--just as a rapidly moving wheel seems to be motionless. And at the other end of the scale, there are gross forms of matter whose vibrations are so low as to seem at rest. Between these poles, there are millions upon millions of varying degrees of vibration. From corpuscle and electron, atom and molecule, to worlds and universes, everything is in vibratory motion. This is also true on the planes of energy and force (which are but varying degrees of vibration); and

also on the mental planes (whose states depend upon vibrations); and even on to the spiritual planes. An understanding of this Principle, with the appropriate formulas, enables Hermetic students to control their own mental vibrations as well as those of others. The Masters also apply this Principle to the conquering of Natural phenomena, in various ways. "He who understands the Principle of Vibration, has grasped the scepter of power," says one of the old writers.

4. The Principle of Polarity

"Everything is Dual; everything has poles; everything has its pair of opposites; like and unlike are the same; opposites are identical in nature, but different in degree; extremes meet; all truths are but half-truths; all paradoxes may be reconciled."

This Principle embodies the truth that "everything is dual"; "everything has two poles"; "everything has its pair of opposites," all of which were old Hermetic axioms. It explains the old paradoxes, that have perplexed so many, which have been stated as follows: "Thesis and antithesis are identical in nature, but different in degree"; "opposites are the same, differing only in degree"; "the pairs of opposites may be reconciled"; "extremes meet"; "everything is and isn't, at the same time"; "all truths are but half-truths"; "every truth is half-false"; "there are two sides to everything," etc., etc., etc. It explains that in everything there are two poles, or opposite aspects, and that "opposites" are really only the two extremes of the same thing, with many varying degrees between them. To illustrate: Heat and Cold, although "opposites," are really the same thing, the differences consisting merely of degrees

of the same thing. Look at your thermometer and see if you can discover where "heat" terminates and "cold" begins! There is no such thing as "absolute heat" or "absolute cold"--the two terms "heat" and "cold" simply indicate varying degrees of the same thing, and that "same thing" which manifests as "heat" and "cold" is merely a form, variety, and rate of Vibration. So "heat" and "cold" are simply the "two poles" of that which we call "Heat"--and the phenomena attendant thereupon are manifestations of the Principle of Polarity. The same Principle manifests in the case of "Light and Darkness," which are the same thing, the difference consisting of varying degrees between the two poles of the phenomena. Where does "darkness" leave off, and "light" begin? What is the difference between "Large and Small"? Between "Hard and Soft"? Between "Black and White"? Between "Sharp and Dull"? Between "Noise and Quiet"? Between "High and Low"? Between "Positive and Negative"? The Principle of Polarity explains these paradoxes, and no other Principle can supersede it. The same Principle operates on the Mental Plane. Let us take a radical and extreme example--that of "Love and Hate," two mental states apparently totally different. And yet there are degrees of Hate and degrees of Love, and a middle point in which we use the terms "Like or Dislike," which shade into each other so gradually that sometimes we are at a loss to know whether we "like" or "dislike" or "neither." And all are simply degrees of the same thing, as you will see if you will but think a moment. And, more than this (and considered of more importance by the Hermeticists), it is possible to change the vibrations of Hate to the vibrations of Love, in one's own mind, and in the minds of others. Many of you, who read these lines, have had personal experiences of the involuntary rapid transition from Love to Hate, and the reverse, in your own case and

that of others. And you will therefore realize the possibility of this being accomplished by the use of the Will, by means of the Hermetic formulas. "Good and Evil" are but the poles of the same thing, and the Hermeticist understands the art of transmuting Evil into Good, by means of an application of the Principle of Polarity. In short, the "Art of Polarization" becomes a phase of "Mental Alchemy" known and practiced by the ancient and modern Hermetic Masters. An understanding of the Principle will enable one to change his own Polarity, as well as that of others, if he will devote the time and study necessary to master the art.

5. The Principle of Rhythm

"Everything flows, out and in; everything has its tides; all things rise and fall; the pendulum-swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates."

This Principle embodies the truth that in everything there is manifested a measured motion, to and fro; a flow and inflow; a swing backward and forward; a pendulum-like movement; a tide-like ebb and flow; a high-tide and low-tide; between the two poles which exist in accordance with the Principle of Polarity described a moment ago. There is always an action and a reaction; an advance and a retreat; a rising and a sinking. This is in the affairs of the Universe, suns, worlds, men, animals, mind, energy, and matter. This law is manifest in the creation and destruction of worlds; in the rise and fall of nations; in the life of all things; and finally in the mental states of Man (and it is with this latter that the Hermeticists find the understanding of the Principle most important). The Hermeticists have grasped this Principle, finding its universal application, and have also

discovered certain means to overcome its effects in themselves by the use of the appropriate formulas and methods. They apply the Mental Law of Neutralization. They cannot annul the Principle, or cause it to cease its operation, but they have learned how to escape its effects upon themselves to a certain degree depending upon the Mastery of the Principle. They have learned how to USE it, instead of being USED BY it. In this and similar methods, consist the Art of the Hermeticists. The Master of Hermetics polarizes himself at the point at which he desires to rest, and then neutralizes the Rhythmic swing of the pendulum which would tend to carry him to the other pole. All individuals who have attained any degree of Self-Mastery do this to a certain degree, more or less unconsciously, but the Master does this consciously, and by the use of his Will, and attains a degree of Poise and Mental Firmness almost impossible of belief on the part of the masses who are swung backward and forward like a pendulum. This Principle and that of Polarity have been closely studied by the Hermeticists, and the methods of counteracting, neutralizing, and USING them form an important part of the Hermetic Mental Alchemy.

6. The Principle of Cause and Effect

"Every Cause has its Effect; every Effect has its Cause; everything happens according to Law; Chance is but a name for Law not recognized; there are many planes of causation, but nothing escapes the Law."

This Principle embodies the fact that there is a Cause for every Effect; an Effect from every Cause. It explains that: "Everything Happens according to Law"; that nothing ever "merely happens"; that there is no such thing as Chance;

that while there are various planes of Cause and Effect, the higher dominating the lower planes, still nothing ever entirely escapes the Law. The Hermeticists understand the art and methods of rising above the ordinary plane of Cause and Effect, to a certain degree, and by mentally rising to a higher plane they become Causers instead of Effects. The masses of people are carried along, obedient to environment; the wills and desires of others stronger than themselves; heredity; suggestion; and other outward causes moving them about like pawns on the Chessboard of Life. But the Masters, rising to the plane above, dominate their moods, characters, qualities, and powers, as well as the environment surrounding them, and become Movers instead of pawns. They help to PLAY THE GAME OF LIFE, instead of being played and moved about by other wills and environment. They USE the Principle instead of being its tools. The Masters obey the Causation of the higher planes, but they help to RULE on their own plane. In this statement there is condensed a wealth of Hermetic knowledge--let him read who can.

7. The Principle of Gender

"Gender is in everything; everything has its Masculine and Feminine Principles; Gender manifests on all planes."

This Principle embodies the truth that there is GENDER manifested in everything--the Masculine and Feminine Principles ever at work. This is true not only of the Physical Plane, but of the Mental and even the Spiritual Planes. On the Physical Plane, the Principle manifests as SEX, on the higher planes it takes higher forms, but the Principle is ever the same. No creation, physical, mental or spiritual, is possible without this Principle. An understanding of its

laws will throw light on many a subject that has perplexed the minds of men. The Principle of Gender works ever in the direction of generation, regeneration, and creation. Everything, and every person, contains the two Elements or Principles, or this great Principle, within it, him or her. Every Male thing has the Female Element also; every Female contains also the Male Principle. If you would understand the philosophy of Mental and Spiritual Creation, Generation, and Re-generation, you must understand and study this Hermetic Principle. It contains the solution of many mysteries of Life. We caution you that this Principle has no reference to the many base, pernicious and degrading lustful theories, teachings and practices, which are taught under fanciful titles, and which are a prostitution of the great natural principle of Gender. Such base revivals of the ancient infamous forms of Phallicism tend to ruin mind, body and soul, and the Hermetic Philosophy has ever sounded the warning note against these degraded teachings which tend toward lust, licentiousness, and perversion of Nature's principles. If you seek such teachings, you must go elsewhere for them--Hermeticism contains nothing for you along these lines. To the pure, all things are pure; to the base, all things are base.



THE THREE PARTS OF WISDOM

"The Principles of Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open."

The three parts of wisdom, as mentioned in "The Emerald Tablet", are alchemy, astrology and magic. As we have learned in "The Seven Hermetic Principles", all of this is vibration or the law of attraction in one way or another. Alchemy is really the art of mental transmutation. This could be meditating the AUM, which transforms an individual radically. This could be altering your vibrations by purposefully changing your mood by thinking of positive or happy thoughts.

Astrology is a way to "know thyself". Know your astrological sign and how it affects you. Know how it affects your relationships with others. Ultimately, by meditating the AUM and learning the Law of Attraction,

you will learn to transcend astrology. Your sign will not matter. You will learn to be the master of your own fate, not affected by outside influences, be they people or circumstances. You will rise above it as you learn to identify more and more with The All. The stars impel, but do not compel. We always have free will. Most people never learn to master themselves and are mostly compelled.

Magic is the Law of Attraction. They are one and the same. All the rituals and ceremonies used by magicians, witches etc to do magic are simply tools to help get one in the right frame of mind to use the Law of Attraction. If that works for you, by all means, do it.

There are all kinds of traditions and approaches out there in the Western Esoteric Tradition (Wicca, Franz Bardon, New Age, Golden Dawn, Rosicrucianism, etc) and they all get the same result. We are all doing the same thing. This is how I approach the Three Parts of Wisdom as a Hermeticist.

Here is my daily practice:

I meditate the AUM daily for at least 20 minutes, I practice the Law of Attraction daily and I use tarot cards for divination for myself and others. I also take time to practice psychic protection for myself and others. Then I get some exercise...usually jumping jacks, swimming, planks, push ups, squats and pull ups. Or at least I intend to. All day long, I think positive thoughts only, work hard according to a plan of action I have for the day and do so with kindness

and love. I follow the Golden Rule. When I come across someone new, I find out their sign to get an idea of what it might be like to associate with them. At the end of the day, I spend time with family or friends, read, relax and get plenty of rest.

That is the ideal anyway! Sometimes, I totally mess it all up and when I do, I dust myself off and start fresh the next day. I never give up on my way of life as a Hermeticist.

The following paragraphs will teach you how to meditate the AUM and why, how to simply use the Law of Attraction, how to use tarot cards and a no nonsense explanation of astrology. I will also teach you psychic protection and how to protect yourself should you astrally travel as well as an explanation of psychic powers and what to expect and what not to expect.

The truth behind the three parts of wisdom is this: the three parts of wisdom are astrology, alchemy and magic. Hermes Trismegistus was said to know all three and therefore was "Thrice Great". Instead of astrology and alchemy, we now have the science of astronomy and chemistry. We also have, instead of astrology, psychology. All magic ever was, was the Law of Attraction. This book focuses on the spiritual aspect of the three parts that are still valid in my opinion.

Knowing your astrological sign is akin to knowing yourself...why you do the things you...based on your age, education, health, upbringing, life experiences, etc. To get further insight, you could take a Myers-Briggs test.

Alchemy was akin to self-improvement. It is the same as studying philosophy, getting in shape and reading a lot of books on the human condition such as critical thinking, comparative religion, philosophy, etc. Magic or the Law of Attraction is akin to being incredibly focused on what you want and relentlessly pursuing it until you get it using positive thinking, planning, focus and hard work. What you want has to be within the realm of reality and obey the laws of nature.

Keep reading this entire book. Then go back the portion called The Magic Key Method. If you practice it faithfully, you will be a Hermetic Master in time.

Alchemy

You must transmute yourself from a base metal into gold. This is done by meditating the AUM, getting your body in shape, reading challenging things, thinking positive, using I AM thinking and raising your vibrations.

The AUM is the base sound of the universe. Much can be said on this subject, both scientifically and metaphysically. Some believe it is the true name of God. Some say it is the Lost Name of God in Kabbalah. Some say it is the sound made at the Big Bang. "Let there be light" was really, according to that theory, one big long AUMMMMMM.

It reminds me of this:

“In the beginning was the Word, and the Word was with God and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not anything made that was made.” (John 1:1-3) This also has it’s parallel in the Pimander (in the Corpus Hermeticum)

Meditating the AUM Phase One: sit in a comfortable chair, with your hands on your knees, your back straight and your head erect with your chin slightly tucked in like a soldier at attention. Close your eyes and look up with your eyes as though you are looking at your forehead. Do not strain. Close your mouth and put your tongue on the roof of your mouth. Inhale deeply and slowly through your nose. Then exhale through your mouth saying AUM. Sound it out slowly...

Ahhhhhhhhhh...Oooooooooooooo....Mmmmmmmmmmmmm
mm

Trail off the Mmmmm sound until you have completely exhaled. Then close your mouth again with your tongue on the roof of your mouth, inhale slowly through your nose again as before and exhale again as before the AUM.

Think of nothing but the AUM, that it is the name of God, that it is God and that you are one with God. Banish all other thoughts.

Set an alarm for 20 minutes. Do this daily for about a month.

The place you are focusing on is your Third Eye. It is the place of your thalamus or ajna chakra. What we are trying to do here is open it up. By doing this, you will begin to experience all kinds of things. You will gain better focus, be more at peace, have better intuition, start to develop clairvoyance or psychic powers and empathy, feel healthier and more calm, develop the ability to work better, have lucid dreams and eventually astrally travel and meet with your spirit guide or guides. Do not be concerned with fluoride or the like. Such fears are false blinds. You should worry about not meditating enough if anything.

Meditating the AUM Phase Two: Keep doing all the same things except with the following changes: instead of focusing on your third eye first, we are going to start with your chakras. Chakras are energy centers in your body up and down your spine.

Start at the bottom chakra which is located at the very bottom of your body, below your sex organs. Think of a swirling energy center of red light. Focus on it and meditate the AUM until it is completely full of red light, expanding out like a plane or a level. Once you imagine the chakra being totally expanded out like a level or a plane, it is balanced. Don't move up until it is balanced. Don't stress. It will balance. Now move up to the next chakra.

This one is located in the area of your sex organs and is orange. Follow the same procedure. Now move up to the next chakra.

The next one is located in the area just above your navel and is yellow. Follow the same procedure. Now move up to the next chakra.

The next one is located in the area of your heart and is green. Follow the same procedure. Now move up to the next chakra.

The next one is located in the area of your throat and is blue. Follow the same procedure. Now move up to the next chakra.

The next one is located in the area of your forehead or Third Eye and is bluish purple or indigo. Follow the same procedure. Now move up to the next chakra.

The next one is located in the area of the crown of your head and is purplish white. Follow the same procedure. Imagine the purplish white of your crown chakra reaching up into oneness with the Universe/God/The All until it is all white.

Now that you have balanced your chakras, in your mind's eye, your chakras should be like planes of the seven colors previously mentioned, like a rainbow. Now imagine white light coming down into you and making all your chakras pure white light. Imagine orbs of white light coming down into your crown and fully charging your entire body with the white light of God. You are good and powerful. End the meditation by imagining a blue light coming over your entire body, chakras and all and sealing everything up. You are fully charged!

"The Principles of Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open."

Meditating the AUM Phase Three: Keep doing Phase Two, but as you go about your day, if you have stress or just have nothing better to do, meditate the AUM as in Phase One, even if you only do it for three AUMs. Always use AUM. It is always there for you to help you feel better, to refocus, etc.

As your Third Eye begins to open and get stronger, you will feel pressure in your head. That just means you are opening up. It is working.

Remember to use "I AM" statements. "I AM" is the holy name of God in the Bible. You and the I AM are one. Whatever you attach to I AM, happens. Do not misuse this. I AM and AUM are the same thing. AUM and/or I AM are the Magic Key or the Master Key. Always follow "I AM" with positive statements, NEVER with negative statements. I am healthy. I am strong. I am happy. Things like that. If something negative comes to mind, imagine it like a dark bubble coming toward you and imagine pushing it away. Then think of something positive and upbeat and happy. This is how you raise your vibrations. Remember what you learned in "The Seven Hermetic Principles".

Here is an example of how to transmute a situation/do alchemy/ raise your vibration:

Your high school friend calls you and says...gosh...I am really sad because tomorrow will be our late friend Tom's birthday. It always brings me down thinking of how he died and how much I miss him. Instead of complaining or feeling sad as well or possibly even angry that he is bringing you down or not moving on...say to him...hey, I am going to focus on being happy that Tom was born and all the good memories we have of him and how we will definitely get to meet him again in Heaven someday. Isn't that a happy thought? Remember the funny jokes he used to tell? Etc.

By approaching the situation that way, you do alchemy. You transmute base metal into gold. You raise not only your vibration, but that of the other person. You are spreading the love and light of God. Smiling and being cheerful is another way to raise vibrations.

Find an exercise routine you can do simply daily and eat sensibly. Consult your doctor and dentist on such things. Read as much as you can, especially on topics that will challenge your mind.

Astrology

The main force behind the idea of astrology, as with many things in Hermeticism, is the Law of Attraction and/or Vibration. Ultimately, by meditating the AUM and realizing what you really are...transmuting your self...you can become a Master and rise above astrology. Still, it is helpful to know the signs of others. It gives an insight into their

personality and how to interact with them. I suggest using a Myers-Briggs test instead. You will learn much about yourself and others. The whole point of astrology is to know yourself. You can't know the future with any certainty unless you create it yourself. Take charge of your life!

I am not saying astrology is worthless. A good astrologer is to be sought out if you can find one. However, the goal of this book is to teach you to rise above the circumstances of your birth.

Free will always trumps the stars. Most people never come close to trying to master their own lives and more often than not are moved about by the circumstances of life. Very few master themselves to the point where they rise above the circumstances of their birth. Don't get too hung up on your sign. Focus on mastery of your life as taught in "The Hermeticron".

Your astrological sign is based on your date of birth. It is said to imbue you with a particular type of personality.

Aquarius January 21 - February 19

Simple, unassuming, quiet, accomplished, humanitarian, honest, loyal and highly intelligent.

Pisces February 20- March 20

Unassuming, very learned, low profile, honest, unselfish, trustworthy, quiet, overcautious and occasionally gullible.

Aries March 21 - April 20

Creative, adaptive, and insightful. They can also be strong-willed and spontaneous.

Taurus April 21 - May 21

Very strong, tough, willful, stubborn yet very patient and practical. Excellent teachers.

Gemini May 22 - June 21

Flexibility, balance and adaptability yet can have a hard time finding their way or path.

Cancer June 22 - July 22

Very domestic and home oriented. Love of family and tradition.

Leo July 23 - August 21

They love to lead and love power. Very opinionated and vocal.

Virgo August 22 - September 23

Smart, chatty and natural story tellers. They can be very intuitive.

Libra September 24 - October 23

Balanced, just and stable. Harmonious yet sometimes extreme. Lovers of beauty.

Scorpio October 24 - November 22

Easily misunderstood, bold and very capable. Able to overcome huge difficulties. They can be very secretive.

Sagittarius November 23 - December 22

Philosophical, focused and intense, sometimes impatient.

Capricorn December 23 - January 20

Philosophical, highly intelligent, stable, orderly and not open to criticism.

Magic

Magic is the Law of Attraction, positive thinking, planning, hard work, relentless focus, desire, excitement, dedication and positive speaking (I AM statements) all rolled into one. You can have whatever you want, but it has to be within the realm of reality. For example, you could become President. It is unlikely, but it is within the realm of reality. You will never be Superman or grow angel wings. You have to work within the natural laws of the Universe. That being said, aim high! Think big! What do you REALLY want?

You do not need robes, wands, rituals, funny hats or any of that sort of thing to do it. All you need to do is focus your mind and your actions toward what you want.

Magic is the Law of Attraction. I cannot emphasize this enough. Magic IS the Law of Attraction. No more and no less. The Law of Attraction is imagining something you

want as clearly as possible...you can see it, smell it, feel it...and you are totally **TOTALLY** excited about it because it is **ALREADY YOURS**...you **TOTALLY BELIEVE THAT YOU ALREADY HAVE IT!!!** And then, you let it go into the Universe. You also must work relentless toward it with all your focus, accepting nothing less than what you want. You must desire it! Work for it believing you already have it. I highly suggest reading “The Strangest Secret” by Earl Nightingale and listening to the youtube video of it as well. That is magic. Keep a list of all the things you are **GOING TO GET** and all the things you already have from using magic or the law of attraction. These practices will set the Universe in motion. You will get what you want if done correctly.

There is such a thing as white and black magic. White magic is using the Law of Attraction for good things that you want for yourself. Black magic is thinking negative, unproductive loser thoughts or it is using it for bad things and/or to make others do what you want or to harm others. It is going to backfire on you threefold. This something every Wiccan knows. **DO NOT DO IT.** You reap what you sow. I warned you.

Another way to do magic is to imagine what you want in a cloud in front of you. Imagine it completely like a vision or movie in front of you floating in a cloud. Then imagine it going down into a cup of water, tea or coffee. Then you

must drink the entire cup. It will happen. Combine that with everything else described above.

Protection

The world can be a not so nice place. There are people and creatures up to no good, both in this world and the next. It is wise to protect yourself. Remember, everything is in the mind of The All. You truly have nothing to be afraid of. The following practices will serve you well.

When you wake up in the morning, thank God/The All/The Universe for everything you have and everything you're going to have that you have already (magic).

Then imagine a circle of white light around you on the ground. Use your finger like a wand to draw it in your imagination. Then snap your fingers and imagine you are in a bubble. Then snap your fingers and imagine that bubble is filled with the pure, good white light of The All. Now, do this for your home, place of work and every person you love. Draw, snap, snap. Close your eyes and imagine all of this as very, very real. Because it is real. Everything is in the mind of The All. You and The All are one. Nothing can penetrate the bubble or the circle. You are safe. Your loved ones and places are safe.

If someone is attacking you, causing you problems, etc...you have the right to appropriate self-defense. Imagine them in a bubble with no light in it and no circle. Just a

bubble. They will be trapped in that bubble with whatever negativity they are putting out until they learn to stop being so nasty. You are not attacking them, you are simply making it so they are attacking themselves and harming no one else.

The idea is to protect yourself and help them to learn.

Use the same techniques as you astrally travel if you run into any negative people, spirits, whatever. Always imagine yourself bigger and fully armed. Remind that being that you and God are one and then command them or it to go away. Then imagine them or it smaller and imprisoned in a triangle. Imagine them or it and the triangle disappearing into the abyss or Hell. Use your finger like a wand to draw the triangle around it or them. You can also use your finger like a wand when drawing your circles (read above).

Everything in the astral realms is imagination. This also works when dealing with an evil entity in this realm. One system is as good as another so, for myself, I default to my Christian upbringing and training when dealing with evil. I tell it to leave and never come back in the name of Jesus and under his precious blood. And it always works for me because I believe and expect it to work. I have never really run into a bad situation with evil spirits (knock on wood), but I have heard about it. It is best to consult someone who specializes in such things as well.

Everyday as you take a shower or a bath or as you wash your hands, imagine all the negative forces that may or may have not come into your life in one way or another

being washed away and thank God for washing it away. Believe it is gone and that you are clean and perfect and you are. If you have done something you think is wrong, ask God to forgive you and thank God immediately afterward for forgiving you because God always forgives. Then go do something to balance out the bad karma such as good deeds. There is no need to tell someone about everything you have done. That is up to you. However, build as much good karma as you can through good deeds as often as you can.

Every time a negative thing is said or thought, knock on wood three times. If no actual wood is available, knock on something, three times. Believe that has handled it and it has.

Psychic Powers

Psychic powers are no different than the “gifts of the Holy Spirit” of a Christian or the siddhis of the Yogis. It is all the same thing under different names. When a Christian gets a “word of wisdom” or a “word of knowledge”, it is no different than a psychic giving you a reading. Even the concept of having the Holy Spirit within you, talking to you and guiding you is the same as what a New Ager or a Hermeticist would say when referring to being at one with God or hearing from a spirit guide or “as above so below”.

There are psychic powers I call the “clairs” and some I call the “rares”. The “clairs” are psychic powers I believe everyone can develop through meditation on the AUM. Then there are rare powers few people develop, but are quite real.

By opening the Third Eye through meditation, you can develop psychic senses that correspond to your regular senses of sight, hearing, feeling, smelling and tasting:

Clairvoyant (clear seeing) -- A clairvoyant sees with the mind's eye impressions and symbols or mental images. This can be done in a meditative state or in advanced stages with the eyes open seeing visions of all kinds of the past, present or future.

Clairaudience (clear hearing) -- hears sounds or words and noises others cannot. This can be done in a meditative state or in advanced stages with the eyes open seeing visions of all kinds of the past, present or future. Mediums are known to have this power.

Clairsentience (clear sensation) - To get a "feeling" about the vibration of a person or a room or a place. Sometimes it feels good, sometimes not at all.

Clairscent (clear smelling) – To pick up on a smell that is not from a natural source. For example, you suddenly smell your long dead grandmother's perfume.

Clairtangey: (clear touching) By touching something, you can feel what it is charged with based on it's past.

Clairgustance (clear tasting) -- To taste what is not physically there. A “bad taste in your mouth” is a common expression that alerts someone with this ability. Or you can taste the kiss of your lover even though you are miles apart.

The “rares” are things such as being an Empath, a Medium, a Healer or a Telekinetic. An Empath can psychically connect with another person with ease. This can be a real problem for the Empath until he or she learns to gain control over it. The upside of being an Empath is that you can feel everything. The downside is you can feel everything! An Empath is the person you want holding your hand when things are down. They have empathy! These are the people you go to for a psychic reading. Either through touch, using cards or some other means, they can help you understand your past, your present and your future. This is the most common ability of the “rares”.

A Medium is someone who can connect with those who have passed on. It is a wonderful gift as it provides comfort for the grieving and also helps to build faith in the afterlife as well as God and can take away the fear of death for others. I highly recommend the training programs of Carol Nicholson if you want to become a professional medium (imaginespirit.com). You could also join a “circle” at a local Spiritualist church.

A Healer is someone so strong in their faith and their abilities to use the Law of Attraction that they can actually heal

people. I have seen this in some charismatic Christian churches. It truly works, but it is very rare.

A Telekinetic is someone who can move objects or levitate purely by mind power. It can also be a situation where a person has amazing physical strength well beyond what their natural body should be able to have. I have never seen this. I have only heard of it second hand. It is very rare and the only reason I can see for someone doing it would be to build faith in God or perhaps to save a life. There are many stories of small or average people lifting up cars or huge weights when someone they love is trapped underneath.

A person could have one or all of these powers at any time. I believe with practice anyone can develop these abilities, but it does take time and discipline. The most important power in the Universe is the ability to love. I know that sounds clichéd and boring, but having a strong love in your heart for others and working at good deeds is far more important and rewarding in this life and the life to come than any psychic power.

Astral Travel

Meditating the AUM can lead to all sorts of results. There may come a time when you feel your astral body come swirling out of your crown. This astral body is your vehicle for traveling in the astral realms. There is much written on

this. I can only tell you what I have experienced, how I do it and how I use it.

Meditate the AUM as described earlier. While meditating the AUM, imagine your astral self coming up out of the crown of your head. You could call this your soul, your astral self, whatever. Imagine it leaving your body. Now imagine it on the roof of the house or building you are in. Look around. Reach out and feel the trees, the pavement. Reach out and run your hands over the landscape as if you are God or a giant spirit just touching and feeling everything.

Now, imagine flying up past the clouds into space. Look back and see the Earth and the Moon. Now fly further and further....past our Solar System, past the Milk Way Galaxy...to the “roof” of the Universe. Press through it like a membrane or a bubble.

Now, you are standing in another dimension. You are standing on a grassy hill overlooking a big grassy plain. Everything is bright and sunny. Down below on the plain is a huge temple like King Solomon's temple. The grass feels good on your feet. You walk up to the temple. It has giant doors. You push the doors open.

Inside is a big room. It is a library with shelves of books reaching up to the tallest ceiling you have ever seen. There are big comfy chairs everywhere. Lots of people are hanging out. Some are talking, some are reading and some

are just sitting in the chairs. Most look happy. Some look concerned.

These people are those who have died. Anyone you want to talk to should be in that room. Find them and talk to them. Ask them anything. Tell them anything. Tell them you love them. Tell them you are sorry for something you did or that you miss them. They will talk back. They may give advice. The temple is a safe place. It is a protection against any bad spirits you might run into. It is a place where you can talk to those who have passed on in safety. This is a safe way to do mediumship for yourself if you are up to it.

Look past the library and you will see a long hallway. In this hallway are little drawers, like what you used to see in libraries before the Internet. These drawers are full of cards. These drawers are the Akashic Records. Everything that ever was or ever will be is in there. You can access whatever you want to know. Ask for it and open a drawer. Some have even imagined pulling a drawer that has their sins or bad memories in it, taking out all the cards and imagined burning those cards up in a waste basket and then putting back the drawer empty and clean. Everything is the mind of The All. The Universe is mental. This means you can do anything you want. Why not?

You can walk to the end of the hallway past the records and come to two more giant doors. If you push them open, you will find your guides there. These are the Ascended Masters or people who have reincarnated so many times, they now act as guides for the rest of us. You may also find your

angels there. Ask these masters and angels for help and guidance. Ask them anything you want. They will help you. They will always do so in love. They will never tell you to do anything hateful, violent or criminal.

Whenever you are done, you will pop back into your body here on Earth and everything will be back to normal. Or you can just decide to be back and you will be back.

I have heard of others teaching that you can travel around the world astrally. I am sure that is possible, but I don't bother with that. I always try to be safe and my method seems to be very safe to me.

The Tree of Life

In Kabbalah, there is a concept known as the “Tree of Life”. Many Hermetic systems include it as part of their teaching. It represents a diagram or map of each human being and also the Universe. It represents the various levels of reality, from the lowest to the highest. It is not unlike the Seven Chakra system. Some use it as a map to meditate upon, not unlike the methods I suggest in the previous sections “Alchemy” and “Astral Travel”. I see no real difference between it and the Seven Chakra system except that the Seven Chakra system, at least for me, is easier to understand. Remember there are seven colors, seven days in a week, Seven Hermetic Principles, Seven Levels described in the section on astral travel (leaving your body, the Earth, the Solar System, the Milky Way Galaxy, the Universe, through the doors of the temple and through the

doors to the Ascended Masters) and so on. Take time to look up images on the Internet of the Caduceus or the Tree of Life with the seven chakras superimposed on them and that in turn superimposed on a picture of a human body. It is all the same thing. As above, so below.

"The Principles of Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open."

The Tree of Life is not mentioned in the original Hermetic writings, but has been associated with Hermeticism for a very long time. I only mention it because it is so commonly associated with the study of Hermeticism. If you wish to learn more about it, I suggest the writings of Dion Fortune, Israel Regardie or Paul Foster Case. However, do not drive yourself mad with the study of it. The Seven Hermetic Principles, the Seven Chakras and all the other teachings in this book will get you to the same place and are teaching the same things in a far less enigmatic manner

Divination

Divination is the practice of using a point of contact such as tarot cards, oracle cards, dice, palm reading, etc to tell your future or get guidance. The whole concept of this is tapping into the Universal Mind. Everything is in the mind of The All. It does not matter what you use to do it.

I use the old Rider-Waite tarot cards. I do not memorize the meanings. I shuffle the deck, I think of a white light clearing away all negative energy from it, then I reshuffle it thinking about who I am doing a reading for and their question (s), then I cut it in half and I pull the top card off the left half. I look at that card and meditate on every detail in the picture and wait for answers to come to mind. This is a “psychic intuitive” or “clairvoyant” or whatever you want to call it, way of reading the tarot. A good place to learn how to do this is biddytarot.com. I consistently give very accurate readings with this method for myself and others.

Remember that anytime you use divination or try to get your future from an astrologer, a palm reader, a psychic or whatever...they are only showing you a possible future. The stars impel, they do not compel. Your free will trumps all. You can change the future by changing your mind and creating your own future. This might sound like a cop out, but it is true. These people are able to show you possibilities. That is all. They are very likely, but nothing is set in stone. You should not go into a reading with the idea that this person is a fraud if they do not guess your future 100% or can't tell you your name through telepathy or give you the winning lottery ticket numbers. That is NOT how it works.

Everything is fluid. Nothing is 100% set. All a psychic or a diviner can do is show you where you are headed if you keep doing (or not doing) what you are doing.

Some will say...well the Bible says that a true prophet of God is never wrong. He or she is always 100% accurate. By that standard...I hate to break it to you...the Bible fails miserably. There are tons of unfulfilled, expired or cherry picked prophecies in the Bible. So if you are going to use that standard, which is very unreasonable, you might find your Bible to be just as unreliable.

I am not saying the Bible is not from God or holy. It is. However, fair is fair. If you take the Bible literally, you will be disappointed. If you expect a psychic to give you a reading that is set in stone, you have missed the whole point of the reading which is the same as the Bible...to give you guidance while respecting your free will. Be nice!

The Magic Key Method

Here is my best advice on how to practice everything you just read. Everyday, set aside time to meditate the AUM for 20 minutes (Phase Three) and re-read the section “The Three Parts of Wisdom”. Do 15 minutes of exercise a day even if it is just jumping jacks. Be sure to brush, floss and eat a healthy diet. Get a good amount of sleep everyday.

Before bed, read the rest of “The Hermeticron” until you fall asleep. Really let this system get into you. Overtime, it will be second nature to you. Remember to always love others, follow the Golden Rule (do unto others as you would have them do unto you) and do good deeds as much as you can.

On the weekends, take time to read other books on Hermeticism or any other subject.

"The Principles of Truth are Seven; he who knows these, understandingly, possesses the Magic Key before whose touch all the Doors of the Temple fly open."



CONCLUSION

I created this book to be a simple and yet powerful guide for those who have read “Regarding Humans” and wanted to learn more. There are many books on magic and all of them have their pros and cons. This one is my contribution. My style is to keep it simple and yet very powerful.

I believe there are three levels we go through as we develop. At first we do not know...we live in ignorance believing whatever we are told. Then, we start to question and realize that all is one and realize the great truths of the Universe (read “Regarding Humans”). For some, this makes them frustrated with those who do not “get it”. They see the world as full of hopeless, stupid, dark people. They see themselves as lonely adepts that no one listens to. They believe they are better than those who are not at their level of awareness and can become quite cynical and jaded. Many people will stay at this second level and feel they are enlightened. They are wrong.

The third level is Mastership. These are the truly enlightened. They know the great truths of existence and

have opened their Third Eye. They laugh a lot and have a light touch on life. They act as guides for anyone who is interested and do not worry or judge those who are not. They realize we are all evolving at different rates. They do not get upset with babies for being babies. They are ready to help train and change the diapers with patience and love. They know that all is one and that they are one with all things and they are EVERYTHING and everything, EVERYTHING always works out in the end. To realize you are God or a manifestation of God while still in the body is mastership and true immortality. You can decide to keep reincarnating this individual personality forever or merge with everything and just be God...the choice is yours at this point. You are now a Master. These are the three levels. I pray you find your way to the third level by using this book.

Do not march around saying "I am God" to everyone because in the finite reality...this material realm...you are still you and you are bound by the rules of this world. In the spiritual realms, you will be unbound and infinite. You are both God and not God. Don't get me wrong, there is much power to be had when one realizes his/her oneness with God, but you are still in this world for the most part. Don't lose your head. Do not think you are better than others. The greatest accomplishment in all of this is developing a loving heart like Christ and losing all fear of death.

AUM is the Name of God. It is also the recognition that man is in the mind of the All or God as are all things. In finite reality man is a man and his reality is very real. He is

made in the image of God. His purpose is to create and build.

In the infinite, all is God, man is God, everything is God. You are not God in the finite reality. Yet, you are made in God's image. In infinite reality, you are God. It is both true that you are not God and that you are God. Knowing all of these things...that you and the Father are one, that you and God are one...as above, so below...before the body dies...is true mastership. AUM is the name of God, it is God, it is you, it is everything. To Know Thyself is to know that you are God. A Master uses this knowledge to dial between the finite reality where he/she is an individual personality and infinite reality where he/she is God. He can do this at will with the AUM.

You can astrally travel by meditating the AUM. Meditating the AUM also, over time, has been said to increase all sorts of psychic abilities, introduce you to your spirit guides and many other things. It also helps you to subdue your passions. Whenever a stressful situation occurs, you can "AUM down". Even just three good "AUMS" can dramatically change your mood and give you control of your emotions.

By using the power of "I AM", the name of God given to Moses at the burning bush, a Master can use the Law of Attraction just as Jesus taught if he does so with faith, total belief and total positive thinking.

Society is evolving. Many civilizations have come and gone. Ours may as well. I am hoping we make it to Star Trek and not Mad Max. I believe just as our modern technological society has gone from horses and sailing ships to space shuttles and the Internet in just a short 200 year span, that over the hundreds of thousands of years of homo sapiens being on planet Earth, it has happened a few times before. One reads legends of places like Atlantis or Atala (off the coast of India) that rose to great heights and then were destroyed by wars and greed. Masonic writer, Richard Cassaro, has written about this in “Written in Stone” and other books and articles. It is certainly possible and whether true or not, they are cautionary tales worthy of our attention. I hope we make it!

I hope this little book has blessed you and that you use it to bless others. Please do not make it the only book in your personal library. To do so would not be Hermetic.

If you want to go even further in your development, I strongly endorse the home study course provided by AMORC (www.rosicrucian.org). I use it and it fits perfectly with all that I have taught in this book and elsewhere.
Peace!

About the author

Matthew D. Johnson has a B.A. in History with a minor in Political Science and an MBA. He is a very active Freemason. He is also the author of “Regarding Humans”.

Be sure to join him at:

<https://www.facebook.com/universalismpage>.