

Washroom Hand Hygiene

Best defense for preventing the spread of communicable diseases: Washing your hands

This kit is a revolutionary full-environment approach to helping people at home and work wash hands thoroughly and regularly. Print yourself these visual reminders and reinforcements to stay clean and healthy.

Here are recommended placement examples for each PDF printout:

1

Entry door greeting

2

Stool, above ... or near tissue roll dispenser ... or
Urinal (men's public washroom), above the flush handle

3

Sink, above faucet and just below mirror ...
or on lowest section of mirror

4

Departure thank you,
next to or on door

**Thank you for using this sign kit
for your home or work washroom.**

**Washing your hands is a personal responsibility we all
share for public and family health and hygiene.**

Hand Hygiene Station



The right technique for washing your hands



1

Wet hands under running water



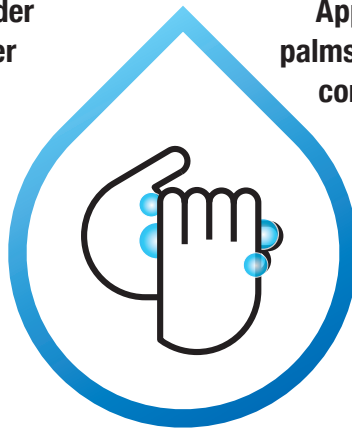
2

Apply soap and rub palms together to ensure complete coverage



3

Spread the lather over the backs of the hands and in between fingers



4

Grip the fingers on each hand



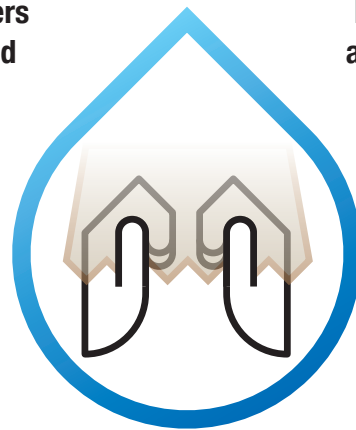
5

Pay particular attention to the thumbs



6

Press fingertips into the palms of each hand



7

Dry thoroughly with a clean towel or air dryer

Steps for properly washing your hands



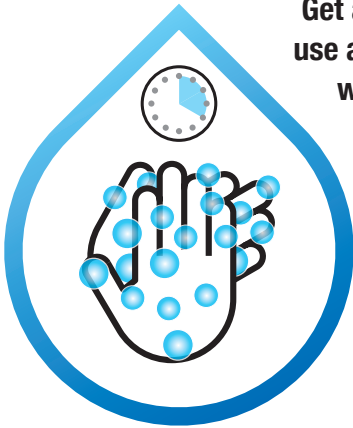
1

Get a paper towel for use after washing and wet your hands



2

Use soap



3

Lather and scrub for 20 seconds



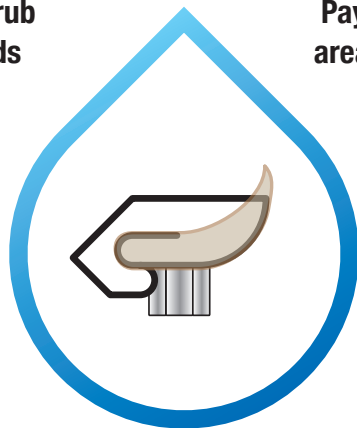
4

Pay attention to all areas of your hands



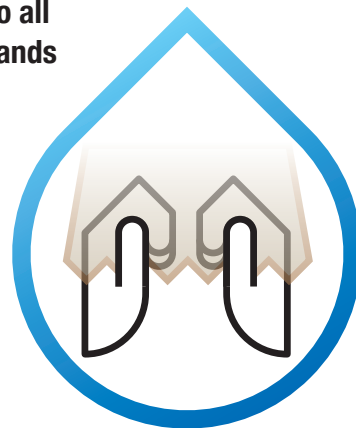
5

Rinse for 10 seconds



6

Turn off faucet with a paper towel



7

Dry your hands with a new paper towel

Give Yourself a Hand, Thank You

