

FILLS/FRENCH FILL W/SIMPLY

👉 Any areas with signs of lifting should be carefully filed away. Do not bend or apply more pressure, as the *lifting* will spread. Nipping product away would also cause lifting to spread and could damage the nail. Neither would glue or adding more product remedy any lifting. Air would be trapped under the lifted area and white patches would show under your finished nail.

A fill is recommended every 3-6 weeks, depending on the client's nail growth and how aggressive a client may be with their nails. A maintenance consultation with your client is recommended to ensure a client is informed on the proper care of their nails.

French fills are very similar to a fill application, except you use the French Modeling or SIMPLY White on the extension for a more permanent French Manicure.

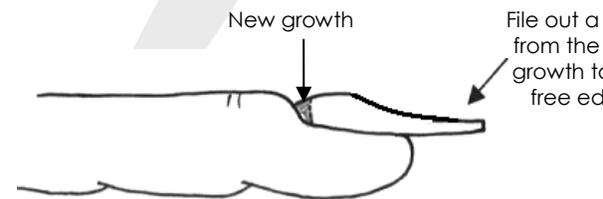
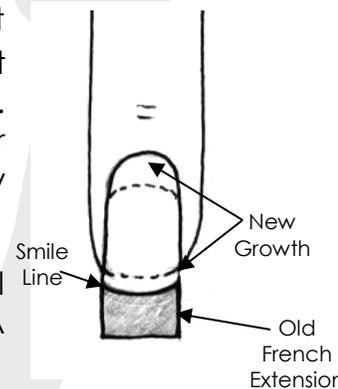
Preparation

1. Sanitize your hands and your client's hands.
2. Gently push back cuticles.
3. If preparing for a French Fill, file or drill down a "ledge" from the natural nails' smile line to the end of the free edge. This will prevent you from filing all the French Modeling Resin off when shaping the nail.
4. Blend the new growth with the product at the fill line. Lightly buff nails, removing oils on natural nail as well as removing any sealer remaining.
5. Carefully file away any loose product as it may pose a potential risk for lifting¹.
6. Dust off well with a dust brush.
7. Wipe nails with Prep & Clean, using a lint free pad, to remove oils, dust and to disinfect.
8. Apply forms, if applicable.

👉 The use of forms may be necessary when doing a fill to even out the shape or length to be made more uniform, also, when needing to reinforce a side, due to cracks or too much exposure of the natural nail.

Connector

1. Make sure nails are completely dry of Prep & Clean.



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2. Apply thin layer of Connector over entire nail. Nails should NOT be shiny and should have a textured look. If product gets on the cuticle, remove it before curing in the light.
3. Cure in the light. Repeat on the other hand.
4. DO NOT REMOVE the dispersion film, it ensures proper adhesion to Modeling Resin.

SIMPLY White (For French Fill)

1. Apply a small amount of SIMPLY White on to the free edge. Start at the smile line and extend completely over the free edge, filling in the "ledge".
2. Using a clean, dry brush, keep the brush flat to the natural nails smile line; create a crisp "French" smile line.
3. Cure in the light. Repeat on the other hand.
4. DO NOT REMOVE the dispersion film, it ensures proper adhesion to next coat of product.

SIMPLY Blush

1. Use a pea size amount of one SIMPLY Blush on your sculpting brush or stylus.
2. Roll it gently, onto the middle of your nail plate. Keeping your brush parallel with the nail, above the product, push it towards the cuticle and back up towards your smile line.
3. Keep product thin around cuticle area. If product gets on the cuticle remove it before curing in the light.
4. Using a clean, dry brush, keep the brush flat to the SIMPLY White and do a "Reverse" smile line; pushing any pink resin off the white resin to keep your crisp smile line.
5. Cure in the light. Repeat on the other hand.
6. DO NOT REMOVE the dispersion film, it ensures proper adhesion to second coat of product.

SIMPLY Clear

1. Second application should be rolled onto stress area, rolling it side-to-side down towards your free edge; making sure to cover your SIMPLY White. You should have a "bead" of product between the nail and your brush. Always use a push and roll motion with the brush.
2. Cure in light. Repeat on other hand.
3. Remove forms.
4. Wipe off the dispersion film with Prep & Clean, using a lint free pad.
5. File nails to client's desired shape.
6. Dust off well with dust brush.

SIMPLY Super Shine

1. Wipe nails with Prep & Clean, using a lint free pad.
2. Dust off with dust brush, to remove any lint (optional).
3. Make sure nails are completely dry and clean.
4. Apply thick layer (polish consistency) of Super Shine with light strokes. If product gets on the cuticle remove it before curing in the light.
5. Cure in the light. Repeat on the other hand.
6. Wipe off dispersion film with Prep & Clean, using a lint free pad.