

Attention Healthcare Provider:

DID YOU KNOW... In our region (Eagle, Summit, and Pitkin Counties), the population of adults aged 60+ is predicted to **quadruple** by 2035?

In recognition of and preparation for this age wave, Eagle County Public Health & Environment formed the Aging Well Initiative. The Initiative brings our community together around the goal of enabling Eagle County older adults to independently age in place with the highest quality of life. An essential component of this is healthcare, as serving older adults can require unique considerations. We recognize the existing contributions of providers in addressing the needs of older adults, and are thus focusing our efforts on encouraging accountability and education with the older adult patients themselves. The Initiative's Healthcare Action Team subsequently created the medical **Red Binder System** to address a number of needs with the goal of improved communication and understanding between providers and the older adult patient.

The Red Binder System includes a variety of forms and resources to assist older adults to be engaged in their health care. At each office visit, the **older adult** will have previously filled out sections of the Personal Healthcare Record form, including questions for the provider. During the visit, we ask the **provider** to help fill out new care plan instructions and any medication changes. *This form enables these individuals and/or their caregivers to have a complete record of each medical visit.* We ultimately hope offices will provide a printed summary of each visit for the older adult to include in his or her binder. This form of communication will also enhance care when there are multiple providers.

Thank you for empowering our Eagle County older adults in understanding their medical needs, their care plans, and improving their outcomes. If you have any questions or feedback to provide, please contact Pat Nolan at pat.nolan@eaglecounty.us or (970) 328-8831.

In Good Health,

The Aging Well Initiative Healthcare Action Team



A Product of the Eagle County Aging Well Initiative