Spells for the Solitary Witch

Eileen Holland
Spells
for the
Solitary
Witch

Eileen Holland
Contents

Before You Begin ........................................... ix
Chapter One: Inner Work ................................. 1
Chapter Two: Goals, Hopes, Wishes ................. 25
Chapter Three: Love ..................................... 43
Chapter Four: Life Enhancement ..................... 55
Chapter Five: Problem Solving ....................... 99
Chapter Six: Magickal Candle Gardens ............. 135
Chapter Seven: Tea Potions ......................... 145
Glossary of Deity Names ............................... 163
Index of Spells .......................................... 175
Before You Begin

Solitary witches are those who practice the Craft without a coven or other group. Some witches are solitary because of circumstances, but the rest of us are solitary by choice. We enjoy gathering with other witches for sabbats, festivals, or rituals, and we sometimes participate in group spells or other concerted magickal actions, but we feel no need to join a formal group. We understand that there is a difference between being alone and being lonely. We like our independence and prefer the freedom to do things our own way.

This book's spells are all designed to be cast by a single witch, working alone. Coveners can also use them, when they work by themselves or by adapting the spells for group use.

Love, money, wishes, uncrossing, protection . . . whatever your need, there is likely to be a spell for it here. Candle magick, knot magick, footprint magick, sympathetic magick, herbal magick, psi-magick, talismanic magick, kitchen witchcraft . . . there are many different kinds of spells in the book. Smudging, asperging, invocation, incantation, visualization . . . many different magickal techniques are used. Charms, potions, poppets, mojo bags, spell bottles, rituals . . . whatever your skill level, there is something here for you.

If you are an experienced witch (or otherwise adept at magick), cast these spells in your usual way. You can also adapt them as needed or use them to inspire creation of your own spells and rituals.
New Practitioners

If you are new to magick, it is very important that you read this entire section before you cast the spells. Here are some of the things that you need to know: Magick is serious. Magick is subtle. Magick is sacred. Magick is spiritual. Magick is love. Magick flows from the Goddess. Magick is the manipulation of energy. Magick is all around us, if we know how to perceive it.

Many of this book’s readers will be new to magick, and I have kept them in mind while writing it. Casting a magick circle can be daunting for new practitioners, so these spells can all be worked without circles. (If you usually cast circles for your spells, though, by all means please do so for these as well.)

How do you create spells for people who have little experience with magick—spells they can actually make work? My solution has been to base most of these on correspondences and invocation. Everything in them, from ingredients to timing to deities, is specified because it empowers the spell’s intent.

Correspondences and Invocation

Magick teaches us that everything in the Universe is connected. Correspondences are magickal associations. They link herbs, animals, crystals, colors, lunar phases, and so on with specific energies, and thus with intended magickal results. Correspondences are powerful keys that help to open specific doors, and thereby direct magickal energy in desired ways.

If you have prior knowledge of magick, you will understand why certain herbs, candle colors, and so on are used in the spells, and why it is recommended that some spells be cast on particular days or during specified phases of the Moon. If you have no understanding of these things, you can nonetheless make use of magickal correspondences by simply following the directions for the spells in this book.

Names of deities are ancient gods and goddesses to boost the power of spells. Different deities have domains or talents. You can invoke them in accord with the deities you believe in. If you are a witch who has studied mythology, you will likely have some deities you want to work with. For example, a particular goddess is called upon in a spell. And if you are a Wiccan, you can still access these deities by simply following the spell directions.

A glossary of deity names is included at the beginning of each spell. It gives a very basic outline of what each deity represents.

Intent and Intensity

These are cornerstones of magick. Without them, a spell’s purpose is meaningless. A spell has an intent, which is what you mean the spell to do. Focus on this intent when you cast it. If you are very clear, in your mind or heart, about what you want the spell to do, it is more likely to be fulfilled. Concentration and focus are vital to making magick work.

Belief, Respect, Ethics, and Responsibility

Magick cannot be practiced successfully without a strong belief in its power, respect for others, ethics, and responsibility. If you are a witch, you will not be able to make magick work for you, and in your ability to work with magick, you will not be able to accept blessings—even if blessings are available to you. It is possible to cast magick spells, but you must accept responsibilities that come with being a witch.
Names of deities are ancient Words of Power, so we invoke gods and goddesses to boost the magickal power of our spells. Different deities have dominion over different things, so we invoke them in accord with the intent of our spells. If you have studied mythology, you will understand why this god or that goddess is called upon in a spell. If you know nothing about mythology, you can still access the power of invocation by following the spell directions.

A glossary of deity names is provided at the end of the book. It gives a very basic outline of who these gods and goddesses are.

Intent and Intensity

These are cornerstones of magick, because no spell can be cast without them. A spell's purpose, or intent, is what that spell is meant to accomplish. A spell will not work properly unless you are very clear, in your mind and in your words, about what you mean the spell to do. Focused intent is crucial in spellwork, so many of this book's spells use writing as a technique to help with that.

Intensity is the power, passion, and energy that you pour into casting a spell. If you are ambivalent or uncertain about a spell, it is not likely to be fulfilled. The more intensity you put into it, the more successful that spell is likely to be. Keep this in mind when you raise power.

Belief, Respect, Ethics, and Responsibility

Magick cannot be practiced successfully without belief, respect, ethics, and responsibility. If you do not believe in magick, you will not be able to make magick. If you do not believe in yourself, and in your ability to work magick, you will not be able to make magick work for you. If you do not believe that you deserve the blessings that magick can bring, you will not be able to accept blessings—even when they make themselves available to you. It is possible to faithfully follow the instructions
for these or other spells and still not have them work. You have
to believe in magick, believe in yourself, and believe in your
ability in order to work magick successfully.

It is dangerous to attempt to use magick unless you have
respect for it. Failure to respect magick can result in having
your spells go horribly wrong. To prevent this from happen­ing,
you must respect yourself, respect others, and respect the
elements and the Universe, as well as respecting magick.

Magick does not work well for people who doubt them­selves or have low self-esteem. If that sounds like you, work on
those issues before you try to cast spells. Do whatever inner work
is needed to get to really know yourself, to like and appreciate
yourself, before you try to cast spells. Self-respect gives you the
confidence you need to have in order to get spells to work.

To meddle magickally in someone's life is to disrespect
that person. No matter how good or honorable our intentions
may be, we should not cast spells for people unless they ask
us for magickal help. To do otherwise is to invite interference
in our own lives and affairs.

Successful magick requires a healthy respect for the ele­
ments (Earth, Air, Fire, Water). This is especially true of Fire. If
you leave candles, incense, or anything else burning unattended,
you will learn this lesson the hard way.

Respect the Universe by living an honest, ethical, useful
life. Be a good citizen of the Universe. Try to be of service to
others, instead of focusing solely on yourself and your needs.
Protect children, animals, and all who cannot protect them­selves. Be a producer as well as a consumer, and do what you
can to help Mother Nature.

We were given a gorgeous planet, but its precious natural
resources are dwindling because of human use, abuse, and
overuse. Acknowledge that fact. Respect it by trying to live gently
upon the Earth. Recycle. Be kind to creatures. Make ethical
choices. Educate yourself about the environment. Consider it
when you buy a car or do any­
thing. Everything is connected.
Influences your ability to work
verse, you will find it more re­
not respect it.

Use magick judiciously. Do
not meddle with the gods unless it's important
instead of expecting them to serve magick instead of asking
magick, it will respect you.

What goes around, comes around. We work magick that is kind, positive
will be returned to us. It also repels that is negative, mean-spirited
upon us in unpleasant ways soon.

Spells are powerful. They can also do great harm. Spells cast
other negative frame of mind and they are to work as intended. Be
which to safely practice magick spells will not hurt you.

To work magick successfully, respect yourself and your actions. This
bility for the results of your spells. This in mind helps to keep us on
from casting spells that we later regret.

To rely on magick alone is irresponsible. If you cast a spell to find
also list yourself with employment agencies, go on interviews, and take other
actions. If you do not take these actions, you will have a very little chance of working. We
taking concrete real-world actions.
will not have them work. You have in yourself, and believe in your successfully.

not to use magick unless you have magick can result in having . To prevent this from happening: respect others, and respect the well as respecting magick.

If you are the kind of person who doubt themselves that sounds like you, work on spells. Do whatever inner work yourself, to like and appreciate spells. Self-respect gives you the order to get spells to work.

someone's life is to disrespect someone's life is to disrespect people unless they ask otherwise is to invite interference

a healthy respect for the ele- This is especially true of Fire. If thing else burning unattended, hard way.

living an honest, ethical, useful Universe. Try to be of service to rely on yourself and your needs. it all who cannot protect them- as a consumer, and do what you

planet, but its precious natural use of human use, abuse, and Respect it by trying to live gently kind to creatures. Make ethical the environment. Consider it when you buy a car or do anything else that affects the environment. Everything is connected, so the kind of life you live influences your ability to work magick. If you respect the Universe, you will find it more responsive to you than if you did not respect it.

Use magick judiciously. Don't cast spells for every little problem or issue. Try ordinary solutions first. Don't disturb the gods unless it's important. Be responsible for yourself, instead of expecting them to solve your problems for you. Try to serve magick instead of asking it to serve you. If you respect magick, it will respect you.

What goes around, comes around. This means that when we work magick that is kind, positive, and beneficial, blessings will be returned to us. It also means that if we work magick that is negative, mean-spirited, or harmful, it will rebound upon us in unpleasant ways sooner or later.

Spells are powerful. They can do great good, but they can also do great harm. Spells cast in anger, envy, hatred, or any other negative frame of mind are more likely to backfire than they are to work as intended. Ethics provide a framework in which to safely practice magick. Keep that in mind, and your spells will not hurt you.

To work magick successfully, you must be responsible for yourself and your actions. This includes accepting responsibility for the results of your spells. Approaching magick with this in mind helps to keep us on the right path. It prevents us from casting spells that we later regret.

To rely on magick alone would be unrealistic and irresponsible. If you cast a spell to find a job, for example, you must also list yourself with employment agencies, send out résumés, go on interviews, and take other appropriate nonmagickal actions. If you do not take those steps, even the best job spell has very little chance of working. We help our spells to succeed by taking concrete real-world actions to support them.
Terminology
These are terms you need to know in order to follow the instructions for the spells in this book.

asperging: This is the ritual sprinkling of a liquid, such as holy water.

balancing: To balance yourself is to achieve a state of equilibrium, to be in sync with yourself and with the world. It also means to be whole, to be sane, and to integrate all aspects of yourself, such as your dark and light sides or male and female selves.

cardinal points: These are the four directions: North, South, East, and West.

centering: To center is to gather yourself, to connect completely with your inner self. To be centered means to be alert, attentive, focused, and very much present in the here and now.

chakra: An energy node in the human body.

denosil, widdershins: In the Northern Hemisphere, deosil means clockwise (to the right), and widdershins means counterclockwise (to the left). This meaning is reversed in the Southern Hemisphere.

energy signature: This is the unique energy field of a person, animal, plant, rock, or inanimate object.

grounding: grounding power: The term “ground” has two meanings in the Craft. To ground yourself means to break a magickal mood and return to ordinary consciousness.

To ground power means to return the energy that you have raised for a spell, to send it back to its source. One simple way to do this is to shake your hands, palms down, over the floor or ear returned after a spell. Keep in mind the least of its dangers is unpleasant things such as entities to enter your life.

In a nonmagickal context, be firmly in touch with reality means to climb down from the magickal mood that magick created to encapsulate the casting of a spell. Witch themselves and their altars raised for a spell. They are grounding power.

magick circle: A magick circle is the unique energy field of a person, animal, plant, rock, or inanimate object.

magickal mood: This isn’t a term for the shift in expression for the shift in heightened awareness that working magick, music, incense, ritual garb, make-up, triggers that practitioners use. Whatever works for you feel these spells when you cast.

power animal: This is an animal to whom a practitioner has a bond that is called upon for assistance. Wolves, cats, ravens.

power animals.

projective hand, receptive hand: one you most often use for casting is the one you do not usually use. If ambidextrous, you must do...
in order to follow the instruc-
k.

trinkling of a liquid, such as

f is to achieve a state of
with yourself and with the
whole, to be sane, and to

yourself such as your dark and
male selves.

four directions: North, South,

yourself to connect

self. To be centered means to

and very much present in the

human body.

northern Hemisphere, deosil

ight; and widdershins means
left). This meaning is reversed
here.

unique energy field of a person,
animate object.

r. The term “ground” has two
ground yourself means to

od return to ordinary

ns to return the energy that you
send it back to its source. One
shakes your hands, palms
down, over the floor or earth. Power should always be
returned after a spell. Keeping power is never a good
idea. The least of its dangers is that it can cause
unpleasant things such as angry spirits or malevolent
to enter your life.

In a nonmagickal context, to be grounded means to
be firmly in touch with reality. To ground yourself
means to climb down from cloud nine and get real.

magick circle: A magick circle is actually a sphere, a ball of
energy created to encapsulate sacred space and facilitate
the casting of a spell. Witches cast magick circles around
themselves and their altars in order to amplify the power
raised for a spell. They are dissolved afterward, when
grounding power. Magick circles are created within the
square (actually a cube) formed by the cardinal points.

magickal mood: This isn’t a technical term, it’s just my
expression for the shift in consciousness and state of
heightened awareness that are a necessary prelude to
working magick. Music, incense, chanting, drumming,
and ritual garb, make-up, or masks are some of the
triggers that practitioners use to reach this state.
Whatever works for you, feel free to incorporate it with
these spells when you cast them.

power animal: This is an animal (real or symbolic) with
whom a practitioner has a special relationship; it is an
animal that is called upon for protection, guidance, or
assistance. Wolves, cats, ravens, and dragons are popular
power animals.

projective hand, receptive hand: Your projective hand is the
one you most often use for writing. Your receptive hand
is the one you do not usually write with. If you are
ambidextrous, you must decide which of your hands
feels more powerful to you and use that as your projective hand.

**psi-magick:** This is magick that is worked solely with the mind, without using candles, crystals, incense, tools, or anything else. Many practitioners consider it the most advanced form of magick.

**raising power:** This is to gather energy for the purpose of working magick. Energy flows all around us: solar power, wind power, water power, bio-energy, storm power, and so on. We can tap into any power source when we want to cast a spell.

Here is one simple way that you can learn to do it:

Go to a place with an abundance of natural energy, such as the ocean, a windmill, a herd of animals, a waterfall, or a mighty river. Approach the power source, maintaining a safe distance. If you are using a storm, wait for it to approach you (while you stay safely indoors). Close your eyes and use all of your other senses to experience the power that the source emits. When you feel that your mind and/or body holds the signature of the power source, and you are sure that you will clearly remember this sensation, open your eyes.

Use your mind to experiment with channeling that power through your body. Repeat this experience as many times as you need, until you understand how to raise power. Keep working at it, and there will come a time when you no longer need to be in the presence of a power source in order to make your body a conduit for power.

**runes:** This is an ancient Norse alphabet that is used for magick and divination.

**sabbats:** These are the eight annual religious festivals celebrated by witches: Yule (Winter Solstice), Imbolc (February 2), Ostara (Spring Equinox), Beltane (Midsummer), Lammas (Harvest), Mabon (Autumn Equinox), Samhain (Day of the Dead), Yule (Winter Solstice).

**sacred space:** This is any area that is set aside for magick, ritual, meditation, or many different ways. The space can be done physically with a besom, or smudging, by practitioners. Sacred space can also be mentally defined in any way. Visualization can be helpful.

You should create sacred space in whatever way is comfortable for you.

**scrying:** This is divination by looking into something reflective, such as a mirror, until images can be seen. Traditional vessels for this include a scrying mirror or a scrying bowl.

**smudging:** This means to treat a space or object with incense. Incense is used in agriculture to protect crops from diseases or insects. Incense is used in magick, for magickal operations such as consecrating, averting, and protective magic.

**spirit of place:** Pleasant, unpleasant, or somewhere in between. The place is the energy signature of the location.
and use that as your
lis, worked solely with the
es crystals, incense, tools, or
ioners consider it the most

r energy for the purpose of
ows all around us: solar power,
-energy, storm power, and
power source when we want
that you can learn to do it:
ance of natural energy, such
 herd of animals, a waterfall,
 the power source,
de, if you are using a storm,
while you stay safely
and use all of your other
ower that the source emits.
 and or body holds the
ource and you are sure that you
sensation. open your eyes.
mint with channeling that
Repeat this experience as many
understand how to raise
and there will come a time
to be in the presence of a power
our body a conduit for power.
the alphabet that is used for
 Annual religious festivals
e (Winter Solstice), Imbolc
l. (February 2), Ostara (Spring Equinox), Beltane (May 1),
Midsummer (Summer Solstice), Lughnasadh (August 1),
Mabon (Autumn Equinox) and Samhain (October 31).
sacred space: This is any area that has been cleared for
magick, ritual, meditation, or worship. It can be created
in many different ways. The clearing and sanctifying of a
space can be done physically by asperging it, sweeping it
out with a besom, or smudging it with incense. Some
practitioners create sacred space by ringing bells, lighting
candles, sounding gongs, drumming, or playing music.
Sacred space can also be created with the mind, by
mentally defining an area and declaring it sacred for the
duration of its dedicated use. You should create sacred
space in whatever way is comfortable for you.
Visualization can be helpful with this—picture a
glowing light surrounding the space or a mist filling it.
You should create sacred space in whatever way is
comfortable for you.
screying: This is divination by means of gazing into
something reflective, such as pooled water or a dark
mirror, until images can be seen. Cauldrons are
traditional vessels for this. It generally takes a lot of
patience and practice to become good at scrying.
smudging: This means to treat with smoke. Smudge pots are
used in agriculture to protect crops or orchards against
frost or insects. Incense is used for smudging in the
Craft, for magickal operations such as clearing,
consecrating, averting, and protecting.
spirit of place: Pleasant, unpleasant, or neutral, spirit of
place is the energy signature of a location.
third eye: Your third eye is your brow chakra, located in your forehead.

totem animal: This is an animal that symbolizes a person or a group. A tribe or clan or coven, for example, can be represented by a horse, raven, butterfly, or some other animal.

Spell Ingredients

If someone came to my door and asked to borrow a cup of yarrow, some mugwort, or African juju powder, I could accommodate the request. That is not the case with most people, though, so forget about wolfsbane, witch grass, Solomon's seal, and mandrake roots. This book's spells require ordinary ingredients. Most of them can be found in supermarkets, or are things that you are likely to already have in your home.

If you know your correspondences and want to substitute more esoteric ingredients for those called for here, go right ahead. Unless otherwise indicated in a spell, the substitutions given below may also be used.

altar: If you do not have an altar, or if your altar is not suitable for casting spells, a flat surface such as a table, desk, or counter can be substituted.

besom: This is a witch's broom, one that is reserved for magick and ritual. A besom can look like an ordinary broom, or it can be handmade or elaborately decorated. Any brand-new, unused broom can be substituted for a besom.

candles: It is understood that when this book's spells call for candles, that means candles in appropriate holders that will allow them to burn safely. If a spell requires a candle to be burned atop anything, the holder should be one that will catch any wax that may drip from the candle.

carving tools: For the purposes of inscribing a candle, any tool that can be used to inscribe a candle is acceptable. A ballpoint pen will usually do, but your best bet is that you burn your candles in safety holders, votives or short tapers for safety.

Be mindful of fire safety. It doesn't matter if you use a candelabra, votives or saucers for combustion. It is understood that incense or candles will also combust. Use matches, lighters, or whatever else you like for this.

incense: It is understood that incense, that means incense to burn safely. It doesn't matter if you use sandalwood incense or censer or simply the dirt of a potted plant. You can burn incense without causing harm to yourself or anyone. Be mindful of fire safety and how to burn incense, and if in doubt, use matches, lighters, or whatever you like for this.

Sandalwood incense is excellent for calming the mind and spirit.
Before You Begin

Be mindful of fire safety in deciding where and how to burn candles, and supervise them while they burn. It doesn't matter if you use an elaborate silver candelabrum or saucers from the kitchen; what matters is that you burn your candles without causing harm to anyone or anything. Unless you have a lot of time to monitor them, it's best to use small candles such as votives or short tapers for spells.

White candles can be substituted for candles of any other color. When a black candle is called for, a white candle can be burned upside-down in its place.

carving tools: For the purposes of this book, a carving tool means something that will cut into wax—something you can use to inscribe a candle. You can use a white-handled knife or something elaborate if you like, but the tip of a ballpoint pen will usually suffice for carving candles.

combustion: It is understood that every spell that calls for incense or candles will also require a way to light them. Use matches, lighters, an altar candle, or whatever you like for this.

herbs: Rosemary is powerful and has many magickal attributes, so it can be substituted for almost any other herbs in spells.

incense: It is understood that when this book's spells call for incense, that means incense in a holder that will allow it to burn safely. It doesn't matter if you burn an exotic resin in a fancy censer or if you poke an incense stick into the dirt of a potted plant; what matters is that you burn your incense without causing harm to anything or anyone. Be mindful of fire safety in deciding where and how to burn incense, and monitor it while it burns.

Sandalwood incense is so universal that it can be
substituted for any other incense in spells. If you are experienced enough with resin or loose incense to safely burn it over self-igniting charcoal disks, this is the best method to use. If you have incense sticks or cones or prefer to smolder an essential oil over an oil burner, that’s fine.

**mojo bags:** “Mojo” means magick. A mojo bag is a small bag with a drawstring at the top, such as the little velveteen bags in which jewelry and perfume samples are sometimes packaged. Mojo bags can be purchased, or made from any fabric in any color. For magick it makes little difference how elaborate or well-made a mojo bag is; even a square of cloth that is tied into a bundle could serve as a mojo bag. Neutral-color bags, such as white, beige, and gray, can be substituted for any color mojo bag.

**pentagram, pentacle:** A pentagram is a two-dimensional representation of a five-pointed star in a circle. Unless a spell calls for it to be reversed, a pentagram should always be positioned this way: ®. A pentacle is a three-dimensional representation of the same symbol—for instance, on a ring, trivet, or pendant.

**poppet:** A poppet is something that represents a human being, such as a cloth figure.

**stones:** Crystals and other stones can be used in more than one spell, if you clear them after each working. Clearing is important because using a crystal that retains vibrations from a previous spell can interfere with the outcome of a new spell. Water, salt, incense, sunlight, and moonlight can all be used, alone or in combination, to clear stones. For example, you might wash a crystal in running water, place it in a dish of salt, and then put the dish in sunlight for a period of time. The more clearing that you feel the stone needs, the better. You might instead then place it overnight in moonlight. If you clear stones in whatever way you feel that they need clearing, they will be much more effective in your magickal work.

Because they can most easily be reprogrammed, clear quartz is recommended for almost any stone in any spell. To take the crystal, hold it in your hand, and say, “Crystal, for this spell you are a __________,” and name the crystal required. After the spell has been cast, be sure to restore it to its original state.

**Timing**

Casting spells in accordance with the Moon’s phases can bring increased potency. To do this you can observe the local Moon phases, or use the Moon phases on a chart such as the one in the Moon phases section. Most magickal correspondences are associated with the phases of the Moon, when the Moon is most visible in the sky. Waxing Moon is when the Moon is growing in size, and Waning Moon means the period when the Moon is decreasing in size. New Moon is the period between Waxing Crescent and Waning Crescent, when the Moon appears in the sky only as a very thin crescent. Full Moon is when the Moon appears to be full.

Astrological timing is also useful for casting spells. Look to almanacs, especially astrological almanacs, for information about the signs of the zodiac and the Moon’s location in the sky at any given time. This can help you choose the best time to cast a spell so that is reflected in some of the astrological correspondences as well.

xx SPELLS FOR THE SOLITARY WITCH
incense in spells. If you are resin or loose incense to safely charcoal disks, this is the best incense sticks or cones or incense oil over an oil burner.

gick. A mojo bag is a small bag such as the little velveteen perfume samples are some- can be purchased, or made or. For magick it makes little or well-made a mojo bag is; even d into a bundle could serve as a g such as white, beige, and r any color mojo bag.

gram is a two-dimensional pointed star in a circle. Unless a red a pentagram should wave. A pentacle is a three- on of the same symbol—for or pendant.

that represents a human are
es can be used in more than m after each working. Clearing g a crystal that retains is spell can interfere with the water salt, incense, sunlight, and d. alone or in combination, to you might wash a crystal in a dish of salt, and then put the od of time. The more clearing that you feel the stone needs, the longer you leave it in the dish. You might instead smudge a stone with incense, then place it overnight in moonlight to clear it. You can clear stones in whatever way you like. The important thing is that you feel that a stone has been cleared of any magickal residue before you use it in another spell.

Because they can most easily be programmed and reprogrammed, clear quartz crystals can be substituted for almost any stone in any spell. One way to do this is to take the crystal, hold it in sunlight or moonlight, say: “Crystal, for this spell you are given the powers of __________,” and name the stone whose energies are required. After the spell has been cast, clear the crystal to restore it to its original state.

Timing
Casting spells in accordance with Moon phases increases their potency. To do this you can observe the skies every night, as our remote ancestors did, or you can get a calendar that has the Moon phases on it. (Most of us opt for the calendar.) Full Moon is when the Moon can be seen as a complete circle. Waning Moon means the period between Full Moon and New Moon, when the Moon appears to be growing smaller. Waxing Moon is the period between New Moon and Full Moon, when the Moon appears to be growing larger.

Astrological timing is also used to increase the power of spells. Look to almanacs, especially magickal and astrological almanacs, for information about which planets the Sun and Moon are in at any given time. The days of the week have magickal correspondences as well, such as Sun-day for solar power, so that is reflected in some of the spells given here.
As you work with magick it becomes more and more clear that everything truly is connected. Energy may be invisible, but it is still perceivable. If you are attentive when you hold stones or work with herbs, you will notice that different kinds have different vibrations. If you are cognizant of lunar phases or the positions of planets you will notice their effect on you, on others, and on current events. If you pay close attention to such things, you learn to appreciate the subtle energies that flow through and around us. Spells are tools for influencing these energies to effect desired results.
It becomes more and more clear that energy is not only visible, but invisible. Energy may be invisible, but it can be felt. When you hold stones, you become more and more attuned to the energies around you. Different kinds of stones have different energies, and they can influence your mood and consciousness. The energies of the moon and the stars also affect the energies of the stones. When you notice their effect on you, you become more attuned to the energies around you.

If you pay close attention to such things, you will notice the subtle energies that flow through your body. These energies are tools for influencing the energies around you. When you use these tools, you can change the energies around you and affect the energies of others.

Spells for the Solitary Witch
Inner Work

Inner work empowers us. It helps us to understand ourselves, streamline our lives, and progress along our individual paths. By teaching us to awaken, recognize, and appreciate our abilities, inner work stills our doubts in ourselves. This helps us to work magick.

It is through inner work that we achieve our full potential, and spells in this chapter can help you with that.

Open Sesame Third Eye Spell

This is a joyful spell, so if you feel moved to dance, chant, whirl, or sing while casting it, by all means please do so. If you are new to magick or to psychic work, or find that your psychic abilities aren't as sharp as they once were, this is a good spell for you.

Your third eye is the center of your psychic self. Your sixth chakra, it rules every aspect of your sixth sense: intuition, insight, clairvoyance, precognition, telepathy, and all other psychic abilities. Your third eye helps you to see the unseen, and to perceive more than is possible with your ordinary senses.

Opening your third eye (or activating your sixth chakra, if you prefer that term) is an important prelude to psychic work. This includes everything from meditation, divination, visualization, scrying, crystalomancy, and fire-gazing to distance
healing, past-life work, dream work, remote viewing, astral projection, and so on.

This spell may be cast at any time, but it is best cast on a moonlit night. You will need:

- sandalwood incense
- a purple candle
- sesame oil (You can find edible sesame oil where Asian food products are sold, and scented sesame oil is sold with skin care products.)
- Tiger Balm (This is a liniment that is used for headaches and muscle pain. Packaged in tiny jars, it can be found in health food shops, at some pharmacies, and in stores that sell Asian products. Tiger Balm contains ingredients that make the skin tingle, such as menthol. Its use in this spell is to make you more aware of your third eye, so you could substitute anything that will make your skin tingle, such as another commercial liniment, essential oil of peppermint, or whatever your ingenuity devises. Use anything you like, but be sure it's something that seems magickal to you and to which your skin is not allergic.)

- Optional: music, ritual garb, or whatever helps you to get into a magickal mood. (You could use any music that appeals to you, but if you are fortunate enough to own a recording of the late great Egyptian diva Om Kalsoum singing "Alfy Layla wa Layla" [A Thousand and One Nights], that would make an especially powerful accompaniment.)

**Preparation**

Some traditions consider the third eye to be located between the eyebrows, while others consider it located in the middle of the forehead. We are all different and decide the location of your third eye. Take a small crystal and place it between your eyebrows or in the middle of the forehead. How does that feel? It is important to determine the location of your third eye in a psychic way! If not, place the crystal on your forehead. When you do, that is the location.

Dress the candle with the scented oil. Use the finger of your projective hand to dress the candle.

**The Spell**

Open the jar of Tiger Balm, and place it on your working surface with the candle. Light the candle, then light the incense. Dress your third eye with the Tiger Balm. Hold your finger of your projective hand. Raise your hands.

Focus on the way that your hands open to your third eye with the Tiger Balm and to the warmth of their opening. Do this as a flower does when it blooms. Gather your hands ready, then say:

Alfy layla wa layla, 1
Alfy layla wa layla . . .
By the Moon, on Arabian nights
By the silence of ancient sites

1. Translation Note: *alfy layla wa layla* is Arabic for "a thousand and one nights"; *ifta, ya simsim* is Arabic for "for food.

Pronunciation Note: Both phrases have been transcribed as they sound in Egyptian-dialect Arabic.
E

The Solitary Witch

work, remote viewing, astral
bly time, but it is best cast on a

edible sesame oil where
old, and scented sesame

ents that sell Asian products.
ients that make the skin
use in this spell is to
your third eye, so you
that will make your skin
mercial liniment,
t. or whatever your
ething you like, but be sure
agickal to you and to
rgical.
 or whatever helps you
od. You could use any
but if you are fortunate
ng of the late great Egyptian
layla wa Layla” [A
that would make an

third eye to be located between
consider it located in the middle

of the forehead. We are all different, so only you can
determine the location of your third eye. If you aren’t sure, get a
small crystal and place it between your eyebrows. Does it tingle,
in a psychic way? If not, place the crystal in the center of your
forehead. How does that feel? It may take repeated tries if you
are new to all of this, but you will eventually find a spot on
your forehead that responds to the presence of the crystal.
When you do, that is the location of your third eye.

Dress the candle with the sesame oil, by using the fore­
finger of your projective hand to rub the candle with it. Wash
your hands.

The Spell

Open the jar of Tiger Balm, and put it on your altar or other
working surface with the candle and the incense. Get into a
magickal mood, and create sacred space. Darken the room.
Light the candle, then light the incense from the candle. Anoint
your third eye with the Tiger Balm, again using the forefinger
of your projective hand. Raise power.

Focus on the way that your third eye is responding to the
Tiger Balm and to the warmth of the candle. Concentrate on
opening your third eye. Do this by visualizing it unfolding as
a flower does when it blooms. Gaze at the candle until you feel
ready, then say:

Alfy layla wa layla,¹
Alfy layla wa layla... 
By the Moon, on Arabian nights,
By the silence of ancient sites,

¹. Translation Note: alfay layla wa layla is Arabic for “one thousand and one
nights”; ifta, ya simsim is Arabic for “open sesame.”

Pronunciation Note: Both phrases have been rendered in English exactly
as they sound in Egyptian-dialect Arabic.
4 SPELLS FOR THE SOLITARY WITCH

By the secrets of arcane rites,
By the flicker of candle lights...
Ifta, ya simsim!
Open sesame!
Open my third eye, open my mind's eye,
Release my sixth sense.
Help me to see the unseen.
Let me Be as I have never been.
Let me See as I have never seen.
Open my third eye, open my mind's eye,
Open my Self to understanding.
alfy layla wa layla
alfy layla wa layla . . .
By the power of moonlight.
By the power of clear sight.
Ifta, ya simsim!
Open sesame!

Concentrate on your third eye, now wide open. Envision stars pouring from the chakra, or light pouring into it, or whatever image feels right to you. If you have been blocked for a long time, or if you raised a lot of power for this spell, a tremendous amount of energy may be released. Don't be frightened if this causes a physical manifestation, such as the candle flame suddenly leaping up. Don't be concerned if your body begins to vibrate or if the energy affects you in some other physical way. Dance, if this happens and you feel that you need to work the energy off.

Gaze into the flame of the candle. Concentrate on how you feel and on the possibilities that the spell has released. Do this until you feel your body adjust itself to the now open chakra, then begin to ground the power that you raised. Monitor the candle until it has burned down entirely. You should feel calm, grounded, and centered by then. Ground any residual power, and clean up. Have some water handy if you have trouble returning to ordin.

Afterward
You will be changed after you cast this spell, differently people differently. You may feel more intuitive, that your perception is keener or your insight sharper. You might begin to get more accurate answers from the Ouija, tarot cards, or whatever divination tool you use.

Opening your third eye can find yourself sleeping better, feel less fearful. You might begin to get more accurate answers from the Ouija, tarot cards, or whatever divination tool you use.

However this spell affects you, Some will cast it once and have trouble returning to ordian. Others will find it helpful to cast it more often, to keep their third eye open.

- Spirit of Acceptance
We human beings have a remarkable ability to create our own blocks and detours along our paths to act in our own best interests. We allow us to our failure or refusal to accept ourselves, the truth about people need to be made, the reality of our ownings that the Universe offers us.

Use this spell if you think that you need to be made with acceptance. It can be cast at any time, but the Moon is waxing (the period leading to the Full Moon—use a calendar to time it).
power, and clean up. Have something to eat and drink if you have trouble returning to ordinary consciousness.

**Afterward**

You will be changed after you cast this spell. It will affect different people differently. You may find that you are more imaginative, that your perception is keener, your meditations deeper, or your insight sharper. You might find visualization easier or begin to get more accurate answers from your runes, pendulum, tarot cards, or whatever divination tool you regularly use.

Opening your third eye can also affect your body. You may find yourself sleeping better, feeling less anxious, less confused, or less fearful. You might begin to experience fewer or less severe headaches. You could also feel less tension in your neck, or have eye, hormone, or skin problems finally clear up.

However this spell affects you, it will be a positive change. Some will cast it once and have their third eye forever opened. Others will find it helpful to cast the spell periodically in order to keep their third eye open.

---

**Spirit of Acceptance Spell**

We human beings have a remarkable talent for sabotaging ourselves. We excel at creating our own problems, at erecting roadblocks and detours along our paths, and at stubbornly refusing to act in our own best interests. Sometimes these issues relate to our failure or refusal to accept things, such as the truth about ourselves, the truth about people and situations, changes that need to be made, the reality of our circumstances, or the blessings that the Universe offers us.

Use this spell if you think that you are having problems with acceptance. It can be cast at any time but is best cast while the Moon is waxing (the period between New Moon and Full Moon—use a calendar to time it). You will need:
a mojo bag
+ enough mustard seeds to fill one-third of the bag
  (Get these where spices are sold.)
+ a small crystal
+ a piece of good paper
+ a pen (Don't use a pencil because you want the spell to last.)
+ two sticks of incense, in any scent you like
+ Optional: a sprig of fresh clover
+ Optional: music, candles, ritual garb, or whatever helps you to alter your consciousness

Preparation
Get into a magickal mood. Assemble all of the spell ingredients on your altar or other working surface. Light a stick of incense, and create sacred space around the area where you will be working. Put the mustard seeds and the crystal into the mojo bag. Smudge the bag by holding it in the incense smoke and turning it until the entire bag has been touched by the smoke.

The Spell
Tear the paper into thin strips. On the first one write, "I accept myself." Fold or roll it tightly, and put it into the bag. On the next two strips write, "I accept responsibility for myself and my actions" and "I accept responsibility for my life." On a fourth strip write, "I accept that I deserve the blessings of this Universe." Fold or roll the paper strips and put them into the mojo bag.

Using as many more strips of paper as necessary, write down all of the other things that you want or need to accept. Depending on your issues, this might include things such as, "I accept reality"; "I accept change"; "I accept my body"; "I accept my illness"; "I accept compromise"; "I accept my family"; "I accept healing"; "I accept my past"; "I accept recovery"; "I accept my success"; "I accept my love into my life"; "I accept a part of the spiral of life"; "I accept changes in my life"; "I accept the case it may be. If you worry that something, write "I accept everything."

Take your time, and give this so you are probably the only one you need. Be honest, be thorough. Put the paper tightly so that they will seem as though you will run out of the strips.

If you have a sprig of clover, string it to the second strip of paper. Light the second stick of incense strings to close the mojo bag, and tie three knots, if possible. Raise power in the smoke as you say:

Crafted so it does no harm.
With magick I enchant this charm.
Winds of change, blow through.
Spirit of acceptance, flow to me.
This I command, so mote it be.

Hold the bag in the smoke until down, repeating the spell as many Ground power once the incense is space. Discard the candle, the remaining spell ingredients.

Keep the mojo bag with you manifested. Place it near your bed or sleep, and wear or carry it during the day. This will help you to begin to feel better your life. Remember that transfo
ILL one-third of the bag (if sold.)

Because you want the spell to smell like you like your garb, or whatever consciousness
semble all of the spell ingredients on the surface. Light a stick of incense around the area where you will put the crystal into the mojo bag. Light it in the incense smoke and as been touched by the smoke.

On the first write, “I accept it into the bag. On the next paper as necessary, write what you want or need to accept. Might include things such as, change”: “I accept my body”; “I promise”; “I accept my family”; “past”: “I accept recovery”; “past”: “I accept my success”; “I accept my losses”; “I accept adulthood”; “I accept love into my life”; “I accept that death is a necessary part of the spiral of life”; “I accept that I need to make positive changes in my life”; “I accept transformation”; or whatever the case may be. If you worry that you might have overlooked something, write “I accept everything that I need to accept.”

Take your time, and give this careful thought. It’s your life, so you are probably the only one who really knows what you need. Be honest, be thorough, and fold or roll the strips of paper tightly so that they will all fit into the mojo bag. If it seems as though you will run out of room, write on both sides of the strips.

If you have a sprig of clover, add it to the bag after the final strip of paper. Light the second stick of incense. Pull the drawstrings to close the mojo bag, and knot them over the top. Tie three knots, if possible. Raise power, and hold the bag in the smoke as you say:

Crafted so it does no harm,
With spell I enchant this charm.
Winds of change, blow through me.
Spirit of acceptance, flow to me.
This I command, so mote it be!

Hold the bag in the smoke until the incense burns completely down, repeating the spell as many times as you feel is needed. Ground power once the incense is spent, and clean up the work space. Discard the candle, the remains of the incense, and any unused spell ingredients.

Keep the mojo bag with you until the spell has fully manifested. Place it near your bed or under your pillow while you sleep, and wear or carry it during the day. This spell will provide gradual results that will snowball once they get going. It will help you to begin to feel better about yourself and about your life. Remember that transformation is a process rather
than a quick change, even if a sudden event sparked the transformation.

**Afterward**
You can renew this spell at any time by holding the mojo bag in incense smoke and repeating the words of the spell.

When the issues that brought you to needing this spell are no longer issues, you can consider the spell's work complete. The mojo bag can then be buried, burned, thrown out, put away in a safe place, or disposed of in whatever way seems best to you. The crystal may be cleared (see "stones" under "Spell Ingredients" on page xviii for instructions on how to do this) and retained for future use, if you like.

**Release Spells**
Are you carrying a torch, holding a grudge, or nursing an emotional wound? Do you harbor negative emotions such as anger, bitterness, regret, resentment, or recrimination? Do you ache with fear, sorrow, tension, or anxiety? Do you labor under false illusions, repeat negative patterns, or have unhealthy attachments? Do you accept abuse, enable restrictions, or ignore truth while you buy into falsehoods? If so, these spells can help you.

We all have baggage of one sort or another, negative people, habits, thoughts, or patterns that we accumulate as we travel down the roads of our lives. It is helpful to periodically let go of the things that weigh us down and prevent us from getting on with life.

Look deep within yourself. Look into your mind, your heart, your memory, your personality, your life, and your spirit. What are your issues? Be honest with yourself. Meditation is a tool that can help us to identify what we would be better off without. Once you have defined your issues, you are ready for these spells.

---

**Bursting Bubble Spell**
This spell can be cast at any time, working with fire. You will need:

- a pen (Use one with a grip possible.)
- a piece of white paper
- a green or purple candle
- a fireproof container
- a stick of incense (If possible, dragon's blood, frankincense, sandalwood.)
- a sheet of bubble wrap (Bubbles are sold in office supply stores and where supplies are sold. You could have come wrapped around something.)
- a vessel of water for fire safety

**Preparation**
Identify all the personal issues you write them down. Take your time, it's fine if you take days. Identify this part of the spell. As you write it in a manner: my bitterness, my envy, unrealistic optimism, my feelings of blame others, my tendency to blame not my fault, or whatever may appear.

When your list is complete, write it. You will need one bubble for each item. You will have enough bubble wrap for the exact number of bubbles on the sheet. Use as many as needed.
If a sudden event sparked the time by holding the mojo bag holding the words of the spell. If you to needing this spell are consider the spell’s work complete. Until burned, thrown out, put in whatever way seems best (see “stones” under “Spell instructions on how to do this) you like.

If you are holding a grudge, or nursing an emo- negative emotions such as anger, or recrimination? Do you ache for anxiety? Do you labor under false beliefs or have unhealthy attachments restrictions, or ignore truth or facts? If so, these spells can help you.

It is helpful to periodically let go of these issues, negative people, that we accumulate as we travel through life. Look into your mind, your personality, your life, and your spirit. This with yourself. Meditation is a way to clarify what we would be better off doing. If your issues, you are ready for

- Bursting Bubbles Spell

This spell can be cast at any time. Use caution, as always, when working with fire. You will need:

- a pen (Use one with with green or purple ink, if possible.)
- a piece of white paper
- a green or purple candle
- a fireproof container
- a stick of incense (If possible, use cedar, copal, dragon’s blood, frankincense, myrrh, patchouli, or sandalwood.)
- a sheet of bubble wrap (Bubble wrap can be found in office supply stores and where packing and shipping supplies are sold. You could even use a sheet that came wrapped around something you purchased.)
- a vessel of water for fire safety

Preparation

Identify all the personal issues that you need to release, and write them down. Take your time with this, in order to be thorough. It’s fine if you take days, or even weeks, to accomplish this part of the spell. As you write, phrase your issues in this manner: my bitterness, my envy, my anger, my pessimism, my unrealistic optimism, my feelings of guilt, my tendency to blame others, my tendency to blame myself for things that are not my fault, or whatever may apply in your case.

When your list is complete, count the number of items on it. You will need one bubble for each item, so be sure that you have enough bubble wrap for this. Trim the sheet until it has exactly the required number of bubbles. If you have more items than bubbles on the sheet, use a second sheet and trim that one as needed.
The Spell
Gather the spell materials. Put the fireproof container on your altar or other working surface on something that will not scorch if its bottom gets hot. Put the water near it, and open a window.

Light the candle, then light the incense from the candle. Get into a magickal mood, and create sacred space around the area where you will be working. Read your list (aloud or in your mind), focusing on each item for a few moments. Imagine each issue as a dark bubble in your spirit. Picture the dark bubbles swirling chaotically inside you, and concentrate on your desire to be rid of them.

Raise power. Visualize the bubbles quieting down and lining up for departure. Pick up the bubble wrap. Work your way through the list, saying for each item:

I release ___________. Go forth.
Do no harm, and never return to me.

As you say this, pop one bubble on the wrap. Visualize that dark bubble leaving you to burst harmlessly in the air over the incense or the candle. Picture the bubble’s energy being carried away with the smoke. Continue this way until you have finished your list. You should feel relieved, feel lightened, and be energized by this process.

As you did in childhood, fold the paper into a fan. Use it to waft the smoke toward the open window. Visualize everything that you have released floating out of the window and away from you. When you feel that this has been done, touch the paper to the candle flame and drop it, blazing, into the fireproof container.

Remain there until everything has finished burning, then ground power and clean up.

"Get Over It"

Whether your burden is a failed relationship, a financial loss, a crime, an illness, or anything else, you can use this spell to help you get over it. The god Saturn has dominance over new beginnings, so this spell is useful for Saturn’s day. You will need:
- a stick of incense (Any kind is fine. Fumitory if you are fortunate)
- a sheet of paper
- a black pen
- a piece of black thread or ribbon
- a trowel or small shovel

Preparation
Identify your problem, and use the sheet of paper. Write it as succinctly as possible — a phrase such as: my marriage, the robbery, the accident, the affair, the whatever your personal issue is. If you need to get over, write them all down.

The Spell
Get into a magickal mood, and create sacred space around the area where you will be working. Light the candle, then light the incense from the candle. Get into a magickal mood, and create sacred space around the area where you will be working. Read your list (aloud or in your mind), focusing on each item for a few moments. Imagine each issue as a dark bubble in your spirit. Picture the dark bubbles swirling chaotically inside you, and concentrate on your desire to be rid of them.

Raise power. Visualize the bubbles quieting down and lining up for departure. Pick up the bubble wrap. Work your way through the list, saying for each item:

I release ___________. Go forth.
Do no harm, and never return to me.

As you say this, pop one bubble on the wrap. Visualize that dark bubble leaving you to burst harmlessly in the air over the incense or the candle. Picture the bubble’s energy being carried away with the smoke. Continue this way until you have finished your list. You should feel relieved, feel lightened, and be energized by this process.

As you did in childhood, fold the paper into a fan. Use it to waft the smoke toward the open window. Visualize everything that you have released floating out of the window and away from you. When you feel that this has been done, touch the paper to the candle flame and drop it, blazing, into the fireproof container.

Remain there until everything has finished burning, then ground power and clean up.
it the fireproof container on your
on something that will not scorch
water near it, and open a window.
ught the incense from the candle.
d create sacred space around the
king. Read your list (aloud or in
item for a few moments. Imagine
: in your spirit. Picture the dark
side you, and concentrate on
the bubbles quieting down and
: the bubble wrap. Work your way
ach item:

Get forth.

Permeate me.

bubble on the wrap. Visualize that
urses harmlessly in the air over the
: the bubble’s energy being car-
Continue this way until you have
: felt relieved, feel lightened, and

fold the paper into a fan. Use it
: open window. Visualize every-
: floating out of the window and
: that this has been done, touch
: and drop it, blazing, into the
: thing has finished burning, then

“Get Over It” Spell

Whether your burden is a failed relationship, a difficult child-
hood, a financial loss, a crime, an unrealized dream, or some-
thing else, you can use this spell to help yourself finally get
over it. The god Saturn has dominion over endings that lead
to new beginnings, so this spell is best cast on a Saturday
(Saturn’s day). You will need:

- a stick of incense (Any kind will do, but use
  fumitory if you are fortunate enough to find it.)
- a sheet of paper
- a black pen
- a piece of black thread or ribbon
- a trowel or small shovel

Preparation
Identify your problem, and use the black pen to write it on the
paper. Write it as succinctly as possible, in a word or short
phrase such as: my marriage, the fire, my childhood, the robb-
ery, the accident, the affair, the war, a person’s name, or what-
ever your personal issue is. If you have more than one matter
to get over, write them all down.

The Spell
Get into a magickal mood, and create sacred space around the
area where you will be working. Light the incense, and raise
power. Spend a few minutes looking at what you have written
on the paper. Focus on the fact that these words, and the events
or people they represent, are no longer a part of you. Roll the
paper into a cylinder, and waft it through the incense smoke.
As you do this, say aloud:

Smoke curl, paper furl,
By the power of fumitory,
I expel you from my thoughts.
You have no power over me.
Repeat this as many times as feel necessary to you, and believe it when you say it.

Next, crumple the paper into a ball. Place it in a doorway, so that it will be caught between the door and its frame when the door closes. Slam the door on the paper, and say aloud,

*Door jamb, door slam,*
*By the power of Janus,*
*I shut the door on _______.*
*This chapter of my life is closed!*

Use the words that you wrote on your paper to fill in the blank at the end of that sentence. If slamming the door repeatedly on the paper would help you to release pent-up emotions, go ahead and do it.

Remove the ball of paper from the doorway. Tear it into long strips (or run it through a paper shredder). Gather the strips into a bundle, and tie it with the black thread or ribbon. Fold the strips as many times as possible, tying them with the thread each time. The incense should have finished burning by then, and you should have a small package of paper and thread that represents the issue(s) you intend to get over.

Ground the power that you raised. Toss the bundle in a corner or near the trash to show yourself how little it now means to you. Clean up. You could complete this spell immediately, or you could complete it early the next morning. That is the best choice, because dawn is an auspicious time for fresh starts and bright beginnings.

To conclude the spell, retrieve the bundled strips of paper, and get the trowel. Take them outside, and bury the package in a place where you frequently walk, such as in your yard or driveway. Be sure to bury it deeply enough that it is not likely to be unearthed by rain, animals, or anything else.

If you cannot bury the paper, perhaps because you live in a city where all ground surfaces are paved, or because it's winter and the earth is frozen solid, use your ingenuity to find a way to complete the spell. One way that can handle it, is to flush the paper away.

**Afterward**

Whenever you come to the place where you buried the paper, stand on it and say, "I am over it."
"It is behind me." Take another step and say, "I am free." Take a fourth step and say, "I have said these affirmations aloud when totally when others are present.

Do this every time that you feel you need it. You will need this little ritual forever, until you begin to forget it. That is when you stop needing the ritual. When you can no longer remember even the paper, or perhaps even why you are doing it, the thing will seem absurd to you, and you will know that the spell has fully manifested.

**One Big Thing**

Are you basically okay, except for something that you can't seem to forget or move beyond? It is a victimization, a loss, a failure, a disaster, a mistake, a history, a history, a history, a history, a history that seems to get over, or something else that you finally get past it. It is an outdoor bright day in pleasant weather. You will need this little ritual until you begin to forget it. That is when you stop needing the ritual. The spell has fully manifested.

- a white balloon with a string (A helium-filled balloon is best, but a balloon that is tied by mouth will do.)
- a felt-tip pen
- four sticks of incense (Use for burning. Make this cedar, copal, dragon's blood, myrrh, patchouli, or sandalwood.)
feel necessary to you, and believe
or into a ball. Place it in a doorway,
seen the door and its frame when
or on the paper, and say aloud,

If slamming the door repeatedly
to "dease pent-up emotions, go

to the doorway. Tear it into

as possible, tying them with the

should have finished burning
ave a small package of paper and
ues) you intend to get over.
you raised. Toss the bundle in a
show yourself how little it now
ould complete this spell imme-
rate it early the next morning. That
on is an auspicious time for fresh
rieve the bundled strips of paper,
outside, and bury the package
ily walk, such as in your yard or
early enough that it is not likely

wise, or anything else.
aper. perhaps because you live in
es are paved, or because it's winter
 use your ingenuity to find a way
to complete the spell. One way to do it, provided your plum-
ing can handle it, is to flush the bundle down the toilet.

Afterward
Whenever you come to the place where you buried the bundle, stand on it and say, "I am over it." Take a step past it and say, "It is behind me." Take another step and say, "I am fine. I am free." Take a fourth step and say, "I am moving on." You can say these affirmations aloud when you're alone, but say them men-
tally when others are present.

Do this every time that you pass over the buried paper. You will need this little ritual for a while, but in time you will begin to forget it. That is when your true healing begins, when you stop needing the ritual. There will later come a time when you can no longer remember exactly where you buried the paper, or perhaps even why you buried it. Finally the whole thing will seem absurd to you, and that is when you'll be sure that the spell has fully manifested.

One Big Thing Spell
Are you basically okay, except for one big thing that you just can't seem to forget or move beyond? Whether it is an injustice, a victimization, a loss, a failure, an illness, a missed opportu-
nity, a disaster, a mistake, a historic event, a person you can't seem to get over, or something else, this spell can help you to finally get past it. It is an outdoor spell that is best cast on a bright day in pleasant weather. You will need:

- a white balloon with a string attached to it
  (A helium-filled balloon is best, but one blown up
  by mouth will do.)
- a felt-tip pen
- four sticks of incense (Use four sticks of the same scent. Make this cedar, copal, dragon's blood, frankincense, myrrh, patchouli, or sandalwood, if possible.)
Preparation
Give deep thought to the problem or issue you need to get over. Reduce it to a few words, and write them on the balloon. Blow it up, and tie the string to it. You are going to release it as part of the spell, so if you are concerned about someone seeing you or finding your balloon, turn it inside out and write on it, then turn it right side out and blow it up.

Select a location to cast the spell. This should be an open place that has no tree branches or power lines overhead. It should also be a somewhat private site where you are not likely to be interrupted. A helium balloon will soar without wind, but you should wait for a breezy day to cast the spell if you use an air-filled one.

The Spell
Take the balloon and the incense to the place you have chosen. Secure the balloon. Get into a magickal mood, raise power, and light the sticks of incense. Face each of the cardinal points in turn as you cast the spell. Begin by turning to the North and saying:

Guardians of the North,
Powers of Earth, powers of clarity,
Make this spell a reality.

Push one stick of incense into the ground. Turn to the East and say:

Guardians of the East,
Powers of Air, powers of thought,
Make this spell work as sought.

Push another stick of incense into the ground. Turn to the South and say:

Guardians of the South,
Powers of Fire, powers of energy,
Make this spell work immediately.

Push a stick of incense into the ground. Guardians of the West,
Powers of Water, powers of emotion,
Put this spell into motion.

Push the last stick of incense into the balloon by its string.

Stand in the center of the space the incense sticks, holding the balloon as you face your issue with the balloon. Hold the string. Watch the balloon take flight. You should feel uplifted and relieved as the balloon soars. It's fine if it pops while you're watching.

Remain there until the incense sticks burn out and the power that you raised, and clean up the site.

Afterward
Whenever something reminds you of the sight of that balloon soaring away and that this thing no longer has anything to do with you, rejoice in your freedom from it.

Personal Power
Your personal power is based on your potential. A Personal Power Talisman will help you to overcome doubts, build self-spells, live a magickal life, and achieve more. The talisman is most powerful when used with deep thought, great care, and accuracy.

The spell for the final enchantment is best cast at midnight on the first of the next month (see a calendar to time it). You can make
problem or issue you need to get and write them on the balloon. Do it. You are going to release it as concerned about someone seeing turn it inside out and write on it, and blow it up.

The spell. This should be an open hes or power lines overhead. It univate site where you are not likely balloon will soar without wind, zy day to cast the spell if you use

ens to the place you have chosen. magickal mood, raise power, and each of the cardinal points in turn turning to the North and saying:

Push a stick of incense into the ground. Turn to the West and say:

Guardians of the West,
Powers of Water, powers of emotion,
Put this spell into motion.

Push the last stick of incense into the ground, and grasp the balloon by its string.

Stand in the center of the space that you have defined with the incense sticks, holding the balloon. Concentrate on releasing your issue with the balloon. Hold it up, and let go of the string. Watch the balloon take flight, and visualize the burden that you have been carrying soaring away from you. You should feel uplifted and relieved as the balloon moves away from you. It's fine if it pops while you're watching it.

Remain there until the incense burns down. Ground the power that you raised, and clean up.

Afterward
Whenever something reminds you of your one big thing, recall the sight of that balloon soaring away from you. Remember that this thing no longer has anything to do with you, and rejoice in your freedom from it.

Personal Power Talisman
Your personal power is based on your strengths, abilities, and potential. A Personal Power Talisman is a tool that can help you to overcome doubts, build self-confidence, succeed with spells, live a magickal life, and achieve your full potential. Its magick begins as soon as you begin to think about making it. The talisman is most powerful when made slowly, over time, with deep thought, great care, and exquisite attention to detail.

The spell for the final enchantment of the completed talisman is best cast at midnight on the night of a Full Moon (use a calendar to time it). You can make these talismans for other
people, but they are best made personally by the one who wishes to fully activate his or her powers.

Some of the many ways to use this talisman include handling it before performing divination, such as casting the I Ching or reading tarot cards; placing it on your altar while you cast spells; keeping it at hand while you study or take tests; putting it under your pillow to augment your dream work; and touching it whenever you need a magickal boost. To make a Personal Power Talisman you will need:

- a piece of cloth in your favorite color and texture
- needle and thread to sew a mojo bag
- a piece of gold cord or ribbon that is long enough to tie eight knots in
- eight personal power charms (See the list below.)
- cinnamon powder, essential oil, or a cinnamon stick
- a pentacle or pentagram (Any type will do, even the symbol ® drawn on a piece of paper.)
- your favorite incense
- a candle in your favorite scent and color
- paint, markers, beads, or embroidery thread with which to decorate the mojo bag

Preparation

Use the cloth and the cord to fashion a mojo bag that is small enough to easily fit into a pocket, handbag, briefcase, or backpack. Draw, embroider, or otherwise decorate the bag with a personal power symbol such as your power animal, your totem animal, or the symbol for your astrological sign (see below). This is your talisman, so you should make it in whatever way looks good and feels right to you.

The Spell

Fill the bag with eight small personal power charms: things that resonate with your personal power and should be things that resonate with you if you have a power animal or a totem animal. If you have a picture or other small image of your power animal or coin that has been with you and that you include that, and so on. Use what you have that is best to use natural things that could cause harm, such as feathers that were plucked from the birds that have fallen from trees are probably from living trees. Use seeds or flowers that have fallen from trees and do not leave a plant unable to reproduce.

Charms that are purchased, such as those that have been wildcrafted, are best used dried, rather than fresh. Use in the mojo bag. Images of animals might be bones, carveings, and the like. If you use to the shed fur of a lion or live on a goat or horsehair, those are more powerful.

Astrology can be used to select charms, such as those that have been wildcrafted, are best used dried, rather than fresh. Use in the mojo bag. Images of animals might be bones, carveings, and the like. If you use to the shed fur of a lion or live on a goat or horsehair, those are more powerful.

Here is a list of signs and the charms that are best used dried, rather than fresh. Use in the mojo bag. Images of animals might be bones, carveings, and the like. If you use to the shed fur of a lion or live on a goat or horsehair, those are more powerful.

- Aries: A talisman for an Aries is their personal power day. Apples include alder bark or leaves, alder bloodstones, red carnation petals (chips, tips, or shavings), clove flowers, dandelion (roots, leaves, or flowers), garlic seeds, garlic capsules, red geranium petals, chili peppers, gold coins or charms, berries, marjoram, mustard seeds, and

Aries: A talisman for an Aries is their personal power day. Apples include alder bark or leaves, alder bloodstones, red carnation petals (chips, tips, or shavings), clove flowers, dandelion (roots, leaves, or flowers), garlic seeds, garlic capsules, red geranium petals, chili peppers, gold coins or charms, berries, marjoram, mustard seeds,
The Spell

Fill the bag with eight small personal power charms. These should be things that resonate with power for you. For example, if you have a power animal or a totem animal, you could include a picture or other small image of it. If you have a “lucky” stone or coin that has been with you for years, you might wish to include that, and so on. Use whatever charms you like, but it is best to use natural things that have been acquired without causing harm, such as feathers that birds have shed, rather than feathers that were plucked from their bodies. Leaves or branches that have fallen from trees are preferable to those torn from living trees. Use seeds or flowers that have been gathered without leaving a plant unable to reproduce itself, and so on.

Charms that are purchased, such as spices, are just as effective as those that have been wildcrafted. Herbs and other plants are best used dried, rather than fresh, to prevent spoilage in the mojo bag. Images of animals might include pictures, small statues, carvings, and the like. If you work in a zoo and have access to the shed fur of a lion or live on a farm and have access to goat hair or horsehair, those are more powerful charms than images.

Astrology can be used to select personal power charms. If you know your Moon sign and your rising sign as well as your Sun sign, you may want to include charms to represent them too. Here is a list of signs and the charms you might include for each.

Aries: A talisman for an Aries is best begun on a Tuesday, their personal power day. Appropriate ingredients for it include alder bark or leaves, allspice berries, basil, bloodstones, red carnation petals, cayenne pepper, cedar (chips, tips, or shavings), cloves, crystals, cumin seeds, dandelion (roots, leaves, or flowers), red feathers, fennel seeds, garlic capsules, red geranium petals, candied ginger, chili peppers, gold coins or charms, iron rings, juniper berries, marjoram, mustard seeds, onion flakes,
peppercorns, pinecones or pineneedles, images of rams, rosemary, red stones, thyme, and red wool.

**Taurus:** A talisman for a Taurus is best begun on a Friday, their personal power day. Appropriate ingredients for it include dried apple slices, dried apricots, small brass bells, images of bulls or cows, cardamom pods, carnation petals, cedar (tips, chips, or shavings), cherry pits, clover, copper coins or charms, daisy petals, dandelion (root, leaves, or flowers), hawthorn flowers, heather, hibiscus, jasmine, lilac, lily of the valley, magnolia leaves or flowers, images of minotaurs, oakmoss, orchids, raspberry leaves, rose hips, saffron threads, sage, green or blue stones, dried strawberries, thyme, images of white tigers, vanilla beans, violet leaves or flowers, wicker pieces, and willow bark or leaves.

**Gemini:** A talisman for a Gemini is best begun on a Wednesday, their personal power day. Appropriate ingredients for it include two almonds, aniseed, two caraway seeds, two pieces of citron peel, clover, two crystals, two images of deer, two dill seeds, two fennel seeds, gladiola petals, hawthorn (bark, blossoms, or leaves), two horehound candies, two iris flowers, lavendar, lily petals, lemongrass, mace, marjoram, orris root (whole or powdered), parsley, two pear seeds, two peppermint candies, yellow rose petals, snapdragon blossoms, images of twins, lemon verbena, and two bicolored, iridescent, or multicolored stones.

**Cancer:** A talisman for a Cancerian is best begun on a Monday, their personal power day. Appropriate ingredients for it include small aloe spears, amber, beach glass, catnip, chamomile, images of crabs, daisy petals, driftwood, eucalyptus leaves, gardenia, white geranium petals, silver glitter, honeysuckle petals, lemon balm, lemon verbena, mimosa (bark, leaves, or flowers), moonwort (also called honeysuckle), pastel stones, white rose petals, scarabs, sea shells, images of rings, lemon verbena, and violet petals.

**Leo:** A talisman for a Leo is best begun on their personal power day. Appropriate ingredients for it include acorns, angelica, chamomile, chicory, clover, dandelion rings, gold glitter, goldenseal leaves, or berries), images of oak leaves, orange peels, pear seeds, sunflower seeds or petals, and sunflower seeds or petals.

**Virgo:** A talisman for a Virgo is best begun on a Wednesday, their personal power day. Appropriate ingredients for it include almonds, aniseed, images of brown bears or seeds, cornflowers, cypress bark, dill seeds, grape leaves, hazelnuts, horehound candy, marjoram, morning glory vines, narcissus bulb or petals, nickel rosemary, savory, violet leaves, brown, or tan stones.

**Libra:** A talisman for a Libra is best begun on their personal power day. Appropriate ingredients for it include small aloe spears, dried copper coins or charms, black
or pineneedles, images of rams, thyme, and red wool.

Taurus is best begun on a Friday. Appropriate ingredients for it are dried apricots, small brass stars, cardamom pods, carnation or shavings, cherry pits, clover, daisy petals, dandelion (root, stem flowers, heather, hibiscus, yellow magnolia leaves or petals, oak moss, orchids, saffron threads, sage, green or purple thyme, images of white pepper leaves or flowers, wicker or leaves.

Gemini is best begun on a Thursday. Appropriate ingredients are two almonds, aniseed, two stars of citron peel, clover, two pea or dill seeds, two fennel with thorn (bark, blossoms, or petals), two iris flowers, pomegranate, mace, marjoram, orris root, parsley, two pear seeds, twoowa rose petals, snapdragon petals, lemon verbena, and two multicolored stones.

Cancer is best begun on a Thursday. Appropriate ingredients are small aloe spears, amber, beach roses, images of crabs, daisy petals, gardenia, white geranium petals, silver glitter, honeysuckle, jasmine, larkspur petals, lemon balm, lemon peel, lotus nut, marigold, mimosa (bark, leaves, or flowers), moonstones, moonwort (also called honesty), pansies, poppy seeds, pastel stones, white rose petals, rose quartz, sand, scarabs, sea shells, images of the Moon, silver coins or rings, lemon verbena, and violet leaves or flowers.

Leo: A talisman for a Leo is best begun on a Sunday, their personal power day. Appropriate ingredients for it include acorns, angelica, aniseed, bay leaves, chamomile, chicory, cloves, dill seeds, gold coins or rings, gold glitter, goldenseal, hazel nuts, juniper (bark, leaves, or berries), images of lions, marigold, nutmegs, oak leaves, orange peels, peony petals, rosemary, saffron threads, sunstones (sparkling feldspar), images of sphinxes, images of the Sun, yellow or golden stones, sunflower seeds or petals, and tiger's-eyes.

Virgo: A talisman for a Virgo is best begun on a Wednesday, their personal power day. Appropriate ingredients for it include almonds, amethysts, aster petals, images of brown bears, caraway seeds, citron peels, cornflowers, cypress bark or leaves, dill leaves or seeds, fennel seeds, grape leaves or vine tendrils, hazelnuts, horehound candies, lily petals, mace, marjoram, morning glory vines or flowers, moss, narcissus bulb or petals, nickels, peppermint, raisins, rosemary, savory, violet leaves or flowers, and gray, brown, or tan stones.

Libra: A talisman for a Libra is best begun on a Friday, their personal power day. Appropriate ingredients for it include small aloe spears, dried apple slices, catnip, copper coins or charms, black feathers, royal blue glitter.
lilac blossoms, magnolia leaves or flowers, marigold petals, marjoram, orchids, rose petals, pennyroyal, spearmint candies, blue stones, sugar cubes, toy swords, thyme, vanilla beans, vanilla sugar, lemon verbena, and violet leaves or flowers.

**Scorpio:** A talisman for a Scorpio is best begun on a Tuesday, their personal power day. Appropriate ingredients for it include allspice berries, anemone petals, ash bark or leaves, basil, red chrysanthemum petals, cloves, copper coins or charms, cumin seeds, cypress bark or leaves, dill seeds, small geodes, iron rings, ivy leaves, nettles, obsidian, pine cones or needles, pomegranate seeds, saffron threads, images of scorpions, steel bands or rings, dark red stones, thistles, yucca leaves, and eagle, vulture, or hawk feathers.

**Sagittarius:** A talisman for a Sagittarius is best begun on a Thursday, their personal power day. Appropriate ingredients for it include acorns, amethysts, aniseed, aster petals, arrowheads, toy bows and arrows, purplish carnation petals, images of centaurs, cedar (tips, chips, or shavings), patterned cloth, red clover, daffodil petals, dried figs, candied ginger, holly leaves or berries, images of horses, juniper (bark, leaves, or berries), myrtle leaves or blossoms, nutmags, rosemary, sage, spruce cones or needles, star anise, purplish stones, tinfoil or tin charms, and turquoise.

**Capricorn:** A talisman for a Capricorn is best begun on a Wednesday, their personal power day. Appropriate ingredients for it include birch bark or leaves, pieces of coal, dark red or russet carnation petals, chervil, crystals, cypress (bark, buds, or leaves), flax seed oil capsules, holly leaves or berries, horny goatweed, lead, images of goats, goose down or feathers, magnolia leaves or flowers, mimose, rue, sassafras, slippery elm, star anise, turquoise.

**Aquarius:** A talisman for an Aquarius is best begun on a Saturday, their personal power day. Appropriate ingredients for it include amber, amethysts, aspen leaves, bittersweet berries, citron peels, white coral, clear or red leaves or bark, daffodil petals or flowers, fennel seeds, flax seeds, lead, mace, images of otters, poppy seeds, poppy blossoms, images of stars, silver verbena, and violet leaves or flowers.

**Pisces:** A talisman for a Pisces is best begun on a Wednesday, their personal power day. Appropriate ingredients for it include alder, aniseed, ash bark or leaves, blue carnation petals, catnip, cloves, green cotton thread or cotton, fish oil capsules, images of fish florets, lemon peel, lilac blossoms, Norfolk Island pine needles, nutmegs, poppy blossoms, rosemary, star anise, tinfoil or tin charms, and turquoise.

After filling the bag, add the cinnamon shut with eight knots. If you are using a common, anoint the bag with it after you have completed talisman on a pentacle and moonlight for one or more nights.
inner work 21

he solitary witch

leaves or flowers, marigold
rose petals, pennyroyal,
stones, sugar cubes, toy swords,
tilia sugar, lemon verbena, and

Scorpio is best begun on a
power day. Appropriate
allspice berries, anemone
bass, red chrysanthemum
ans or charms, cumin seeds,
ill seeds, small geodes, iron
absidian, pine cones or needles,
on threads, images of scorpions,
red stones, thistles, yucca
or hawk feathers.

a Sagittarius is best begun on
power day. Appropriate
acorns, amethysts, aniseed,
tex bows and arrows, purplish
centaurs, cedar (tips, chips,
red clover, daffodil petals,
leaves or berries, images
leaves, or berries), myrtle leaves
rosemary: sage, spruce cones or
fish: stones, tinfoil or tin charms,

Capricorn is best begun on a
power day. Appropriate
birch bark or leaves, pieces of
aration petals, chervil, crystals,
leaves). flax seed oil capsules,
ory goatweed, lead, images of

goats, goose down or feathers, holly leaves or berries,
magnolia leaves or flowers, mint, oakmoss, poppy seeds,
rue, sassafras, slippery elm, sorrel, black stones, thyme,
and zircons.

Aquarius: A talisman for an Aquarian is best begun on a
Saturday, their personal power day. Appropriate
redients for it include almonds, aluminum foil or
charms, amber, amethysts, aniseed, ash leaves or bark,
aspen leaves, bittersweet berries, buttercup flowers,
citron peels, white coral, clear quartz crystals, cypress
leaves or bark, daffodil petals, dandelion (root, leaves, or
flowers), fennel seeds, flax seed oil capsules, lavender,
lead, mace, images of otters, peppermint, pine cones or
needles, poppy seeds, rosemary, sage, snowdrop
blossoms, images of stars, silver coins or charms, lemon
verbena, and violet leaves or flowers.

Pisces: A talisman for a Pisces is best begun on a
Wednesday, their personal power day. Appropriate
redients for it include alder bark or leaves, amethysts,
aniseed, ash bark or leaves, blue, white, or green
carnation petals, catnip, cloves, coral, pale blue or sea-
green cotton thread or cotton cloth, eucalyptus leaves,
fish oil capsules, images of fish, gardenias, blue hyacinth
frets, lemon peel, lilac blossoms, mother-of-pearl,
Orfolk Island pine needles, nutmegs, rue, sage, star
anise, tinfoil or tin charms, and willow bark or leaves.

After filling the bag, add the cinnamon, and tie the mojo bag
shut with eight knots. If you are using essential oil of cinna-
mon, anoint the bag with it after you tie the knots. Place the
completed talisman on a pentacle, and position it to charge in
moonlight for one or more nights.
The Spell

Choose an appropriate day, such as your personal power day, or a day when the Sun or Moon is in your astrological sign (an astrological almanac will have that information). Midnight is the best time for the working.

When you are ready to cast the spell, collect the incense, candle, pentacle, and mojo bag. Get into a magickal mood, and create sacred space around the area where you will be working.

Place the pentacle on your altar or other working surface, and place everything else atop it in a manner that is pleasing to you. Light the candle, then light the incense from the candle. Raise power. Use your projective hand to hold the talisman in the incense smoke, turning it so that the entire mojo bag will be smudged. As you do this, say:

*By moonlight and midnight,*
*By starlight and insight,*
*By smoke and candlelight,*
*I accept my birthright.*

Beginning with North and working deosil, face each direction in turn as you hold the talisman up and say:

*Charged on this day, and at this hour,*
*To help me grow and let me flower,*
*By the powers of the Lord of each Watchtower,*
*This talisman will stimulate my personal power.*
*By the powers of the Lord of each Watchtower,*
*This talisman will activate my personal power!*

Place the talisman back on the pentacle when you finish, and leave it there until the candle and the incense have burned out. Monitor them until they finish burning. Concentrate on pouring all the power of the spell into the talisman. Envision the way you expect the talisman to work for you. When the candle guts out, ground the power that you raised and clean up.

Afterward

The more that you use it, touch it, and wear it, the more powerful this talisman will become. To renew its magic, smudge it with incense overnight, or smudge it with incense and water.

When you feel that you no longer need the talisman, then be buried, burned, thrown out, or disposed of in whatever way seems appropriate to you. As stones may be cleared (see "stones of intent" on page xviii) and retained for future use.

Inner ~

~Inner

~

The more that you use it, touch it, and wear it, the more powerful this talisman will become. To renew its magic, smudge it with incense overnight, or smudge it with incense and water.

When you feel that you no longer need the talisman, then be buried, burned, thrown out, or disposed of in whatever way seems appropriate to you. As stones may be cleared (see "stones of intent" on page xviii) and retained for future use.

Inner ~

~Inner

~

The more that you use it, touch it, and wear it, the more powerful this talisman will become. To renew its magic, smudge it with incense overnight, or smudge it with incense and water.

When you feel that you no longer need the talisman, then be buried, burned, thrown out, or disposed of in whatever way seems appropriate to you. As stones may be cleared (see "stones of intent" on page xviii) and retained for future use.
such as your personal power day, or
on is in your astrological sign (an
that information). Midnight is

Cast the spell, collect the incense,
ag. Get into a magickal mood, and
the area where you will be working.
our altar or other working surface,
up it in a manner that is pleasing
ight the incense from the candle.
ctive hand to hold the talisman in
so that the entire mojo bag will
say:

working deosil, face each direction
man up and say:

at this hour.

of each Watchtower,
my personal power.

of each Watchtower,
my personal power!

the pentacle when you finish, and
and the incense have burned out.
sh burning. Concentrate on pour-
the talisman. Envision the way
ork for you. When the candle guts
you raised and clean up.

Afterward
The more that you use it, touch it, and think about it, the more powerful this talisman will become. Keep it with you whenever possible. To renew its magick, place it in moonlight overnight, or smudge it with incense.

When you feel that you no longer need your talisman, it can then be buried, burned, thrown out, put away in a safe place, or disposed of in whatever way seems best to you. Charms such as stones may be cleared (see "stones" under "Spell Ingredients" on page xviii) and retained for future use, if you like.
Goals, Hopes, Wishes

To set a goal, have a hope, or make a wish is to place a marker on the road map of your life. How do you get there from here? Spells in this chapter can help you with that.

Countdown Spell

Do you have a goal that seems difficult to reach? Would you like to change yourself or improve your life in some way? Whatever your personal goal may be, if it's reasonable and feasible, this simple but powerfully effective spell can help you to achieve it.

Casting a spell is not enough to reach most goals, of course. You must also make practical efforts, such as working out, saving money, attending classes, or whatever your goal requires.

For this spell you will need:

- paper
- a writing implement (Use a freshly sharpened pencil if you wish to erase your goal to keep it confidential.)
- a stick of incense
- Optional: If you happen to own a sapphire, garnet, or turquoise ring, wear it on your projective hand while you cast the spell or work it afterward.
Preparation
Clearly and specifically identify your goal. This is a crucial part of the spell, so give it careful consideration. Meditation helps with this.

Next, consider paths to your goal, and formulate at least one action plan. Set a realistic time period for reaching the goal. This might be one month, one year, five years, or another length of time, depending on the nature of your goal.

The Spell
Once your goal is clear in your mind, get into a magickal mood. Gather the spell materials, and place them on the altar or other working surface. Raise power, and create sacred space around your working area. Light the incense.

Concentrate on your goal, and visualize it as already achieved. For example, if your goal is to finish school, you could envision yourself waving your diploma in the air at the graduation ceremony; if your goal is to buy a house, you could see its key in your hand as you unlock the door on moving day. Once your visualization is complete, take a mental snapshot of it, and keep your focus on that as you proceed.

Hold the writing implement in the incense smoke, and concentrate on charging its ink or lead with magick. Do this until the incense burns itself out, then ground power and clean up. Leave the writing implement in moonlight overnight, perhaps on a windowsill.

The next day, use the pen or pencil to write your goal at the top of the paper. If you are using a pencil because your goal is confidential, write it down and then erase it. No one will be able to read your goal, but the paper will still be imprinted with it.

Count the days that you have allotted for reaching your goal, and write this number beneath it. If your time frame for the spell is lengthy, you may need to tape several sheets of paper together. Hang the paper in a prominent place every day, such as on a closet door.

Begin the countdown. Each time your goal is achieved, use the charged pencil to cross off the number at the top of the paper, and write the number beneath it. For example, if your goal is to buy a house, you will be writing off one number each day until your goal is achieved. Say this affirmation of your own devising aloud each night: I am strong. I am determined. Nothing will distract me, divert me, or prevent me from reaching my goal.

Afterward
Continue the countdown. Take at least one step toward your goal every day, and you are likely to see the countdown is finished.

Footsteps Soles
What are your career goals? Whose footpath are you to follow in? Do you hope to succeed in a career that is difficult to gain entrée to?

Some careers can be hard to follow. Industries that are considered glamorous, such as broadcasting, and entertainment, are difficult to gain entrée to because there are so many applicants. Other careers, such as spaceflight, require many years of very specialized training. As careers in politics, can be hard to enter because of the financial backing from others. The challenge in such professions can be daunting.

If you have the talent or ability to succeed but just can't seem to get your foot in the door, you may need to study, train, network, and persist.
Identify your goal. This is a crucial part of consideration. Meditation helps you goal, and formulate at least one time period for reaching the goal. For example, five years, or another length nature of your goal.

Your mind. Get into a magickal mood and place them on the altar or other sacred space around the incense.

Goal! And visualize it as already finished. For example, if you have allowed one year to reach your goal, you will be writing 365, 364, 363, 362, and so on, as the days pass. Say this affirmation (or an affirmation of your own devising) aloud each morning when you cross off a number and write a new one:

*I am strong. I am determined.
Nothing will distract me, divert me, or prevent me from reaching my goal.*

**Afterward**

Continue the countdown. Take at least one small step toward your goal every day, and you are likely to achieve it before the countdown is finished.

**Footsteps Spell**

What are your career goals? Whose footsteps would you like to follow in? Do you hope to succeed in a career that is difficult to gain entrance to?

Some careers can be hard to launch for a variety of reasons. Industries that are considered glamorous, such as fashion, broadcasting, and entertainment, can be hard to break into because there are so many applicants for every job opening. Other careers, such as spaceflight, ballet, or surgery, require many years of very specialized training. Still other careers, such as those in politics, can be hard to enter without support or financial backing from others. The challenges to getting started in such professions can be daunting.

If you have the talent or ability to make it in a certain career but just can't seem to get your foot in the door, this spell can...
help you. It will not make you a success at something you are unsuited to, or unqualified for, but it will help you to find employment in the industry of your choice.

Footprints have been considered magickal in many cultures since ancient times. Footprint magick is traditionally worked by physically lifting the dirt in which someone has stepped. Surfaces are mostly paved in our times, but we can still work footprint magick by adapting it to present circumstances. For this spell you will need:

✦ several strips of wide adhesive tape, such as masking tape or duct tape
✦ a pentacle or pentagram (Any type will do, even the symbol @ drawn on a piece of paper.)
✦ an orange candle
✦ a stick of incense
✦ a box, pouch, bottle, or other container in which to keep the spell materials
✦ Optional: pink carnation petals

Preparation
Collect footprints from people who are already doing the kind of work that you hope to do one day. To accomplish this, identify a place where people are engaged in this type of work. It might be a firehouse, if you hope to be a firefighter; a hospital, if you hope to be a doctor or nurse; a theater, if you hope to be an actor or set designer; a brokerage house or stock exchange if you hope to be a trader or stockbroker; and so on.

Next, identify the best location for gathering their footprints. If you hope to be a stage actor, for example, it would be better to collect footprints from the area just outside the stage door than from the sidewalk in front of the theater; if you hope to be a judge, it would be better to collect footprints outside a judges’ entrance or elevator steps; and so on.

Go to this location, preferably likely to be observed or interrupted ground, then rip it up. Hold the strip (if the air is still). Visualize any experts as those of delivery people or passers and erased from the tape. When your prints you seek are on the tape, roll so that it forms a tight tube or cylinder with several more strips of tape.

Take the cylinders of tape home to the center of a pentacle until you are ready are using carnations, work deosil to the circle of the pentacle. It isn’t anything before the spell is cast.

The Spell
Gather all the spell ingredients. Get in create sacred space around the area with incense. Place the candle on the pentacle with the incense raise power. Light the candle, then light the incense.

Focus on the result you want that yourself working happily in your chosen arms and say:

By Minerva and Apollo,
In their footsteps I will follow.
As I will, so mote it be.
I will work in this industry!

Hold each roll of tape in the incense stick while concentrating on charging it with intent. Drip a little wax on each cylinder on the brilliant career that you envision, then place the candle and incense until they...
You a success at something you ar
ed for, but it will help you to find your choice.

considered magickal in many cul-
Footprint magick is traditionally

19
ty

pawd in our times, but we can
by adapting it to present circum-
...

need:
lcihesiye tape, such as masking

m •. :my type will do, even the

a ;:,iece of paper.)

Q:.c~er

container in which to
Is

Kho are already doing the kind
o ,:):1e day. To accomplish this, iden-
are engaged in this type of work. It
hope to be a firefighter; a hospital,
ry or nurse; a theater, if you hope to
brokerage house or stock exchange
or stockbroker; and so on.

location for gathering their foot-
actor, for example, it would
ints from the area just outside the
sidewalk in front of the theater; if
would be better to collect footprints
outside a judges' entrance or elevator than from the courthouse steps; and so on.

Go to this location, preferably at a time when you are not likely to be observed or interrupted. Stick a strip of tape to the ground, then rip it up. Hold the strip to the wind (or blow on it, if the air is still). Visualize any extraneous footprints—such as those of delivery people or passersby—being blown away and erased from the tape. When you feel that only the footprints you seek are on the tape, roll it up (sticky side inward) so that it forms a tight tube or cylinder. Repeat this process with several more strips of tape.

Take the cylinders of tape home, and place them in the center of a pentacle until you are ready to cast the spell. If you are using carnations, work deosil to sprinkle the petals around the circle of the pentacle. It isn't a problem if these dry out before the spell is cast.

The Spell
Gather all the spell ingredients. Get into a magickal mood, and create sacred space around the area where you will be working. Place the candle on the pentacle with the tape cylinders, and raise power. Light the candle, then light the incense from it.

Focus on the result you want the spell to have. Visualize yourself working happily in your chosen career. Raise your arms and say:

\[
\text{By Minerva and Apollo,} \\
\text{In their footsteps I will follow.} \\
\text{As I will, so mote it be.} \\
\text{I will work in this industry!}
\]

Hold each roll of tape in the incense smoke for a few moments, while concentrating on charging it with the magick of your intent. Drip a little wax on each cylinder to seal the spell. Focus on the brilliant career that you envision for yourself, and monitor the candle and incense until they burn themselves out.
Place the cylinders of tape in the container, along with the ashes from the incense (and the carnation petals, if you have used them). Drip some wax over the container's opening to further seal the spell, then ground the power that you raised.

Afterward
Keep the container of spell ingredients in a safe place until the spell has fully manifested. Take it out and handle it or keep it near you whenever you are working toward your goal, by taking courses or applying for jobs, for example. You can discard the container once you have become established in your career.

Interview Charm
It usually takes several interviews to land a job, so prepare several of these charms when you’re looking for work. To make them you will need:

- several strips of wide adhesive tape, such as masking tape or duct tape
- a pair of shoes that you are likely to wear to interviews or for work

The Spell
Take tape impressions of your own footsteps, or of the bottoms of your shoes. Roll them up tightly into cylinders. Carry one with you whenever you go on an audition or job interview. If you decide that you would like to have the position you applied for, leave the charm behind when you go. This will help you to “get your foot in the door.” Leave the charm in a place where it is not likely to be noticed for a long time, such as in a planter.

Star of Hope
Do you have a secret hope? Someone told anyone? That hope is not likely you do something about it. One mistake is to communicate your secret spell will do that, so do not attempt it unless you are absolutely certain to be realized. You should feel hopeful so don’t attempt it if you are feeling pessimistic. It can be cast at any time night of a New Moon (use a calendar completed on the night of the next Full Moon) powerful if the Sun or the Moon is in (an astrological almanac will have this need:

- the Star card from a tarot deck (any deck will do, but if you have a deck that depicts a woman pouring water
- a tin box (No substitutions, it must container can be any shape, but it must be large enough to hold the tins in which biscuits and crackers are sometimes packaged are good for this, or you can use the box as it is, or you can decorate it, if you feel this will enhance the spell)
- a white feather
- a piece of paper (Any sort of paper is nice to use high-quality paper.)
- a pencil with an eraser
- two sticks of incense (Any kind is if you happen to have it.)
THE SOLITARY WITCH

tape in the container, along with the
ded the carnation petals, if you have
ax over the container's opening to
ground the power that you raised.

ingredients in a safe place until the
Take it out and handle it or keep it
working toward your goal, by taking
3s for example. You can discard the
become established in your career.

view Charm
views to land a job, so prepare sev-
then you're looking for work. To make

adhesive tape, such as masking
you are likely to wear to

of your own footsteps, or of the bot-
them up tightly into cylinders. Carry
you go on an audition or job inter-
would like to have the position
em charm behind when you go. This
r foot in the door." Leave the charm
be noticed for a long time, such

 Goals, Hopes, Wishes 31

Star of Hope Spell

Do you have a secret hope? Something that you have never
told anyone? That hope is not likely to ever be realized unless
you do something about it. One magickal action that you can
take is to communicate your secret hope to the Universe. This
spell will do that, so do not cast it (or even think about casting
it) unless you are absolutely certain that you want your hope
to be realized. You should feel hopeful while you cast this spell,
so don't attempt it if you are feeling sad, negative, angry, or
pessimistic. It can be cast at any time, but it is best begun on the
night of a New Moon (use a calendar to time it), and com-
pleted on the night of the next Full Moon. The spell is most
powerful if the Sun or the Moon is in Aquarius on either night
(an astrological almanac will have that information). You will
need:

• the Star card from a tarot deck (One from any tarot
deck will do, but if you have a choice, use a card that
depicts a woman pouring water from a jar.)
• a tin box (No substitutions, it must be tin. The
container can be any shape, but it should have a
cover and be large enough to hold the tarot card.
The tins in which biscuits and crackers are
sometimes packaged are good for this purpose. You
can use the box as it is, or you can paint it, line it, or
decorate it, if you feel this will enhance your spell.)
• a white feather
• a piece of paper (Any sort of paper will do, but it's
nice to use high-quality paper.)
• a pencil with an eraser
• two sticks of incense (Any kind is fine, but use violet
if you happen to have it.)
32 SPELLS FOR THE SOLITARY WITCH

• a pentacle or pentagram (Any type will do, even the symbol ® drawn on a piece of paper.)
• Optional: If you happen to own an opal ring, wear it on your projective hand while you cast the spell.

Preparation
Get into a magickal mood. Assemble all of the spell ingredients, and create sacred space for the working. Place the pentacle on your altar or other working surface, with its top point facing East. Center the box on the pentacle.

The Spell
Light one stick of incense, and raise power. Put the tarot card in the middle of the box, then close it. Open your hands and hold them over the box, with your palms facing downward. Focus on your hope, and say:

Goddess Pandora, Giver of All Gifts,
I thank you for giving us
The powerful gift of hope.
I name this box Pandora’s Box.
If it will do no harm,
I ask you to fulfill the hope
That you will find within it.

Use the pencil to write your secret hope on the paper. Be totally honest and very specific about what you hope for. Erase what you have written. Your hope will still be a secret, but the paper will contain it nonetheless. Open the box, and put the paper in it under the tarot card. If you must fold the paper in order to make it fit, fold it three times. Place the feather on top of the card, then close the box.

Ground the power that you raised, and clean up. Keep the box atop the pentacle, and put them in a safe place, such as beneath your bed or on your altar. Leave them there for two weeks—or until the Full Moon, if you began the spell on the New Moon.

Do not open the box until you are ready to complete the spell. If possible, keep the top point of the pentacle facing East. Concentrate on your hope on the exact form that you want it to take.

When you are ready to complete the spell, light incense atop the box, and remove the feather from the incense. Put the tarot card in the middle of the box, and hold them over the box, with your palms facing downward. Focus on your hope, and say:

Goddess Pandora, Giver of All Gifts,
Anesidora, She Who Sends Up
Receive my hope!

Repeat this phrase as many times as necessary, while the incense burns. Visualize a special place where the entire Universe will be in your presence. When the incense is half spent, begin to talk to Pandora until the incense is burned. Hold this hope and what outcome you want, as if it is to get a certain job. Without speaking, talk to Pandora until the incense is burned. Without speaking, talk to Pandora until she listens to you, and your hope is fulfilled.

This is a very important part of the spell, and it can cause the spell to go wrong. So be sure to get a certain job. Without speaking, talk to Pandora until she listens to you, and your hope is fulfilled.

Thank her for listening, then end the spell. Take the tarot card and the paper, because Pandora is an Ears. Keep them with the paper.
THE SOLITARY WITCH

(Any type will do, even the a piece of paper.)

in to own an opal ring, wear it and while you cast the spell.

1. Assemble all of the spell ingredients for the working. Place the pentacle on the working surface, with its top point facing the pentacle.

and raise power. Put the tarot card then close it. Open your hands and with your palms facing downward.

Do not open the box until you are ready to complete the spell. If possible, keep the top point of the pentacle oriented toward the East. Concentrate on your hope during this period, focusing on the exact form that you want its fulfillment to take.

When you are ready to complete the spell, put the box, pentacle, and the second stick of incense on your altar or other working surface. Orient the top point of the pentacle toward the East, and remove the feather from the box. Close it, and place the incense atop the box. Get into a magickal mood. Light the incense, and raise power. Use the feather to fan the smoke upward as you say:

Goddess Pandora, Giver of All Gifts,
Anesidora, She Who Sends Up Gifts,
Receive my hope!

Repeat this phrase as many times as seems necessary to you while the incense burns. Visualize your hope ascending to a place where the entire Universe will sense its reverberation. When the incense is half spent, begin talking to Pandora. Speak to her sincerely, in your natural voice, as you would to a friend whom you are asking for an important favor. Explain why you hold this hope and what outcome you would like to have when the hope is fulfilled.

This is a very important part of the spell, because omitting it can cause the spell to go wrong. Suppose your secret hope is to get a certain job. Without specifying the outcome, you might get the job because you cast this spell, but find that the job makes you so miserable that you wind up leaving it.

Talk to Pandora until the incense has finished burning. Thank her for listening, then end the spell. Ground the power that you raised, and clean up. Keep the box them in a safe place, such as beneath Leave them there for two weeks—or you began the spell on the New Moon.

Repeat this phrase as many times as seems necessary to you while the incense burns. Visualize your hope ascending to a place where the entire Universe will sense its reverberation. When the incense is half spent, begin talking to Pandora. Speak to her sincerely, in your natural voice, as you would to a friend whom you are asking for an important favor. Explain why you hold this hope and what outcome you would like to have when the hope is fulfilled.

This is a very important part of the spell, because omitting it can cause the spell to go wrong. Suppose your secret hope is to get a certain job. Without specifying the outcome, you might get the job because you cast this spell, but find that the job makes you so miserable that you wind up leaving it.

Talk to Pandora until the incense has finished burning. Thank her for listening, then end the spell. Ground the power that you raised, and clean up. Keep the box them in a safe place, such as beneath Leave them there for two weeks—or you began the spell on the New Moon.
Wish Spells

The old adage is true: be careful what you wish for. The danger with wishes isn’t that they won’t come true; it’s that they will come true, but not in the way that was meant, or with the results that were intended. Consider all possible outcomes before making a wish. Be realistic, word it precisely, and proceed with caution.

If you happen to own a piece of emerald or carnelian jewelry, wear it while casting your wish spell.

- Lords of Air Spell -

When we say that something is “in the air” or “blowing in the wind,” we mean that it is available or likely to happen. One of the many ways to make a wish is to literally put the wish into the wind.

Nearly every human culture has had gods who rule the element of Air. Examples include wind gods such as Aeolus (Greek), Skan (Native American), Aquilo (Roman), Feng Po (Chinese), Stribog (Slavic), and Njord (Norse). This spell, which invokes all the Lords of Air to grant your wish, is best cast on a windy night. You will need:

- a piece of white or pale blue paper with your wish written on it (If you like, you can use a color of ink that relates to your wish, such as pink for love, green for money, orange for success, black for banishing, and so on.)
- your favorite perfume, cologne, or aftershave
- a flat, shallow container, such as a tray or dish
- a stick of incense (Ginseng, sage, lavender, sandalwood, and violet are good choices, if you happen to have one of them on hand.)
- Optional: finely chopped, powdered, or crumbled herbs that relate to your wish (See the list below.)

Preparation

Assemble the spell ingredients. Light a magickal mood, and create sacred space you will be working. Take the paper, fold it neatly to hold your wish, and spray or anoint it. Be concerned if this causes the ink to run. Focus on the wish you want to have. Waft the paper through the perfume, then pass it repeatedly through the smoke. The paper should then be scented.

Focus on your wish again. As you waft the paper, sprinkle confetti-sized pieces. Sprinkle these herbs into the tray and mix them. Here are examples of some of the herbs that correspond to different types of wishes:

<table>
<thead>
<tr>
<th>Ambition, Goals:</th>
<th>bay leaves</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attraction:</td>
<td>cinnamon</td>
</tr>
<tr>
<td>Clarity:</td>
<td>cardamom</td>
</tr>
<tr>
<td>Confidence:</td>
<td>dandelion</td>
</tr>
<tr>
<td>Fertility:</td>
<td>pine</td>
</tr>
<tr>
<td>Fidelity:</td>
<td>chili</td>
</tr>
<tr>
<td>Friendship:</td>
<td>lemon</td>
</tr>
<tr>
<td>Happiness:</td>
<td>catnip</td>
</tr>
<tr>
<td>Increase:</td>
<td>rose</td>
</tr>
<tr>
<td>Health:</td>
<td>mint</td>
</tr>
<tr>
<td>Job, Career:</td>
<td>pecan</td>
</tr>
<tr>
<td>Justice:</td>
<td>cedar</td>
</tr>
<tr>
<td>Love, Romance:</td>
<td>rose</td>
</tr>
<tr>
<td>Money, Finances:</td>
<td>mint</td>
</tr>
<tr>
<td>Reversal:</td>
<td>sage</td>
</tr>
<tr>
<td>Success:</td>
<td>ginger</td>
</tr>
</tbody>
</table>
Preparation

Assemble the spell ingredients. Light the incense, get into a magickal mood, and create sacred space around the area where you will be working. Take the paper on which you have written your wish, and spray or anoint it with the perfume. Don’t be concerned if this causes the ink to run or smear, because the paper will still hold your wish. Focus on your wish, with particular concentration on the end result that you would like it to have. Waft the paper through the air a few times to dry the perfume, then pass it repeatedly through the incense smoke. The paper should then be scented.

Focus on your wish again, as you cut or tear the paper into confetti-sized pieces. Sprinkle these onto the tray.

Optional: If you are using herbs, sprinkle a large spoonful of them into the tray and mix them with the pieces of paper. Here are examples of some of the commonplace herbs that correspond to different types of wishes:

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Wish Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambition, Goals:</td>
<td>bay leaves</td>
</tr>
<tr>
<td>Attraction:</td>
<td>cinnamon</td>
</tr>
<tr>
<td>Clarity:</td>
<td>dandelion, lemongrass</td>
</tr>
<tr>
<td>Confidence:</td>
<td>cardamom, turmeric</td>
</tr>
<tr>
<td>Fertility:</td>
<td>pine, flour</td>
</tr>
<tr>
<td>Fidelity:</td>
<td>chili powder</td>
</tr>
<tr>
<td>Friendship:</td>
<td>lemon zest, lavender</td>
</tr>
<tr>
<td>Happiness:</td>
<td>catnip, marigold</td>
</tr>
<tr>
<td>Increase:</td>
<td>rosemary</td>
</tr>
<tr>
<td>Health:</td>
<td>garlic, thyme</td>
</tr>
<tr>
<td>Job, Career:</td>
<td>pecan</td>
</tr>
<tr>
<td>Justice:</td>
<td>cedar</td>
</tr>
<tr>
<td>Love, Romance:</td>
<td>rose, carnation</td>
</tr>
<tr>
<td>Money, Finances:</td>
<td>mint, clover</td>
</tr>
<tr>
<td>Reversal:</td>
<td>sage</td>
</tr>
<tr>
<td>Success:</td>
<td>ginger, basil</td>
</tr>
</tbody>
</table>
Herbs can be used singly or combined. For example, if you wish to get a raise at work, you might use mint, rosemary, and ground pecans. If you wish to get pregnant, you might add flour and ginger to the tray, but if you wish for justice, you might use ginger and finely ground cedar chips. If you wish to find a mate, you might add cinnamon and carnation petals. If you wish to get out of debt, you might use sage, and so on.

The Spell
Get into a magickal mood, and take the container outside at night. Raise power. Hold it up, face East, and say:

*Gods of Winds, Lords of Air,*
*Grant my wish if it be fair.*

Place the tray in a place where the wind is likely to reach it, such as on a lawn chair or balcony railing. Concentrate on your wish, and say again:

*Gods of Winds, Lords of Air,*
*Grant my wish if it be fair.*

Visualize your wish going forth into the world with the wind, and becoming manifest. Ground the power that you raised.

Leave the container outdoors all night, and check on it the next morning. It is a positive sign if you find the container empty, but a negative omen if anything remains in it.

~ Lady of the Lake Spell ~
Every lake is presided over by a goddess or female nature spirit. It isn't necessary to know her name in order to call upon her powers, because you can address her by the title of Lady of the Lake.

This spell can be cast early on any day (except when the lake is frozen), but it is best cast at dawn on a misty morning. You will need:

- a small glass bottle with a cor
- a red candle
- a piece of paper with your wish
- enough sunflower seeds to fill the bottle

If you wish to love, you can use a color of ink to write your wish, such as pink for romance, light blue for peace, orange for strength, purple for wisdom, green for fertility, and so on.

Preparation
Get into a magickal mood, and get the spell bottle ready. Light the candle, and create sacred space where you will be working. Keep repeating the spell, until the bottle is ready.

Take the bottle to a lake. The spell will be cast when it is thrown into the water, so choose a good spot to do this.

Breathe deeply. Listen to the sounds of its creatures who may be up and a
or combined. For example, if you wish to get pregnant, you might add clay but if you wish for justice, you might add cinnamon cedar chips. If you wish to add cinnamon and carnation petals. If you wish for strength, purple for wisdom, green for healing or fertility, and so on.

and take the container outside at day up face East, and say:

where the wind is likely to reach it, balcony railing. Concentrate on your

g forth into the world with the wind,
Ground the power that you raised.

outdoors all night, and check on it the
ative sign if you find the container
em if anything remains in it.

the Lake Spell
by a goddess or female nature spirit.
her name in order to call upon her
address her by the title of Lady of the
at early on any day (except when the
est cast at dawn on a misty morning.

• a small glass bottle with a cork or cap
• a red candle
• a piece of paper with your wish written on it (If you like, you can use a color of ink that relates to your wish, such as pink for romance, dark blue for justice, light blue for peace, orange for action, red for strength, purple for wisdom, green for healing or fertility, and so on.)
• enough sunflower seeds to fill the bottle (Substitute sunflower oil or sunflower petals if the neck of your bottle is too narrow for sunflower seeds to pass through it. Don’t be concerned if you use oil and the ink runs, because your words will still be in the bottle.)

Preparation
Get into a magickal mood, and gather the spell ingredients. Light the candle, and create sacred space around the area where you will be working. Keep repeating your wish aloud as you prepare the spell bottle.

Roll up the paper on which you have written your wish, and insert it into the bottle. Fill the bottle with the sunflower seeds, and seal it. Drip candle wax over the top of the bottle to create a waterproof seal. Use as much wax as you like for this, until the bottle looks magickal and feels enchanted to you.

Place the bottle beside the candle. Concentrate on your wish, as you monitor the candle until it burns itself out. The spell bottle is then ready.

The Spell
Take the bottle to a lake. The spell will be cast when the bottle is thrown into the water, so choose a good spot from which to do this.

Breathe deeply. Listen to the sounds of the lake and any of its creatures who may be up and about. Notice the colors,
scents, and beauty of the location. Allow yourself to experience the magick of the lake. Raise power, and say aloud:

Awake, awake, Lady of this Lake!
I will give my wish for you to take.
By the power of daybreak,
Please grant it quickly, for my sake.

Shake the spell bottle, and say:

Lady of the Lake, awaken!
Bottle shaken, bottle taken,
Don't grant my wish if I'm mistaken.
Lady of this Lake, awaken!
Bottle shaken, bottle taken,
Heart's wish unforsaken,
No harm done when it's betaken!

Throw the bottle into the lake, as far out as you can, as you say again:

Awake, awake, Lady of this Lake!
I give my wish for you to take.
By the power of daybreak,
Please grant it quickly, for my sake.

Ground the power that you raised. Contemplate the lake quietly for a few minutes, then leave.

Afterward

Remember to thank the Lady of the Lake when your wish is granted. If your wish is not granted, know that this is because granting it would have caused harm to you, or to someone else. Meditate on your wish. Look for any ethical problems with it. Try to think of another way of making the wish (such as wishing for the love of a good person, rather than the love of a specific person; or wishing for a better job, rather than wishing

for someone else's job). If you can, wish, ask the Lady of the Lake to

Ocean Mother

Yemaya, the Ocean Mother, is a being who helps human beings in many ways. Orisha, her worship was brought to America, South America, and the Caribbean by different names in different languages. However, she is called Yemaya, she is known for her connection to human calls for help.

This spell should be cast at any time while the tide is coming in. It is most powerful on a Full Moon or a Crescent Moon (first or last quarter of the moon).

You will need:

• seven blue, white, or silver candles
• a stick of sandalwood incense
• a piece of beautiful blue, white, or silver paper
• a piece of blue or white paper written on it, preferably in silver
• fish food (Get this from a pet store)
• seven small offerings (Appropriate items include fans, flowers, jewelry: soap, perfume, grain, yams, as tiny shells, pieces of yam, mints, perfume, and so on, for this spell)

Preparation

This spell begins when you first cast it. It grows in power as you gather...
location. Allow yourself to experi-
ence. Raise power, and say aloud:

This Lake!
You to take.
Ask
for my sake.
And say:

I'm mistaken.

This Lake!
You to take.
Ask
for my sake.

You raised. Contemplate the lake qui-

Lady of the Lake when your wish is
Grant, know that this is because
used harm to you, or to someone else.
Look for any ethical problems with it.
Any of making the wish (such as wish-
person, rather than the love of a spe-
for a better job, rather than wishing

\- Ocean Mother Spell \-

Yemaya, the Ocean Mother, is a benevolent goddess who helps
human beings in many ways. Originally an African river god-
dess, her worship was brought to the New World by Africans
who had been kidnapped into slavery. It spread through North
America, South America, and the Caribbean. She became known
by different names in different lands, but by whatever name
she is called, Yemaya is known for her willingness to respond
to human calls for help.

This spell should be cast at a beach on a moonlit night,
while the tide is coming in. It is most powerfully cast beneath
a Full Moon or a Crescent Moon (use a calendar to time this).
You will need:

\- seven blue, white, or silver candles
\- a stick of sandalwood incense
\- a piece of beautiful blue, white, or silver cloth
\- a piece of blue, white, or silver ribbon
\- a piece of blue or white paper with your wish
written on it, preferably in silver ink
\- fish food (Get this from a pet supplies shop.)
\- seven small offerings (Appropriate offerings to Yemaya
include fans, flowers, jewelry, sea shells, crystals, coral,
soap, perfume, grain, and yams. Use small items such
as tiny shells, pieces of yam, miniature bottles of
perfume, and so on, for this spell.)

Preparation
This spell begins when you first consider which offerings to
use. It grows in power as you gather the offerings and make
the offering bundle. The spell is cast when you offer the bundle to Yemaya. You do that by leaving it where the sea will take it, so it is helpful to study the tidal patterns at your beach for several days before you cast the spell. Choose an offering site that the tide is sure to reach. If you will need to toss the offering off a jetty or down onto rocks, that's fine.

Assemble all the spell ingredients, except the candles and incense. Get into a magickal mood, and create sacred space around the area where you will be working. Lay the cloth flat upon your altar or other working surface. Put the paper with your wish in the center of the cloth, and place your seven offerings on top of that. Sprinkle the fish food over the offerings. Wrap the cloth around everything to create a small bundle. Wrap the bundle tightly with the ribbon, and tie it with seven knots. You should have a small, attractively wrapped package when you finish.

The Spell

Go to the beach at the appointed time. Arrange the candles on the sand in any way that pleases you, then light them. Get into a magickal mood, and raise power. Light the incense from one of the candles, and stick it into the sand. Pass your offering through the incense smoke seven times, then place it reverently in your offertory site. Say:

Ocean Mother, Queen of the Sea,
Hear my plea and answer me.
Mother of Secrets, Mother of Fish,
Accept my gift, and grant my wish.
By the power of moonlight,
Grant my wish if it be right.

Monitor the candles until they burn themselves out, then ground the power that you raised. It is best if you can remain on the beach until the tide comes all the way in, and then goes out. It is a good omen if the waves immediately snatch your offering and drag it out to sea. If the offering is not returned, or if it is returned with an obstacle, the wish is not likely to be granted.
ell is cast when you offer the bundle leaving it where the sea will take it, tidal patterns at your beach for seven spell. Choose an offering site that if you will need to toss the offering rocks that’s fine.

ingredients, except the candles and kohl mood, and create sacred space u will be working. Lay the cloth flat working surface. Put the paper with the cloth, and place your seven offer-kle the fish food over the offerings. everything to create a small bundle. s the ribbon, and tie it with seven small attractively wrapped package

pointed time. Arrange the candles on leases you, then light them. Get into e power. Light the incense from one it into the sand. Pass your offering ke seven times, then place it rever-

Say:

d the Sea.

me.

Fish.

me wish.

ight.

ight.

if they burn themselves out, then u raised. It is best if you can remain comes all the way in, and then goes the waves immediately snatch your

offering and drag it out to sea. If the sea does not accept your offering, or if it is returned with an incoming tide, your wish is not likely to be granted.
What brings you to needing a love spell? Is there an empty place in your heart, your bed, or your life? Would you like companionship? Do you yearn for love? Do you need a lover?

Magick can definitely help with these things, but love spells are tricky. You have to be careful with them. To cast a selfish or mean-spirited “love spell” is a magickal mistake. Even if the spell seems to work, it will ultimately backfire on you in some way.

The love spells in this chapter are meant for single people who are free to enter new relationships with other single people. These are spells that you cast for yourself, not for others. They invite love rather than compelling it. If you use them as directed, there will be no magickal backlash from them.

Goddess of Love Spell

When you need love, you can turn to the Love Goddess for help. Venus, Atargatis, Aphrodite, Ishhara . . . the Goddess of Love has been known by different names in various cultures throughout human history. This spell invokes her by many of those names, to alert her that you are available to give and receive love. Recognize that love works best when it is mutual, reciprocal. You will have the most success with this spell if you
focus on what you want to give, as well as on what you hope to get, while you cast it.

The spell takes five days to complete. It is best begun five days before the Full Moon (use a calendar to time it). If you seek passionate love, cast it at night rather than during the day. You will need:

+ five sticks of floral incense
+ a large pink candle
+ a tray
+ as many of the following things as you can obtain: green and pink stones, green and pink glitter, catnip, rosemary, pink flower petals, silver bells, hearts, a rose quartz, and anything that represents love to you

**Preparation**

Get into a magickal mood, and create sacred space around the area where you will be working. Place the tray on your altar or other working surface, and assemble the other spell ingredients on it in a manner that is pleasing to you.

As you do this, concentrate on the kind of love that you wish to invite into your life. Love takes many forms, so it is important to be specific in love spells. If you fail to make yourself clear, you might wind up with a new puppy instead of the lover you had in mind. Visualize what you want, and focus on it.

**The Spell**

Raise power. Light the candle, then light the incense from the candle. Concentrate on the love that you need. Don’t focus on a specific person or on physical or character traits. Think about the way that the person your spell attracts will feel about you, on how that will make you feel, and on how you will make the other person feel. Paint a picture in your mind of how you would like things to be. Open your hands. Hold them slightly

to your sides with the palms facing inward. The incantation:

- By Hera, by Rhea, by Olwen, and Annwunne
- By Sarah, by Vara, by Oshun, and Sita
- By Goda, by Holda, by Allat, and Anahita
- By Lada, by Milda, by Blathnaid, and Cytherea, Syria Dea, Sheba, Astarte

I declare myself ready to receive...

Alter the final line of the spell to suit what you seek. This might be “romantically” or “the true love of a good woman.”

Repeat the incantation three times (preferably by wetting your fingers and using a candle snuffer). Allow the incense ashes to get on the tray, consider it magick and leave them there. Keep them near your home. If that isn’t practical, put the ashes into a potted plant inside your home.

Repeat the spell every day for five days. As the incense ashes get on the tray, consider it magick and leave them there. Keep them near your home. If that isn’t practical, put the ashes into a potted plant inside your home.

**Afterward**

Be mindful of the spell ingredients. Remember that their magickal vibrations are lingering only as long as you leave them there. You can wash it out of your system by casting the spell over the rocks and bones that you have cast the spell on. But expectantly for the spell to manifest itself in your life.

The spell is then complete.
to give, as well as on what you hope to complete. It is best begun five days in advance (use a calendar to time it). If you choose, it can be done at night rather than during the day.

Assemble the other spell ingredients that are pleasing to you.

Enter on the kind of love that you need. Love takes many forms, so it is important to be specific in love spells. If you fail to make a spell work, wind up with a new puppy instead. Visualize what you want, and

Open your hands. Hold them slightly to your sides with the palms facing upward, and chant this incantation:

*By Hera, by Rhea, by Olwen and Maia,*
*By Sarah, by Vara, by Oshun and Gaia,*
*By Goda, by Holda, by Allat and Inanna,*
*By Lada, by Mild, by Blathnat and Diana,*
*By Anahita, Esmerelda, Dictyna, and Ishhara,*
*By Cytherea, Syria Dea, Shekinah, and Ostara,*
*I declare myself ready to receive love!*

Alter the final line of the spell to reflect the type of love that you seek. This might be “romantic love,” “passionate love,” “the true love of a good woman,” or whatever is appropriate. Repeat the incantation three times, then extinguish the candle (preferably by wetting your fingers and pinching it out or by using a candle snuffer). Allow the incense to burn itself out, then ground the power that you raised.

Repeat the spell every day for five days. If candle wax or incense ashes get on the tray, consider them as adding to the magick and leave them there. Keep the tray in a place where you will often see it during the five days. Each time that you notice it, concentrate on the love that you wish to manifest in your life.

Disassemble the tray after you cast the final spell on the fifth day. Items that you wish to retain, such as the tray, should be washed in running water. Everything else should be buried near your home. If that isn’t practical, bury the charms in a potted plant inside your home.

**Afterward**

Be mindful of the spell ingredients you buried, and remember that their magickal vibrations are working. Know in your bones that you have cast the spell effectively, and wait patiently but expectantly for the spell to manifest.
Alphabet Spell

What would your ideal mate be like? Would you like to find that person? This spell helps you to define your search and, if that person exists, to invite her or him into your life.

The spell can be cast at any time, but it is best completed at the hour of Venus (midnight on a Friday night). If you hope for someone who was born under a certain astrological sign, cast the spell when the Sun or Moon is in that sign (an astrological almanac or calendar will have this information).

Use caution, as always, when working with fire. You will need:

- two sheets of nice paper
- a pen with green ink
- a fireproof container
- a green candle
- a vessel of water for fire safety

Optional:
seven sprigs of parsley

Preparation

Write the letters of the alphabet down the left margin of one sheet of paper: A-I on the front and J-Z on the back. When that is done, begin writing down all the attributes and qualities that you would like your ideal mate to have. List them alphabetically. Here are some examples, to give you an idea of how to get started:

A—attractive, attentive, ardent, able, affectionate
F—fit, fun, funny, faithful, financially secure
I—interesting, independent, industrious, has integrity
S—smart, sane, sober, single, serious, sexy, sophisticated

Focus, give this deep consideration, and be thorough. Include in your list qualities such as physical attributes, character traits, personality, philosophy, politics, positive terms instead of negative ones ("easygoing" rather than "not lazy"; "sensitive" rather than "not cold"; "optimistic" rather than "not pessimistic"; and so on). Include what you hope to receive from your mate, such as children, sexual satisfaction, or whatever else you hope to get.

When you've finished, put the sheets together and leave it there for a few days. Read through it a few times before you finalize the spell. If you want to add something new, write it out. If you want to remove something, cross it out. If you want to change your mind for any reason, cross it out. If you want to add something new, write it out, and repeat this step as often as you like.

The next step in the spell is to take the sheets and again write the alphabet down the left margin of one sheet of paper. When that is done, begin writing down all of your traits, quirks, attributes, and how you hope to be treated. Include everything that you hope to receive from your mate, such as children, sexual satisfaction, or whatever else you hope to get.

Place one sheet of paper on top of the other, and put them together. Put the papers away, and leave it there for a few days.

The Spell

Put the fireproof container on your altar, and place the sheets face down atop something that will not catch fire. Place the candle next to it. Put the sprigs of parsley around it, if you are using parsley, and encircle the container with...
Spell: 

What be like? Would you like to find her or him into your life. it any time, but it is best completed tight on a Friday night. If you hope under a certain astrological sign, cast Moon is in that sign (an astrologi­
s). when working with fire. You will

re safety
of parsley
alphabet down the left margin of one front and l-Z on the back. When that in all the attributes and qualities that nate to have. List them alphabetically.
, to give you an idea of how to get

- adroit, able, affectionate
- aloof, financially secure
- diligent, industrious, has integrity
- single, serious, sexy, sophisticated
- scription, and be thorough. Include as physical attributes, character traits, personality, philosophy, politics, sexuality, and so on. Use positive terms instead of negative ones (e.g. "hardworking" or "career-oriented" rather than "not lazy"; "secure" instead of "not jealous"; "easygoing" rather than "not a control freak"; "generous" instead of "not cheap"; and so on). Include everything that you hope to receive from your mate, such as companionship, security, children, sexual satisfaction, or whatever is important to you. Don't forget to specify that the person should be single.

When you've finished, put the paper away in a safe place, and leave it there for a few days. Rework your list at least three times before you finalize the spell. Keep using the same sheet of paper. If you change your mind about something, cross it out. If you want to add something, do so. Each human being is unique. When you have finished, your paper may be nearly empty, or it may be almost illegible because so many things have been written on it. Whatever the case, it's fine. This is your spell, so you craft it in your own way.

The next step in the spell is to take the other sheet of paper and again write the alphabet down its margins. This time list all of your traits, quirks, attributes, and characteristics. Take your time. Be thorough, be brutally honest, and include positive things as well as negative ones. Omit nothing. Be sure to include everything that you hope to offer your mate, such as love, laughter, adventure, companionship, fidelity, children, great sex, a good life, a happy home, or whatever.

Place one sheet of paper on top of the other, and fold them together. Put the papers away, and leave them in a safe place for a few days.

The Spell

Put the fireproof container on your altar or other working sur­face, atop something that will not scorch if the bottom gets hot. Place the candle next to it. Put the water within reach. If you are using parsley, plait or entwine its sprigs into a rough wreath, and encircle the container with it.
Get into a magickal mood. Open a window, and create sacred space in the area where you will be working. Light the candle, and raise power. Review the lists one last time, and make any final changes that you like.

Take the page that you have made for your potential mate, turn it sideways, and scrawl across each side of it, "Send me what I need." Take the other page, turn it sideways, and scrawl on each side, "Send what is needed."

Place one page on top of the other, and refold them together several times. Concentrate on what you hope the spell will achieve, touch the papers to the candle flame, and drop them into the container. Keep focused on your goal while you watch them burn, and say:

*So long as it will do no harm,*

*Lead us to each other's arms.*

*Love be deep, love be strong.*

*Love be true, and last long.*

Make sure that the smoke from the burning paper is wafting out of the open window. You can use your hands to fan the smoke in that direction if need be. Be mindful of fire safety. Keep close watch on the container until the paper has been entirely consumed, then pour water into it. Monitor the candle until it burns itself out, then ground power and clean up.

**Afterward**
Assume an attitude of positive expectation until the spell manifests. Accept invitations, go to new places, and welcome opportunities to meet new people. Remember that the pickier you have been, the longer the spell may take to work.
mood. Open a window, and create
here you will be working. Light the
Review the lists one last time, and
at you like.

I have made for your potential mate,
will cross each side of it, "Send me
her page; turn it sideways, and scrawl
is needed."

op of the other, and refold them
concentrate on what you hope the spell
papers to the candle flame, and drop
keep focused on your goal while you


Get into a magickal mood, and focus on your need. Lust and longing have different energy signatures, so be honest with yourself, and be clear about what you will be casting for. Raise power around that need. Concentrate on it, and form its raw emotion into a beam that you direct outward through your third eye. This is your call, which will draw someone to answer it. Say aloud:

I call from need, not from greed.
I call only that which will be good for me,
and do no harm to me or to others.

Mean it when you say this, because it is crucial to the ultimate success of the spell. The tricky part of this spell isn’t getting someone to respond, it’s getting the right person to answer. Form your projective hand into a “megaphone,” thus:

Hold it to your forehead over your third eye. Feel the power of your need and of the beam that directs your call. Envision the narrow beam radiating outward, like a sound wave, as it leaves your body. If it helps your visualization, picture the beam as
having a color or a sound. Amplify the power of the beam until it is strong enough to be sensed across your neighborhood, your town, or whatever calling area you have chosen.

Depending on where you are casting the spell, there will either be an arc of open space in front of you or a circle of open space around you. Slowly cover the entire open area with your beam, beginning and ending at the same point. Keep your hand to your third eye as you do this. If you hope that the person who answers your call will come from a particular direction, spend extra time focusing your beam there.

Sweep outward with your beam until you feel that your call has been fully transmitted. Ground the power that you raised, and leave that place. Eat something if you have trouble shaking off your magickal mood.

**Afterward**

This spell will manifest within ten days if your call has been strong enough. It will take longer or need to be repeated if you did not raise sufficient power.

Be open to new things while you are waiting for the spell to work. Break your habitual patterns. Do different things, and take advantage of opportunities to meet new people. If you have any preconceived notions about what the person who answers your call should look like, or be like, forget them. Be willing to be surprised, and wait expectantly.

If you have cast this spell twice, and two cycles of the Moon (two months) have passed without a response, it means that there is no one suitable in your calling area. Wait a few months and try the spell again, or go to a new location and cast it from there.

**Come Back to Me Spell**

Is there someone you would like to have back in your life? This spell is different from the others in the chapter because it does focus on a particular person. No matter what the reason for estrangement, it isn't ethical to force someone to come back. Rather, you should try to be ethical, however, to ask the Universe to help you find someone you might be meant to be together.

Whether it be a friend, lover, or member, the best way to end an estrangement is to be ethical. Make an overture of some sort (perhaps an apology), send a card, call or person out for coffee, have a heart-to-heart talk, or if there is some reason for avoiding the person, or if you have tried them without success, let them know you are casting a spell. If you are nervous about how the response might be received, you could cast this spell for a nonmagickal overture.

In order for this spell to be ethical, you must accept the will of the gods (the Universe). If you must have someone back in your life, you are to be reconciled. You must accept whatever type of reconciliation is meant to be, whether that be a warm friendship or a romantic relationship made to last. The best way to end an estrangement is to transcend their refusal to be reconciled. You must try to impose your will upon someone or something in order for the spell to work. If you are nervous about the response you receive, you could invoke a nonmagickal overture.

The spell invokes the god of the dead, who is said to always listen carefully to your needs and desires. The spell can be cast at any time but should be cast on the night of a Full Moon. You will need:

- a pentacle or pentagram (Any type of dessin symbol drawn on a piece of paper)
- a red candle
- a carving tool
amplify the power of the beam until ensed across your neighborhood, ling area you have chosen.
ou are casting the spell, there will e in front of you or a circle of open er the entire open area with your ng at the same point. Keep your ou do this. If you hope that the all will come from a particular direc­ising your beam there.
our beam until you feel that your ited. Ground the power that you . Eat something if you have trouble mood.
within ten days if your call has been longer or need to be repeated if you ver.
while you are waiting for the spell al patterns. Do different things, and unities to meet new people. If you options about what the person who look like, be like, forget them. Be d wait expectantly.
spell twice, and two cycles of the passed without a response, it means e in your calling area. Wait a few ain, or go to a new location and cast

The Solitary Witch

focus on a particular person. No matter what the cause of an estrangement, it isn't ethical to force someone's return. It is ethical, however, to ask the Universe to reunite you if you are meant to be together.

Whether it be a friend, lover, spouse, colleague, or family member, the best way to end an estrangement is usually non-magickal. Make an overture of some sort: apologize (or accept that person's apology), send a card, send flowers, invite the person out for coffee, have a heart-to-heart talk, and so on. But if there is some reason for avoiding these obvious methods, or if you have tried them without success, you could cast this spell. If you are nervous about how your attempt at reconciliation might be received, you could cast it as a prelude to making a non-magickal overture.

In order for this spell to be ethical, you must be willing to accept the will of the gods (the Universe) as to whether or not you are to be reconciled. You must also be willing to accept whatever type of reconciliation is offered. For example, the door to a romantic relationship may be closed, but the door to a warm friendship could open instead. If you use this spell to try to impose your will upon someone else, it is more likely to backfire horribly upon you than it is to work in the way you desire.

The spell invokes Forseti, a Norse god whose dominion includes reconciliation as well as mediation and arbitration. He is said to always listen carefully to both sides in any disagreement, and he is noted for the fairness of his decisions. The spell can be cast at any time, but it is most powerful on the night of a Full Moon. You will need:

- a pentacle or pentagram (Any type will do, even the symbol \( \bigstar \) drawn on a piece of paper.)
- a red candle
- a carving tool
enough dried red or pink beans to outline the pentacle (These can be found in grocery stores.)
pictures and items that connect you with or remind you of the person you wish to be reconciled with (If you don’t have any, write the person’s name with red ink on pieces of paper and use them instead.)
Optional: a rose quartz
Optional: music that reminds you of this person

Preparation
Think about the person you want back. Concentrate on what you miss about him or her, and why you would like the two of you to be reconciled. Don’t focus on what went wrong with your relationship, though, because you might be very much mistaken about what caused your estrangement. Instead, think about the benefits that a reunion would be likely to bring to each of you.

Identify and collect every object you possess that connects you and this person to each other. These might include such things as letters, photographs, gifts, books, souvenirs, items of clothing, e-mails, theater programs, and the like.

The Spell
Gather the spell ingredients. Carve the person’s name or initials into the candle. If you are using music, turn it on (or begin to hum or sing it, if you prefer). Get into a magickal mood, and create sacred space around the area where you will be working.

Place the pentacle on your altar or other working surface, and put the candle in the center of the pentacle. Working deosil, place the beans around the circle of the pentacle. Arrange all the small items that connect the two of you around the pentacle; place any large items on or near the altar. If you are using a rose quartz, place it on the pentacle near the candle.

Raise power, and light the candle on healing the rift in your relationship. Open your arms wide and say:

As these words aloud are spoken
Repair the ties that have been broken
If it will harm none, and is meant for healing
Forseti, please bring ______ back to me
If it be in accord with the Universe
Restore ______ to me with this ritual
Forseti, He Who Stills All Strife
Please return ______ to my love
As these words aloud are spoken
Heal the bond that has been broken

Concentrate on welcoming this person back, and you monitor the candle until it burns down. Ground the power that you raised, and willing to accept whatever outcome occurs. Clean up. Package all the materials you used for this spell. Put them away and use for two full cycles of the Moon (two weeks), or until the signs of your reconciliation has manifested. If you used a rose quartz, place it on the altar as a charm during this period. Should anything pass without any movement of this power, be accepted that reconciliation does not occur at this time.
Think beans to outline the (beans to outline the be found in grocery stores.)

Connect you with or remind wish to be reconciled with (If write the person's name with paper and use them instead.)

If it reminds you of this person

You want back. Concentrate on what and why you would like the two to focus on what went wrong with because you might be very much your estrangement. Instead, think

Think of an object you possess that connects each other. These might include such as:

gifts, books, souvenirs, items of programs, and the like.

Carve the person's name or initials using music, turn it on (or begin prayer). Get into a magickal mood, around the area where you will be.

Your altar or other working surface, near the pentacle. Working deosil, circle of the pentacle. Arrange all the item two of you around the pentacle; or near the altar. If you are using a pentacle near the candle.

Raise power, and light the candle. Focus on the person and on healing the rift in your relationship. As the candle burns, open your arms wide and say,

As these words aloud are spoken,
Repair the ties that have been broken.
If it will harm none, and is meant to be,
Forseti, please bring ______ back to me.
If it be in accord with the Universe,
Restore ______ to me with this verse.
Forseti, He Who Stills All Strife,
Please return ______ to my life.
As these words aloud are spoken,
Heal the bond that has been broken.

Concentrate on welcoming this person back into your life, as you monitor the candle until it burns itself out. When it stops burning, ground the power that you raised. You should feel calm, and willing to accept whatever outcome the spell will have.

Clean up. Package all the personal items that you gathered for this spell. Put them away with the beans in a safe place for two full cycles of the Moon (two months), or until the spell has manifested. If you used a rose quartz, keep that with you as a charm during this period. Should two cycles of the Moon pass without any movement of this person back to you, it must be accepted that reconciliation does not seem to be the will of the gods at this time.
Life Enhancement

Magick is not a substitute for locking doors, consulting doctors, earning a living, or working on relationships. You can, however, enrich your life by using magick to attract the subtle energies that bring blessings such as abundance, prosperity, fertility, peace, and happiness.

Home Blessing Spell

Blessing your home helps to protect it and everyone who lives there. It attracts positive energy, such as friends and prosperity, and averts negative energy, such as unwanted visitors and negative entities and elementals. Blessing the home draws blessings to its inhabitants. We can all use all the blessings that we can get, so cast this spell as often as you like. Use it for a house, an apartment, or even a temporary home such as a dorm room. The spell invokes the Goddess in her triple aspect as Maiden, Mother, and Crone. That reflects the lunar phases of Waxing Moon, Full Moon, and Waning Moon, so this spell can be cast at any time. You will need:

- water (Spring water, rain water, or any other type of holy water is great, but ordinary tap water is fine.)
- salt (Sea salt is best, but ordinary table salt will do.)
- a vessel, such as a chalice or bowl (You will be aspersing your entire home with the water from this vessel, so choose one that will hold enough water for the operation.)
- three sprigs of fresh herbs (Rosemary is best, sage is good, but use whatever herbs are available to you.)
- blue or white ribbon (Substitute whatever you have on hand, if needed—even a rubber band will do.)

**Preparation**

Use the ribbon to tie the stems of the herbs together. Do this any way you like, but tie them securely and leave the leafy ends free.

**The Spell**

Get into a magickal mood. Assemble the spell ingredients, and create sacred space around the place where you will be working. Fill the vessel two-thirds full with water, and raise power.

Hold the vessel up with both hands. Regard the water, which will be vibrating slightly, and visualize it as a medium for the transference of magickal power. Do this in any way you like, such as by imagining the water suffused with light from within. Put the vessel down, and add a large pinch of salt to it. Use the bundle of herbs to stir the water deosil as you focus on your home and on drawing blessings to it. Think about the blessings you wish to attract. Visualize them reaching every member of the household, including pets.

When you feel that the water has been charged with your intent, carry it and the herb bundle to your front door. Hold the vessel in your receptive hand and the herbs in your projective hand. Dip the herbs in the water when you get to the door, and use them to draw a pentagram ((SDL) on the back of the door. As you do this, say:

_Goddess powerful, Goddess trine,
Grant blessings to this home of mine._

Dip the herbs in the water, and stir water by the door, as you again say:

_Goddess powerful, Goddess trine,
Grant blessings to this home of mine._

Proceed deosil through your entire home with the herbs. Repeat the dipping, the stirring, and the focusing spell, so that's entirely up to you. If you have closets, hallways, and stairs in your house—do it. Don't forget the sun room, or attached garage, if you have one.

Work your way deosil through the house, and back at your front door. Open it, and close the door. Spell a final time as you draw a pentagram on the back of the door.

Go back inside, and ground the spell. The herbs should feel good, and be in a very powerful place in your home. If any water remains in the vessel, return it down a drain. Wash the vessel and the herbs in clear water, and use them again.

**Variations**

When there is a specific need or project, you can alter the spell as required by altering the words. Wordings might include: make happy, make secure, bless with health, make prosperous, make harmonious, and so on.

**Abundance**

Abundance is the state of plentitude, your basic needs fulfilled. Bread may be placed on the table, and abundance spreads some jam on it.
Dip the herbs in the water, and shake them to sprinkle a bit of water by the door, as you again say:

_Goddess powerful, Goddess trine,
Grant blessings to this home of mine._

Proceed deosil through your entire home, carrying the vessel and the herbs. Repeat the dipping, the sprinkling, and the spell in every room. You may wish to do this once in each room, or to asperge every corner of every room. This is your home and your spell, so that's entirely up to you. If you wish to asperge places such as closets, hallways, and staircases, or things such as a bed, desk, or fireplace—do it. Don't forget the basement, attic, sun room, or attached garage, if your home has any of these.

Work your way deosil through your home, until you are back at your front door. Open it, step outside, and repeat the spell a final time as you draw another pentagram on the exterior of the door.

Go back inside, and ground the power that you raised. You should feel good, and be in a very positive frame of mind. If any water remains in the vessel, return it to the Goddess by pouring it down a drain. Wash the vessel, and discard the ribbon. Rinse the herbs in clear water, and use them fresh or dried in cooking.

**Variations**

When there is a specific need or problem, customize this spell as required by altering the words "grant blessings to." Variant wordings might include: make happy, bless with love, make secure, bless with health, make prosperous, bless with peace, make harmonious, and so on.

_**Abundance Spell**_

Abundance is the state of plentitude, of having more than just your basic needs fulfilled. Bread may be the staff of life, but abundance spreads some jam on it. Most cultures have had
gods and goddesses who rule abundance, and this spell invokes many of them. You will need:

- a green candle
- an orange
- a piece of bread (A chunk of bread ripped from a fresh loaf is best, but even a slice of commercial bread will work.)
- a dish of salt
- your wallet, or whatever you usually keep your money in

Preparation
Cut the orange into quarters. Hold the candle by its wick with your receptive hand. Use your projective hand to slowly rub the orange on it until the whole candle is glistening with juice. Set the candle down in an upright position, and allow it to dry.

The Spell
Gather the spell ingredients. Get into a magickal mood, and create sacred space around the area where you will be working. Focus on abundance, and raise power. Concentrate on what abundance means to you, and what welcome changes it might bring to your life. Remember that abundance takes other forms besides money: an abundance of friends, love, health, or blessings is often more valuable than money.

Place the candle on your altar or other working surface, and position the bread and salt in front of it. Place your wallet to its right. Light the candle. Sprinkle a large pinch of salt over the bread and a smaller pinch over your wallet.

Open your hands and hold them, palms up, on either side of the burning candle. Move your hands gently to direct the smoke from the candle toward yourself as you intone this incantation. Don’t worry about pronunciation, and instead concentrate on the power and the

As you chant them aloud:

- By the bread of Isis
- And the salt of Sulis,
- By the fruit of Nikkal
- And the purse of Cernunnos.
- I welcome abundance into my life:
  Abundantia, Habondia,
  Andarta, Inanna, Rosmerta
  Nehaleinna, Nantosuelta,
  Damona, Epona, Concordia.

Place the candle on your altar or other working surface, and position the bread and salt in front of it. Place your wallet to its right. Light the candle. Sprinkle a large pinch of salt over the bread and a smaller pinch over your wallet.

Open your hands and hold them, palms up, on either side of the burning candle. Move your hands gently to direct the smoke from the candle toward yourself as you intone this incantation. Don’t worry about pronunciation, and instead concentrate on the power and the as you chant them aloud:

- By the bread of Isis
- And the salt of Sulis,
- By the fruit of Nikkal
- And the purse of Cernunnos.
- I welcome abundance into my life:
  Abundantia, Habondia,
  Andarta, Inanna, Rosmerta
  Nehaleinna, Nantosuelta,
  Damona, Epona, Concordia.

Feel the palms of your hands grow warm, and perceive a sphere of energy in each. As you perceive, name that feeling securely in your memory. Eat the food and becoming a part of you.

When the candle is spent, get raised. You should feel good after concentrating on welcoming abundance the way down. Feel the energy of the food and becoming a part of you.

Clean up the candle.
concentrate on the power and the beauty of these ancient names as you chant them aloud:

*By the bread of Isis*
*And the salt of Sulis,*
*By the fruit of Nikkal*
*And the purse of Cernunnos,*
*I welcome abundance into my life.*
*Abundantia, Habondia,*
*Andarta, Inanna, Rosmerta,*
*Nehalennia, Nantosuelta,*
*Damona, Epona, Concordia!*
*By Inanna’s storehouse*
*And Nehalennia’s dog,*
*By the Dagda’s cauldron*
*And Cobia’s cornucopia,*
*Abundantia, Habondia,*
*Andarta, Inanna, Rosmerta,*
*Nehalennia, Nantosuelta,*
*Damona, Epona, Concordia!*
*I command abundance*
*To descend upon my life.*

Feel the palms of your hands grow warm, and perhaps even perceive a sphere of energy in each hand. Whatever sensation you perceive, name that feeling “abundance,” and hold it securely in your memory. Eat the bread and the orange. Concentrate on welcoming abundance while the candle burns all the way down. Feel the energy of the spell entering you with the food and becoming a part of you.

When the candle is spent, ground the power that you raised. You should feel good after casting this spell, energized and in a positive mood. Clean up, and discard the remains of the candle.
Afterward
Don’t expect instant results, such as winning the lottery the week after you cast the spell. This is a spell that works through you and brings material improvement in your circumstances because it changes your attitude and your expectations. In the months that follow your casting this spell, you should begin to see improvements that gradually create more comfort in your life.

To keep the spell’s magick flowing, eat some bread and salt and oranges from time to time while focusing on making abundance welcome in your life. Keep bright the memory of the feeling that you named “abundance.” Open your hands to the Universe, palms up, and accept blessing.

\[\text{Chalice of Fertility Spell}\]

Fertility can apply to human beings, plants, animals, ideas, creativity, plans, businesses, and anything else that has the ability to grow or reproduce. Whether you call her Danu, Allat, Cybele, Isis, Ishtar, Demeter, Anahita, Inanna, or another of her many names, the Great Mother Goddess is the prime deity who rules fertility. Use this spell to invoke her blessing upon anyone or anything that would benefit from more fertility—but only on a person who has requested magickal assistance.

The spell can be cast any time there is reasonably good weather. You will need:

\[
\begin{align*}
\bullet & \text{ coconut milk (Cow's milk may be substituted.)} \\
\bullet & \text{ a chalice (Any goblet will do, but one dedicated to magickal usage is best.)} \\
\bullet & \text{ a stick of your favorite incense}
\end{align*}
\]

Preparation
Spend time with the Moon on three consecutive nights. As you gaze at the Moon, meditate on the Mother Goddess and the many blessings that she provides for human beings and our planet. You need to feel close to the Moon whenever possible, and so do this for more than a week.

The Spell
Get into a magickal mood. Fill the chalice and take it outside. Light the incense. Raise power, and create sacred space where you will be working.

Concentrate on the Mother and focus on you. Pour a libation of coconut milk, as you say:

\[
\text{Your love is poured out upon the Great Mother, please bless ______.}
\]

Fill in the blank with whatever you feel is appropriate for your purpose. The spell might be directed to fertility. It might be “my loins,” “our company,” or whatever describes what you are trying to accomplish. You can pour out the whole libation in various places as you repeat the spell.

Remain in the place where you poured the libation. Wait patiently but expectantly for the spell to work, so do this for more than a week.

Afterward
Wait patiently but expectantly for the spell to work, so do this for more than a week.

\[\text{Ode to Joy}\]

Joy is the state beyond happiness—a feeling of being, total body and mind sensation that goes beyond your ordinary self. It may be hard to determine what you have all experienced joy. This sp...
such as winning the lottery the week is a spell that works through you ment in your circumstances because d your expectations. In the months this spell, you should begin to see ly create more comfort in your life. gick flowing, eat some bread and to time while focusing on making life. Keep bright the memory of the undance.” Open your hands to the accept blessing.

**Fertility Spell**

In beings, plants, animals, ideas, crend anything else that has the abil-whether you call her Danu, Allat, ter Anahita, Inanna, or another of Mother Goddess is the prime deity spell to invoke her blessing upon you’d benefit from more fertility—has requested magickal assistance. any time there is reasonably good milk may be substituted.) ill do, but one dedicated to ) incense

on three consecutive nights. As you on the Mother Goddess and the provides for human beings and our planet. You need to feel close to the Mother in order for this spell to work, so do this for more than three nights if you need to.

**The Spell**

Get into a magickal mood. Fill the chalice with coconut milk and take it outside. Light the incense and stick it in the ground. Raise power, and create sacred space around the area where you will be working.

Concentrate on the Mother, and on drawing her blessings to you. Pour a libation of coconut milk on the bare ground, as you say:

*Your love is poured out upon the earth.*

*Great Mother, please bless _______.*

Fill in the blank with whatever you wish to have blessed with fertility. It might be “my loins,” “her womb,” “this orchard,” “our company,” or whatever describes your specific intent. You can pour out the whole libation in one place, or offer it in various places as you repeat the spell.

Remain in the place where you poured the libation until the incense finishes burning. Don’t allow anything to break your magickal mood as you visualize the power of fertility working in the place or person you have focused it toward. Ground the power that you raised after the incense burns itself out.

**Afterward**

Wait patiently but expectantly for the spell to manifest. Regard the Moon whenever possible, and smile with the secret knowl-edge that your spell is at work.

**Ode to Joy Spell**

Joy is the state beyond happiness, an exhilarating lightness-of-being, total body and mind sensation that takes you beyond your ordinary self. It may be hard to recall it sometimes, but we have all experienced joy. This spell helps you to remember
what it felt like to be transported by joy, to recapture that feeling, and to keep it close to you. You will need:

- an orange candle
- amber or jasmine incense
- a recording of Beethoven's Ninth Symphony (If you do not care for this piece of music, or cannot obtain it, substitute another for it. Choose a song or other piece of music that is joyful to you.)

The Spell
Get into a magickal mood, and burn the candle while listening to the symphony. Create sacred space for the working. Raise power. Meditate on your joys and sorrows with your focus on all that is or has ever been joyful to you. Recall the most joyous moments of your life and exactly how you felt while experiencing them. Visualize that feeling as a crystal, a ray of light, or whatever image makes sense to you. Hold it next to your heart, and in your mind.

Light the incense from the candle when the "Ode to Joy" (the operatic part of the symphony) begins. Allow yourself to be flooded with joy as you listen to the soaring music. Visualize the music and the incense smoke undulating around your feeling of joy, entwining with it, and fusing with it. Be one with that feeling. If you are moved to cry, dance, sing, shout, or do something else, go ahead and do it.

Enjoy the music until it ends. Visualize taking the feeling of joy and putting it in a safe place, such as a crystal cave or a secret garden, from which you can retrieve it any time you like. When the joy has been safeguarded, extinguish the candle, and ground the power that you raised.

You should feel great, jazzed up, and energized after casting this spell. Have something to eat or drink to help ground yourself, if you have trouble returning to ordinary consciousness.

Afterward
You may need to repeat the spell many times. At some point your association of music, the smell of that incense, and the candle burning will become one with you.

When this happens, any one of them will enable you to feel your joy.

--- Protective Shield---
Janus (pronounced Jayn-us or Yay: in Roman mythology, god of beginnings and endings, entrances, exits, thresholds, the first day of the year, January, named for him. He can be invoked to protect perimeters, people, and property. Mentions what the spell can do: shield of protection around you. Hence you can then safely leave doors unlocked or do anything foolish.

This protection spell can be cast powerfully cast at dawn or dusk on

You will need:

- four rocks of the same approximate size to have shapes that will allow inscriptions drawn on both sides of each rock that both sides are visible when displayed. Smooth rocks will be easier to write on; smaller ones if you will be placing them smaller ones if you will be using grains of wheat (bulgur, sprouted wheat, or even wheat flour mixed with salt (Kosher salt is best, but ordinary table salt is fine).
He SOLITARY WITCH

dusted by joy, to recapture that feel­
out. You will need:

\[ \text{case} \]

\[ \text{Beethoven’s Ninth Symphony (If you} \]

\[ \text{listening, or cannot obtain} \]

\[ \text{it. Choose a song or other} \]

\[ \text{music.}) \]

\[ \text{and burn the candle while listen­} \]

\[ \text{ing space for the working. Raise} \]

\[ \text{sorrows with your focus on} \]

\[ \text{it. Hold on to it tightly. Keep} \]

\[ \text{mind.} \]

\[ \text{the candle when the “Ode to Joy”} \]

\[ \text{phrase begins. Allow yourself to} \]

\[ \text{listen to the soaring music. Visual­} \]

\[ \text{ize smoke undulating around your} \]

\[ \text{body and fusing with it. Be one with} \]

\[ \text{it to cry, dance, sing, shout, or do} \]

\[ \text{and do it.} \]

\[ \text{This ends. Visualize taking the feeling} \]

\[ \text{to place such as a crystal cave or a} \]

\[ \text{place.} \]

\[ \text{guarded, extinguished the candle, and} \]

\[ \text{raised.} \]

\[ \text{azed up, and energized after cast­} \]

\[ \text{ing to eat or drink to help ground} \]

\[ \text{returning to ordinary consciousness.} \]

\[ \text{Life Enhancement} \]

\[ \text{Afterward} \]

\[ \text{You may need to repeat the spell many times to achieve this, but} \]

\[ \text{at some point your association of the sound of that piece of} \]

\[ \text{music, the smell of that incense, and the sight of that color} \]

\[ \text{candle burning will become one with your memory of joy.} \]

\[ \text{When this happens, any one of them will become a trigger that} \]

\[ \text{enables you to feel your joy.} \]

\[ \text{Protective Shield of Janus} \]

\[ \text{Janus (pronounced Jayn-us or Yayn-us) is the double-faced} \]

\[ \text{Roman god of beginnings and endings. His dominion includes} \]

\[ \text{entrances, exits, thresholds, the first day of each month, and} \]

\[ \text{the first day of the year. January, the first month of the year, is} \]

\[ \text{named for him. He can be invoked to protect portals, passages,} \]

\[ \text{perimeters, people, and property. Be reasonable in your expec­} \]

\[ \text{tations of what the spell can do, though. Placing a psychic} \]

\[ \text{shield of protection around your home does not mean that} \]

\[ \text{you can then safely leave doors unlocked, ignore needed repairs,} \]

\[ \text{or do anything foolish.} \]

\[ \text{This protection spell can be cast at any time, but it is most} \]

\[ \text{powerfully cast at dawn or dusk on the first day of a month.} \]

\[ \text{You will need:} \]

\[ \text{four rocks of the same approximate size (They need} \]

\[ \text{to have shapes that will allow images of Janus to be} \]

\[ \text{drawn on both sides of each rock and be shaped so} \]

\[ \text{that both sides are visible when they are set down.} \]

\[ \text{Smooth rocks will be easier to work with. Use larger} \]

\[ \text{rocks if you will be placing them outdoors and} \]

\[ \text{smaller ones if you will be using them indoors.)} \]

\[ \text{a permanent felt-tip pen} \]

\[ \text{Optional:} \]

\[ \text{grains of wheat (bulgur, wheat germ,} \]

\[ \text{sprouted wheat, or even wheat flour would do) mixed with} \]

\[ \text{salt (Kosher salt, sea salt, or rock salt is} \]

\[ \text{best, but ordinary table salt is fine.)} \]
Preparation

Janus is usually depicted as a mature man with short curly hair and a curly beard. Draw his face in profile (as on a coin) on both sides of each rock. Make a left-facing image on one side and a right-facing image on the other. Your artistic ability or accuracy in depicting Janus isn’t important; the power of your intent is. As you draw each image say aloud, “This is Janus.” Mean it when you say it. Believe it, and it will be Janus.

Put the rocks on your altar or in some other place of honor. Wheat and salt are a traditional offering to Janus. If you are using them, mix them together, and work deosil to spread them around the rocks as an offering.

Next, decide where to place the rocks to create your shield. They could be positioned indoors in the four corners of your house or apartment, or they could be placed outdoors at the four corners of your house, yard, or property. Select four spots to position the rocks. The locations should represent the cardinal points as closely as possible. You can do this mentally, or by physically locating the positions.

The Spell

Get into a magickal mood, and collect the rocks. Create sacred space around them, yourself, and the area where you will be working. Raise power. Focus on Janus until you feel a connection with him. Speak to him in your mind, and ask him to charge the rocks with his powers of protection. Handle the rocks while you do this. Concentrate on charging them until you can almost perceive them glowing or vibrating with power.

Hold your hands over them and say:

*Powers of Janus, powers of rock,*
*Through the year, around the clock,*
*Protect us better than a lock.*
*Powers of Janus, powers of stone,*

Across, about, between, together.
Protect all that is our own.

When the rocks are sufficiently charged in the positions that you have chosen, recite the words of the spell continuously while you place the second rock, visualizing (or whatever image works for you) and second rocks. Build this image of rocks until the force field covers the interior, or exterior of your home or property. If placed outdoors, gather up the wheat and salt over the stones as an offering that you raised.

Afterward

To keep this spell activated, periodically tend the rock formation of the force field. Tend the rocks by dusting them, clearing leaves or soil, or whatever is needed to keep the image strong.

*Seven Blessings Water*

Different witches have different ways of blessing water for various magickal purposes. This batch makes, one that attracts positive energy and makes one of these bottles for yourself each year. Give the rest as gifts, for each one you make:

+ a bottle with a tight-fitting cork
+ a pentacle or pentagram (Any symbol you desire drawn on a piece of paper)
+ a white candle
+ white sugar
+ white salt
THE SOLITARY WITCH

Across, about, between, together, alone,
Protect all that is our own.

When the rocks are sufficiently charged, begin placing them in the positions that you have chosen for them. Repeat the words of the spell continuously while you do this. As soon as you place the second rock, visualize a force field or laser light (or whatever image works for you) shooting between the first and second rocks. Build this image as you place the rest of the rocks until the force field covers the entire perimeter, exterior or interior, of your home or property. If the rocks have been placed outdoors, gather up the wheat and salt and sprinkle them over the stones as an offering to Janus. Ground the power that you raised.

Afterward
To keep this spell activated, periodically renew your visualization of the force field. Tend the rocks from time to time by dusting them, clearing leaves or snow from them, or doing whatever is needed to keep the images of Janus visible.

- Seven Blessings Witch’s Bottle -
Different witches have different ways of making witch’s bottles for various magickal purposes. This is the type of bottle that I make, one that attracts positive energies to the home. Whether you make one of these bottles for yourself, or make several and give the rest as gifts, for each one you will need:

- a bottle with a tight-fitting cork or cap
- a pentacle or pentagram (Any type will do, even the symbol ☾ drawn on a piece of paper.)
- a white candle
- white sugar
- white salt
• herbs for each of seven blessings (See below. Rosemary corresponds to all of the blessings, so it may be substituted for any or all of them.)
• a spoon or funnel

Preparation
Gather all of the spell materials. Get into a magickal mood, and create sacred space around the area where you will be working. Focus on the blessings you want the bottle to attract to the home and to those who live there.

Fill the bottle one-third full with salt. Use a spoon to fill a bottle with a wide opening or a funnel to fill one with a narrow neck. Tap the bottle a bit on your altar or other working surface to firmly settle the salt.

Add at least one spoonful of one or more dried herbs for each of these seven blessings: health, happiness, love, prosperity, peace, protection, and good fortune. Add several spoonfuls of each herb if you are using a large bottle. Be sure to use only thoroughly dried herbs, so that they do not ruin your witch’s bottle by spoiling. Add the herbs carefully, so that they form distinct layers. Any ingredients that are too large to pass through your bottle’s neck may be ground, shattered, chopped, or reduced in size in another way.

Use whichever herbs correspond to these blessings in your mind, culture, or magickal tradition. Alternately, use herbs from the following list of correspondences:

**Health:** caraway seeds, eucalyptus leaves, ginger, juniper berries, pine needles, rose hips, sunflower petals or seeds, thyme

**Happiness:** baby’s breath, cedar chips or shavings, fir needles, marigold petals, marjoram, orange peel, oregano, savory

**Love:** cardamom pods or ground cardamom, carnation petals, cinnamon chips or ground cinnamon, coriander

**Prosperity:** acorns, allspice, almond, oak leaves, oats, poppy seeds

**Peace:** basil, catnip, lavender, lemon leaves, rosemary, violets

**Protection:** angelica, black beans, black peppercorns, thistles

**Good Fortune:** ash leaves, bay leaves, powdered cumin, dill seeds or nutmeg, vanilla beans

Concentrate on each blessing as you add the herbs and attract it to the bottle. Visualize the blessings building as each ingredient is added.

Each bottle will be unique. You might put a layer of green eucalyptus leaves on top, then a layer of mixed orange peels and with a layer of rose petals on top of that followed by layers of black peppercorns. It is also possible that your bottle might have a thick layer of rosemary between the layers, with a rosemary branch in its center with petals or leaves around it.

Use whatever herbs are available in your selection, create a bottle that is pleasurable to the eye and magickally powerful. The bottle should be filled. Pour sugar over the herbs until it is filled. Tap it a few times to help the spell along, if needed. Handle the bottle carefully.
THE SOLITARY WITCH

blessings (See below. to all of the blessings, so it any or all of them.)

Materiałs. Get into a magickal mood, the area where you will be work-you want the bottle to attract to the we there.
d full with salt. Use a spoon to fill ning or a funnel to fill one with a e a bit on your altar or other work-

of one or more dried herbs for ngs: health, happiness, love, pros-

Add several spoon-
e using a large bottle. Be sure to use herbs so that they do not ruin your Add the herbs carefully, so that they ingredients that are too large to pass may be ground, shattered, chopped, her way.
correspond to these blessings in your al tradition. Alternately, use herbs correspondences:

- eucalyptus leaves, ginger, juniper rose hips, sunflower petals or
- cedar chips or shavings, fir tails marjoram, orange peel,
-ground cardamom, carnation ps or ground cinnamon, coriander seeds, hibiscus flowers, linden flowers, mint, rose petals, willow leaves or bark

Prosperity: acorns, allspice, almonds, banana chips, cloves, oak leaves, oats, poppy seeds, rice, saffron threads, sage

Peace: basil, catnip, lavender, lemongrass, olive branches or leaves, rosemary, violets

Protection: angelica, black beans, cactus needles, garlic powder or garlic salt, nettles, ground black pepper or black peppercorns, thistles, thorns

Good Fortune: ash leaves, bay leaves, cumin seeds or powdered cumin, dill seeds or leaves, whole or ground nutmeg, vanilla beans

Concentrate on each blessing as you add the herb that will attract it to the bottle. Visualize the bottle's magickal power building as each ingredient is added.

Each bottle will be unique. Yours might, for example, have a layer of green eucalyptus leaves on top of the salt. There might be a layer of mixed orange peels and marigold petals atop that, with a layer of rose petals on top of it. A layer of ground sage might come next, then a layer of lavender. They might be followed by layers of black peppercorns and powdered cumin. It is also possible that your bottle might contain nothing but a thick layer of rosemary between the salt and the sugar, or have a rosemary branch in its center, with the salt and sugar poured around it.

Use whatever herbs are available to you. If you have a wide selection, create a bottle that is pleasing to your eye as well as magickally powerful. The bottle should be at least half full when you finish adding the herbs.

Pour sugar over the herbs until the bottle is completely filled. Tap it a few times to help the sugar settle, and add more if needed. Handle the bottle carefully, so that the herbs remain
in layers as much as possible. Close the bottle. Cover it tightly to seal in the magick, and place it in the center of the pentacle. Position the candle at the top point of the pentacle.

The Spell
Raise power, and light the candle. Wrap your hands around the bottle, and charge it with the power of your intent. Clearly visualize the blessings that the bottle is meant to attract. Pick up the candle, and begin to drip its wax over the top of the bottle, as you say:

*With health and happiness, enchanted be.*
*With love and prosperity, enchanted be.*
*With peace and protection, enchanted be.*
*With good fortune, enchanted be.*
*Whether placed in house or yard,
Make life better, and less hard.*

Keep dripping wax over the top of the bottle until the candle is spent. Allow the wax to form a thick seal over the bottle’s opening and to drip down its sides. The bottle should look very witchy by the time you finish.

Once the wax has hardened, bury the bottle in the yard or secrete it inside the house. The back of a closet near the front door is a good indoor place to put it. If you have a large potted plant, you could bury the bottle in its soil. Keep the bottle in an upright position, so that the layers of herbs will not mix together too much. While you bury or hide the bottle, say repeatedly:

*Make life better, and less hard.*

Ground power after the bottle is buried or hidden, and clean up.

Afterward
Renew the bottle’s magick from time to time by focusing on it and saying, “Blessed be this home with health, happiness, love, prosperity, peace, protection, and good fortune.”

Should you move, you will have to recast the spell. Make sure the witch’s bottle is taken with you or emptied and hidden, or it will ruin its neat layers of herbs and magickal potency. Recast the spell if you are alone or mentally if others are present.

Variations
This same technique can be used to make a number of witch’s bottles. You could make offerings by using herbs or charms that correspond to different blessings. If a certain blessing is particularly important to you, you could make a bottle whose herbs match that particular blessing.

### Seven Blessings Bouquet Garni
A *bouquet garni* is a small bundle of herbs that is added to soup or stew while it cooks to flavor the dish. A magickal bouquet garni will draw its power from the food it was cooked in. To make one:

- a six-inch square of new cheesecloth
- kitchen string
- 1 tsp each of the following fresh herbs:
  - thyme (for health), marjoram (for happiness), coriander seeds (for prosperity), basil or rosemary (for protection)
  - 1/8 tsp black peppercorns (for protection) and 1/8 tsp white peppercorns (for good fortune)
Close the bottle. Cover it tightly and place it in the center of the pentacle. Wrap your hands around the bottle until the candle is lit and then wrap them around the power of your intent. Clearly state what the bottle is meant to attract. Pick a small drip of wax over the top of the bottle and recast the spell if you are alone or mentally if others are present.

Should you move, you will have to decide what to do with the witch's bottle. A buried bottle can be left behind to bless the new inhabitants of the home, or it can be unearthed and taken with you to your new home. A bottle that was not buried should be taken with you or emptied and discarded. Moving a bottle will ruin its neat layers of herbs, but that will not diminish its magickal potency. Recast the spell if you install an old bottle in a new home.

Variations
This same technique can be used to make many different kinds of witch's bottles. You could make one to attract different blessings by using herbs or charms that correspond to those blessings. If a certain blessing is particularly sought, such as healing, you could make a bottle whose herbs all correspond to that blessing.

Seven Blessings Bouquet Garni
A bouquet garni is a small bundle of herbs that is added to a soup or stew while it cooks to flavor it and then removed. A magickal bouquet garni will draw its blessings to everyone who eats the food it was cooked in. To make one you will need:

+ a six-inch square of new cheesecloth
+ kitchen string
+ 1 tsp each of the following fresh or dried herbs:
  - thyme (for health), marjoram or savory or oregano (for happiness), coriander seeds (for love), sage (for prosperity), basil or rosemary (for peace), black peppercorns (for protection), and a bay leaf (for good fortune)
Preparation
Gather all of the spell ingredients. Get into a magickal mood, and create sacred space around the area where you will be working. Place the cheesecloth flat on your working surface, and put one spoonful of each herb in its center. While you do this, focus on the blessings that each herb will attract and say:

*With health and happiness, enchanted be.*
*With love and prosperity, enchanted be.*
*With peace and protection, enchanted be.*
*With good fortune, enchanted be.*
*Simmered in soup or another food,
Let all who eat it receive good.*

Gather the corners of the cheesecloth and form it into a bundle around the herbs. Tie it tightly with the string.

A bouquet garni made with fresh herbs should be used immediately. One made with dried herbs has the same shelf life as its contents, so any number of these may be made at the same time and stored in an airtight container for future use. It's best to experiment with the herbs a bit to find the mixture whose flavor is most pleasing to you before making a lot of bouquets garnis.

The Spell
Prepare your stew, soup, or other long-simmered dish as usual. Raise power when you turn the burner on below it, and add the bundle of herbs to the pot. Stir it deosil a few times as you concentrate on enchanting the food with the magick of the seven blessings.

Ground power, and continue cooking as usual. Remove the bouquet garni before serving, and discard it.

---

Weaving Prosperity
A spell alone cannot create prosperity; you must work hard and be sensible about your magick. This spell, along with that for a more prosperous life, invokes a Goddess who has dominion over prosperity and other things.

The spell is best cast on a Summer Solstice female, if you are comfortable with it. You can increase your ability to incite prosperity while you cast the spell. Rouge red is particularly appropriate. You will need:

* three lengths of gold cord or yarn, 3 feet long (Metallic gold is best, but any gold yarn will do.)
* three lengths of green cord or yarn, 3 feet long
* three lengths of orange cord or yarn, 3 feet long
* a green candle, preferably battenax
* a purse, or something to represent wealth
* a stick of cinnamon, cedar, or pine
* any prosperity charms that you have: green stones, gold coins, orange allspice berries, cloves, cumin seeds, balsam fir needles or cones, High Conqueror root, juniper berries, nutmegs, acorns or oak leaves. Add: pine needles, ears of wheat, cowry rings, or whatever represents prosperity.
* dried herbs, not fresh ones.

---
Weaving Prosperity Spell

A spell alone cannot create prosperity, of course. You must work hard and be sensible about your finances, as well as using magick. This spell, along with that ethic, can help you to have a more prosperous life. It invokes Anath, a Middle Eastern goddess who has dominion over prosperity, weaving, and many other things.

The spell is best cast on a Sunday in sunlight. Male or female, if you are comfortable with wearing heavy make-up, you can increase your ability to invoke Anath by wearing it while you cast the spell. Rouge, red lipstick, and black eyeliner are particularly appropriate. You will need:

- three lengths of gold cord or yarn, each three feet long (Metallic gold is best, but gold-colored cord or yarn will do.)
- three lengths of green cord or yarn, each three feet long
- three lengths of orange cord or yarn, each three feet long
- a green candle, preferably bayberry-scented
- a purse, or something to represent a purse
- a stick of cinnamon, cedar, or patchouli incense
- any prosperity charms that you can obtain, such as green stones, gold coins, orange peels, cedar chips, cinnamon sticks, eagle or dove feathers, money, allspice berries, cloves, cumin seeds, elderberries, balsam fir needles or cones, High John the Conqueror root, juniper berries, bay leaves, whole nutmegs, acorns or oak leaves, pinecones or pine needles, ears of wheat, cowrie shells, copper rings, or whatever represents prosperity to you (Use dried herbs, not fresh ones.)
The Spell
Repeat this incantation continuously, from the time that you raise power until you ground it:

Lady Anatha, Queen of Heaven, Strength of Life,
Help me weave this spell.
Queen Anath, Ruler of Dominion, Mother of the Gods,
Charge these cords with power.
Anatha Baetyl, Lady of the Mountain, Mistress of the Sky,
Grant me prosperity!

Put all of the spell materials on your altar or other working surface, and get into a magickal mood. Create sacred space around the area where you will be working. Light the candle, and raise power. Meditate on prosperity, and what form you would like it to take in your life.

Focus on that thought as you take the gold cords, knot the three together at one end, and drip some candle wax over the knot to seal it. When the wax has hardened, braid the cords. If you are using any charms that could easily be woven into the braid, add them. Knot the end of the braid, and seal that knot with more candle wax.

Repeat this same procedure with the green cords, and then with the orange ones. When you finish you will have three braids of different colors that are knotted and sealed with green wax on both ends.

Light the incense from the candle. Hold the braids in the smoke, one by one, as you chant the incantation. Concentrate on your concept of prosperity while you do this, and charge the braids with the power to draw prosperity to you.

Braid the three braids together into one thick braid, and seal both its ends with candle wax. While the wax hardens, hold the purse in the incense smoke. Continue to concentrate on drawing prosperity to you.

Put the braid and your purse, and seal it shut with candle wax. It should be so full that nothing else is needed, after that, to encourage or maintain.

Afterward
Handle the purse daily, while focusing on prosperity, until its magick begins to manifest.

Pillar Candle Spells
Pillar candles are tall, wide, and generally burn for a long time, so they are excellent for spells that have a long duration. That pillar candles burn varies according to manufacture, but they generally burn until their wick is consumed, creating a growing ring of wax around the candle. It is necessary with some pillar candles to gently push the ring of wax inward so that it becomes malleable, so that the excess wax will be readily available to you.

The longevity of some pillar candles can be extended by gently pushing the ring of wax inward or by using a candle snuffer for these

Life Enhancer
Put the braid and your prosperity charms into the purse. It should be so full that nothing else will fit in it. Close the purse, and seal it shut with candle wax. Hold it in the incense smoke while you chant the incantation, until you feel that it is fully charged as a prosperity charm.

Place the purse beside the candle, and monitor the candle until it burns itself out. Ground the power that you raised, then, and clean up. Put the purse in a safe place where it will be readily available to you.

Afterward
Handle the purse daily, while focusing on creating prosperity, until its magick begins to manifest. Take it out whenever you need, after that, to encourage or maintain prosperity in your life.

Pillar Candle Spells
Pillar candles are tall, wide, and generally round. They last a long time, so they are excellent for ongoing spells. The way that pillar candles burn varies according to shape, content, and manufacture, but they generally burn down the center. This creates a growing ring of wax around the wick. You may find it necessary with some pillar candles to trim or pour off their wax after you extinguish them, in order to keep their wicks exposed.

The longevity of some pillar candles can be increased by gently pushing the ring of wax inward, while it is warm and malleable, so that the excess wax will be remelted. With time and practice, you will develop a personal method for working with pillar candles.

Many witches feel that to blow out a candle is to extinguish its magick, or to undo the spell. If you feel this way, you should use a candle snuffer for these spells.
Healthy Clan Spell

Who constitutes your clan? Whose health and well-being is important to you? Does your clan only include close family members, or does it encompass friends, pets, neighbors, colleagues, distant relatives, or others?

Whomever your clan includes, this spell is for all of you. Be realistic in your expectations of it, though. It will encourage wellness, but it will not prevent your clan members from ever falling ill or getting injured.

You can use this spell whenever you like, but it is best cast in sunshine. Charge the candle the first time on a Sunday or on a sunny day while the Moon is waxing (the period between New Moon and Full Moon; use a calendar to determine this).

You will need:
- a large green pillar candle (If you use a scented candle, try make it one with an herbal or evergreen fragrance.)
- some olive oil
- a carving tool
- Optional: dried life everlasting flowers

Preparation
Meditate, and determine who the members of your clan are.

The Spell
When you are ready, gather the spell materials, and get into a magickal mood. Create sacred space around the area where you will be working. Carve the name of each clan member into the candle. Don’t forget to carve your own name, as well. If you are able to do this, also carve an image of a serpent or the right Eye of Horus \(\text{ISIS} \) into the candle.

Brush the candle off, and anoint it with the olive oil. Rub it from the top to the middle, and then from the bottom to the middle, until the entire candle has been dressed. Hold the candle by its wick, and place it upright wherever you plan to keep it. If you are a revereurs, work deosil to arrange them after the oil has dried.

Raise power, and light the candle with positive, life-giving solar energy into visualization, stand in sunshine while you raise, and say:

- Power of light,
- Candle burn bright.
- As it glows,
- Our health grows.

Visualize the candle’s energy reaching has been inscribed upon it. When you and you feel that the candle is properly charged and ground the power that you raised.

You can light the candle daily to send positive energy to the members, and you light it, say:

- By the power of the Sun,
- I wish good health for everyone.

Allow the candle to burn as long as it is lit, then extinguish it.

Afterward
To renew this candle’s magickal power, place it in the sunshine for hours, and then re-anoint it with olive oil.

Wings of Isis
Learning about Isis is a great way to learn about this ancient goddess. She is an active, benevolent deity who protects women and children. Isis, The Mighty Lady, is also a powerful deity who can bring about changes in one’s life.
By Clan Spell

Whose health and well-being is your clan only include close family members, pets, neighbors, color or others? In this spell is for all of you. It will encourage your clan members from injured.

Whenever you like, but it is best cast the first time on a Sunday or when the moon is waxing (the period between: use a calendar to determine this).

1. Gather the spell materials, and get into a sacred space around the area where the name of each clan member into carve your own name, as well. If you carve an image of a serpent or the candle.
2. Anoint it with the olive oil. Rub the candle by its wick, and place it upright on your altar, or whenever you plan to keep it. If you are using life everlasting flowers, work deosil to arrange them around the base of the candle after the oil has dried.
3. Raise power, and light the candle. Concentrate on focusing positive, life-giving solar energy into it. If it helps your visualization, stand in sunshine while you do this. Regard the candle and say:

   Power of light,
   Candle burn bright.
   As it glows,
   Our health grows.

Visualize the candle’s energy reaching each person whose name has been inscribed upon it. When your visualization is complete, and you feel that the candle is properly charged, extinguish it, and ground the power that you raised.

You can light the candle daily, or whenever you wish to send positive energy to the members of your clan. Each time that you light it, say:

   By the power of the Sun,
   I wish good health for everyone.

Allow the candle to burn as long as feels necessary to you, and then extinguish it.

Afterward
To renew this candle’s magick, place it in the Sun for a few hours, and then re-anoint it with olive oil.

-- Wings of Isis Spell --

Learning about Isis is a great way to begin this protection spell. She is an active, benevolent deity who answers human prayers. Isis, The Mighty Lady, is also a powerful guardian.
Be realistic about your expectations of what “protection” means. Use common sense. Invoking Isis does not mean that you can now stop wearing your seatbelt, or safely take chances that you know are dangerous. Isis will protect you, but you must also protect yourself.

You can use this spell regularly to keep yourself protected, or you can cast it whenever you feel that it is needed. It requires:

✦ a large pillar candle in one of the colors of Isis: sky blue, red, white, or black (If you use a scented candle, try to make it myrrh or rose.)
✦ a carving tool
✦ Optional: some flaxseed oil
✦ Optional: an image of Isis with her wings outspread

**Preparation**

Gather the components of the spell. Get into a magickal mood, and create sacred space around the area where you will be working. Carve an ankh (𓊃), one of the symbols of Isis, into the candle. Brush the candle off. If you are using flaxseed oil rub the candle with it, and allow it to dry.

**The Spell**

Hold the candle in your hands, and focus your thoughts on Isis. If you have trouble visualizing her, use a picture or a statue of her. Meditate on Isis until you can feel her strength or loving presence.

Raise power, and concentrate on drawing her power into the candle. If it helps your visualization, picture a miniature Isis with her wings wrapped around the candle. When you feel that the candle is properly empowered, light it and say:

*Isis with me in the light,*

*Isis with me in the night,*

*Goddess mighty, Goddess mild,*

*Wings protect me, your child.*

Remain with the candle, and allow you visualize Isis standing with you, her protection. You should almost be enveloping you protectively. If you are concerned, speak to Isis as you would ask her to guard you against it. When complete, extinguish the candle as you raised.

Repeat this spell daily, or whenever threatened, or any time that you would.

**Afterward**

Rather than using words, offer deeds: protection. She is a mother goddess so is to do something kind for children of every child you encounter, or volunteer time or money to a children in some other way.

---

**Incense Ritual**

This is a very simple ritual that can anywhere. You can use it daily, or with it. The ritual grows more powerful and helps with centering and balance.

✦ a stick of incense, in any scent that

**The Ritual**

Light the incense. Be mindful of fire in this ritual, and watch out for falling gesture, inscribe ⭐ in the air as you

WITH THIS INCENSE:

*I draw all that is fair!*

---
expectations of what “protection”

Invoking Isis does not mean that you always sit on your seatbelt, or safely take chances. Isis will protect you, but you regularly to keep yourself protected, you feel that it is needed. It requires:

one of the colors of Isis: sky blue (if you use a scented hyssop or rose.)

Get into a magickal mood, and the area where you will be working, write the symbols of Isis, into the dirt. If you are using flaxseed oil, rub it in to dry.

and focus your thoughts on visualizing her. Use a picture or a statue you can feel her strength or loving energy on drawing her power into visualization, picture a miniature around the candle. When you feel empowered, light it and say:

With this incense,
I draw all that is fair!
Then inscribe a downward-pointing star in the same manner, as you declare,

*With this incense,*

*I banish all that is negative!*

If you find it difficult to draw stars in the air, you can instead swirl the incense deosil the first time and widdershins the second time. When you finish, put the incense into a holder, and allow it to burn down completely.

**Variations**

This ritual can be adapted in many ways. If you like, you can face each of the cardinal points in turn, starting with East or North, and repeat it. You could also move through your residence (or hotel room, or wherever you happen to be) and repeat the ritual at every window and door, or repeat it wherever you feel would be a good place to perform it. If you have a particular thought, special wish, or issue, you can include it—with the invoking star or the banishing one, as the case may be.

---

**Personal Blessings Ritual**

This ritual has two purposes: to give thanks for the blessings that you already have and to draw additional blessings into your life. As with all rituals, the more often that it is performed, the stronger, more effective, and more meaningful it becomes.

This is not a fixed, immutable ritual; it is one that you can create anew each time that you perform it, by incorporating whatever blessings are present or needed at the time. You can enact the Blessings Ritual whenever you like, but it is best performed on sunny days. You will need:

* one bay leaf (laurel) for each blessing (You can find bay leaves where spices are sold. Offerings should be as perfect as possible, so try to use only whole leaves that do not have blemishes or broken edges. If you cannot obtain bay leaves, other leaves may be substituted.)
* honey
* a container, something flat that can be transported to the offering site. (A shallow basket or box)
* a river, stream, or other watercourse near your location. If you live in a frozen place, you could instead offer them to the wind; if you live at the sea, you could instead offer them to the ocean.
* a bridge or other location from which you can make offerings
* Optional: additional offerings

**Preparation**

Count your blessings. What are you grateful for: prosperity, freedom, family... a list different for each of us, according to the blessings we seek. Next, identify two or three blessings that you would like to ask the gods for. Be reasonable about what you ask for: winning a major lottery jackpot, but it is more reasonable to ask for abundance, prosperity, or a good job.

Once you know how many blessings you have in mind, get into a magickal mood, and create an area where you will be working. However, use the kitchen for this part of the ritual.

Lay out the bay leaves on the counter, and some honey into the center of each. With honey, name aloud the blessings you wish to offer.
r-d-pointing star in the same manner.

three times.

you can instead

first time and widdershins the

ish put the incense into a holder, and

pletely.

s in many ways. If you like, you can face

nts in turn, starting with East or North,
also move through your residence (or
er you happen to be) and repeat the

do or repeat it wherever you feel
o perform it. If you have a particular
r issue, you can include it—with the
ishing one, as the case may be.

Blessings Ritual.

oses: to give thanks for the blessings
nd to draw additional blessings into
als. the more often that it is performed,
ive, and more meaningful it becomes.
mutable ritual; it is one that you can
hat you perform it, by incorporating
esent or needed at the time. You can
il whenever you like, but it is best per-
ou will need:

) for each blessing (You can find
ices are sold. Offerings should be
es, so try to use only whole leaves
mishes or broken edges. If you

cannot obtain bay leaves, other kinds of leaves may
be substituted.)

honey

- a container, something flat that can easily be
transported to the offering site, such as a tray or a
shallow basket or box

- a river, stream, or other watercourse (Adapt the
ritual to your location. If you live in a desert, you
could instead bury your offerings in the sand; if you
live in a frozen place, you could give your offerings
to the wind; if you live at the seaside, you could
instead offer them to the ocean, and so on.)

- a bridge or other location from which you can safely
make offerings

Optional: additional offerings (See below.)

 Preparation

Count your blessings. What are you grateful for? Good health,
prosperity, freedom, family... a list of our blessings will be dif-
dferent for each of us, according to the circumstances of our lives.

Next, identify two or three blessings that you would like to
ask the gods for. Be reasonable about this. Most of us would love
to win a major lottery jackpot, but it is more realistic to request
abundance, prosperity, or a good job.

Once you know how many blessings will be incorporated
into your ritual, assemble that number of leaves and the honey.
Get into a magickal mood, and create sacred space around the
area where you will be working. Honey is messy, so it's best to
use the kitchen for this part of the ritual.

Lay out the bay leaves on the container. Spoon or drip
some honey into the center of each leaf. As you dress a leaf
with honey, name aloud the blessing for which that leaf will be
offered.
Optional: Offerings
You can increase the magickal power of your ritual by incorporating offerings—herbs, seeds, flower petals, or other natural charms—for each blessing sought. To do this, stick an appropriate charm into the honey on the leaf that represents that blessing.

You are going to offer the leaves by tossing them into moving water (or otherwise leaving them outdoors). It would defeat the purpose of the ritual to do something that might damage the environment or cause harm to creatures, so the charms should be nontoxic and biodegradable as well as small enough to fit on the leaves.

Rosemary and cinnamon are herbs that have many magickal associations, so you could simply sprinkle either or both of them on each leaf before offering it. Alternately, you could add pink, yellow, or orange flower petals for attraction to the leaves that represent those blessings you hope to draw with the ritual.

If you would like to be more precise with your offerings, the following are examples of natural charms that have magickal correspondence to some typical blessings. There are a great many other herbal charms, but this list concentrates on commonplace ones. Several choices are given for each blessing whenever possible, but one type of charm per offering is sufficient.

Abundance: orange peel, raw popcorn kernels
Advancement: red leaf, red flower petals
Beauty: jasmine, lavender, lily, orchid, or rose petals
Comfort: cloves, fir tips, marjoram, sage
Courage: garlic, black pepper, black tea
Fertility: banana chips, dark blue flower petals, peach pit, pine nuts or pineneedles, rice, wheat flour

Fidelity: cumin seeds or powder, drop of hot sauce
Freedom: bird of paradise or lilac
Friendship: drop of aloe juice, geranium leaf or petals, ivy
Good Fortune: dill seeds, mint seeds, a drop of pure vanilla
Good Health: acorn, apple peel
Good Luck: allspice, basil, camomile leaves, olive oil, white rose petals
Happiness: apple peel, baby’s breath, petals, savory, sunflower seeds
Healing: pearl barley, cedar shavings, rose thorn, saffron thorns
Inspiration: hazel nut, purple or rose petals
Justice: cedar chips or shavings
Longevity: fennel seeds, piece of polynose (maple tree seed)
Love: chamomile, ginseng, hibiscus, rose petals, willow leaf or branch
Loyalty: blue flower petals, lime
Patience: azalea leaf or flower petals
Peace: chamomile flowers, lavender, olive oil, white rose petals
Popularity: angelica, grape, poppy
Prosperity: allspice, cloves, nutmeg
Protection: birch bark, garlic petals, thistles, thorns, drop of wine
Strength: red or orange carnations
Success: allspice berry, cinnamon, petals, ginger, lemon balm
Truth: chrysanthemum petals
Victory: fennel seeds, piece of p...
The solitary witch

cal power of your ritual by incorporating seeds, flower petals, or other natural offerings sought. To do this, stick an inch of honey on the leaf that represents the leaves by tossing them into the offering (or leaving them outdoors). It would be ritual to do something that might cause harm to creatures, so the offering should be biodegradable as well as small enough.

Some herbs that have many magickal uses include:

- Fidelity: cumin seeds or powdered cumin, chili pepper, a drop of hot sauce
- Freedom: bird of paradise or lily petals
- Friendship: drop of aloe juice, pink carnation petals, geranium leaf or petals, ivy leaf, lemon zest
- Good Fortune: dill seeds, mint, pomegranate seeds, poppy seeds, a drop of pure vanilla extract
- Good Health: acorn, apple peel, ginseng, marjoram, nutmeg
- Good Luck: allspice, basil, catnip, clover, cornmeal
- Happiness: apple peel, baby’s breath, lemon zest, marigold petals, savory, sunflower seeds
- Healing: pearl barley, cedar shavings, eucalyptus leaf, lime zest, rose thorn, saffron thread, thyme
- Inspiration: hazelnut, purple or violet flower petals
- Justice: cedar chips or shavings, pinecones or pine needles
- Longevity: fennel seeds, piece of date or fig, maple syrup, polynose (maple tree seed), sage
- Love: chamomile, ginseng, hibiscus, jasmine, lavender, red rose petals, willow leaf or bark
- Loyalty: blue flower petals, lime zest, rosemary
- Patience: azalea leaf or flower, chamomile, iris petals
- Peace: chamomile flowers, lavender, lemongrass, drop of olive oil, white rose petals
- Popularity: angelica, grape, drop of passionflower juice
- Prosperity: allspice, cloves, nutmeg, sage, tangerine peel
- Protection: birch bark, garlic, pepper, kosher salt, nettles, thistles, thorns, drop of witch hazel
- Strength: red or orange carnation petals, garlic
- Success: allspice berry, cinnamon, orange or purple flower petals, ginger, lemon balm
- Truth: chrysanthemum petals, white flower petals
- Victory: fennel seeds, piece of palm frond

<table>
<thead>
<tr>
<th>Life Enhancement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fidelity: cumin seeds or powdered cumin, chili pepper, a drop of hot sauce</td>
</tr>
<tr>
<td>Freedom: bird of paradise or lily petals</td>
</tr>
<tr>
<td>Friendship: drop of aloe juice, pink carnation petals, geranium leaf or petals, ivy leaf, lemon zest</td>
</tr>
<tr>
<td>Good Fortune: dill seeds, mint, pomegranate seeds, poppy seeds, a drop of pure vanilla extract</td>
</tr>
<tr>
<td>Good Health: acorn, apple peel, ginseng, marjoram, nutmeg</td>
</tr>
<tr>
<td>Good Luck: allspice, basil, catnip, clover, cornmeal</td>
</tr>
<tr>
<td>Happiness: apple peel, baby’s breath, lemon zest, marigold petals, savory, sunflower seeds</td>
</tr>
<tr>
<td>Healing: pearl barley, cedar shavings, eucalyptus leaf, lime zest, rose thorn, saffron thread, thyme</td>
</tr>
<tr>
<td>Inspiration: hazelnut, purple or violet flower petals</td>
</tr>
<tr>
<td>Justice: cedar chips or shavings, pinecones or pine needles</td>
</tr>
<tr>
<td>Longevity: fennel seeds, piece of date or fig, maple syrup, polynose (maple tree seed), sage</td>
</tr>
<tr>
<td>Love: chamomile, ginseng, hibiscus, jasmine, lavender, red rose petals, willow leaf or bark</td>
</tr>
<tr>
<td>Loyalty: blue flower petals, lime zest, rosemary</td>
</tr>
<tr>
<td>Patience: azalea leaf or flower, chamomile, iris petals</td>
</tr>
<tr>
<td>Peace: chamomile flowers, lavender, lemongrass, drop of olive oil, white rose petals</td>
</tr>
<tr>
<td>Popularity: angelica, grape, drop of passionflower juice</td>
</tr>
<tr>
<td>Prosperity: allspice, cloves, nutmeg, sage, tangerine peel</td>
</tr>
<tr>
<td>Protection: birch bark, garlic, pepper, kosher salt, nettles, thistles, thorns, drop of witch hazel</td>
</tr>
<tr>
<td>Strength: red or orange carnation petals, garlic</td>
</tr>
<tr>
<td>Success: allspice berry, cinnamon, orange or purple flower petals, ginger, lemon balm</td>
</tr>
<tr>
<td>Truth: chrysanthemum petals, white flower petals</td>
</tr>
<tr>
<td>Victory: fennel seeds, piece of palm frond</td>
</tr>
</tbody>
</table>
**Warmth:** cactus needles, coriander seeds, Japanese maple leaf, marigold petals, mesquite chip  

**Wealth:** acorn, almond, basil, moss, saffron threads

**The Ritual**

Take the prepared leaves to the offering site that you have selected. Raise power and reverently cast them, one by one, into the moving water. As you offer each leaf, say:

*To (name of deity), for (blessing).*

You can invoke your matron goddess, your patron god, or any other deities that you like. You can also make the invocations more general, such as:

*To Mother Earth, for rain.*  
*To the Lord and the Lady, for love.*  
*To the Goddess, for prosperity.*  
*To the Corn Mother, for abundance.*  
*To all the gods, for peace.*

Concentrate on your intent as you make each offering. When giving thanks for a blessing, focus on the gratitude that you feel for its presence in your life. When working to attract a blessing, focus on your need or desire for that blessing.

**Optional: Invocation**

The numinous power of your ritual can be increased by invoking specifically appropriate deities for the blessings, as in the following examples. Don’t worry about mispronouncing their names. They will know whom you mean and that you mean well by calling upon them.

**Celtic:**  
*To Sulis, for good health.*  
*To Brigid, for healing.*  
*To Angus, for love.*  
*To Epona, for abundance.*  
*To Rhiannon, for truth.*  
*To Cliodna (pronounced “kleena”), for beauty.*  
*To Aine (pronounced “aw ne”), for prosperity.*  
*To the Dagda, for protection.*  
*To Maeve, for strength.*  

**Egyptian:**  
*To Isis, for peace.*  
*To Horus, for good fortune.*  
*To Khonsu, for abundance.*  
*To Neith, for justice.*  
*To Sesheta, for patience.*  
*To Ra, for strength.*  
*To Thoth, for good marriage.*  
*To Bes, for abundance.*  
*For protecting the household.*

**Greek:**  
*To Atalanta, for courage.*  
*To Hygeia, for good health.*  
*To Apollo, for healing.*  
*To Nike, for victory.*  
*To Hades, for wealth.*  
*To Aphrodite, for love.*  
*To Rhea, for abundance.*  
*To Demeter, for fertility.*  
*To Gaia, for a happy, peaceful home life.*  
*To the Muses, for lucky breaks.*  
*To Dione, for peace.*

**Mesopotamian:**  
*To Inanna, for good health.*  
*To Geshtinannu, for healing.*  
*To Marduk, for abundance.*  
*To Kadi, for justice.*  
*To Aya, for victory.*  

**Native American (including Aztec):**  
*To Cathefia, for love.*  
*To Chie, for healing.*  
*To Fura-Chogue, for beauty.*  
*To Maximón, for abundance.*  
*To Tlaloc, for good health.*  
*To Ukat, for good fortune.*  
*To Hanwi, Woman, for protection.*  
*To Cihuateteo, for peace.*

*To Otter Woman, for fun.*  
*To Changing Woman, for abundance.*
SOLITARY WITCH

and seeds, Japanese maple
sitque chip
moss, saffron threads

the offering site that you have
perently cast them, one by one,
offer each leaf, say:

...LGJ

goddess, your patron god, or any
you can also make the invocations

you make each offering. When
focus on the gratitude that you
When working to attract a bless-
est for that blessing.

ritual can be increased by invok-
eties for the blessings, as in the
orry about mispronouncing their
m you mean and that you mean

th. To Brigid, for healing. To
a, for abundance. To Rhiannon,
onounced "kleena"), for beauty.
ne"), for prosperity. To the
o Maev, for strength. To

Cernunnos, for good fortune. To the Morri,
for justice. To Danu, for all blessings.

Egyptian: To Isis, for peace. To Hathor, for love. To Bast, for
ience. To Khonsu, for fertility. To Renenutet, for
justice. To Ma'at, for
justice. To Sesheta, for patience. To Sekhmet, for healing.
To Ra, for strength. To Thoth, for success. To Selket, for a
good marriage. To Bes, for a happy home. To Nephthys,
for protecting the household. To Osiris, for all blessings.

Greek: To Atalanta, for courage. To Aphrodite, for love. To
Hygieia, for good health. To Zeus, for protection. To
Apollo, for healing. To Nike, for victory. To Dike, for
justice. To Hades, for wealth. To Helios, for warmth. To
Rhea, for abundance. To Aega, for beauty. To Philotes,
for friendship. To the Muses, for inspiration. To Hermes,
for lucky breaks. To Demeter, for prosperity. To Eirene,
for peace. To Gaia, for a happy marriage. To Hestia, for a
peaceful home life. To the Graces, for gracious living. To
Pandora, for all blessings.

Mesopotamian: To Inanna, for abundance. To Gula, for
good health. To Geshtinanna, for love. To Dazimus, for
healing. To Marduk, for victory. To Shamash, for truth.
To Kadi, for justice. To Aya, for all blessings.

Native American (including Aztec, Incan, and Mayan): To
Cateheña, for love. To Chie, for happiness. To Glispa, for
healing. To Fura-Chogue, for peace. To Xochiquetzal,
for beauty. To Maximón, for success. To Deohako, for
abundance. To Tlaloc, for fertility. To Tonantzin, for
good health. To Ukat, for good luck. To Pachamama,
for good fortune. To Hanwi, for comfort. To Salmon
Woman, for protection. To Copper Woman, for wealth.
To Otter Woman, for fun. To Chantico, for protecting the
home. To Changing Woman, for all blessings.
Norse: To Thor, for strength. To Odin, for victory. To Freya, for longevity. To Sjofna, for love. To Fulla, for abundance. To Njord, for wealth. To Heimdall, for protection. To Forseti, for justice. To Baldur, for popularity. To Eir, for healing. To Gonlod, for inspiration. To Tyr, for courage. To Gerd, for fertility. To Hlin, for comfort. To Sigyn, for loyalty. To Vara, for fidelity. To Gefion, for good fortune.

Roman: To Amor, for love. To Diana, for strength. To Venus, for beauty. To Minerva, for peace. To Pluto, for prosperity. To Liber, for fertility. To Mercury, for healing. To Jupiter, for justice. To Jupiter Victor, for victory. To Neptune, for protection. To Mars Ollodius, for abundance. To Juno, for a prosperous marriage. To Vesta, for a happy home and a stable marriage. To Acca Larentia, for material blessings. To the Lares, for protecting the household. To the Penates, for safeguarding the family.

Closing
When you finish making your offerings, stand quietly for a few moments. You are in the presence of the gods you have invoked, so this is a good time to commune with them in any way that feels natural to you. You can ask for answers or guidance as well as blessings, if you like.

Focus on the blessings. Feel them around you, or approaching you. Give thanks to the gods for your blessings and for accepting your offerings. Ground the power that you raised, and take whatever you used to carry the blessings away with you.

< King of Peace Seven-Day Spell >
This spell creates a charm that you can keep near you to promote peace in every aspect of yourself and in every area of your life. It invokes Obatala, The Old Man of the Mountain, an African god who is considered the king of peace.

He is known by many names including Oxala and Orisha Popo.

Begin the spell on a Saturday. You will need:
- two blue or white candles
- a white cloth
- eight sticks of patchouli incense (plus an extra stick)
- a blue or white mojo bag
- a small blue or white stone
- seven pinches of dried rose petals
- seven rose petals, preferably
- seven clean, shiny dimes (silver coins, or seven small silver substitutes for the dimes)
- Optional: an image of Obatala
- Optional: white altar furnishings such as silver or pewter.

DAY ONE
Preparation
Gather all of the spell ingredients and create sacred space around the altar. If you have an image of Obatala, place it on the altar face up. If you do not have an image of Obatala, use a candle and one stick of incense on the altar. Work the spell and the rest of the incense will work.
African god who is considered a goddess in some traditions. He is known by many names in the New World, including Oxala and Orisha Popo.

Begin the spell on a Saturday at any time of day or night. You will need:

- two blue or white candles
- a white cloth
- eight sticks of patchouli incense (one for each day, plus an extra stick)
- a blue or white mojo bag
- a small blue or white stone
- seven pinches of dried rosemary
- seven rose petals, preferably from a white rose
- seven clean, shiny dimes (Seven cowrie shells, seven silver coins, or seven small silver objects could be substituted for the dimes.)
- Optional: an image of Obatala
- Optional: white altar furnishings, including "white" metals such as silver or pewter

**DAY ONE**

**Preparation**

Gather all of the spell ingredients. Get into a magickal mood, and create sacred space around the area where you will be working. Spread the white cloth on your altar or other working surface. If you have an image of Obatala, place it nearby. Put one candle and one stick of incense on the cloth. (Reserve the other candle and the rest of the incense for the other days of the spell.)
The Spell
Raise power. Light the candle, then light the incense from it. Hold the stone in your hands. Focus on charging it with peace as you say:

Obatala, King of Peace,
Chief of the White Cloth,
Father-Mother of Humanity,
Bringer of Peace and Harmony,
I charge this stone with your positive energy.
Obatala, by your power,
This stone is charged with peace.

Hold the stone in the incense smoke for a minute. Concentrate on peace and harmony while you do this, then put the stone into the mojo bag. Say one of these blessings for each rose petal, as you hold it in the smoke for a moment and then add it to the bag:

For peace with myself.
For peace with my past.
For peace with my present.
For peace with my future.
For peace with my karma.
For peace with those who love me.
For peace with those who do not love me.

Do the same with the coins, saying a blessing for each one as you hold it in the smoke and then add it to the mojo bag:

For peace of mind.
For peace of heart.
For peace of spirit.
For peace at home.
For peace at work (or school).
For peace in the family.
For peace in the world.

Do the same with each pinch of seven blessings of your own devising, represented a different area of your life or what you wish for peace. You will be very conscious of the point in the spell, so the blessings may vary. Speak from your heart, and say whatever you may wish, for example, to name something you would like to be at peace. If the blessings have not been said, you finish, light the extra incense, and continue.

When everything has been smudged, put the bag, close it tightly. If possible, tie it with a white cloth, and put them in a safe place undisturbed while you work with them.

DAY TWO through DAY SIX
The Spell
Each day, burn a stick of incense and put the bag in its smoke, turning it so that the incense is in the bag in its smoke. While you do this, concentrate on peace.

By the power of the number seven:
By the white clouds in the heavens:
With blessed peace and harmony:
This mojo bag enchanted be.

DAY SEVEN
The Spell
Do the same on the seventh day: burn the remaining candle as well. After you have smudged the mojo bag with seven splashes of wax over the knot in the incense, concentrate on peace and again.
then light the incense from it. Focus on charging it with peace energy.

smoke for a minute. Concentrate on these blessings for each smoke for a moment and then

Do the same with each pinch of rosemary, but this time use seven blessings of your own devising. Each line should represent a different area of your life or aspect of yourself in which you wish for peace. You will be very focused on peace by this point in the spell, so the blessings should come easily to you. Speak from your heart, and say whatever comes to mind. You may wish, for example, to name seven people with whom you would like to be at peace. If the incense burns down before you finish, light the extra incense stick from the candle flame and continue.

When everything has been smudged and put into the mojo bag, close it tightly. If possible, tie seven knots in its drawstring. Ground the power you raised. Leave the bag atop the white cloth, and put them in a safe place, where they can remain undisturbed while you work with them during the week.

**DAY TWO through DAY SIX**

**The Spell**

Each day, burn a stick of incense on the altar. Hold the mojo bag in its smoke, turning it so that the entire bag is smudged. While you do this, concentrate on peace and say:

*By the power of the number seven,*
*By the white clouds in the heavens,*
*With blessed peace and harmony,*
*This mojo bag enchanted be!*

**DAY SEVEN**

**The Spell**

Do the same on the seventh day, but raise power this time, and light the remaining candle as well as the last stick of incense. After you have smudged the mojo bag, use the candle to drip seven splashes of wax over the knots that close it. As you do this, concentrate on peace and again say:
By the power of the number seven,
By the white clouds in the heavens,
With blessed peace and harmony,
This mojo bag enchanted be!

The spell is complete once the candle and the incense have finished burning. When the wax that seals the knots has hardened, you can put the bag wherever you plan to keep it. Ground the power that you raised, and clean up.

Afterward
If your need for peace is constant, keep this bag with you. Mojo bags are traditionally worn around the neck. You could do that or carry yours in a pocket, handbag, backpack, or briefcase. If lack of peace is a problem mainly in one place, such as at home, school, or your office, you might want to keep the bag there.

If your need for peace is intermittent, you can keep the bag in a safe place and take it out whenever its magick is needed. If it has been stored away for a time, squeeze it a few times to reactivate it. To refresh the bag’s magick at any time, smudge it with patchouli incense.

When the issues that brought you to needing this spell are no longer issues, you can consider the spell’s work complete. The mojo bag can then be buried, burned, thrown out, put away in a safe place, or disposed of in whatever way seems best to you. The stone and coins or other charms may be cleared (see “stones” under “Spell Ingredients” on page xviii) and retained for future use, if you like.

Chamber Spells
Moving, renovating, or redecorating provides the opportunity to enchant a room. Several chamber spells are given here. These are spirit-of-place workings that improve the energy signatures of rooms in specific ways. The names of the deities invoked will be written on walls and doors, so it will be necessary to paint or wallpaper after casting the Words of Power but not during.

Please note that it is important spells that the rooms be completely cleaned before the spells are cast.

Nursery
Preparation for the arrival of a new baby is a bedroom ready. This spell can be cast by the parent(s) to be the nursery. It is best cast by the parent(s) must of course still take excellent care of the baby in its nursery.

You will need:

- a pencil or other writing implement
- you will be painting the room
- you will be putting up wallpaper
- myrrh incense

Preparation
Empty the room completely. Open the doors, clean the room thoroughly. Be sure the room is devoid of whatever vibrancy and pour all your love for the baby in that love, and visualize it be floor, and ceiling.
The candle and the incense have fin-
ished. What seals the knots has hard-
ened; wherever you plan to keep it. Ground
and clean up.

Take this bag with you. Mojo
around the neck. You could do that
in a backpack, or briefcase. If
in one place, such as at home,
you might want to keep the bag there.
As intermittent, you can keep the
bag out whenever its magick is needed.
Whenever magick is needed,
smudge it. Squeeze it a few times to
make sure its magick at any time, smudge it
when needed. This spell's work complete.

Before you cast the spell, check to see if the
room is devoid of whatever vibrations it previously held.

Nursery Spell
Preparation for the arrival of a new baby often includes making
a bedroom ready. This spell can be used whenever those prepara-
ations include painting or wallpapering the room that is to
be the nursery. It is best cast by the child's parent(s) but could
be cast (with permission) by someone else who cares about
the baby. The spell provides extra protection for a baby, but
the parent(s) must of course still take normal precautions and
take excellent care of the baby in order for this spell to work.

You will need:
- a pencil or other writing implement (Use a pencil if
  you will be painting the room, something heavier if
  you will be putting up wallpaper.)
- myrrh incense

Preparation
Empty the room completely. Open the window(s) to air it out, and
clean the room thoroughly. Be sure to clean any closet(s) as well.
Keep scrubbing and sweeping or vacuuming until you feel that the
room is devoid of whatever vibrations it previously held.

The Spell
Get into a magickal mood, and create sacred space in the clean
room. Bring in the incense, and light it. Envision the nursery
as a place of safety and happiness for the baby. Raise power,
and pour all your love for the baby into the room. Fill the room
with that love, and visualize it being absorbed into the walls,
floor, and ceiling.
While the incense burns, inscribe the names of the following gods and goddesses upon the walls. Say each sentence aloud as you write the name of the deity. Change the wording as appropriate for gender, for a multiple birth, or to include the baby's name.

On the door or above the doorway, write: "VOLUMNA, to protect this nursery. PILUMNUS, to guard this baby, from birth until it reaches the safety of this room."

Near the place where the baby will sleep, write: "ARTEMIS, to protect this baby. JUNO, to watch over this baby. DEVERRA, to safeguard this baby. LAIMA, to look after this baby. INTERCIDONA, to keep this baby safe."

On any wall, write: "POTNIA, to make sure this baby is well nourished. BES, to give this baby the gifts of laughter and safety. LUCINA, to protect this baby's eyesight. JUNO LUCINA, to keep this baby healthy. THE ZORYA, to ensure that this baby is always well cared for. THE SEVEN HATHORS, to bless this baby's future."

Remain in the room until the incense finishes burning. (Light another stick or add more myrrh to the censer, if needed.) Look around the room, and feel the difference that your work has made in its spirit of place. Visualize a happy, healthy baby sleeping, laughing, and playing there.

Ground the power that you raised once your visualization is complete, and the incense has burned out. You can now paint or wallpaper the room, and then furnish and decorate it.

Children's Room Spell

The bedrooms of children of any age can be enchanted to enhance their happiness and well-being. This spell can be cast for a room where one child sleeps or for a room that is shared by two or more children. It is best cast by the parent(s) but can be cast by anyone who cares about the kids. You will need:

- pine or rosemary incense
- a writing implement (Use a painting the room, something putting up wallpaper.)
- Optional: a mojo bag that contains happiness and learning ability, and keeps them from negative influence, to ensure their emotional security)

Preparation

Empty the room completely. Open windows or doors, and clean the room thoroughly. Empty the bathroom if the room has become void of any vibration.

The Spell

Get into a magickal mood, and create a sacred space in the room. Bring in the incense, and light it as a place of strength, encourage!

Raise power, and pour all your love into the room. Fill the bedroom with happiness and learning ability, and keep it being absorbed into the walls.

While the incense burns in the room, inscribe the names of the following gods and goddesses upon the walls. Say each sentence aloud as you write the name of the deity. Change the wording as needed for number and gender.

On the door or above the doorway, write: "VOLUMNA, to protect this nursery. PILUMNUS, to guard this baby, from birth until it reaches the safety of this room."

Near the place where the baby will sleep, write: "ARTEMIS, to protect this baby. JUNO, to watch over this baby. DEVERRA, to safeguard this baby. LAIMA, to look after this baby. INTERCIDONA, to keep this baby safe."

On any wall, write: "POTNIA, to make sure this baby is well nourished. BES, to give this baby the gifts of laughter and safety. LUCINA, to protect this baby's eyesight. JUNO LUCINA, to keep this baby healthy. THE ZORYA, to ensure that this baby is always well cared for. THE SEVEN HATHORS, to bless this baby's future."

Remain in the room until the incense finishes burning. (Light another stick or add more myrrh to the censer, if needed.) Look around the room, and feel the difference that your work has made in its spirit of place. Visualize a happy, healthy baby sleeping, laughing, and playing there.

Ground the power that you raised once your visualization is complete, and the incense has burned out. You can now paint or wallpaper the room, and then furnish and decorate it.
inscribe the names of the following gods and goddesses upon the walls. Change the wording as needed for number and gender, and say each sentence aloud as you write the name of the deity.

On the doorway, write: "ABEONA, to protect them when they are away from home. ADEONA, to safeguard them at school." Above their beds, write: "CARDEA, to watch over them while they sleep."

Anywhere in the room, write: "ARTEMIS, to protect them. ISIS, to watch over them. SEKHMET, to safeguard them. BAST,

Preparation

Empty the room completely. Open the window(s) to air it out, and clean the room thoroughly. Be sure to clean the closet(s), as well as the bathroom if the room has an attached bath. Keep scrubbing and sweeping or vacuuming until you feel that the room has become void of any vibrations that it previously held.

The Spell

Get into a magickal mood, and create sacred space in the clean room. Bring in the incense, and light it. Visualize the bedroom as a place of strength, encouragement, and refuge for the children. Raise power, and pour all your love and hopes for them into the room. Fill the bedroom with that feeling, and visualize it being absorbed into the walls, floor, and ceiling.

While the incense burns, inscribe the names of the following gods and goddesses upon the walls. Change the wording as needed for number and gender, and say each sentence aloud as you write the name of the deity.

On the door or above the doorway, write: "ABEONA, to protect them when they are away from home. ADEONA, to safeguard them at school." Above their beds, write: "CARDEA, to watch over them while they sleep."

Anywhere in the room, write: "ARTEMIS, to protect them. ISIS, to watch over them. SEKHMET, to safeguard them. BAST,
to look after them. LEGBA, to ward them. LA SIRENE, to protect them in the tub and shower. KWAN YIN, to keep them safe. JEZANNA, to keep them healthy. SASTHI, for their happiness and welfare. BES, for their laughter. YEMAYA, to comfort them whenever they need comforting."

Remain in the room until the incense finishes burning. Look around the room, and feel the difference that your work has made in its spirit of place. Envision happy, healthy, well-balanced kids growing up there. If you have made a charm bag, hold it in the incense smoke to smudge it while you do this.

Once your visualization is complete, and the incense has burned out, ground the power that you raised. You can now paint or wallpaper the room, then furnish and decorate it. If you have made a mojo bag, secrete it somewhere in the room, such as under a floorboard or in the back of a closet.

Kitchen Spell

The kitchen is the center of a home, so bespelling it can benefit the entire family as well as everyone who eats the food prepared there. This spell is best cast by the person who will do most of the cooking, but it could be cast on behalf of the household (with permission) by someone who cares about them. You will need:

- an incense of Fire, such as copal, rose, dragon's blood, or frankincense
- a writing implement (Use a pencil if you will be painting the room, something heavier if you will be putting up wallpaper.)
- Optional: a Kitchen Witch (This is a witch doll, or a ceramic figure of a witch, that is meant to be displayed as a charm in a kitchen. Housewares shops often carry them.)

Preparation

Empty the kitchen of everything too difficult to move. Open the windows and clean the room thoroughly. Be sure the cupboards or pantries, as well as the deck or porch. Keep scrubbing until the room is devoid of any vibration.

The Spell

Get into a magickal mood, and bring the incense and the kitchen. Bring in the incense and place where the stove will be. Light the incense as a center of warmth.

Raise power, and pour all of the gods and goddesses upon it. Energy will draw people to it and for wonderful meals that will be prepared, nourish people, emotionally as well as physically. Visualize it as Magick Central. With those thoughts, and visualizing the walls, floor, cabinets, appliances, you can make it happen.

While the incense burns, inscribe the name of the deity. Over the door, write: "BRIGID, for warmth. BRIGID, for abundance. ZEUS, for protection. DOLYA, for good luck. VESTA, for a peaceful home. ATHENE, for protection of the hearth. KIKIMORA, to keep the kitchen safe."

Remain in the kitchen until the incense finishes burning. (Light another stick or add more to the censer, if needed.) Look around the room, and feel the difference that your work has made in its spirit of place. Envision happy, healthy, well-balanced kids growing up there. If you have made a charm bag, hold it in the incense smoke to smudge it while you do this.

Once your visualization is complete, and the incense has burned out, ground the power that you raised. You can now paint or wallpaper the room, then furnish and decorate it. If you have made a mojo bag, secrete it somewhere in the room, such as under a floorboard or in the back of a closet.
Preparation

Empty the kitchen of everything except any appliances that are too difficult to move. Open the window(s) to air it out, and clean the room thoroughly. Be sure to clean the cabinets, any cupboards or pantries, as well as any attached area such as a deck or porch. Keep scrubbing and sweeping until you feel that the room is devoid of any vibrations it previously held.

The Spell

Get into a magickal mood, and create sacred space in the kitchen. Bring in the incense, and put it on the stove or in the place where the stove will be. Light it, and raise power. Envision the kitchen as a center of warmth, comfort, love, and nurturing. Raise power, and pour all of those feelings into the room. Visualize it as Magick Central, a place whose positive magnetic energy will draw people to it and foster happy times. Picture the wonderful meals that will be prepared there and how they will nourish people, emotionally as well as physically. Fill the room with those thoughts, and visualize them being absorbed into the walls, floor, cabinets, appliances, and ceiling.

While the incense burns, inscribe the names of the following gods and goddesses upon the walls. Change the wording if needed, and say each sentence aloud as you write the name of the deity. Over the doorway, write: “THE LARES, to protect the household. THE PENATES, to safeguard the family. TSAO-CHŪN, to watch over the family.” Above or near the stove, write: “BRIGID, for warmth. THOR, for strength. ERTHA, for abundance. ZEUS, for protection. CHANTICO, for security. DOLYA, for good luck. VESTA, for a happy home. HESTIA, for a peaceful home. ATHENE, for family unity. USHAS, to protect the hearth. KIKIMORA, to keep the house in good order.”

Remain in the kitchen until the incense finishes burning. Light another stick or add more to the censer, if needed. If you have a Kitchen Witch, hold it in the incense smoke to smudge...
it while you look around the room and feel the difference that
your work has made in its spirit of place.

Once your visualization is complete and the incense has
burned out, ground the power that you raised. You can now
paint or wallpaper the kitchen, then move everything into it.
If there is a Kitchen Witch, place or hang it where it can be seen
from the stove.

Family Room Spell

The place in the home where family and friends usually gather,
such as a living room, family room, or dining room, has a special
energy of its own. To enchant such a room is to touch everyone
who frequents it with positive magick.

This spell is best cast by a member of the family, but it
could be cast for them (with permission) by someone who
cares about them. You will need:

- rose, ylang ylang, or dragon’s blood incense
- a writing implement (Use a pencil if you will be
  painting the room, something heavier if you will be
  putting up wallpaper.)

Preparation
Empty the room completely. Open the window(s) to air it out,
and clean the room thoroughly. Be sure to clean any closets or
fireplaces, as well as any attached area such as a deck, porch, or
balcony. Keep scrubbing and sweeping or vacuuming until you
feel that the room has become void of any vibrations it previ-
ously held.

The Spell
Get into a magickal mood, and create sacred space in the room.
Bring in the incense, light it, then raise power. Visualize the
room as a place of unity and happiness. Picture your family
and friends, all healthy and thriving, gathering together there.

Fill the room with benevolence and visualize it being absorbed into the
wall. When the incense burns, summon the following gods and goddesses upon
the wall and say each name of the deity.

- HESTIA for a safe and happy family
- MAHA LAKSHMI for family prosperity
- VERPLACED, for family union
- AERTEN, to settle family quarrels
- THE PEN

Remain in the room until the incense burns out. While the
incense burns, visualize the room as a place of unity and
happiness. Picture your family and friends, all healthy and thriving, gathering together there.

Master Bedroom

Use this spell to bespell the bedroom of an otherwise deeply committed couple.
It can also be cast for partners together but can also be cast
for them (with permission) by someone who cares about them. You will need:

- rose or jasmine incense
- a writing implement (Use a pencil if you will be
  putting up wallpaper.)
- Optional: potted ivy, roses, cyclamen
Room Spell

Family and friends usually gather, or dine in a room, has a spirit such a room is to touch every­
itive magick, a member of the family, but it­
permission) by someone who
ed:

On s blood incense
a pencil if you will be
hing heavier if you will be

Open the window(s) to air it out,
y. Be sure to clean any closets or
red area such as a deck, porch, or
weeping or vacuuming until you
void of any vibrations it previ-

create sacred space in the room.
then raise power. Visualize the
happiness. Picture your family
ring gathering together there.

Fill the room with benevolence and positive energy, and visualize it being absorbed into the walls, floor, and ceiling.

While the incense burns, inscribe the names of the following gods and goddesses upon the walls. Change the word­
ing as needed, and say each sentence aloud as you write the name of the deity.

On the door or above the doorway, write: “CARDEA, to protect family life. HESTIA, for a peaceful home life. FRIGG, for the well-being of the family.” On any wall write: “DURGA, for family union. VERPLACE, for good family relations. AERTEN, to settle family quarrels. JARA, for a healthy family. MAHA LAKSHMI, for family prosperity. PIETAS, for meeting family responsibilities. THE PENATES, to protect the family.”

Remain in the room until the incense finishes burning. (Light another stick or add more to the censer, if needed.) Look
around me room, and feel the difference that your work has
made in its spirit of place. Once your visualization is complete,
and the incense has burned out, ground the power that you
raised. You can now paint or wallpaper the room, then furnish
and decorate it.

- Master Bedroom Spell

Use this spell to bespell the bedroom where a married (or oth­
wise deeply committed) couple sleeps. It is best cast by both
partners together but can also be cast by just one of them. You
will need:

- rose or jasmine incense
- a writing implement (Use a pencil if you will be
painting the room, something heavier if you will be
putting up wallpaper.)
- Optional: potted ivy, roses, rosemary, violets, or
cyclamen
Preparation
Empty the bedroom completely. Open the window(s) to air it out, and clean the room thoroughly. Be sure to clean any closets, bathrooms, hallways, or fireplaces, as well as any attached area such as a deck or balcony. Keep scrubbing and sweeping or vacuuming until you feel that the bedroom (or master suite) is devoid of any vibrations that it previously held.

The Spell
Get into a magickal mood, and create sacred space in the bedroom. Bring in the incense, and light it. Visualize the bedroom as a place that fosters perfect love and perfect trust. Focus on a stable, loving, enduring relationship. Raise power, and pour all your love and hopes for the relationship into the room.

Envision the room as a sanctuary where love will be renewed each time the couple sleeps there. Visualize a bond so strong, and a relationship so satisfying on every level, that none of the vicissitudes of life will ever be able to break the marriage apart. Fill the room with the strength of this conjugal love, and visualize it being absorbed into the walls, floor, and ceiling.

While the incense burns, inscribe the names of the following gods and goddesses upon the walls. Change the wording as needed, and say each sentence aloud as you write the name of the deity.

On the door or above the doorway, write: “BES, to protect this chamber. OSHUN, to safeguard our relationship. SELKET, to preserve our union. VARA, to protect our marriage.” Above the bed, write: “PARVATI, to watch over us. FREYA, for a happy marriage. HATHOR, for pleasure in marriage. FRIGG, for great sex in marriage. APHRODITE, for the sanctity of our marriage. ISIS, to protect our love.”

On any wall, write: “BENZAITEN, for good fortune. VESTA, for stability. JUNO, for a prosperous marriage. THOR, for a fruitful union. HOLDA, for a protected circle.”

Bring the potted plant into the bedroom and place it near a window. Remain seated and visualize it burning. Light another stick of incense burning. Light another stick of incense if needed. Look around the bedroom to see if your work has made its spirit presence known.

Once your visualization is complete, allow the incense to burn out, ground the power that you have created into the walls, and paint or wallpaper the bedroom to signify its new state of reality.
The Solitary Witch

Partially. Open the window(s) to air it thoroughly. Be sure to clean any closed fireplaces, as well as any attached rooms. Keep scrubbing and sweeping that the bedroom (or master suite) that it previously held.

And create sacred space in the bedroom and light it. Visualize the bedroom as a space of love and perfect trust. Focus on a relationship. Raise power, and pour the relationship into the room. Create a sanctuary where love will be free to sleep there. Visualize a bond so satisfying on every level, that life will ever be able to break the with the strength of this conjugal absorbed into the walls, floor, and

Upon the walls. Change the words: sentence aloud as you write the

The doorway. Write: "BES, to protect our relationship. SELKET, to protect our marriage." Above the watch over us. FREYA, for a happy "Frigg, for great E. for the sanctity of our marriage.

SZATEN, for good fortune. VESTA, a prosperous marriage. THOR, for a

fruitful union. HOLDA, for a proper home. SHEKINAH, for blessings."

Bring the potted plant into the room, if you are using one, and place it near a window. Remain there until the incense finishes burning. Light another stick or add more to the censer, if needed. Look around the bedroom, and feel the difference that your work has made in its spirit of place.

Once your visualization is complete and the incense has burned out, ground the power that you raised. You can now paint or wallpaper the bedroom, then furnish and decorate it.
One of the biggest magickal mistakes that I see people make is to try to rely on magick alone to solve their problems. We have to be responsible and use common sense as well as cast spells, if we expect our magick to succeed.

If you're a smoker, all the good health spells in the world are unlikely to save you from lung diseases. If you smoke near family members, you would do better to stop smoking (or at least stop smoking around them) than to cast protection spells for your family. If you're depressed, you need to see a doctor, not cast a happiness spell. We need to look at ourselves honestly and determine whether or not we are causing our problems. If this is the case, we should do something about it before we turn to magick.

That said, the spells in this chapter can help you deal with everything from tragedy, conflict, obsession, and nightmares to hexes, crossed conditions, invasions of privacy, and more. Don't forget common sense, though, and use ordinary solutions along with the spells.
Silver Bullet Spell

Legend has it that a werewolf can only be killed by a silver bullet. Do you have a problem that is so menacing, so fearsome, or so dangerous that it has become almost like a werewolf in your life? Have all nonmagickal efforts to deal with the werewolf failed? If so, this spell can help you. Naturally it is best cast on the night of a Full Moon (use a calendar to time it). Casting it in moonlight, or in view of the Moon, will increase its power.

This is a serious spell that should be reserved for serious problems. Use it wisely. It is designed to eliminate problems, not to do harm to anyone or anything. To misuse this spell is to paint a bull’s-eye on yourself and invite three silver bullets to strike you. Proceed with caution.

The spell invokes Diana, a powerful Roman triple goddess whose dominion includes hunting and the Moon. To cast it you will need:

+ a silver candle, preferably metallic silver
+ a carving tool
+ a writing implement
+ a bull’s-eye (This is a dark circle with several concentric circles around it, such as is used in archery. You can use an actual bull’s-eye or draw one on a piece of paper.)
+ arrowroot powder (This can be found where spices are sold.)
+ Optional: items connected with the problem, such as documents or letters

Preparation

Identify your problem. That sounds simple, but it is the most crucial element of the spell. If you do not aim the silver bullet correctly, your spell will go wrong. For instance, you might blame someone else for the own actions or inactions that infidelity, you might be tempted partner is the one who should. In such a case it would probably be more helpful to use magick to try to improve the relationship. When you feel that you have identified your problem, sum it up in one or two sentences. Write the words around the bull’s-eye, and carve the words hard to see what you have written. What matters is that the words have to be large enough, also carve the words into it (๑•ᴗ•๑).

Spending time with the problem leading up to the Full Moon will also help you to cast this spell. Focus on the big picture and your place in the event. Ask for a dream message about the problem.

Consider everything. Give big picture and your place in the problem. Ask for a dream message about it.

When you feel that you have a big picture and your place in the problem, sum it up in one or two sentences. Write the words around the bull’s-eye, and carve the words hard to see what you have written. What matters is that the words have to be large enough, also carve the words into it (๑•ᴗ•๑).

Spending time with the problem leading up to the Full Moon will also help you to cast this spell. Focus on the big picture and your place in the event. Ask for a dream message about the problem.

When you feel that you have a big picture and your place in the problem, sum it up in one or two sentences. Write the words around the bull’s-eye, and carve the words hard to see what you have written. What matters is that the words have to be large enough, also carve the words into it (๑•ᴗ•๑).

The Spell

Gather the candle, the bull’s-eye, and the items you are using for the spell. Get into a comfortable position, focusing on the problem. Place the bull’s-eye on your altar or other working space, upright in its center. If you are working with the Moon, remember to commune with the Moon. Ask that the problem be solved without any harm to anyone.

Working widdershins, spread the candle. Raise power. Raise power. Raise power.
The only way a Solitary Witch can be killed is by a silver bullet. So menacing, so fearsome, or so almost like a werewolf in your form to deal with the werewolf is what you. Naturally it is best cast on the calendar to time it. Casting it in the Moon will increase its power.

It should be reserved for serious things. To misuse this spell is only to invite three silver bullets to join you. To cast it correctly, make a powerful Roman triple goddess ring and the Moon. To cast it correctly, you must be a Roman triple goddess. To cast it correctly, you must use metallic silver.

To circle with several things such as used in a ritual bull’s-eye or draw one can be found where spices can be found where spices

You do not aim the silver bullet awrong. For instance, you might blame someone else for the problem, when in fact it is your own actions or inactions that have caused it. Or, in a case of infidelity, you might be tempted to target the lover when your partner is the one who should actually be held accountable. In such a case it would probably be better to end the relationship than to use magick to try to end the affair.

Consider everything. Give it deep thought. Try to see the big picture and your place in it. Meditate on the situation, or ask for a dream message about it, if you need to.

When you feel that you have correctly identified your problem, sum it up in one or two words. Write them in the center of the bull’s-eye, and carve them into the candle. It’s fine if it’s hard to see what you have written on the bull’s-eye; all that matters is that the words have been written there. If the candle is large enough, also carve the symbol for the triple Moon upon it (ॐॐॐ).

Spending time with the Moon, especially on the nights leading up to the Full Moon, is an excellent way to prepare yourself to cast this spell. Focus on your problem, while you commune with the Moon, and on possible ways that it could be solved without any harm being done.

The Spell

Gather the candle, the bull’s-eye, and anything else you are using for the spell. Get into a magickal mood, and create sacred space around the area where you will be working. Put the bull’s-eye on your altar or other working surface, and place the candle upright in its center. If you are using items that are connected to the problem, place them on the altar. Flat items, such as pictures or documents, can be put under the bull’s-eye; anything else can be placed around it.

Working widdershins, spread the arrowroot powder around the candle. Raise power, raise your arms, and say:
Hail Diana!
Queen of Witches,
I call upon thee.
Jana, Tana, Fana,²
Please help me.

Touch the candle. Visualize it as a magickal silver bullet that is going to strike your problem and eliminate it. Raise power higher. You should feel magickal tension rising, as if you are pulling hard on a bow to draw an arrow into shooting position. Raise your arms again and say:

Maiden Huntress,
I call upon you
To steady my arm,
Let me do no harm,
And make my aim true.

Light the candle, thereby setting the spell in motion. Say:

Bullet speed, through the dark,
Straight on course, to the source,
Find your target, hit your mark!

Repeat this as many times as you feel is necessary. Concentrate on an image of the silver bullet hurtling through the darkness to strike your problem. If you have raised sufficient power, you should be able to “feel” the impact. Monitor the candle while it burns. Visualize the problem shattering, fading, withering, melting, receding, growing smaller, disappearing, or whatever image best makes sense in the context of your problem. Watch the candle burn, and allow yourself to begin to feel a sense of relief.

² Jana, Tana, and Fana are all old names for Diana.
It's fine if the candle wax runs onto the bull's-eye or mixes with the arrowroot powder. Once the candle has burned out, gather up the powder, and take it outside. Carry it on the bull's-eye, if you like. Face each of the cardinal points in turn. Start with the North, work deosil, and toss or blow one-fourth of the powder in each of the four directions. Each time that you do this, say:

*By candle's light,*
*By bullet's flight,*
*Queen of the Night,*
*Make things right.*
*Diana Triformis, goddess trine,*
*Let a good solution be mine!*

The spell should have raised a lot of power, and by this point you may be feeling the physical effects of it, such as trembling or lightheadedness. Ground the power. Physically touch the earth or hug a tree, if necessary. Go back inside, and clean up. Have something to eat or drink if you are still feeling the effects of the spell.

**Afterward**
Remember that the more difficult or complicated a problem is, the more complex and time-consuming its solution may be. If you have cast the spell properly, you should see some action toward a solution by the next Full Moon. If nothing happens, or if the problem gets worse, consider that you may have been wrong in your assessment of the situation. Start again. Reconsider the problem, work toward making a more accurate identification of it, and aim a new silver bullet.
**Computer Repair**

Psi-magick can be used to help a computer to repair itself. This works best with computers that you use frequently and have a feel for. It also helps if you, like me, absolutely love your computer.

First, run whatever diagnostic and repair program is recommended for your computer. If that does the trick, great; you don’t need a spell. If it didn’t solve the problem, shut the computer down, and allow it to rest for a while.

Rub the palms of your hands together, then separate your hands, but continue to make the same motions. This is a basic way to raise magickal power, and you should soon feel it as an energy field between your palms.

Turn the computer back on. Focus on it, and concentrate as it starts up until you can sense the computer’s energy field. Restart the diagnostic/repair program, but this time hold your hands over the hard drive while the program runs. Focus your whole attention on channeling the energy in your hands to the computer and on helping it to repair itself. Enjoy the sensation of feeling yourself joining with the machine and working in sync with it.

Ground the power that you raised as soon as the computer notifies you that it has repaired itself.

**Cool-Down Spells**

**Cooling Attraction**

Do you lust for someone who is already taken or absolutely wrong for you? Are you suffering from unrequited love? Is there someone you need to get over, so that you can move on with your life? Do you have an unhealthy obsession with someone? Are you finally ready to end a toxic relationship? If that sounds like you, this spell can help.

You will need:

- a poppet of yourself (This is a sewn “voodoo doll” to a config that represents you, in your mind. Something heart-shaped would also make a good placebo.)
- a cup of unsweetened lemon balm tea (Melissa officinalis)
- a sealable plastic bag that is large enough to hold the poppet
- your freezer

**Preparation**

Get into a magickal mood, and choose an area where you will be working. Inscribe the poppet with this question: “Is there someone in my life who is not right for me?” If the answer is to a man, inscribe the poppet with, “Will this man ever love me?”

Make a cup of lemon balm tea, that indifference—not hatred—that you feel for your object. Do not add sweetener to the tea. Set the other half to sit until it becomes tepid.

**The Spell**

Raise power. Hold the poppet in your hand and demand it to “get real” about the object in question. Put the poppet into the plastic bag, and pour the tepid tea over it. It isn’t a problem if the bag begins to leak.

Seal the bag, and put it into your freezer for as long as you have patience and the will to wait.
Repair

Help a computer to repair itself. Repair that you use frequently and if you like me, absolutely love.

If the problem is rec­

If the problem, shut the computer for a while.

Focus on it, and concentrate the computer’s energy field.

Make a cup of lemon balm tea. Be mindful, as you brew the tea, that indifference—not hatred—is the opposite of love. Do not add sweetener to the tea. Drink half of it, and allow the other half to sit until it becomes lukewarm.

**Preparation**

Get into a magickal mood, and create sacred space around the area where you will be working. If your attraction is to a woman, inscribe the poppet with this female symbol: 🌒. If your attraction is to a man, inscribe the poppet with this male symbol: ♂. Make a cup of lemon balm tea. Be mindful, as you brew the tea, that indifference—not hatred—is the opposite of love. Do not add sweetener to the tea. Drink half of it, and allow the other half to sit until it becomes lukewarm.

**The Spell**

Raise power. Hold the poppet in your projective hand. Command it to “get real” about the person and about the situation. Put the poppet into the plastic bag, and pour the lukewarm tea over it. It isn’t a problem if this causes the ink of the symbol to run.

Seal the bag, and put it into your freezer. Stick it out of the way in a place where it will not be seen every time the freezer.

**You will need:**

- a poppet of yourself (This could be anything from a sewn “voodoo doll” to a chess piece. Anything that represents you, in your mind, will do nicely.
- Something heart-shaped, to represent your heart, would also make a good poppet for this spell. If the attraction is more physical than emotional, you could instead use something to represent your phallus or vulva, as appropriate.)
- a pen or marker that will write on the poppet
- a cup of unsweetened lemon balm tea (*Melissa officinalis*)
- a sealable plastic bag that is big enough to hold the poppet
- your freezer

**Attraction**

Is already taken or absolutely from unrequited love? Is there so that you can move on with thy obsession with someone? romantic relationship? If that sounds
is opened. Visualize your feelings for this person freezing with
the tea. Tell yourself that your feelings will not thaw so long
as the poppet is in the freezer. Repeat this assurance as many
times as needed until you are convinced the spell will work,
then ground the power that you raised.

**Afterward**
Whenever you have any contact with this person, summon the
feeling of ice water into your veins as you deal with him or her.
You can also visualize ice crystals around your heart or geni­
tals, if you need to.

When the day arrives that you come across the poppet in
the freezer and can't remember for a moment what it is or why
it's there, it's safe to assume that you are over that person and
can now dispose of the poppet.

*Note:* If you are so obsessed with someone that you have
begun stalking that person, or have become violent, you need
to get professional psychological help as well as casting this
spell.

<< Cooling Anger >>
Do you have a terrible temper? Does your hotheadedness create
problems for you? Has anyone suggested that you get anger
management training? Do you smash things, have a vicious
tongue, or cause harm in some other way? Do you need to
learn to control your temper for your own good as well as for
the good of others? If so, the spell given above is easily adapted
to help you. You will need:

- a poppet of yourself (This could be anything from a
  sewn “voodoo doll” to a chess piece. Anything that
  represents you, in your mind, will do nicely.)
- a pen or marker that will write on the poppet
- a cup of sweetened mint tea
- a sealable plastic bag that will hold the poppet
- your freezer

**Preparation**
Get into a magickal mood... an area where you will be working.
So inscribe the poppet with its name, or your name, or any
half of the tea, then put the re­
it there until it has grown very

Focus on your anger when
Think about all of the problem
for others. Own that anger. Know that you are the only one
it. Visualize all the positive changes
your life, and the lives of others,
under control.

**The Spell**
Take the tea out of the refrigerator. Hold the poppet in your projec­tion
cool off. Tell it that this is the envi­
Put the poppet into the bag, and
the bag, and put it into your free­
place where it won't be seen ever­

Visualize your anger cooling
that you will now rule yourself.
to rule you. Ground the power.

**Afterward**
Summon the feeling of ice water
feel yourself getting angry. If you
yourself in any other display of
the freezer, and hold it until yo
s feelings for this person freezing with our feelings will not thaw so long
er. Repeat this assurance as many
are convinced the spell will work,
you raised.

Get into a magickal mood, and create sacred space around the
area where you will be working. The planet Mars rules anger,
so inscribe the poppet with its symbol: ♂. Make a cup of mint
tea, and add sugar, honey, or another sweetener to it. Drink
half of the tea, then put the rest of it into the refrigerator. Leave
it there until it has grown very cold.

Focus on your anger while you wait for the tea to cool. Think
about all of the problems that it has caused for you and
for others. Own that anger, and accept responsibility for it.
Know that you are the only one who can do anything about
it. Visualize all the positive changes that will likely be made in
your life, and the lives of others, once you get your temper
under control.

Take the tea out of the refrigerator once it is cold. Raise power.
Hold the poppet in your projective hand, and command it to
cool off. Tell it that this is the end of the road for your bad temper.
Put the poppet into the bag, and pour the cold tea over it. Seal
the bag, and put it into your freezer. Stick it out of the way in a
place where it won't be seen every time the freezer is opened.

Visualize your anger cooling as the tea freezes. Tell yourself
that you will now rule yourself, instead of allowing your temper
to rule you. Ground the power that you raised.

Summon the feeling of ice water into your veins whenever you
feel yourself getting angry. If you do have a tantrum, or indulge
yourself in any other display of anger, get the poppet out of
the freezer, and hold it until you cool down.
Note: If you are so out of control that your anger has caused you to commit crimes, such as arson or domestic violence, you need to get professional psychological help as well as casting this spell. If you care about your karma, you also need to accept justice or make restitution for these crimes.

--- Tragedy Potion ---

This potion is an emergency measure to use when tragedy strikes. I created it on 9/11/2001, after I watched the Twin Towers collapse on live television. It was surreal. I felt cold, numb, and horror-struck. I couldn't get my mind to truly grasp what had just happened and realized that I was in shock. I had a lot of calls to make to check on people, so I knew that I needed to quickly get myself grounded, centered, and balanced enough to do that. This potion worked. I hope that you will never need it, but here are the ingredients:

• hot chocolate (I used skim milk and a powder mix that contained high-quality cocoa. I have thankfully never had to make this potion again, so I don't know if instant hot chocolate would be as effective. Sugar is helpful in treating shock, so don't use a sugar-free chocolate mix unless you're diabetic.)

• essential oil of peppermint

The Potion

Get out a saucepan, a mug or cup, milk, a cocoa mix, a spoon, and oil of peppermint. Make the hot chocolate. Put your body on auto-pilot if need be, but keep enough awareness to do this carefully. If you do not pay attention, you may accidentally burn yourself, scald the milk, or set something on fire. As you stir the cocoa say repeatedly,

Isis, help me.

Pour the hot chocolate into a cup. Add one or two drops of essential oil of peppermint, and stir the cup just once. Some of the oil should be floating on the surface. Take a big gulp as soon as you can to drink. The peppermint will give you a jolt of lightning and help to jolt you out of shock. You should feel your body start to return to normal as you finish the cup of hot chocolate. Make sure you need to.

Note: This potion isn't for the allergic to chocolate or peppermint.
control that your anger has caused arson or domestic violence, you need psychological help as well as casting your karma, you also need to accept these crimes.

**Potion**

A measure to use when tragedy strikes: after I watched the Twin Towers was surreal. I felt cold, numb, and my mind to truly grasp what had that I was in shock. I had a lot of people, so I knew that I needed to centered, and balanced enough. I hope that you will never need

Mix milk and a powder mix cocoa. I have thankfully. Another potion again, so I don’t colate would be as effective. shock. so don’t use a unless you’re diabetic.)

Put a cup. milk, a cocoa mix, a spoon, the hot chocolate. Put your body deep enough awareness to do this attention, you may accidentally or set something on fire. As you

Add a cup. Add one or two drops of and stir the cup just once. Some

of the oil should be floating on the surface of the hot chocolate. Take a big gulp as soon as the chocolate is cool enough to drink. The peppermint will hit your system like a bolt of lightning and help to jolt you out of shock. Sip the rest of the potion slowly. You should be feeling much better by the time you finish the cup of hot chocolate. Have a second cup later, if you need to.

*Note:* This potion isn’t for you if you are lactose-intolerant, allergic to chocolate or peppermint, or have any medical reason that precludes its use.

**Demeter Spell for a Missing Child**

We know from statistics that by the time we hear about a missing child, it is probably already too late to help her or him. All that is decent, hopeful, and compassionate in us responds to the terrible news, nonetheless, so why not cast a spell? We don’t generally use magick for people without a specific request for magickal assistance, but if tearful parents are on television pleading for help from anyone who can give it, I think that we can take that request to include us as well.

Because her daughter Persephone was abducted by Hades, Demeter is a goddess who knows the unimaginable pain of losing a child and the fierce joy of getting that beloved child back. She is a powerful deity to turn to for help when a child disappears, no matter if the child is thought to be lost, to have run away, or to have been taken.

This is an urgent working, so the spell is best cast as soon as you learn that a child is missing. You will need:

* a white candle
* a white cloth (This needn’t be anything large or fancy. A damask tablecloth is great, but a white towel or napkin will do.)
• a picture of the missing child, a news article about the disappearance, or the child’s name written on a piece of white paper
• a pentacle or pentagram (Any type will do, even the symbol 🖌 drawn on a piece of paper.)
• a handful of any type of grain (Barley is best, but rice, oatmeal, cornmeal, flour, or whatever you happen to have in your kitchen will do.)
• Optional: some mullein (Verbascum thapsiforme)
• Optional: all-black or all-white clothing

Preparation
Change your clothes if you are dressing for the spell. Gather the spell ingredients.

The Spell
Get into a magickal mood, and create sacred space around the area where you will be working. Put the white cloth on your altar or other working surface, and place the pentacle on it. Put the child’s picture in the center of the pentacle, and place the candle upright on top of that. Working deosil, spread the grain around the pentacle’s circle. Do the same with the mullein, if you’re using that.

Raise power, and light the candle. Focus on the missing child. Concentrate on drawing that child back to safety or on leading searchers to her or him. If it appears that someone has taken the child, try to send that person the thought that it would be better to leave the child in a safe place, rather than to continue with the abduction. Channel as much energy into this as you possibly can.

Raise your hands over the candle. Focus on the child and the distraught family as you say:

Barley Mother, Giver of All
Hear their pleas, answer my call
By the power resident in grain
Ease their sorrow, end their pain
August Demeter, you are the
Rescue _____ as you did Pen

Remain with the candle. Keep it in your hand. Do this, focusing your attention on Demeter in your own words. Concentrate on drawing Demeter in your own words. When the candle burns out, ground and clean up. Take the grain (and the mullein, if you’re using that) and scatter it outdoors.

Afterward
If you hear the wonderful news that the child is safe and sound, give thanks to Demeter by pouring some of the grain in the same way as you did before.

Crossroads Unfolding

Have you been having a hard time lately? Do you seem to be experiencing everything in your life seeming to turn against you? Witches call such negative cycles cycles tend to pass on their own. Sometimes, however, you may want or need to speed them on their way. Spell casting to reverse a negative trend and bring luck to your life.

This spell can be cast at any time, but is especially powerful on a Wednesday while the Moon is Waxing. If you have a choice, cast it on the Full Moon and New Moon—use whatever Moon phase is available to you. Complete the spell by saying:
child. A news article about
child's name written on a

(Any type will do, even the
type will do."

grain (Barley is best, but
flour, or whatever you
kitchen will do.)

Thapsiana thapsiforme)

White clothing

are dressing for the spell. Gather

and create sacred space around the
working. Put the white cloth on your

and place the pentacle on it. Put

of the pentacle, and place the

Working deosil, spread the grain

the same with the mullein, if

the candle. Focus on the missing
that child back to safety or on

. If it appears that someone has

person thought that it

in a safe place, rather than to

Channel as much energy into

the candle. Focus on the child and


Barley Mother, Giver of All,
Hear their pleas, answer my call.
By the power resident in grain,
Ease their sorrow, end their pain.
August Demeter, you are the key.
Rescue ______ as you did Persephone.

Remain with the candle. Keep repeating the spell, or speak to
Demeter in your own words. Concentrate on the child while you
do this, focusing your attention on drawing her or him to safety.
When the candle burns out, ground the power that you raised,
and clean up. Take the grain (and mullein if you used it), and
scatter it outdoors.

Afterward

If you hear the wonderful news that the child has come home,
give thanks to Demeter by pouring out a libation of water to her.
Pour it first to the East and then to the West.

\:- Crossroads Uncrossing Spell :-

One use doth tread upon another's heel,
So fast they follow.
—William Shakespeare, Hamlet

Have you been having a hard time? Are things not going your
way lately? Do you seem to be thwarted at every turn? Does
everything in your life seem to be going wrong all at once?
Witches call such negative cycles “crossed conditions.” These
cycles tend to pass on their own in time, but it’s natural to want
to speed them on their way. Spells such as this one can help
to reverse a negative trend and restore positive conditions to
your life.

This spell can be cast at any time, but it is most powerful
on a Wednesday while the Moon is waning (the period between
Full Moon and New Moon—use a calendar to time it). You
will need:
+ a large purple candle with a flat bottom
+ a small black candle
+ a piece of thread or ribbon that is long enough to tie
  nine times around the purple candle
+ a capful of ammonia, lemon-scented, if possible
+ a handful of sea salt (Ordinary salt may be
  substituted.)
+ some black pepper
+ a dish or tray
+ a piece of black cloth that is large enough to wrap
  the purple candle in

Preparation
Identify nine aspects of your crossed condition. This might
include problems such as communication failures, bad luck, bad
timing, accidents, breakdowns, interruptions, ill health, wasted
time, lost items, and so on. Be thorough. If you cannot iden-
tify nine aspects, things might not be as bad as you thought, and
you may not need a spell. If you have more than nine aspects,
group them together so that they total nine. If you think you
will have trouble remembering all nine, make a list of them.

Next, identify a crossroad in your area. This must be a true
crossroad, where two thoroughfares intersect to form a +
or an X or one where three or more roads come together. If you
have more than one crossroad available to you, choose the
busiest one. You’re going to be leaving the debris from your
spell there, so consider traffic regulations and local laws about
littering when you plan this part of the spell.

The Spell
Gather the spell materials. Get into a magickal mood, and
create sacred space around the area where you will be work-
ing. Tie the thread or ribbon around the purple candle nine
times near its base. Make a knot each time that you tie the
thread, and name one of the aspects as you tie the knot. (If you run
out of thread, tie another piece and keep going)

Light the black candle. Let its wax drip onto the purple
which forms crisscross patterns on the crossed condition. Be sure to
heat them. When you’re done, extinguish it.

Place the tray or dish on your 
Set the purple candle upright in the tray around its base.

Use enough salt to absorb all of
Use enough salt to absorb all of

Raise power, then light the candle and say:

By the power of the number
A positive cycle will be mine
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.

Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.

Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.

Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.

Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.

Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.

Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

An end to thee (crossed)
Fulmination, culmination.

Continue this way until you have named all nine aspects of your crossed condition. Repeat
the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt.

A more positive cycle is mine.

By the power of the number
A more positive cycle is mine.
thread, and name one of the aspects of your crossed condition as you tie the knot. (If you run out of thread or ribbon, get another piece and keep going.)

Light the black candle. Let it burn for a bit, then begin to drip its wax onto the purple candle. Drip it so that the wax forms crisscross patterns on the big candle to symbolize your crossed condition. Be sure to drip wax over the knots to seal them. When you’re done, extinguish the black candle, and put it aside.

Place the tray or dish on your altar or other working surface. Set the purple candle upright in the middle, then pour the ammonia into the tray around its base. Working widdershins, sprinkle first the sea salt and then the black pepper around the candle. Use enough salt to absorb all of the ammonia.

Raise power, then light the purple candle. Hold your arms up and say:

*By the power of the number nine,*
*A positive cycle will be mine!*

Fulmination, culmination,
*An end to thee \((\text{crossed aspect #1})\) !*

Fulmination, culmination,
*An end to thee \((\text{crossed aspect #2})\) !*

Fulmination, culmination,
*An end to thee \((\text{crossed aspect #3})\) !*

Continue this way until you have named all nine aspects of your crossed condition. Repeat this entire spell nine times while the candle burns. (Do not allow the candle to burn down too close to the ammonia-soaked salt, though, or you may get more fulmination than you bargained for.) After nine repetitions, say triumphantly:

*Hard times are done*  
*And good times begun.*

*By the power of the number nine,*  
*A more positive cycle is mine!*
Blow out the candle, to blow your crossed conditions away, and ground the power that you raised. Make sure that the candle is completely extinguished, then put all of the used spell materials onto the black cloth. Wrap it tightly around them, and take the bundle immediately to the crossroads.

Toss the bundle over your left shoulder, preferably in a spot where it will be repeatedly run over. Leave the bundle there, and do not look back at it. If it is easiest to toss it from a car, that's fine.

Your crossed conditions will begin to lift within nine days.

Hex-Breaker Spell

Do you suspect that someone may be working magickally against you? Do you fear that you have been cursed? Chances are that you're mistaken and simply experiencing the normal vicissitudes of life, but casting a spell can relieve your fears.

This spell will remove anything negative that has been cast on you or against you. It will do no harm if you're wrong and there is no hex or curse. It can be cast at any time, anywhere. You will need:

✦ a chain (Any type of light metal chain that can be broken with a stick will do, but choose one whose size represents the size of the hex that you suspect you may be under.)
✦ a bamboo rod (This must be bamboo and of sufficient size and strength to break the chain that you have selected. If you cannot obtain a large enough stick, use several smaller bamboo rods, and replace them as they break or wear out. Can't find a bamboo stick? Try shops that sell Asian goods. Paper window shades, for example, are often wrapped around a bamboo rod for weight.)
✦ a white candle

Preparation

You're going to really whomp where you can do this safely and the reasons why you think that you're under a curse.

The Spell

Gather the spell materials. Get ready to create sacred space around the spell materials. Light the candle.

Hold the chain in both hands, and concentrate on the energy signature of the hex. Use your mind to channel that energy into the links. Use whatever visualization you use, such as picturing dark light streaming into the chain. When you feel certain that the magickal effort creates no perceptible transfer, such as feeling it grow heavier or lighter, it is likely that there is no hex or curse on you or against you. If you succeed in transferring a hex, continue with the spell.

Hold the chain triumphantly in your victory stance. Face each direction of the compass: North, and say:

Guardians of the North, grant
Guardians of the West, send my
guardians of the South, give me
Guardians of the East, know my

Throw the chain down, and smash it until it breaks. If you are angry at the
your crossed conditions away, raised. Make sure that the candle put all of the used spell mate-
tight around them, and the crossroads.
left shoulder, preferably in a run over. Leave the bundle it. If it is easiest to toss it from
will begin to lift within nine days.

**Problem Solving**

**Preparation**

You're going to really whomp that chain, so choose a place where you can do this safely and without interruption.

**The Spell**

Gather the spell materials. Get into a magickal mood, and create sacred space around the area where you will be working. Light the candle.

Hold the chain in both hands, and raise power. Focus on the reasons why you think that you have been hexed. Concentrate on the energy signature of the hex as you perceive it. Use your mind to channel that energy into the chain and trap it in the links. Use whatever visualization you find helpful, such as picturing dark light streaming out of you and winding itself around and through the links, then solidifying to become one with the chain.

This is a crucial part of the spell, transferring the hex or curse from you into the chain, so take your time with it. The transfer is complete when you perceive a difference in the chain, such as feeling it grow heavier or become warm. If strenuous magickal effort creates no perceptible difference in the chain, it is likely that there is no hex or curse on you. In that case, ground power immediately and discard all the spell materials. If you succeed in transferring a hex or curse into the chain, continue with the spell.

Hold the chain triumphantly aloft with both hands, in a victory stance. Face each direction in turn, beginning with the North, and say:

*Guardians of the North, grant me power!*
*Guardians of the West, send me strength!*
*Guardians of the South, give me energy!*
*Guardians of the East, know my spirit!*

Throw the chain down, and smash it with the bamboo stick until it breaks. If you are angry about having been hexed, use
this process to vent that anger. You may find the work easier if you stretch the chain taut and secure its ends or drape it over something, such as a rock or cinder block. Use whatever is available to you, but only use things you cannot harm.

As you strike the chain, imagine that you are striking the hex or curse that has been placed upon you. Visualize it weakening as the chain weakens and permanently broken when the chain breaks. Try to break the chain before the candle burns out. When it breaks, say triumphantly:

* Spell completed,
* Curse defeated!

Ground the power that you raised, and clean up. You should feel lighter and proud of yourself for having overcome the hex. Throw the chain away, or keep it as an amulet against future attempts to hex you.

If you are tempted to cast something negative on whoever you think sent the hex, don’t give in to that temptation. Two very good reasons for this are, first, that you could be wrong about who hexed you, and, second, that this type of magick will only hurt you. Black magick does more harm to the one who casts it than to the one it is cast upon, so you don’t need to take action in order for the one who hexed you to receive payback for it.

**Lady of Bright Inspiration Spell**

Are you out of ideas? Could your creativity use a boost? This spell creates a magickally charged candle that you can burn whenever you need inspiration. It can be cast at any time but is most powerfully cast five nights before the Full Moon (use a calendar to time this). You will need:

- an amethyst
- a large purple candle with a pillar candle (A round candle will work. Any shade of purple)
- a cauldron that is large enough to hold the candle (A bowl, pot, dish, or other substitute can be used if you first hold a spell to say, “You are now my cauldron. The candle will sit stably in there and be unlikely to topple over”)
- one-quarter cup canola oil (because Canola is an Irish herb. You can get it from a grocery store)
- three drops of blue food coloring
- two drops of red food coloring (because red and blue.)

**Preparation**

Assemble all of the spell ingredients:

Face East. Pour the oil into the cauldron. Use the index finger of your right hand to deosil the blue color. Be sure to stir it deosil: because the color will set in reaction spell to draw the energies of the elements.

Put the amethyst in the cauldron. Set it there overnight. Place the candle deosil East, if possible.

**The Spell**

Get into a magickal mood the night before you will burn the candle to charge it with power. Raise power. Focus on inspiration as you light the candle to charge it with power.
You may find the work easier if and secure its ends or drape it over or cinder block. Use whatever is use things you cannot harm.

Imagine that you are striking the placed upon you. Visualize it weak- and permanently broken when the the chain before the candle burns umphantly:

raised, and clean up. You should yourself for having overcome the hex. Keep it as an amulet against future something negative on whoever give in to that temptation. Two very that you could be wrong about that this type of magick will only more harm to the one who casts upon. so you don’t need to take whoever hexed you to receive payback

Inspiration Spell ~

your creativity use a boost? This charged candle that you can burn on. It can be cast at any time but sights before the Full Moon (use will need:

- an amethyst
- a large purple candle with a flat bottom, such as a pillar candle (A round candle is best, but any shape will work. Any shade of purple is fine.)
- a cauldron that is large enough to hold the candle (A bowl, pot, dish, or other container can be substituted if you first hold your hands over it and say, “You are now my cauldron.” Be sure that the candle will sit stably in the bottom of the cauldron and be unlikely to topple over.)
- one-quarter cup canola oil (This must be canola oil, because Canola is an Irish goddess of inspiration. You can get it from a grocery store.)
- three drops of blue food coloring
- two drops of red food coloring (Five drops of violet or purple food coloring can be used instead of the red and blue.)

Preparation

Assemble all of the spell ingredients, preferably in sacred space. Face East. Pour the oil into the cauldron, and add the food coloring. Use the index finger of your projective hand to stir the oil deosil until it is thoroughly mixed to a uniform purple color. Be sure to stir it deosil, because you are working an attraction spell to draw the energies of inspiration to you.

Put the amethyst in the center of the cauldron, and leave it there overnight. Place the cauldron near a window that faces East, if possible.

The Spell

Get into a magickal mood the next day, and create sacred space around the area where you will be working. You can do this at any time of day, but it is most powerfully done in moonlight. Raise power. Focus on inspiration as you face East, and dress the candle to charge it with power. Hold the candle with your
receptive hand. Dip the index finger of your projective hand into the oil in the cauldron, and rub the candle with it from bottom to top. Repeat this until the entire candle is covered, saying:

*Cerridwen, White Lady of Inspiration,*
*Bless this cauldron with the waters of inspiration.*
*Brigid, Lady of Bright Inspiration,*
*Bless this candle with the fires of inspiration.*
*Nimue, White Lady of Day,*
*Enchant this spell with inspiration.*

There is likely to still be some oil in the cauldron when you finish dressing the candle. Push the amethyst to the side of the cauldron. Hold the candle by its wick, and set it upright in the middle of the cauldron, so that any remaining oil puddles around its base. Thank the goddesses, and ground the power that you raised.

Leave the cauldron, oil, and candle as they are, and put them in a safe place until you need them. It isn’t a problem if the oil should dry up. If your need for inspiration is constant, wash off the amethyst, and keep it with you as a charm.

**Afterward**
Light the candle whenever you need inspiration or new ideas or want to get your creative juices flowing. You can burn the candle whenever you like, but it will work most powerfully in moonlight. Each time that you light it, say:

*Flame of Inspiration, guide me.*

Burn the candle for as long as you need, and then extinguish it. Never blow it out, because you might accidentally extinguish the magick. Use a candle snuffer instead, or wet your fingers and pinch the wick to put the candle out.

Depending on what type of candle you use, its wax may melt down into the cauldron. It’s fine if this happens. Leave the wax there until the candle has burned out. If you use a pillar candle, its wax may be trimmed away after each use, in order to keep the cauldron from getting too heavy. If you must trim the candle, put the candle out in the cauldron.

Discard the candle when it is finished. The amethyst can be washed and used for another magickal purpose.

---

**Scene of the Crime**

Hecate (pronounced “heh-ka-tay”) is the goddess of crossroads where crimes have been committed, particularly unjust or gruesome, or where crimes may linger in that place for many years. This spell can be cast at the scene of a crime, and it will not be necessary for the perpetrator to have been caught, because Hecate also has dominion over justice. The spell can be cast on any night, but it is most effective if the perpetrator has not yet been caught. Note: It is said that Hecate does not interfere with the justice system and pay for a man’s crimes if the perpetrator is male. However, if the perpetrator is female or a group of perpetrators.

• The spell is cast whenever you think it better to have him die in retribution, or if you might decide that it is better for the justice system and pay for his death. You may never learn what outcome ensues, but you can be sure that Hecate is working to fulfill your desire. Her power is a permanent connection between the two worlds.
finger of your projective hand into
the candle with it from bottom
tire candle is covered, saying:

Inspiration,
the waters of inspiration.

Inspiration,
fires of inspiration.

Inspiration.

The oil in the cauldron when you
sh the amethyst to the side of the
its wick, and set it upright in the
that any remaining oil puddles
goddesses, and ground the power
and candle as they are, and put
an need them. It isn’t a problem if
need for inspiration is constant,
keep it with you as a charm.

You need inspiration or new ideas
paces flowing. You can burn the
it will work most powerfully in
light it, say:

me.

you need, and then extinguish
se you might accidentally extin-
snuffer instead, or wet your fin-
the candle out.

candle you use, its wax may
It’s fine if this happens. Leave
the wax there until the candle has been consumed, the magick
is exhausted, and you are ready to clean out the cauldron. If
you use a pillar candle, its wax may need to be poured off or
trimmed away after each use, in order to keep the wick exposed.
If you must trim the candle, put the excess wax back into the
cauldron.

Discard the candle when it is finished. The cauldron and
amethyst can be washed and used again, to repeat this spell or
for another magickal purpose.

Scene of the Crime Spell

Hecate (pronounced “heh-ka-tay”) is a powerful goddess whose
dominion includes crime scenes, so she is present in places
where crimes have been committed. When a crime is particu-
larly unjust or gruesome, or remains unsolved, her presence
may linger in that place for many years.

This spell can be cast at the scene of any crime whose per-
petrator has not yet been caught. It should be cast at night,
because Hecate also has dominion over darkness. The spell
can be cast on any night, but it is best cast on a Saturday. It is
worded for a male criminal, but you can alter the wording if a
female or a group of perpetrators is suspected.

Note: It is said that Hecate is likely to give you what you
need—not necessarily what you ask for. For example, you could
want the criminal convicted and imprisoned, but she could
think it better to have him die in a shootout with the police. The
reverse is also possible. You might be thinking about prison
brutality or the death penalty when you cast the spell, but she
might decide that it is better for your karma to have him evade
the justice system and pay for his crime in some other way. You
may never learn what outcome your spell had, but you can be
sure that Hecate is working to help you. She is a very active
goddess in the modern world, and invoking her may form a
permanent connection between you. Be aware of these things
before you decide to use this spell. If you decide to proceed, this is what you will need:

- three black candles
- three sticks of incense, preferably patchouli
- black pepper
- a sharp lead pencil
- a picture or other image of a black spider (If you draw this yourself, use the lead pencil.)
- black yarn or ribbon, cut into long pieces (The more serious the crime, or the farther away the criminal is suspected to be, the longer the pieces should be.)
- one bottle of apple cider vinegar (Any type of vinegar may be substituted, but that is the most powerful kind to use for this spell.)
- Optional: anything that the criminal touched or left behind
- Optional: three eggs and three onions that have been left overnight at the crime scene to absorb its energy

Preparation
Use the pencil to carve the words “the criminal” into each of the candles. Write it on them instead, if the pencil will not penetrate the wax. It’s fine if the words are difficult to make out on the candle.

Use the pieces of black yarn or ribbon to construct an image that represents a spider’s web. It needn’t be accurate or artistic, just something that seems like a spider web to you.

The Spell
Gather all of the spell ingredients, except the pencil, and bring them to the crime scene. Get into a magickal mood. Arrange the spider web on the ground, as close as possible to the spot where the crime is thought to have occurred. Place the candles upright in a triangle at the center of the web. Have something that the criminal touched or left behind in the middle of the triangle of candles (such as an insignificant large item. Arrange the incense around the spider web.

Raise power. Work widdershins with the black pepper so that it makes a circle around the web, then visualize snaring the criminal in your mind’s eye and feeling justice. Light the candles and the incense for a bit, as you meditate on what we are chanting on justice catching up with the criminal.

Great Mother Hecate,
Hear me, hear me, hear me.
In this place that was defiled
By the one who is reviled.
Seek him, find him,
Catch him, bind him!

Dark Mother Hecate,
Hear me, hear me, hear me.
Let the one sought
By justice be caught.
Hold him fast
In bonds that last.

Great Mother Hecate,
Seek him, find him,
Catch him, bind him!
So mote it be!

The candles and the incense will complete the spell. While they burn, take the vinegar in a glass bottle and sprinkle it or sprinkle it in every part of the crime scene, though it needs to be purified.
H SOLITARY WITCH

is spell. If you decide to proceed, preferably patchouli

of a black spider (If you

the lead pencil.)

at into long pieces (The more

farther away the criminal is

ger the pieces should be.)

or vinegar (Any type of

ed but that is the most

r this spell.)

the criminal touched or left

three onions that have been

scene to absorb its energy

words “the criminal” into each of

instead, if the pencil will not pen-

words are difficult to make out

yarn or ribbon to construct an

er’s web. It needn’t be accurate or

ems that looks like a spider web to you.

ents, except the pencil, and bring

ot into a magickal mood. Arrange

as close as possible to the spot

where the crime is thought to have taken place. Position the

candles upright in a triangle at the center of the web. If you

have something that the criminal touched, place this in the

middle of the triangle of candles—or near the web, if it is a

large item. Arrange the incense near the candles, and place

the spider on the web.

Raise power. Work widdershins to pour out the black

pepper so that it makes a circle around the web. As you do this,

visualize snaring the criminal in your web and bringing him to

justice. Light the candles and the incense. Watch them burn

for a bit, as you meditate on what happened at the scene. Focus

on justice catching up with the criminal, and say:

Great Mother Hecate,

Hear me, hear me, hear me,

In this place that was defiled

By the one who is reviled.

Seek him, find him,

Catch him, bind him!

Dark Mother Hecate,

Hear me, hear me, hear me.

Let the one sought

By justice be caught.

Hold him fast

In bonds that last.

Great Mother Hecate,

Seek him, find him,

Catch him, bind him!

So mote it be!

The candles and the incense will still be burning after you cast

the spell. While they burn, take the vinegar and begin pour-

ing or sprinkling it in every part of the crime scene that feels as

though it needs to be purified. Visualize the criminal being
caught. Imagine him in handcuffs, or sitting in the back of a police car, or on trial, or behind bars, or wearing an orange jumpsuit, or whatever image works for you. Pour as much energy as you can into that image. Repeat the spell, if that feels necessary to you.

Ground the power that you raised, once the candles and the incense have burned down. If possible, leave everything at the crime scene overnight, and clean up the area the next morning. If the crime scene felt heavy with negative energy before you cast the spell, you should find that it feels lighter when you return to it.

Afterward
The gods have their own sense of time, so be patient while you wait expectantly for this spell to manifest. Be mindful that justice can take other forms besides those that the criminal justice system metes out.

Optional: To thank Hecate for hearing your request, offer her the eggs and onions that were left overnight at the crime scene. Do this by taking them to a crossroads where three roads meet and leaving them beside the road for her on the night of a Full Moon.

Do not take these offerings home or keep them in your car, because that may forge an unwanted link between you and the criminal. Leave them outdoors, preferably at or near the crime scene, until you take them to the crossroads. It's fine if someone takes them or if animals eat them before the Full Moon.

Boundary Spell
Coexisting with other human beings can be stressful, especially in crowded conditions such as cities and large households. When we have trouble getting along with people, it is often because they overstep the boundaries that we have unconsciously set, then failed to communicate.

The best approach is to tell others, to tell them frankly if you do not tolerate. But if you've already done so, this spell can help you to delimit.

It invokes Zemlya, a Slavic name for the Earth, and is especially useful when working with fire. You will need:

- two pieces of paper
- a pen or marker with black ink
- some dirt or potting soil
- a black candle
- a fireproof container
- water for fire safety
- a digging tool, such as a garden trowel

Preparation
Identify the groups and individuals who infringe your boundaries. Is there someone who comes to your house at inconvenient times? Do you have relatives, inconsiderate friends, or a rude acquaintance who intrudes on your personal life? Consider all of the different elements:

privacy, time, personal space, or

Be reasonable about this, too. For example, someone parks in front of your house or cuts your lawn, but you have no right to defend your property or to defend it magickally. Someone habitually uses that public parking space at your workplace or car wash and drives you crazy with mess, or behavior, and if the parking spaces are limited, that is another matter.
The best approach is to deal directly and honestly with others, to tell them frankly but kindly what we expect or will not tolerate. But if you've already tried that and it hasn't worked, this spell can help you to define and defend your boundaries. It invokes Zemlya, a Slavic mother goddess.

The spell can be cast at any time, but it is most powerful on a Saturday or when the Sun or Moon is in Saturn (use an astrological almanac to determine this). Use caution, as always, when working with fire. You will need:

- two pieces of paper
- a pen or marker with black ink
- some dirt or potting soil
- a black candle
- a fireproof container
- water for fire safety
- a digging tool, such as a trowel or large spoon

**Preparation**

Identify the groups and individuals who regularly overstep your bounds. Is there someone who habitually calls or visits you at inconvenient times? Do you have noisy neighbors, meddlesome relatives, inconsiderate friends, or a job that eats away at your personal life? Consider all of the recurring invasions of your privacy, time, personal space, or property, and write them down.

Be reasonable about this. It may annoy you whenever someone parks in front of your house, but if this is on a public street, you have no right to claim that space as your personal property or to defend it magickally as such. But if someone habitually uses that public parking space as a private mechanic shop or car wash and drives you nuts with annoying noise, mess, or behavior, and if the police cannot or will not help you with this, that is another matter.
When you finish your list, put it away for at least twenty-four hours. Take it out a day or two later, and reread it. Close your eyes, and meditate on what you have written. Review it again after you meditate. Consider whether or not you have taken all possible nonmagickal actions to deal with these things, such as writing letters or making phone calls. Determine whether your list is complete, whether there are items that don't belong on it, and whether there are actions you should take before proceeding with the spell. Make changes and take action, as needed.

Next, define your boundaries, and write them down on another sheet of paper. Include the things that you will no longer allow, such as "phone calls after 11 pm," "smoking in my home," "dogs on my lawn," or whatever the case may be. Also list the things that you will no longer do, such as "work weekends," "lend my car," "cover for others," or whatever your issues may be.

This is your Action Plan, so beside each item list the things you plan to do about it. For example, if smoking in your home is a problem, you might write next to that item "Remove all ashtrays from the house. Let guests know that they must go out on the balcony to smoke." If people walking on your lawn is a problem, you might write "Put up Keep Off the Grass signs. Plant a hedge." or "Install a fence."

Put the Action Plan away for at least twenty-four hours. Take it out and reread it after some time has passed. Close your eyes, and meditate on what you have written. Review the Action Plan again after you meditate. Consider the wisdom of these actions and their feasibility. Will you actually do these things? Remind yourself that this spell won't work unless you carry out your Action Plan. If you would like to add things, change things, or remove things from the paper, do it.

The Spell
Assemble the spell materials. and Create sacred space around the area. Put your Action Plan on your altar and place a small pile of earth in out until it lines the four sides of the candle upright in the now empty Position the fireproof container scorch if its bottom gets hot. Take and put it beside the container.

Take some of the soil from the fully push or sprinkle it near the Zemlya’s name. When the spell should be around the base of the Raise power, light the candle. hands with their palms upward and say:

Beloved Zemlya, Mother Earth:
Protect me from annoyance in:
From harassment, intrusion an:
Beloved Zemlya, Mother Earth:
Protect me from all that besiege:
From all that seeps or creeps or:
Mati Syra Zemlya, Moist Mother:
Protect me from all that presses:
depresses, or trespasses:
From all that disrupts, interrupts:
assails, or infringes:
Beloved Zemlya, Mother Earth:
Protect me from all that is rude:
From all that crowds or is too lo:
Mati Syra Zemlya, Moist Mother:
Protect me from everyone and e:
That would overstep my bound.
The Spell

Assemble the spell materials, and get into a magickal mood. Create sacred space around the area where you will be working. Put your Action Plan on your altar or other working surface, and place a small pile of earth in its middle. Spread the soil out until it lines the four sides of the paper. Place the black candle upright in the now empty center of the paper.

Position the fireproof container on a surface that will not scorch if its bottom gets hot. Take the first paper you prepared, and put it beside the container. Place the water nearby.

Take some of the soil from the sides of the paper, and carefully push or sprinkle it near the candle each time you say Zemlya’s name. When the spell is complete, all of the soil should be around the base of the candle.

Raise power, light the candle, and cast the spell. Hold your hands with their palms upward on either side of the candle, and say:

Beloved Zemlya, Mother Earth,
Protect me from annoyance, interference, and incursion,
From harassment, intrusion, and invasion.
Beloved Zemlya, Mother Earth,
Protect me from all that besieges, poaches, or encroaches,
From all that seeps or creeps or prevents sleep.
Mati Syra Zemlya, Moist Mother Earth,
Protect me from all that presses, stresses,
Depresses, or trespasses,
From all that disrupts, interrupts, pushes,
Assails, or infringes.
Beloved Zemlya, Mother Earth,
Protect me from all that is rude, crude, or intrudes,
From all that crowds or is too loud.
Mati Syra Zemlya, Moist Mother Earth,
Protect me from everyone and everything
That would overstep my boundaries!
Carefully move the candle aside. Pick up the Action Plan by either end, and tip all of the soil into the fireproof container. Replace the candle in the center of the Action Plan. Take the other paper from its place next to the fireproof container. Touch one end of it to the candle flame, set it ablaze, and carefully drop it into the container. The paper should burn until it is completely consumed, and then extinguish itself. (Relight it from the candle or douse it with water, if necessary.)

Concentrate on ending all violations of your boundaries as you watch the paper burn. Visualize your boundaries in terms of time (your private life and personal time) and space (your home, possessions, and personal space). Mentally place glowing light around all that you would have this spell henceforth hold inviolate.

Hold that image until the paper is consumed and the candle burns itself out, then pour the water into the container with the ashes and the soil. Take the container, your Action Plan, and the digging tool outside (or to a potted plant, if you must work indoors). Dig a hole, and bury the Action Plan. Pour the mud and ashes over it, then cover the hole. Place your hands over it, touching the earth, then ground the power that you raised.

Remember the spot where you buried the spell debris. Mark it in some way, such as with stones or twigs, if you are concerned about forgetting its exact location. Even better, plant something on top of it.

Go back inside, and clean up. Discard the candle and whatever remains of the incense. Wash everything else.

**Afterward**

Be vigilant in patrolling the borders you have defined for yourself. The best way to keep this spell working is to carry out all the items on your Action Plan. If you need some magickal help with this, water the place where you buried the spell debris whenever you have problems.

---

**Untwist**

This spell helps to straighten things up. You can cast it for yourself or others, for magickal help. Be sure that this spell can be cast for anyone, and never substitute for therapy, medication, or medical care.

This spell can be cast at any time, but particularly when cast on the night of a Full Moon. You will need:

- an onion
- a sharp kitchen knife
- a spiral candle, preferably naming this candle for the person you are working for magickal help. Be sure that this spell can be cast for anyone---or choose whatever color you think is most appropriate to this spell and your intentions. You can find spiral tapers in herb stores.
- an essential oil or other fragrance
- an herb or flower, such as lavender, or whatever you are working with. It is also be appropriate to the season and the person or with whom you are working.
- a dishcloth or paper towel

**Preparation**

Dress the candle at least one week before planning to cast this spell. Assemble the candle, the oil, and the herb. Be sure that you can work calmly and without distraction in the space around the area.
Pick up the Action Plan by oil into the fireproof container. er of the Action Plan. Take the p the fireproof container. Touch me. set it ablaze, and carefully paper should burn until it is en extinguish itself. (Relight it h water, if necessary.) violations of your boundaries Visualize your boundaries in (and personal time) and space personal space). Mentally place uu would have this spell hence- paper is consumed and the ur the water into the container make the container, your Action de (or to a potted plant, if you and bury the Action Plan. Pour over the hole. Place your hands in ground the power that you you buried the spell debris. u with stones or twigs, if you are act location. Even better, plant. Discard the candle and wha- sh everything else.

ers you have defined for your- you need some magickal help. ou buried the spell debris whenever you have problems with boundary issues. Take a tiny pinch of dirt from that spot, sprinkle it on your head, and ask Mati Syra Zemlya for her help.

Untwisting Spell

This spell helps to straighten out someone who is all screwed up. You can cast it for yourself or for someone who has asked you for magickal help. Be sure to have permission before casting this spell for anyone, and remember that magick is not a substitute for therapy, medical care, or ending a violent relationship.

This spell can be cast at any time, but it is most powerful when cast on the night of a Full Moon (use a calendar to time it). You will need:

- an onion
- a sharp kitchen knife
- a spiral candle, preferably a taper (You will be naming this candle for the person to be untwisted, so choose whatever color candle seems appropriate to you for this person—or use a white candle. You can find spiral tapers in housewares shops.)
- an essential oil or other concentrated liquid form of an herb or flower, such as pure vanilla extract (The oil, or whatever you are substituting for it, should also be appropriate to the person for whom the spell is to be cast, such as a plant that you associate with the person or with his or her problem.)
- a dishcloth or paper towel

Preparation

Dress the candle at least one day before you cast the spell. Assemble the candle, the oil, and the knife in a place where you can work calmly and without interruption. Create sacred space around the area.
Turn the candle wick-down over a cloth or paper towel. Cut away the wax at the bottom of the candle, until the wick is exposed on that side. Focus on the person to be untwisted. Hold the inverted candle and say:

I name this candle for ____.

You must believe that this candle now represents that person, or the spell will not work properly.

Open the bottle of oil, or whatever you are substituting for it. Use your receptive hand to hold the bottom of the candle and slowly turn it widdershins as you drip the oil onto it with your projective hand. Allow the oil to spiral downward, following the grooves in the candle from the bottom to its tip. As you do this, concentrate on the person and exactly how and why you think that he or she is "screwed up." The candle will drip, so be sure to have a cloth or paper towel beneath it.

Leave the candle in a safe place, such as on your altar, to dry overnight. It should have flecks of dried oil all over it the next day. Put the candle in a holder, upside down. You can cast the spell immediately; or leave the dressed candle on your altar until you are ready for the spell.

The Spell
Put the candle, knife, and onion on your altar or other working surface. Get into a magickal mood, and create sacred space around the area. Focus on the person who needs to be untwisted. Hold the onion while you do this, and visualize it as that person. You must believe that the onion now represents her or him. Raise power and say:

Onion, I name you ____.
As I cut away this skin,
I make you ready for transformation.
I remove your resistance to it.

Raise power. Cut the skin from the onion, then light the candle.
Begin to cut into the onion, carefully peeling away layer after layer until you come to the bulb at its center. Take your time, and concentrate on the person while you do this, naming your purpose aloud as you go. Say whatever feels appropriate, such as "I cut away your negativity," or "I remove those who have negative influence over you." If you find any diseased spots in the onion, think of it as psychic surgery as you carefully excise them. Keep going until you reach the bulb at the center of the onion. Visualize it as the core of the person.

Some onions have a double bulb, with a smaller bulb attached to the main one. One way to interpret this, if you encounter a double bulb while casting this spell, is to see the smaller bulb as representing someone (such as an energy vampire—a person who sucks the life energy out of others) or something (such as an addiction or a bad habit) negative that has become attached to the person for whom the spell is being cast. Remove the small bulb if you find one by very carefully cutting it away without damaging the main bulb.

Throw away all the cut-off parts of the onion, wash your hands and the knife, and clean the surface where you worked. The candle should still be burning, with the onion bulb in front of it. Focus on the candle. Make it the person whom you are trying to help. Imagine that the candle untwists the person as it burns. Raise the power higher, and command,

*Do not resist me as I untwist thee,
do not resist me as I untwist thee.*

Repeat this as many times as feel necessary, while you watch the candle burn down completely. Hold your hands near the candle, close but not touching it, if this will help you to concentrate. Focus on exactly what you mean by untwisting.

We can be wrong about what we think will help other people, and even wrong about what will help ourselves. To avoid imposing your will on the person or trying to manifest a result that is
not needed, ask the Goddess to untwist the person in whatever way would be best. Ground the power that you raised.

The onion peelings represent all that was wrong with him or her, so get them out of your house immediately after the candle finishes burning. Once you have done that, set the onion bulb on a windowsill or in some other place where the morning Sun will reach it. Tell it (the person) that he or she will be reborn with the Sun in the morning and that everything is going to be all right.

The last time that I cast this spell, I put the onion bulb on a small glass dish and made a circle of clear quartz crystals and dried red roses around it. I did that because it felt right to me for the person and for the working. I left it overnight atop my pentacle, on a windowsill. You can arrange whatever feels right to you for the onion, or simply leave it there alone.

Plant the onion bulb the next day. Do this indoors if the earth is too cold to plant it outside. This act will serve to ground the power you raised. If the onion happens to take root and bloom, that is a wonderful sign that the spell has worked.

**Afterward**
This spell should work within a few days, even if the onion simply withers in the ground. The person for whom it is cast may experience a sudden and dramatic change for the better, or he or she may begin to gradually improve.

**Variation**
Two or more witches, each working alone at home, can cast this spell at the same time for the same person.

---

**White Goddess Nightmare Spell**

Everyone has the occasional nightmare, but you can use this spell if you are afflicted with bad dreams. Nightmares can be stubborn, so the spell takes three days to complete. It can be cast at any time but is best begun one week after the Full Moon (use a calendar to time it). You will need:

- a besom (A brand-new besom)
- a white candle
- several sprigs of fresh rosemary (Anise or anise substituted.)
- a pentacle (A fancy one is drawn on a piece of paper)
- white ribbon
- enough chamomile to make a tea
- Optional: rosemary incense

**DAY ONE**

**Preparation**
Get out your besom, and tie a white ribbon around where it joins the bristles. Hold each direction in turn, beginning with your bedroom. Take the besom back to the White Hex or behind the door to your bedroom (whichever is most appropriate for you), and create sacred space. Put the white candle in its center. Place the rosemary in a circle around the white candle in its center.}

---
to untwist the person in whatever power that you raised.

Send all that was wrong with him to our house immediately after the power you have raised. Set the onion bulb in a place where the morning sun will shine on it and that everything is all right. I put the onion bulb on a circle of clear quartz crystals and said that because it felt right to me, I left it overnight atop my curling iron. I can arrange whatever feels right and leave it there alone.

The next day. Do this indoors if the outside. This act will serve to ground the spell, that is, the spell happens to take root and the person will be morning and that everything is all right.

In a few days, even if the onion happens to take root and with a dramatic change for the better, gradually improve.

working alone at home, can cast the same person.

Nightmare Spell

Nightmare, but you can use this for bad dreams. Nightmares can be cast in a week after the Full Moon or one week after the New Moon.

(Problem Solving) Use a calendar to time it). You will need:

- a besom (A brand-new broom can be substituted.)
- a white candle
- several sprigs of fresh rosemary or a handful of dried rosemary (Anise or aniseed could be substituted.)
- a pentacle (A fancy one is great, but the symbol drawn on a piece of paper will do.)
- white ribbon
- enough chamomile to make three cups of tea
- Optional: rosemary incense (Cedar could be substituted.)

DAY ONE

Preparation

Get out your besom, and tie a white ribbon around the handle, where it joins the bristles. Hold the broom in both hands. Face each direction in turn, beginning with North, and say, "I dedicate this broom to the White Goddess." Place the broom near or behind the door to your bedroom (or wherever you usually sleep) in a place where it can remain undisturbed for three days.

If you are using incense, open a window, and burn it for a while to smudge it, then return it to its place by the door. If you are not using incense, proceed to the next part of the spell.

Assemble the candle, the rosemary, and the pentacle on your altar or other working surface. Get into a magickal mood, and create sacred space. Put the pentacle on the altar, and place the white candle in its center. Work widdershins to arrange the rosemary in a circle around the candle.
The Spell

Raise power and light the candle. While it burns, say:

Khmara shall not torture me,
And I shall not torture myself.
By the White Goddess, I banish my nightmares.
In sleep, let me not find them;
By day, let me not mind them;
Finally, let Niorun bind them.
Khmara shall not torture me,
And I shall not torture myself.
By the White Goddess,
My nightmares are banished.
So mote it be!

When the candle has burned down, ground the power that you raised. Make certain that the candle is completely extinguished, then put its remains anywhere in your bedroom. Place the pentacle under your bed (or beneath your mattress), with its top point facing the foot of the bed. You are working a banishing, so it is important for the pentacle to be placed that way.

If you have used fresh rosemary, tie the sprigs into a bunch with some white ribbon, and hang it over your bed. If you have used dried rosemary, divide it into five roughly equal piles. Place one pile in each of the four corners of your bedroom, and place the fifth pile under your bed, atop the pentacle. Ground the power that you raised.

Make yourself a cup of chamomile tea at bedtime. If you have a white mug or teacup, use that. Say the words of the spell aloud between sips of the tea, then go to bed.

DAY TWO and DAY THREE

The Spell

You should feel good when you wake up. If you had a disturbing dream, it should have been less intense than usual.

Open a window. Take the besom sweeping toward the doorway. The bristles needn’t touch the floor. All being cleared of all negative energy as you work:

Besom, besom, White Goddess.
Sweep all nightmares from the house!

When you finish, stand in the door, your bed. The atmosphere should feel strong and positive.

Drink the tea and say the spell. Sweep out your room while you should be free of nightmares. It can then be discarded, and the besom back in its usual place. The besom Goddess, so keep it separate from your bedroom for as long as possible.

Afterward

If the nightmares return within six days, you’re dealing with something that you’re dealing with something that you stated that you would spell, so if the nightmares continue, directing you to seek medical care.

If you cannot find a doctor you stated that you would have done that but still the nightmare caused by something that happened something important enough to come to a life therapist.
THE SOLITARY WITCH

Open a window. Take the besom, and sweep your entire room, sweeping toward the doorway. This is psychic sweeping, so the bristles needn’t touch the floor. As you work, visualize the room being cleared of all negative energy. Chant this sweeping spell as you work:

Besom, besom, White Goddess broom,
Sweep all nightmares from this room.

When you finish, stand in the doorway. Regard the room and your bed. The atmosphere should feel lighter, and you should feel strong and positive.

Drink the tea and say the spell at bedtime. Each morning, sweep out your room while you chant the sweeping spell. You should be free of nightmares by the third night. The candle can then be discarded, and the pentacle thrown away or put back in its usual place. The besom is now sacred to the White Goddess, so keep it separate from your household tools, and reserve it exclusively for magickal use. Leave the rosemary in your bedroom for as long as possible.

Afterward
If the nightmares return within six months of casting this spell, you’re dealing with something that you need to consult a doctor about. You stated that you would not harm yourself in the spell, so if the nightmares come back, it’s your higher self directing you to seek medical care.

If you cannot find a doctor who can help you, seek treatment from a mental health practitioner. If you have been there and done that but still the nightmares persist, they may be caused by something that happened in a previous life—something important enough to come through to this incarnation. If you suspect that may be the case, seek out a reputable past-life therapist.
Witches receive a lot of requests for help. People who are ill, grieving, healing, lonely, victimized, challenged in some other way, or concerned for someone else often turn to us for assistance. It isn't possible to cast spells for everyone, so our usual practice is to light candles for people with the magickal intent of sending energy for whatever their specific need is.

Witches also work magickally on personal objectives. We often work on several of these simultaneously, such as health, prosperity, and protection. Creating magickal candle gardens is one way to keep these practices organized.

A candle garden is a collection of attractively arranged candles, usually of different sizes, that are all burned at the same time. When a candle garden is meant simply for home decoration, its candles are often all the same color, shape, and scent. They are generally purchased in the same place, at the same time, and chosen only for appearance.

It takes a great deal more thought and planning to create a magickal candle garden. Such a "garden" should contain separate candles for each person, condition, problem, idea, or issue for which its candles are burned. Each candle should be
carefully selected so that its size, shape, color, or scent resonates with its magickal intent or with the person or thing that the candle is meant to represent. Each of the candles in a magickal garden should be unique, yet, as in a flower garden, all of the parts of the whole must work harmoniously together. The candle arrangement should please the eye, and the different scents should mingle pleasantly rather than clash with one another.

A magickal candle garden is personal. You determine how your garden will look, what its purpose will be, when it will be used, and how long you will burn the candles each time you activate the garden. You can burn them every day, on certain days of the week, at appointed phases of the Moon, whenever you have need, or simply whenever you feel like lighting them. The more frequently that a candle garden is used, the stronger its magick will grow.

Making a Magickal Candle Garden
You will need:

- candles for each magickal goal, in appropriate sizes, shapes, scents, and colors (Use large candles for long-term goals that you will be working toward for some time, and smaller candles for short-term objectives.)
- a tray, mirror, dish, bowl, tile, or other fire-safe container or surface in or on which to construct the garden
- an altar candle, preferably a simple white taper
- Optional: herbs, charms, crystals, images, or other items that you feel enhance the magick or appearance of your garden
- Optional: oil for dressing the candles
- Optional: incense, to burn when you light the candles

Charging the Candles
Once you have selected the candles, charge them. Consider your garden to encourage or to halt? What kind of The magick of your garden will be seen in how the candles is flowing in like man. Charging each candle, and word the example, it might be better to charge efforts to find a job, rather than charitable problems; or to charge a candle loneliness, rather than to help them.

Once you have determined the ways, There are many ways to do this, but ble all the components for your garden mood, and create sacred space around to be working. Place the altar candle in and raise power.

Take the first garden candle, and Focus for a moment on that candle, aloud. Concentrate on transferring to the hands to the candle. (If you are using it while you do this.) Hold the candle upright in the garden, and say.

This candle will glow, and its mag

This candle will glow, and its mag

Continue this procedure until all the charged and placed in the garden. Arrangement seems most magickal and attractive incorporatior charms, stones, statues. of garden, add them now.

When you like the way the garden has over the candles. Concentrate on the
Magickal Candle Gardens

Charging the Candles

Once you have selected the candles for your garden, you must charge them. Consider your garden's purpose. Is it meant to encourage or to halt? What kind of energy is it meant to send? The magick of your garden will be strongest if the energy of all the candles is flowing in like manner. Assess your purpose in charging each candle, and word the charge accordingly. For example, it might be better to charge a candle to support your efforts to find a job, rather than charging it to end your financial problems; or to charge a candle to help end someone's loneliness, rather than to help them find love.

Once you have determined the wording, charge the candles. There are many ways to do this, but here is a simple one. Assemble all the components for your garden. Get into a magickal mood, and create sacred space around the area where you will be working. Place the altar candle in the empty garden, light it, and raise power.

Take the first garden candle, and hold it in both hands. Focus for a moment on that candle's purpose, then name it aloud. Concentrate on transferring magickal energy from your hands to the candle. (If you are using oil, rub the candle with it while you do this.) Hold the candle by its wick, place it upright in the garden, and say,

*This candle will glow, and its magick will grow.*

Continue this procedure until all of the candles have been charged and placed in the garden. Arrange them in whatever way seems most magickal and attractive to you. If you are incorporating charms, stones, statues, or other items with your garden, add them now.

When you like the way the garden looks, hold your hands over the candles. Concentrate on the garden's purpose and...
magickal objectives. Focus that intent into your hands, then transmit it to the candles. Say:

This garden is dedicated to the Lord and the Lady.
It will create change, but never cause harm.

When you feel that the candles are sufficiently charged, extinguish the altar candle. You can then ground the power that you raised, or you can activate the garden for the first time, and ground power afterwards.

Activating the Magick of a Candle Garden
When you want to release your garden’s magick, get into a magickal mood, and focus on its intent. Create sacred space around it, and raise power. Light the altar candle, then use it to light the garden candles. As you light each one, name its purpose aloud.

Once all the candles are burning, stand back a bit and regard your garden. Visualize magickal energy shooting from each candle toward its goal. Focus on the changes your garden is meant to bring about, visualizing them as already accomplished. Raise your arms, and say in a strong, clear voice:

The magick is unpent and sent.

Allow the candles to continue burning for as long as feels necessary to you, then extinguish them. (Many witches feel that to blow out a candle is to extinguish its magick or to undo the spell. If you feel this way, you should use a candle snuffer for your garden. Some witches believe that candles should always be extinguished in reverse order to that in which they were lit. If this resonates with you, do it.) Ground the power that you raised, and have something to drink.

The magickal potency of your garden will be increased if you make a small ritual of its activation. You can do this in whatever way you like, such as by wearing the same ritual clothes or mask each time, by playing the same music, burning the same incense, using the same ritual movements or hand gestures, and so on.

Maintaining the Garden
As with a real garden, you will need to trim candles, scrape up wax, and so on. You will remove a candle whenever you want to deactivate it before its work is done. You will remove a candle whenever you want to deactivate it.

Different Types of Gardens
Various gardens can be created for different magickal objectives. The following are a few examples of some magickal candle gardens that you can create:

Garden of Ambition
In this garden you use a separate candle for each of your goals. For example, include candles for a raise, a promotion, success in school, assignments, and so on. If the goals are related, there might also be a candle for getting into shape, one for getting into shape, one for... ever your individual goals might dictate.

Purple, silver, and dark green are candle colors for this garden: silver for success. Ogun is a good god of success. His colors of black, dark blue, and green are also appropriate for the candles in this garden.

Appropriate charms for a Garden of Ambition include a small bag of seeds, a small bag of bubble gum, a small bag of salt, and a small bag of pepper.
THE SOLITARY WITCH

Maintaining the Garden
As with a real garden, you will need to tend this one on a regular basis. Instead of watering and pulling weeds, you’ll need to trim candles, scrape up wax, and remove or replace candles as needed. You will remove a candle when its goal is reached and its work is done. You will replace a candle when it is spent, but its objective has not yet manifested. You will add a new candle whenever you want to incorporate an additional magickal objective into the garden.

Charge all new candles before you add them to the garden. If you consider this maintenance a sacred task, your garden’s magick will flourish.

Different Types of Gardens
Various gardens can be created for different purposes. The following are a few examples of some of the many types of magickal candle gardens that you can create.

Garden of Ambition
In this garden you use a separate candle for each of your goals. A Garden of Ambition that is focused on work might, for example, include candles for a raise, a promotion, recognition, better assignments, and so on. If the garden also included personal goals, there might also be a candle for being more organized, one for getting into shape, one for keeping on budget, or whatever your individual goals might be.

Purple, silver, and dark green, for ambition, are appropriate candle colors for this garden; so are red for advancement and orange for success. Ogun is a god who helps with achieving goals. His colors of black, dark blue, light green, and red are also appropriate for the candles in this garden.

Appropriate charms for a Garden of Ambition include eight bay leaves or traditional offerings to Ogun, such as hot peppers, small bags of salt, and palm fronds. His customary...
altar furnishings of an iron cauldron and small metal objects, such as chains, wires, nails, and miniature tools, could also be incorporated in the garden.

Focus on moving forward when you activate this garden and on your action plan for reaching each goal. It would be unreasonable to only rely on magick, so also try to take a concrete step, however small it might be, toward each goal each day.

Garden of Compassion

In this garden you place a separate candle for each person who has asked you for magickal help. You use large candles for ongoing work, such as for someone with cancer or a heart condition, or for a child with special needs. You use smaller candles for people who are experiencing temporary challenges such as failed relationships, lost jobs, illnesses, or crossed conditions. Tea lights are good for single wish-me-luck lightings, for someone who has a court date, a job interview, or an exam, for example.

Candle colors for this garden can relate to each issue, such as white for protection or uncrossing, blue for hope or truth, green for healing or acceptance, brown for balance or grounding, pink for love or happiness, and so on. You might instead choose a candle because it reminds you, in some way, of the person for whom you charge it to work magick.

The garden might also contain charms of compassion such as a jade plant, a rose quartz heart, or an image of Kwan Yin, Lady of Compassion. Lotus and sandalwood incense are appropriate choices to burn with the candles.

When activating this garden, focus on sending energy to each person as you light his or her candle. To prevent depletion, make sure that when you raise power for this, you gather it from sunlight, storms, moonlight, trees, wind, or other natural sources instead of using your personal power.
cauldron and small metal objects, and miniature tools, could also be

ard when you activate this garden for reaching each goal. It would be in magick, so also try to take a con­
light be, toward each goal each day.

of Compassion

parate candle for each person who will help. You use large candles for someone with cancer or a heart with special needs. You use smaller experiencing temporary challenges lost jobs, illnesses, or crossed con­for single wish-me-luck lightings, t date, a job interview, or an exam, and so on. You might instead reminds you, in some way, of the e it to work magick.

ustain charms of compassion such as the heart, or an image of Kwan Yin, and sandalwood incense are appro­the candles.

arden, focus on sending energy to or her candle. To prevent deple­you raise power for this, you gather onlight, trees, wind, or other nat­your personal power.

Garden of Thanksgiving

Count your blessings, and notice that your cup is at least half full. What are you thankful for? In this garden you include a candle for each of your blessings. Each person’s garden will be unique, but your blessings might include things such as good health, your family, your friends, your career, and the roof over your head. Items that relate to your blessings, such as pictures of friends or family members, are appropriate additions to this garden.

To whom will you be giving thanks? Images of a matron goddess or patron god are also appropriate for this garden, as are more general images such as those of the Lord and the Lady. You might instead incorporate images of gods and goddesses who have specific dominion over your blessings. (See “Optional: Invocation” on page 82 for ideas.) If you are giving thanks to the Universe rather than to deities, images of stars, planets, or constellations would be good charms for your garden.

You can double the magick of your Garden of Thanksgiving by focusing on maintaining your blessings, as well as on giving thanks for them, when you activate your garden.

Morning Garden

A Morning Garden should face East, where it greets the rising Sun each day. In it you place candles for things that you want to help grow, such as plans, projects, children, gardens, and businesses. You also include candles for things that are begin­ning, such as healing, artistic endeavors, enlightenment, new friendship, and new love, to encourage their growth and suc­cess. Yellow and rose-pink candles are appropriate for this garden. Good charms for it include bells, gongs, and conch shells.

Images of deities who have dominion over the dawn and auspicious beginnings, such as Aurora, Aya, Bast, Eos, Isis,
Janus, Ushas, or the Zorya, are also appropriate additions. This garden should be activated in the morning.

\*Evening Garden\*

An Evening Garden should face West, where it bids farewell to the Sun each night. In it you place candles for things that you want to end or go away, such as problems, hardships, illnesses, stresses, bad habits, negative patterns, toxic relationships, and so on. You also include candles for things that are ending, such as phases, relationships, situations, or life stages, to encourage their satisfactory completion.

Black, dark blue, dark plum, and dark gray are appropriate candle colors for this garden. Sprigs of rosemary and images of deities who have dominion over the sunset, such as Baal, the Hesperides, Janus, Nephthys, Sekhmet, and the Zorya, are also appropriate additions. This garden should be activated in the evenings.

\*Garden of the Wider World\*

Whatever the spiritual path, if one follows it correctly, there comes a time when one is more concerned for others than for oneself. In this garden you include candles for each global issue or problem that you care passionately about. Your candles might, for example, represent the ozone layer, the Amazon rainforest, hunger, terrorism, overpopulation, coral reefs, landmines, an endangered species, AIDS, or whatever you worry about. Such things require long-term solutions, so you use large candles for this garden.

Alternately or additionally, your garden might contain a candle for each place you care deeply about. This might be a continent, a country, a mountain, a river, your neighborhood, your ancestral homeland, or wherever your heart lies. The garden might also contain candles for groups of people you are concerned about, such as children, refugees, earthquake victims, and so on. There might be organizations whose international work you would like to see flourish. These might be PETA, the Red Cross or Red Crescent, Doctors Without Borders, or whatever interests you.

Plan on giving this garden regular attention. You are likely to find yourself frequently watching the news or reading newspapers. In the Garden of the Wider World, focus on some global problem or group as you light its appropriate incense to burn when you activate the garden.

It will be a time of great hope and compassion when you find that one of this garden’s candles has been extinguished.
there are also appropriate additions. This in the morning.

**Magickal Candle Gardens**

Face West, where it bids farewell to you place candles for things that you as problems, hardships, illnesses, patterns, toxic relationships, and to things that are ending, such transitions, or life stages, to encourage them. Sprigs of rosemary and images over the sunset, such as Baal, Anthys, Sekhmet, and the Zorya, are. This garden should be activated in

**The Wider World**

If one follows it correctly, there are other than for include candles for each global issue passionately about. Your candles for the ozone layer, the Amazon rain overpopulation, coral reefs, land AIDS, or whatever you worry about. long-term solutions, so you use them.

Finally, your garden might contain a are deeply about. This might be a mountain, a river, your neighborhood, or wherever your heart lies. The candles for groups of people you as children, refugees, earthquake victims, and so on. There might also be candles to represent organizations whose international work you appreciate and would like to see flourish. These might be Greenpeace, UNICEF, PETA, the Red Cross or Red Crescent, Amnesty International, Doctors Without Borders, or whatever groups represent your interests.

Plan on giving this garden room to grow, because you are likely to find yourself frequently adding candles to it after you watch the news or read newspapers. When activating a Garden of the Wider World, focus on sending positive energy to each problem or group as you light its candle. Dragon’s blood is an appropriate incense to burn when you activate the candles.

It will be a time of great happiness whenever you discover that one of this garden’s candles is no longer needed.
The brewing of magickal potions is a traditional skill of witches. Images of the cackling witches in Macbeth might come to mind, with their bubbling cauldron and horrible potion ingredients, or one may think of Cerridwen, whose legendary potion had to brew for a year in order to yield three drops of magickal elixir—but in reality, potions can be made quickly, simply, and from ordinary ingredients.

Tea is inherently magickal because it incorporates all four elements: boiling water (Fire and Water), herbs (Earth), and aromatic steam (Air). To make any cup of tea with magickal intent is to brew a potion. To drink a potion is to cast an indrinking spell, as you draw the magickal power of the brew into yourself.

The potions given here are simple spells that can be cast at any time. They are best made in privacy when you are calm, centered, and feeling able to enchant the potion with the power of your intent. You could use these potions when you have specific needs, or you could use one or more of them on a regular basis to maintain positive conditions in your life. As with all magick, the more energy and effort that you put into a spell, the better the result that you will obtain from it.

Whenever possible in making and drinking these potions, do use your finest china, your best table linens, your good
silverware, and so on. If you use the potions regularly, make a small ceremony of their preparation. Such rituals are comforting. They center you and make life more meaningful. Rituals also encourage the flow of magick through you and throughout your life.

Recipes for many different potions are given here. They are all meant to be made by you for yourself. It is unethical to administer a potion to someone without that person's knowledge and informed consent. To violate someone in that way is to invite negative repercussions to rebound upon you, so you definitely don't want to start brewing up potions and serving them to people who have no idea what they are drinking.

Each of these potions is designed to draw specific positive energies toward you. You can prepare them however you usually make tea, such as with milk and sugar. Be sure to only stir them deosil though, because you are working to attract those vibrations that will help you to achieve your objective. Some of the potions call for symbols such as hearts and runes to be stirred into them. First stir those potions deosil, then stir the shape of the symbol into them. It's fine if you would prefer to use an alternate symbol, such as a different rune. Be sure to focus on your magickal objective while you drink the potions.

The Spell

A potion spell, like any other spell, begins when you first think about making it. The next step is to gather everything that you need to make the potion. As you do this, focus your magickal attention on the effect that you want your potion to have. Visualize the changes that you would like the potion to manifest in you and in the circumstances of your life.

Get into a magickal mood when you are ready to make the potion. Create sacred space in the place where you will make it and in the place where you will drink it. Empty your kettle of any standing water, and fill it with fresh water. Heat the kettle until the water is at a full boil at the spout. Regard the boiling kettle:

*Powers of Water, Powers of Fire.*
*Bring to me what I desire.*

Put the herbs in the pot, or the tea bag(s), or pour the boiling water over them. Stir a bit. Inhale its steam, and say:

*Powers of Earth, Powers of Air.*
*Draw to me all that is fair.*

Remove the tea bag(s), or pour the tea. Raise power. Hold your hands over you focus on infusing the potion. This is the most important part of the spell and give it your complete attention.

*This cup of tea is now enchanted, with seeds of ________.*
*Aromatic magickal potion.*
*As I drink, set my spell in motion.*

Ingredients

water: Ordinary tap water is fine. But water is preferable. If you become making tea potions, you may want to use water from natural sources such as snow, or water from wells, springs, or your own well. If you do this, be sure that you are certain is safe to drink.

3. Fill in the word or phrase, such as “peace,” “happiness,” “love.”
You use the potions regularly, make a preparation. Such rituals are com-
d make life more meaningful. Rituals of magick through you and through-
erent potions are given here. They try you for yourself. It is unethical to
one without that person's knowl-
it. To violate someone in that way is
ions to rebound upon you, so you
art brewing up potions and serving
no idea what they are drinking.
is designed to draw specific posi-
you can prepare them however you
ith milk and sugar. Be sure to only
ecause you are working to attract
symbols such as hearts and runes
st stir those potions deosil, then
l into them. It's fine if you would
ymbol such as a different rune. Be
cal objective while you drink the
r spell. begins when you first think
ep is to gather everything that you
 you do this, focus your magickal
 you want your potion to have. Visu-
like the potion to manifest in
es of your life.
ood when you are ready to make
ace in the place where you will
ere you will drink it. Empty your
and fill it with fresh water. Heat the
kettle until the water is at a full boil, with steam pouring from
the spout. Regard the boiling kettle and say:

Powers of Water, Powers of Fire,
Bring to me what I desire.

Put the herbs in the pot, or the tea bag(s) into the cup, and
pour the boiling water over them. Allow the brew to steep for
a bit. Inhale its steam, and say:

Powers of Earth, Powers of Air,
Draw to me all that is fair.

Remove the tea bag(s), or pour the tea from the pot into a cup.
Raise power. Hold your hands over the cup for a moment, as
you focus on infusing the potion with your magickal intent.
This is the most important part of the spell, so use full power
and give it your complete attention. Stir the tea and say:

This cup of tea is now enchanted,
with seeds of ________. 3 firmly planted.
Aromatic magickal potion,
As I drink, set my spell in motion.

Ingredients

water: Ordinary tap water is fine, but spring water or filtered
water is preferable. If you become very interested in
making tea potions, you may want to begin collecting
water from natural sources, such as rain water, melted
snow, or water from wells, streams, or springs to use in
your potions. If you do this, be sure to only use water
that you are certain is safe to drink.

3. Fill in the word or phrase, such as "peace" or "good health," that sums up your desire.
tea: When black tea is specified, it means ordinary tea, such as orange pekoe. Lemon balm tea means Melissa officinalis, which is also simply called balm. Ginger tea means tea that is brewed from a piece of freshly peeled ginger root; cinnamon tea means tea that is brewed from cinnamon sticks or chips. Rose tea means tea that is made from rose petals, rose hips, or a combination of the two. When a potion calls for more than one kind of tea, you can use two tea bags in the cup, or a spoonful of each herb, per cup of tea, in the pot.

You may find it easier to obtain commercial tea products, such as cinnamon tea or ginger tea. If so, try to use those products that contain natural ingredients. Dong quai, cat’s claw, eyebright, feverfew, scullcap, uva ursi... there are esoteric herbs that can be used in tea potions, but this book’s recipes focus on ingredients that are generally readily available in grocery stores.

sweetener: Honey has the magickal power of attraction, so it is the ideal sweetener to use in tea potions. Ginger has many magickal qualities, so pieces of candied ginger also make good sweeteners for the potions. You could also use sugar, or no sweetener at all. Artificial sweeteners have no magick in them, but you can use them if you need to.

citrus: Lemon has the magickal powers of repelling and averting, so it is best not to use lemon in any of these potions unless it is listed as an ingredient. When lemon is called for, that is because it has a magickal correspondence with the potion’s intent. In that case you can use a strip of lemon peel or a squeeze of fresh lemon juice. When the peel of any citrus fruit is called for, it means the zest, the colorful outer part of the skin of the fruit. Citrus peel may be used fresh or dried. Milk should not be added to potions because it is likely to curdle.

other ingredients: When a potion calls for a stone, you place it in the cup and reserve it for future use. When a cinnamon stick, you use it after drinking the potion.

The Potions

Taste is individual, so it is unlikely that you will like or one that contains an ingredient at all. Experiment, and create your own.

- Abundance Pot

To encourage an abundance of good fortune.

Black tea, with a strip of orange peel.

- Beauty Pot

For males or females, to help you attract and maintain a healthy, radiant appearance; to encourage others to find you attractive.

Jasmine tea and hibiscus tea.

Note: Bathe your face in the steam and then drink the potion.
It means ordinary tea, such as balm tea means Melissa, or simply called balm. Ginger tea is from a piece of freshly peeled ginger tea means tea that is brewed from ginger. Rose tea means tea that is made from rose hips, or a combination of herbs. If you need more than one kind of herb, you might use the cup, or a spoonful of tea in the pot.

To obtain commercial tea, look for loose tea or ginger tea. If so, try natural ingredients. Herbs include eyebright, feverfew, skullcap, uva ursi, and other herbs that can be used in tea recipes. Ingredients focus on ingredients that are available in grocery stores.

Magickal power of attraction, so it should not be added to potions that contain citrus, because it is likely to curdle.

Other ingredients: When a potion calls for a crystal or other stone, you place it in the cup with the tea, but you DO NOT INGEST IT! You wash the stone after you drink the tea, and reserve it for future use. When a potion requires a cinnamon stick, you use it to stir the tea, then discard it after drinking the potion.

The Potions

Taste is individual, so it is unlikely that you will care for all of these potions. Do not use a potion whose taste you really dislike or one that contains an ingredient you are allergic to. Whenever possible, more than one recipe is given. Feel free to experiment, and create your own potions.

- Abundance Potion

To encourage an abundance of good things in your life.

Black tea, with a strip of orange peel.

- Beauty Potion

For males or females, to help you to feel good about your appearance; to encourage others to find you attractive.

Jasmine tea and hibiscus tea.

Note: Bathe your face in the steam from the cup before you drink the potion.
Clarity Potions
To encourage yourself to think clearly; to help you to read people and situations correctly.

- Black tea, with a squeeze of fresh lemon.
- Spearmint tea, with a strip of tangerine peel.
- Peppermint tea, with a clear quartz crystal.

Optional: a clear glass cup or mug

Courage Potion
To help you to feel more courageous; to help you to face things bravely.

- Black tea, with a piece of freshly peeled ginger root,
or several pieces of candied ginger.

Optional: a mug with a lion or a wolf on it

Creativity Potion
To activate your creative powers. When you stir the potion, stir the shape of this rune into it:

- Chamomile tea and peppermint tea, with three cardamom pods.

Note: Discard the cardamom pods after you drink the potion.

Friendship Potion
To encourage new friends to enter your life; to encourage new friendships to blossom; to encourage good relationships with your friends; to encourage a friendlier personality in yourself. When you stir the potion, stir the shape of this rune into it:

- Strawberry leaf tea, with a rose quartz.

Good Health
To help your body to maintain its health. To encourage these potions, stir the shape of this rune into it:

- Yerba maté tea, with a slice of ginger.
- Ginger tea and rose hip tea.

Note: Eat the dried apple after the potion.

Good Luck
To attract good luck; to encourage the potion, stir the shape of this rune into it:

- Peppermint tea and dill seed

Note: Discard the dill seeds and drink the tea. You could also wash the seeds as a good luck charm. This potion could be enjoyed from your favorite cup or mug.

Happiness Potion
To encourage contentment; to help you focus on your feelings, rather than on your problems. When you stir the potion, stir the shape of this rune into it:

- Earl Grey tea, with lemon.
- Black tea, with a strip of tangerine peel.
- Lemon balm tea, with a slice of lemon.

Note: If you use the lemon balm tea, wash the leaves after you drink the potion.
The Solitary Witch

**Potions**: to help you to read clearly; to help you to face things courageously; to encourage new relationships with a friendlier personality in yourself. To encourage contentment; to help you to focus on your blessings, rather than on your problems.

---

**Good Health Potions**

To help your body to maintain its good health. When you stir these potions, stir the shape of the ankh into them: ☄

- Yerba mate tea, with a slice of dried apple.
- Ginger tea and rose hip tea, with a slice of dried apple.

*Note:* Eat the dried apple after the tea is finished.

- Green tea and peppermint tea.
- Green tea and ginseng tea.
- Green tea and rose hip tea.

*Optional:* a green cup or mug

---

**Good Luck Potion**

To attract good luck; to encourage lucky breaks. When you stir the potion, stir the shape of this rune into it: ☄

- Peppermint tea and dill seed tea, with a star anise.

*Note:* Discard the dill seeds and the star anise after you drink the tea. You could also wash the star anise, dry it, and retain it as a good luck charm. This potion is best drunk from your favorite cup or mug.

---

**Happiness Potions**

To encourage contentment; to help you to focus on your blessings, rather than on your problems. When you stir these potions, stir the shape of this rune into them: ☄

*Note:* These potions will not treat depression. That is a medical condition which requires medical treatment.

- Earl Grey tea, with lemon.
- Black tea, with a strip of tangerine peel.
- Lemon balm tea, with a slice of dried apple.

*Note:* If you use the lemon balm tea, eat the dried apple after you drink the potion.
**Good Marriage Potion**

To encourage a happy, contented relationship. When you stir the potion, stir the shape of this rune into it: X

*Note:* This potion will not stop abuse or solve other serious problems. Those require help from professionals or the legal system.

Red clover tea and linden flower tea and a small clear quartz crystal.

*Note:* This potions is best drunk by both spouses, together.

**Meditation Potion**

To encourage a meditative state of mind. When you stir this potion, stir the shape of this rune into it: ♂

Chamomile tea, with a pinch of aniseed.

*Optional:* a cup that is any shade of blue or purple

*Note:* Discard the aniseed after the tea has finished steeping.

**Peace Potion**

To encourage inner peace; to encourage peaceful relationships with others; to encourage peaceful conditions around you.

*Note:* This potion will not stop violence or end abuse. You need to call the police for that.

Chamomile tea and hibiscus tea, with a small blue stone or a small rose quartz.

*Note:* This potion can be made at home and taken in a thermos to the place where peace is sought, such as work or school.

**Personal Potion**

To empower you; to increase your personal powers; to help you to develop your personal powers; to help you to use your powers wisely. When you stir the potion, stir the shape of this rune into it: ♀

Ginseng tea and a small quartz crystal.

*Optional:* an orange or mager picture of your power animal and astrological sign on it

**Psychism**

To activate your psychic gifts: to increase your psychic abilities; to prepare as casting runes or scrying. When you stir the potion, stir the shape of this rune into it: ♀

Peppermint tea and rose tea.

*Optional:* To increase its potency, add mastic resin.

*Optional:* To increase its potency, add mastic resin while you drink it. Mastic resin, also called gum mastic, is available at self-igniting charcoal. It can be found in grocery shops.)
Marriage Potion
~
A tented relationship. When you stir this rune into it: X
stop abuse or solve other serious help from professionals or the legal
then flower tea and a small clear
drunk by both spouses, together.

Ritual Potion
~
state of mind. When you stir this is rune into it: P
pinch of aniseed.
any shade of blue or purple
fer the tea has finished steeping.

Love Potion
~
encourage peaceful relationships peaceful conditions around you.
violence or end abuse. You need
iscus tea, with a small blue urt.
ide at home and taken in a ther-sought, such as work or school.

Personal Power Potion
~
To empower you; to increase your awareness of your powers; to help you to develop your personal powers; to strengthen your personal powers; to help you to learn (or remember) that “power with” is better than “power over”; to encourage you to use your powers wisely. When you stir the potion, stir the shape of this rune into it: 3
Ginseng tea and a small quartz crystal, stirred eight times with a cinnamon stick.
Optional: an orange or magenta cup, or a mug that has a picture of your power animal or the symbol for your astrological sign on it

Psychism Potion
~
To activate your psychic gifts; to encourage the development of your psychic abilities; to prepare you for divination, such as casting runes or scrying. When you stir the potion, stir the shape of this rune into it: 1
Peppermint tea and rose tea, with a small piece of mastic resin.
Optional: To increase its potency, burn patchouli incense or mastic resin while you drink this potion. (Mastic resin, also called gum mastic, should be burned over self-igniting charcoal. It can be found in Middle Eastern grocery shops.)
Spirituality Potions

To awaken your spirituality; to encourage your spiritual development. When you stir the potion, stir the shape of this rune into it: ☴

Jasmine tea, with a few drops of passionflower juice.
Green tea, with five juniper berries.
Optional: a white, violet, or light blue cup

Note: Do not eat the juniper berries, which can be found where gourmet spices are sold. Discard them after you finish the tea, or wash them, dry them thoroughly, and retain them as charms.

Success Potions

To encourage success in your life, in your career, or in any specific endeavor. When you stir these potions, stir the shapes of these three runes into them: ☴ ☴ ☴

Lemon balm tea, with one dried allspice berry.
Cinnamon tea, with a scant drop of pure vanilla extract.
Ginger tea, with a cinnamon stick and a strip of orange peel.
Optional: a golden spoon to stir the potion; an orange cup or mug

Note: Do not eat the allspice berry (a type of pepper found where spices are sold). Discard it after you finish the potion, or wash it, dry it thoroughly, and retain it as a charm.

Love Potions

Remember that it is ethical to invoke the Goddess of Love often has a cruel heart to tempt her by misusing love spells;

Love-Drawin

To attract love; to make yourself more attractive. When you stir these potions, stir the shape of a heart into it.

Peppermint tea and rose hip
Lemon balm tea and rose tea
Strawberry leaf tea and lemon
Jasmine tea, with one scant drop of dried apple
Black tea, with a cinnamon stick
Optional: a pink or orange cup or mug

Surrounded by Love

To encourage you to recognize and appreciate the love already in your life. When you stir these potions, stir a heart into it.

At least two of the following: lemon balm tea, raspberry leaf tea, rose hip, a cup of dried apple.
Optional: a rose-pink cup or mug

Note: Put the dried apple into the simmering water and eat it after the potion.
Love Potions

Remember that it is ethical to invite love into your life, but not ethical to use magick to try to force someone to love you. The Goddess of Love often has a cruel sense of humor, so don’t tempt her by misusing love spells or potions.

Love-Drawing Potions

To attract love; to make yourself receptive to love. When you stir these potions, stir the shape of this rune into them: X

- Peppermint tea and rose hip tea.
- Lemon balm tea and rose tea.
- Strawberry leaf tea and lemon balm tea.
- Jasmine tea, with one scant drop of pure vanilla extract.
- Black tea, with a cinnamon stick and a small rose quartz.

Optional: a pink or orange cup or mug

Surrounded by Love Potion

To encourage you to recognize and appreciate the love that is already in your life. When you stir this potion, stir the shape of a heart into it.

- At least two of the following: hibiscus tea, strawberry leaf tea, raspberry leaf tea, rose hip tea, plus a slice of dried apple.

Optional: a rose-pink cup or mug

Note: Put the dried apple into the cup before you add the boiling water and eat it after the potion is finished.
Open to Love Potion
To encourage you to learn to accept the love that is all around you.

- Lemon balm tea and rose tea, with a small rose quartz.
- Linden flower tea, with a cinnamon stick and a freshwater pearl.

Optional: a clear glass cup or mug

Self-Love Potion
To encourage you to learn to love and appreciate yourself.

- Earl Grey tea, with a cinnamon stick and a small rose quartz.

Optional: a pink cup or mug

True Love Potion
To help you to recognize and be receptive to your true love, when he or she enters your life.

- Jasmine tea, with one needle of fresh or dried rosemary.

Return Potion
To request the return of a lover. When you stir the potion, stir the shape of this rune into it: R

Note: Use this spell as an invitation, not a command. Read the instructions for the “Come Back to Me Spell” on page 50, and remember that it is not ethical to use magick to try to force someone to get back together with you.

- Black tea, with honey and a piece of dried pineapple.

Note: Put the pineapple in the cup with the tea, and eat it after the tea is finished.

Money Potions
Money potions are not substitute employment. You have to work.

Money-Draw
To attract monetary gain: to encourage you to learn to love and appreciate yourself.

- Chamomile tea and blackberry
- Clover tea and mint tea

Note: If the seeds have shells, discard the potion; if they are unshelled, eat them.

- Ginger tea, with four cloves

Note: Discard the cloves and orange after drinking the potion.

- Mint tea, with three poppy seeds

Optional: a green cup or mug

Note: Discard the poppy seeds. Be sure to eat a piece of dried pineapple after drinking the potion.

- Clover tea and chamomile tea

Note: Eat the almond after you drink the potion.
Money Potions

Money potions are not substitutes for steady effort or gainful employment. You have to work in order for these potions to work.

Money-Drawing Potions

To attract monetary gain; to encourage financial stability. When you stir these potions, stir the shape of this rune into them:

- Chamomile tea and blackberry leaf tea.
- Clover tea and mint tea, with three sunflower seeds.

Note: If the seeds have shells, discard them after you drink the potion; if they are unshelled, eat them afterward.

- Ginger tea, with four cloves and a strip of orange peel.

Note: Discard the cloves and orange peel after you drink the potion.

- Mint tea, with three poppy seeds and a small green stone, such as aventurine.

Note: Discard the poppy seeds, but wash and retain the aventurine after drinking the potion.

- Clover tea and chamomile tea, with an almond.

Optional: a green cup or mug; a golden spoon to stir the tea; honey to sweeten the potion

Note: Eat the almond after you drink the potion.
Prosperity Potions
To encourage financial abundance and material gain. When you stir these potions, stir the shape of this rune into them: Y
- Earl Grey tea, with one saffron thread.
- Mint tea, with a strip of orange peel and a small green stone, such as aventurine.
Optional: a sterling silver spoon, to stir the tea
Note: Discard the orange peel, but wash and retain the stone after drinking the potion.

Sex Magick Potions

Female Potions
To enhance female energy, sexuality, and sexual energy. When you stir these potions, stir the shape of this symbol into them: ♂
- Damiana tea and rose tea or raspberry leaf tea, with a slice of dried pear.
- Saw palmetto tea and damiana tea, with a slice of dried pear. (Health food stores carry these teas.)
Note: Eat the pear after the tea is finished.

Male Potions
To enhance male energy, sexuality, and sexual energy. When you stir these potions, stir the shape of this symbol into them: ♀
- Ginseng tea and ginger tea, with a cinnamon stick.
- Yerba maté and yohimbine tea, with five coriander seeds.
Note: Discard the coriander after the tea is finished.

Desire Potions
For males and females, to encourage others to feel desire. When you stir these potions, stir the shape of this symbol into them: ♀
- Jasmine tea, with rose hips or damiana and rose tea.
Note: Discard the rose hips after drinking the potion.

Lust Potions
For males and females, to activate lust. When you stir these potions, stir the shape of this symbol into them: ♀
- Ginger tea and dill seed tea.
- Ginseng tea and yerba maté.
- Hibiscus tea, with a pinch of coriander seeds.
Optional: a mug with a picture of a sexy girl.

Sleep and Dreams Potions
These potions are best drunk at bedtime.

Peaceful Sleep
To facilitate a good night's sleep.
- Chamomile tea and linden flowers, with poppy seeds.
- Valerian tea and linden flowers.
Optional: a blue cup or mug.
Tea Potions

Desire Potion
For males and females, to encourage you to feel desirable; to encourage others to feel desire for you. When you stir this potion, stir the shape of this rune into it:

Jasmine tea, with rose hips or rose hip tea.

Note: Discard the rose hips after the tea is finished. You could also rinse them, dry them thoroughly, and keep them with you as charms.

Lust Potions
For males and females, to activate your sexual energy. When you stir these potions, stir the shape of this rune into them:

Ginger tea and dill seed tea.
Ginseng tea and yerba mate tea.
Hibiscus tea, with a pinch of celery seed.

Optional: a mug with a picture of a wolf or a goat on it

Sleep and Dreams Potions
These potions are best drunk at bedtime.

Peaceful Sleep Potions
To facilitate a good night's sleep.

Chamomile tea and linden flower tea, with five poppy seeds.
Valerian tea and linden flower tea.

Optional: a blue cup or mug
Pleasant Dreams Potions

To encourage restful sleep and pleasant dreams.

- Chamomile tea and spearmint tea.
- Chamomile tea and valerian tea.
- Spearmint tea and valerian tea.

Optional: a pale blue cup
Dreams Potions

- Armint tea.
- Lemon tea.
- Chamomile tea.
Bast isn't just a cat goddess. Hermes is far more complex than a simple messenger god. Ma'at has dominion over truth, justice, and many other things beside social order. The Afro-Caribbean deities are more properly called loas and orishas in the New World. Parvati is an aspect of Kali, whom some consider an aspect of Durga. Most of the stories you know about the Greco-Roman deities are late myths, patriarchal ones that obscure, diminish, or subvert the true nature of the various goddesses . . . There is a great deal more to these deities than this book has room to tell, but the following list will give a basic idea of who they are. Selket, Selkhet, Selkit, Selqet—their names have many variations, and can be spelled in different ways. For this book, I have used the spellings that seem to me to be the easiest to pronounce.

<table>
<thead>
<tr>
<th>DEITY</th>
<th>TRADITION</th>
<th>ATTRIBUTE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abeona</td>
<td>Roman</td>
<td>Goddess of children</td>
</tr>
<tr>
<td>Abundantia</td>
<td>Roman</td>
<td>Goddess of abundance</td>
</tr>
<tr>
<td>Acca Larentia</td>
<td>Etruscan</td>
<td>Earth goddess</td>
</tr>
<tr>
<td>Adeona</td>
<td>Roman</td>
<td>Goddess of schoolchildren</td>
</tr>
<tr>
<td>Aega</td>
<td>Greek</td>
<td>Solar goddess</td>
</tr>
<tr>
<td>Aeolus</td>
<td>Greek</td>
<td>Wind god</td>
</tr>
<tr>
<td>Aerten</td>
<td>Celtic</td>
<td>Goddess of fate</td>
</tr>
<tr>
<td>Aine</td>
<td>Irish</td>
<td>Lunar goddess</td>
</tr>
<tr>
<td>Allat</td>
<td>Arabian</td>
<td>Great Goddess; Earth Mother</td>
</tr>
<tr>
<td>Amor</td>
<td>Roman</td>
<td>Love god</td>
</tr>
<tr>
<td>Anahita</td>
<td>Persian</td>
<td>Great Goddess of waters</td>
</tr>
<tr>
<td>Anath</td>
<td>Semitic</td>
<td>Great Goddess of love and war</td>
</tr>
<tr>
<td>Anatha Baetyl</td>
<td>Semitic</td>
<td>A title of Anath</td>
</tr>
<tr>
<td>Andarta</td>
<td>Romano-Celtic</td>
<td>Mother goddess</td>
</tr>
<tr>
<td>Anesidora</td>
<td>Greek</td>
<td>A title of Pandora</td>
</tr>
<tr>
<td>Angus</td>
<td>Celtic</td>
<td>God of love and youth</td>
</tr>
<tr>
<td>Spell</td>
<td>Origin</td>
<td>Description</td>
</tr>
<tr>
<td>-------</td>
<td>--------</td>
<td>-------------</td>
</tr>
<tr>
<td>Aphrodite</td>
<td>Greek</td>
<td>Goddess of love</td>
</tr>
<tr>
<td>Apollo</td>
<td>Greek</td>
<td>Sun god</td>
</tr>
<tr>
<td>Aquilo</td>
<td>Roman</td>
<td>God of the North Wind</td>
</tr>
<tr>
<td>Artemis</td>
<td>Greek</td>
<td>Lunar goddess</td>
</tr>
<tr>
<td>Atalanta</td>
<td>Greek</td>
<td>Goddess of the hunt</td>
</tr>
<tr>
<td>Atargatis</td>
<td>Semitic</td>
<td>Love goddess</td>
</tr>
<tr>
<td>Athene</td>
<td>Greek</td>
<td>Goddess of wisdom</td>
</tr>
<tr>
<td>Aya</td>
<td>Mesopotamian</td>
<td>Dawn goddess</td>
</tr>
<tr>
<td>Baal</td>
<td>Middle Eastern</td>
<td>Sky Father</td>
</tr>
<tr>
<td>Baldur</td>
<td>Norse</td>
<td>God of light</td>
</tr>
<tr>
<td>Bast</td>
<td>Egyptian</td>
<td>Cat goddess</td>
</tr>
<tr>
<td>Benzaiten</td>
<td>Japanese</td>
<td>Goddess of love and happiness</td>
</tr>
<tr>
<td>Bes</td>
<td>Egyptian</td>
<td>Guardian god</td>
</tr>
<tr>
<td>Blathnat</td>
<td>Celtic</td>
<td>Goddess of flowers</td>
</tr>
<tr>
<td>Brigid</td>
<td>Celtic</td>
<td>Great Goddess; Triple Goddess</td>
</tr>
<tr>
<td>Britomartis</td>
<td>Cretan</td>
<td>Lunar goddess</td>
</tr>
<tr>
<td>Canola</td>
<td>Irish</td>
<td>Harp goddess</td>
</tr>
<tr>
<td>Cardea</td>
<td>Roman</td>
<td>White goddess</td>
</tr>
<tr>
<td>Cathefia</td>
<td>Mojave Indian</td>
<td>Goddess of love</td>
</tr>
<tr>
<td>Cernunnos</td>
<td>Celtic</td>
<td>Horned God</td>
</tr>
<tr>
<td>Cerridwen</td>
<td>Celtic</td>
<td>White Goddess</td>
</tr>
<tr>
<td>Changing Woman</td>
<td>Navajo Indian</td>
<td>Earth and sky goddess</td>
</tr>
<tr>
<td>Chantico</td>
<td>Aztec</td>
<td>Hearth goddess</td>
</tr>
<tr>
<td>Chie</td>
<td>Chibcha Indian</td>
<td>Goddess of fun and happiness</td>
</tr>
<tr>
<td>Cliodna</td>
<td>Celtic</td>
<td>Goddess of beauty</td>
</tr>
<tr>
<td>Concordia</td>
<td>Roman</td>
<td>Goddess of good relations</td>
</tr>
<tr>
<td>Copia</td>
<td>Roman</td>
<td>Goddess of plenty</td>
</tr>
<tr>
<td>Copper Woman</td>
<td>Pacific Northwest Indian</td>
<td>Goddess of wealth</td>
</tr>
<tr>
<td>Cybele</td>
<td>Near Eastern</td>
<td>Great Mother Goddess</td>
</tr>
<tr>
<td>Cytherea</td>
<td>Greek</td>
<td>Epithet for Venus or Aphrodite</td>
</tr>
<tr>
<td>The Dagda</td>
<td>Celtic</td>
<td>Father god</td>
</tr>
<tr>
<td>Damona</td>
<td>Celtic</td>
<td>Goddess of domestic animals</td>
</tr>
<tr>
<td>Danu</td>
<td>Celtic</td>
<td>Universal mother goddess</td>
</tr>
<tr>
<td>Dazimus</td>
<td>Sumerian</td>
<td></td>
</tr>
<tr>
<td>Demeter</td>
<td>Greek</td>
<td>Goddess of harvest</td>
</tr>
<tr>
<td>Deohako</td>
<td>Seneca Indian</td>
<td></td>
</tr>
<tr>
<td>Deverra</td>
<td>Roman</td>
<td></td>
</tr>
</tbody>
</table>
Goddess of love
Sun god
God of the North Wind
Lunar goddess
Goddess of the hunt
Love goddess
Goddess of wisdom
Dawn goddess
Sky Father
God of light
Cat goddess
Goddess of love and happiness
Guardian god
Goddess of flowers
Great Goddess; Triple Goddess
Lunar goddess
Harp goddess
White Goddess
Goddess of love
Horned God
White Goddess
Earth and sky goddess
Hearth goddess
Goddess of fun and happiness
Goddess of beauty
Goddess of good relations
Goddess of plenty
Goddess of wealth
Great Mother Goddess
Epithet for Venus or Aphrodite
Father god
Goddess of domestic animals
Universal mother goddess

Dazimus Sumerian Goddess of healing
Demeter Greek Earth Mother
Deohako Seneca Indian Vegetation goddess
Deverra Roman Goddess of new mothers
Diana Roman Triple lunar goddess
Diana Triformis Roman Title, The Three Dianas
Dictynna Cretan A title of Britomartis
Dike Greek Goddess of justice
Dolya Slavic Goddess of fate
Durga Hindu Great Goddess
Eir Norse Goddess of mercy and healing
Eirene Greek Goddess of peace
Eos Greek Goddess of daybreak
Epona Romano-Celtic Horse goddess
Ertha Germanic Earth Mother
Erzulie Afro-Caribbean Love goddess aspect of Oshun
Esmerelda Incan Goddess of love and emeralds
Fana Etruscan Earth goddess
Feng Po Chinese Wind god/goddess
Forseti Norse God of justice and mediation
Freya Norse Great Goddess
Frigg Germanic Great Goddess
Fulda Norse Mother goddess
Fura-Chogue Colombian Mother goddess
Gaia Greek Mother Earth
Gefon Norse Goddess of maidens
Gerd Norse Earth Mother
Geshtinanna Sumerian Goddess of the power in grapes
Glispa Navajo Indian Goddess of healing
Goda Norse Love-and-death goddess
Gonlod Norse Goddess of poetry
The Graces Greek Goddesses of gracefulness
Gula Babylonian Mother goddess
Habondia Germano-Celtic Harvest and fertility goddess
<table>
<thead>
<tr>
<th>Name</th>
<th>Culture</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hades</td>
<td>Greek</td>
<td>Underworld god</td>
</tr>
<tr>
<td>Hanwi</td>
<td>Plains Indian</td>
<td>Grandmother Moon</td>
</tr>
<tr>
<td>Hathor</td>
<td>Egyptian</td>
<td>Great Mother Goddess</td>
</tr>
<tr>
<td>Hecate</td>
<td>Greek</td>
<td>Triple lunar goddess</td>
</tr>
<tr>
<td>Heimdall</td>
<td>Norse</td>
<td>Guardian and creator god</td>
</tr>
<tr>
<td>Helios</td>
<td>Greek</td>
<td>Sun god</td>
</tr>
<tr>
<td>Hera</td>
<td>Greek</td>
<td>Great Goddess</td>
</tr>
<tr>
<td>Hermes</td>
<td>Greek</td>
<td>Messenger god</td>
</tr>
<tr>
<td>The Hesperides</td>
<td>Greek</td>
<td>Multiple lunar goddess</td>
</tr>
<tr>
<td>Hestia</td>
<td>Greek</td>
<td>Hearth goddess</td>
</tr>
<tr>
<td>Hlin</td>
<td>Norse</td>
<td>Goddess of consolation</td>
</tr>
<tr>
<td>Holda</td>
<td>Germanic</td>
<td>Love-and-death goddess</td>
</tr>
<tr>
<td>Hygeia</td>
<td>Greek</td>
<td>Goddess of healing</td>
</tr>
<tr>
<td>Inanna</td>
<td>Sumerian</td>
<td>Great Goddess of love and war</td>
</tr>
<tr>
<td>Intercidona</td>
<td>Roman</td>
<td>Goddess of infants</td>
</tr>
<tr>
<td>Ishhara</td>
<td>Babylonian</td>
<td>Goddess of love</td>
</tr>
<tr>
<td>Ishtar</td>
<td>Sumerian</td>
<td>Great Mother goddess</td>
</tr>
<tr>
<td>Isis</td>
<td>Egyptian</td>
<td>Universal mother goddess</td>
</tr>
<tr>
<td>Jana</td>
<td>Roman</td>
<td>Lunar goddess</td>
</tr>
<tr>
<td>Janus</td>
<td>Roman</td>
<td>God of beginnings and endings</td>
</tr>
<tr>
<td>Jara</td>
<td>Hindu</td>
<td>Household goddess</td>
</tr>
<tr>
<td>Jezanna</td>
<td>Zimbabwean</td>
<td>Lunar goddess</td>
</tr>
<tr>
<td>Juno</td>
<td>Roman</td>
<td>Goddess of women</td>
</tr>
<tr>
<td>Juno Lucina</td>
<td>Roman</td>
<td>An aspect of Juno</td>
</tr>
<tr>
<td>Jupiter</td>
<td>Roman</td>
<td>Sky Father</td>
</tr>
<tr>
<td>Jupiter Victor</td>
<td>Roman</td>
<td>A title of Jupiter</td>
</tr>
<tr>
<td>Kadi</td>
<td>Assyrian</td>
<td>Goddess of justice</td>
</tr>
<tr>
<td>Khonsu</td>
<td>Egyptian</td>
<td>Lunar god</td>
</tr>
<tr>
<td>Kwan Yin</td>
<td>Chinese</td>
<td>Goddess of compassion</td>
</tr>
<tr>
<td>Lada</td>
<td>Slavic</td>
<td>Goddess of love</td>
</tr>
<tr>
<td>Lady of the Lake</td>
<td>Celtic</td>
<td>Sovereignty goddess</td>
</tr>
<tr>
<td>Laima</td>
<td>Lithuanian</td>
<td>Goddess of fate</td>
</tr>
<tr>
<td>Lakshmi</td>
<td>Hindu</td>
<td>Goddess of love and wealth</td>
</tr>
<tr>
<td>The Lares</td>
<td>Roman</td>
<td>Guardian deities</td>
</tr>
<tr>
<td>La Sirene</td>
<td>Afro-Caribbean</td>
<td>Sea goddess aspect of Erzulie</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name</th>
<th>Culture</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Legba</td>
<td>Afro-Caribbean</td>
<td>Roman</td>
</tr>
<tr>
<td>Liber</td>
<td>Roman</td>
<td>Greek</td>
</tr>
<tr>
<td>Lucina</td>
<td>Roman</td>
<td>Egyptian</td>
</tr>
<tr>
<td>Ma’at</td>
<td>Egyptian</td>
<td>Irish</td>
</tr>
<tr>
<td>Maeve</td>
<td>Hindu</td>
<td>Greco-Roman</td>
</tr>
<tr>
<td>Maha Lakshmi</td>
<td>Hindu</td>
<td>Babylonian</td>
</tr>
<tr>
<td>Maia</td>
<td>Roman</td>
<td>Egyptian</td>
</tr>
<tr>
<td>Marduk</td>
<td>Babylonian</td>
<td>Roman</td>
</tr>
<tr>
<td>Mars Ollodius</td>
<td>Roman</td>
<td>Guatemalan</td>
</tr>
<tr>
<td>Maximon</td>
<td>Roman</td>
<td>Lithuanian</td>
</tr>
<tr>
<td>Mercury</td>
<td>Roman</td>
<td>Roman</td>
</tr>
<tr>
<td>Milda</td>
<td>Lithuanian</td>
<td>Roman</td>
</tr>
<tr>
<td>Minerva</td>
<td>Lithuanian</td>
<td>Roman</td>
</tr>
<tr>
<td>The Morrigan</td>
<td>Celtic</td>
<td>Greek</td>
</tr>
<tr>
<td>The Muses</td>
<td>Greek</td>
<td>Roman</td>
</tr>
<tr>
<td>Nantosueltta</td>
<td>Celtic</td>
<td>Germanic</td>
</tr>
<tr>
<td>Nehaleennia</td>
<td>Germanic</td>
<td>Egyptian</td>
</tr>
<tr>
<td>Neith</td>
<td>Roman</td>
<td>Egyptian</td>
</tr>
<tr>
<td>Nephthys</td>
<td>Egyptian</td>
<td>Roman</td>
</tr>
<tr>
<td>Neptune</td>
<td>Roman</td>
<td>Greek</td>
</tr>
<tr>
<td>Nike</td>
<td>Canaanite</td>
<td>Welsh</td>
</tr>
<tr>
<td>Nikkal</td>
<td>Norse</td>
<td>Norse</td>
</tr>
<tr>
<td>Nimuê</td>
<td>Norse</td>
<td>Norse</td>
</tr>
<tr>
<td>Niorun</td>
<td>Norse</td>
<td>Afro-Caribbean</td>
</tr>
<tr>
<td>Njord</td>
<td>Norse</td>
<td>Afro-Caribbean</td>
</tr>
<tr>
<td>Obatala</td>
<td>Afro-Caribbean</td>
<td>Celtic</td>
</tr>
<tr>
<td>Odin</td>
<td>Norse</td>
<td>Afro-Caribbean</td>
</tr>
<tr>
<td>Ogun</td>
<td>Afro-Caribbean</td>
<td>Celtic</td>
</tr>
<tr>
<td>Olwen</td>
<td>Afro-Caribbean</td>
<td>Celtic</td>
</tr>
<tr>
<td>Oshun</td>
<td>Afro-Caribbean</td>
<td>Celtic</td>
</tr>
<tr>
<td>Osiris</td>
<td>Egyptian</td>
<td>Saxon</td>
</tr>
<tr>
<td>Ostara</td>
<td>Saxon</td>
<td>Cood Indian</td>
</tr>
<tr>
<td>Otter Woman</td>
<td>Celtic</td>
<td>Afro-Caribbean</td>
</tr>
<tr>
<td>Pachamama</td>
<td>Incan</td>
<td>Egyptian</td>
</tr>
<tr>
<td>Deity Name</td>
<td>Ethnicity</td>
<td>Role</td>
</tr>
<tr>
<td>------------------</td>
<td>--------------------</td>
<td>----------------------------------------------------------------------</td>
</tr>
<tr>
<td>Legba</td>
<td>Afro-Caribbean</td>
<td>Messenger god</td>
</tr>
<tr>
<td>Liber</td>
<td>Roman</td>
<td>Fertility god</td>
</tr>
<tr>
<td>Lucina</td>
<td>Roman</td>
<td>Goddess of celestial light</td>
</tr>
<tr>
<td>Ma'at</td>
<td>Egyptian</td>
<td>Goddess of social order</td>
</tr>
<tr>
<td>Maeve</td>
<td>Irish</td>
<td>Sovereignty goddess</td>
</tr>
<tr>
<td>Maha Lakshmi</td>
<td>Hindu</td>
<td>Name, Great Lakshmi</td>
</tr>
<tr>
<td>Maia</td>
<td>Greco-Roman</td>
<td>Goddess of Spring</td>
</tr>
<tr>
<td>Marduk</td>
<td>Babylonian</td>
<td>God of order and civilization</td>
</tr>
<tr>
<td>Mars Ollodius</td>
<td>Romano-Celtic</td>
<td>God of peaceful protection</td>
</tr>
<tr>
<td>Maximón</td>
<td>Guatemalan</td>
<td>Death and fertility god</td>
</tr>
<tr>
<td>Mercury</td>
<td>Roman</td>
<td>Messenger god</td>
</tr>
<tr>
<td>Milda</td>
<td>Lithuanian</td>
<td>Goddess of love</td>
</tr>
<tr>
<td>Minerva</td>
<td>Roman</td>
<td>Goddess of love and wisdom and war</td>
</tr>
<tr>
<td>The Morrigan</td>
<td>Celtic</td>
<td>Great Goddess; war goddess</td>
</tr>
<tr>
<td>The Muses</td>
<td>Greek</td>
<td>Goddesses of inspiration</td>
</tr>
<tr>
<td>Nantosueltia</td>
<td>Celtic</td>
<td>Water goddess</td>
</tr>
<tr>
<td>Nehalennia</td>
<td>Germanic</td>
<td>Goddess of seafaring</td>
</tr>
<tr>
<td>Neith</td>
<td>Egyptian</td>
<td>Great Goddess; astral goddess</td>
</tr>
<tr>
<td>Nephthys</td>
<td>Egyptian</td>
<td>Death goddess</td>
</tr>
<tr>
<td>Neptune</td>
<td>Roman</td>
<td>Sea god</td>
</tr>
<tr>
<td>Nike</td>
<td>Greek</td>
<td>Goddess of victory</td>
</tr>
<tr>
<td>Nikkal</td>
<td>Canaanite</td>
<td>Goddess of fruit</td>
</tr>
<tr>
<td>Nimué</td>
<td>Welsh</td>
<td>Goddess of enchantment</td>
</tr>
<tr>
<td>Niorun</td>
<td>Norse</td>
<td>Goddess of dreams</td>
</tr>
<tr>
<td>Njord</td>
<td>Norse</td>
<td>Wind and sea god</td>
</tr>
<tr>
<td>Obatala</td>
<td>Afro-Caribbean</td>
<td>Sky Father</td>
</tr>
<tr>
<td>Odin</td>
<td>Norse/Germanic</td>
<td>Sky Father</td>
</tr>
<tr>
<td>Ogun</td>
<td>Afro-Caribbean</td>
<td>God of smithcraft</td>
</tr>
<tr>
<td>Olwen</td>
<td>Celtic</td>
<td>Flower goddess</td>
</tr>
<tr>
<td>Oshun</td>
<td>Afro-Caribbean</td>
<td>Goddess of love and sensuality</td>
</tr>
<tr>
<td>Osiris</td>
<td>Egyptian</td>
<td>God of rebirth</td>
</tr>
<tr>
<td>Ostara</td>
<td>Saxon</td>
<td>Goddess of Spring</td>
</tr>
<tr>
<td>Otter Woman</td>
<td>Cood Indian</td>
<td>Water goddess</td>
</tr>
<tr>
<td>Pachamama</td>
<td>Incan</td>
<td>Earth goddess</td>
</tr>
<tr>
<td>Goddess</td>
<td>Ethnicity</td>
<td></td>
</tr>
<tr>
<td>-----------------------------</td>
<td>--------------------</td>
<td></td>
</tr>
<tr>
<td>Pandora</td>
<td>Greek</td>
<td></td>
</tr>
<tr>
<td>Parvati</td>
<td>Hindu</td>
<td></td>
</tr>
<tr>
<td>The Penates</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Persephone</td>
<td>Greek</td>
<td></td>
</tr>
<tr>
<td>Philotes</td>
<td>Greek</td>
<td></td>
</tr>
<tr>
<td>Pietas</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Pilumnus</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Pluto</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Potnia</td>
<td>Greco-Roman</td>
<td></td>
</tr>
<tr>
<td>Ra</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>Renenutet</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>Rhea</td>
<td>Greek</td>
<td></td>
</tr>
<tr>
<td>Rhiannon</td>
<td>Celtic</td>
<td></td>
</tr>
<tr>
<td>Rosmerta</td>
<td>Romano-Celtic</td>
<td></td>
</tr>
<tr>
<td>Salmon Woman</td>
<td>Samish Indian</td>
<td></td>
</tr>
<tr>
<td>Sarah</td>
<td>Middle Eastern</td>
<td></td>
</tr>
<tr>
<td>Sasthi</td>
<td>Hindu</td>
<td></td>
</tr>
<tr>
<td>Saturn</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Sekhmet</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>Selket</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>Sesheta</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>The Seven</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>Hathors</td>
<td>Babylonian</td>
<td></td>
</tr>
<tr>
<td>Shamash</td>
<td>Hebrew</td>
<td></td>
</tr>
<tr>
<td>Shekinah</td>
<td>Norse</td>
<td></td>
</tr>
<tr>
<td>Sigyn</td>
<td>Norse</td>
<td></td>
</tr>
<tr>
<td>Sjofna</td>
<td>Norse</td>
<td></td>
</tr>
<tr>
<td>Skan</td>
<td>Lakota Indian</td>
<td></td>
</tr>
<tr>
<td>Stribog</td>
<td>Slavic</td>
<td></td>
</tr>
<tr>
<td>Sulis</td>
<td>Romano-Celtic</td>
<td></td>
</tr>
<tr>
<td>Syria Dea</td>
<td>Near Eastern</td>
<td></td>
</tr>
<tr>
<td>Tana</td>
<td>Etruscan</td>
<td></td>
</tr>
<tr>
<td>Thor</td>
<td>Norse</td>
<td></td>
</tr>
<tr>
<td>Thoth</td>
<td>Egyptian</td>
<td></td>
</tr>
<tr>
<td>Tialoc</td>
<td>Olmec/Aztec</td>
<td></td>
</tr>
<tr>
<td>Tonantzin</td>
<td>Aztec</td>
<td></td>
</tr>
<tr>
<td>Tsao-Chün</td>
<td>Chinese</td>
<td></td>
</tr>
<tr>
<td>Goddess of blessings</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fertility goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Household gods</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maiden goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of affection</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of duty</td>
<td></td>
<td></td>
</tr>
<tr>
<td>God who guards infants</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Underworld god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of weaving</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun god: head of the pantheon</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of fortune</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Earth goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Horse goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of plenty</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sea goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Earth goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of children</td>
<td></td>
<td></td>
</tr>
<tr>
<td>God of time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Solar goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Scorpion goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of record-keeping</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birth goddesses</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of wisdom</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Earthquake goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of passion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spirit of motion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>God of winds</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of healing springs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Great Goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Star goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thunder god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>God of wisdom and magick</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rain god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birth goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hearth god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Goddess of blessings</td>
<td>Fertility goddess</td>
<td>House of gods</td>
</tr>
<tr>
<td>----------------------</td>
<td>-------------------</td>
<td>---------------</td>
</tr>
<tr>
<td>Tyr</td>
<td>Norse</td>
<td>God of war and justice</td>
</tr>
<tr>
<td>Yana</td>
<td>Goddess of good luck</td>
<td></td>
</tr>
<tr>
<td>Umat</td>
<td>Goddess of love</td>
<td></td>
</tr>
<tr>
<td>Ushas</td>
<td>Goddess of love</td>
<td></td>
</tr>
<tr>
<td>Vara</td>
<td>Goddess of domestic harmony</td>
<td></td>
</tr>
<tr>
<td>Venus</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Verplace</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Vesta</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Volumna</td>
<td>Roman</td>
<td></td>
</tr>
<tr>
<td>Xochiquetzal</td>
<td>Aztec</td>
<td></td>
</tr>
<tr>
<td>Yemaya</td>
<td>Afro-Caribbean</td>
<td></td>
</tr>
<tr>
<td>Zemlya</td>
<td>Slavic</td>
<td></td>
</tr>
<tr>
<td>Zeus</td>
<td>Greek</td>
<td></td>
</tr>
<tr>
<td>The Zorya</td>
<td>Slavic</td>
<td></td>
</tr>
<tr>
<td>Great Goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Star goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thunder god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>God of wisdom and magick</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rain god</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Birth goddess</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hearth god</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Other Deities

Great Goddess: A powerful, influential goddess who has many aspects, dominion over diverse things, and/or a long tradition of widespread worship. Great Goddesses are often mother goddesses and the chief goddesses of their pantheon.

Khmara: Chimera; phantasm; dark dream; cloud torture; Ukrainian word for cloud. The name Mara refers to both the sea and to the night. In different cultures Mara (known by that and other related names, such as Marena Moru and the Morrigan) has variously been a goddess of death, bitterness, evil, sickness, ruin, darkness, and night. The word “mara,” or “mare” (as in “nightmare”), and its related forms have also been used in several cultures for malevolent spirits or entities who smother sleeping human beings or inflict pain, bad dreams, delirium, sickness, or death upon them.

The Kikimora: Slavic household spirits

The Lady: The Goddess. Whether called the Goddess, the Great Goddess, or by any of her many individual names, she is the prime deity of witches.

The Lord: The God. Also known by many individual names, he is the partner of the Goddess. In various cultures he is considered her son or her consort.

Lords of the Watchtowers: Deities of the cardinal points.

Ocean Mother: A mother goddess who has dominion over the sea. Ocean Mothers are often depicted wearing pearls and blue robes.

Sky Father: A powerful father god. Usually the chief deity of his pantheon, he is often considered the creator. Sky fathers generally have dominion over the sky, especially thunder and lightning.

Triple Goddess: A goddess with three separate forms: Maiden, Mother, and Crone.

White Goddess: A goddess of light, purity, and the renewal of the season, associated with the spring. These Goddesses are often associated with the Maiden aspect, born (conceived), and sometimes are associated with the death of the old year, becoming a crone (killed) to produce the new year (life).
Fathers generally have dominion over the weather, especially thunder and lightning.

**Triple Goddess**: A goddess with three aspects, often those of Maiden, Mother, and Crone or of the lunar phases.

**White Goddess**: A goddess of life and death. White Goddesses are often associated with mills, where grain is ground (killed) to produce flour that will provide bread (life).
Index
Index of Spells

Abundance Potion, 149
Abundance Spell, 57
Alphabet, 46
Beauty Potion, 149
Boundary, 122
Broadcast, 49
Bursting Bubbles, 8
Chalice of Fertility, 60
Chamber, 88
Children's Room, 90
Clarity Potions, 150
Come Back to Me, 50
Computer Repair, 104
Cool Down, 104
Cooling Anger, 106
Cooling Attraction, 104
Countdown, 25
Courage Potion, 150
Creativity Potion, 150
Crossroads Uncrossing, 111
Demeter Spell for a Missing Child, 109
Desire Potion, 159
Evening Garden, 142
Family Room, 94
Female Potions, 158
Footsteps, 27
Friendship Potion, 150

Garden of Ambition, 139
Garden of Compassion, 140
Garden of Thanksgiving, 141
Garden of the Wider World, 142
“Get Over It,” 10
Goddess of Love, 43
Good Health Potions, 151
Good Luck Potion, 151
Good Marriage Potion, 152
Happiness Potions, 151
Healthy Clan, 74
Hex-Breaker, 114
Home Blessing, 55
Incense Ritual, 77
Interview Charm, 30
King of Peace Seven-Day, 84
Kitchen, 92
Lady of Bright Inspiration, 116
Lady of the Lake, 36
Lords of Air, 34
Love-Drawing Potions, 155
Love Potions, 155
Lust Potions, 159
Making a Magickal Candle Garden, 136
Male Potions, 158
Master Bedroom, 95
Meditation Potion, 152
Money-Drawing Potions, 157
Money Potions, 157
Morning Garden, 141
Nursery, 89
Ocean Mother, 39
Ode to Joy, 61
One Big Thing, 13
Open Sesame Third Eye, 1
Open to Love Potion, 156
Peace Potion, 152
Peaceful Sleep Potions, 159
Personal Blessings Ritual, 78
Personal Power Potion, 153
Personal Power Talisman, 15
Pillar Candle, 73
Pleasant Dreams Potions, 160
Prosperity Potions, 158
Protective Shield of Janus, 63
Psychism Potion, 153
Release, 8
Return Potion, 156
Scene of the Crime, 119
Self-Love Potion, 156
Seven Blessings Bouquet Garni, 69
Seven Blessings Witch’s Bottle, 65
Sex Magick Potions, 158
Silver Bullet, 100
Sleep and Dreams Potions, 159
Spirit of Acceptance, 5
Spirituality Potions, 154
Star of Hope, 31
Success Potions, 154
Surrounded by Love Potion, 155
Tragedy Potion, 108
True Love Potion, 156
Untwisting, 127
Weaving Prosperity, 71
White Goddess Nightmare, 130
Wings of Isis, 75
Wish, 34