



PRIME TIMES

A newsletter from
Serving Older Adults of Southeast Wisconsin

Volume 1, Issue 3

August 2020

CONNECTIONS



This month, my youngest daughter is going off to college. It has been an emotional time for me knowing that I will now be an empty nester and realizing how quiet and lonely our house will be without her there. It was also a light bulb moment for me in the work we do at Serving Older Adults. I know many of the older adults we serve face this same loneliness, especially with the onset of COVID-19. It has revitalized my commitment to connecting with our participants in new and engaging ways. That is why this month our newsletter will be sent via email and through regular mail to all 5,000+ participants who attend one of the five senior centers we manage throughout Milwaukee County. We send this email bi-monthly so to get future copies, be sure to sign up on our website at www.servingolderadults.org.

This newsletter highlights the ongoing virtual and outdoor programming being provided, as well as information on upcoming resource fairs, drive-up flu shot clinics, and updates on the agency as a whole. We also have a tribute to our own Morgan Morgan who passed away on July 15th. She was one of seven women who founded SOA and she will be truly missed.

We want you to know that even though our senior center doors are not reopened yet, you are in our thoughts and we are available to help if there is anything you need. I encourage anyone who has an elderly family member, friend, or neighbor, to call and connect with them, even if it is just a quick call to say hello and to let them know someone is thinking about them. We miss you!

Warm Regards,

Cathy Ford

President/CEO

Serving Older Adults

VIRTUAL AND OUTDOOR PROGRAMMING

We have implemented a series of virtual and outdoor programs to help bring participants together and provide updates.



Programs include updates about COVID-19, cooking demonstrations, health and fitness, and much, much more. Visit our website, www.servingolderadult.org, under the programming tab to see dates and times. If you were in a social group before we closed and would like to find a way for the group to meet, please call your local senior center and talk with the Program Coordinator.

The following virtual wellness programs will be available online. Use the email below to register and receive the link to connect to the program.

Living Well with Chronic Conditions

Thursdays, Sep 10-Oct 15 at 12:30-3:00pm

To register: Jennifer.lefeber@milwaukeecountywi.gov
or (414) 289 -6352

Living Well with Chronic Conditions

Tuesdays, Sep 15-Oct 20 at 12:30-3:00pm

To register: cpangilinan@wauwatosa.net
or (414) 479-8947

Powerful Tools for Caregivers

Mondays beginning September 16, 10:00 - 11:30

To register: maloew@alz.org or (414) 479-8800

RESOURCE FAIRS & DRIVE-UP FLU SHOT CLINICS



In August and September, we will be providing drive-up flu shot clinics at each senior center. Several of the centers are also having resource fairs and you will be provided with a bag of resources and handouts to help you find community programs for older adults. Both are available on a first-come-first-serve basis. For the flu shots you will need to bring your insurance card and the Vaccination Administration Record form which will be provided, or you can print at <https://servingolderadults.org/wp-content/uploads/2020/08/Immunization-form.pdf>.

McGovern Park Senior Center

Flu Shots-August 31 1:00-3:00 pm
Resource Fair-September 14 9:00-11:30 am

Wilson Park Senior Center

Flu Shots and Resource Fair
September 2 10:00 am-1:00 pm

Clinton & Bernice Rose Senior Center

Flu Shots and Resource Fair
September 17 1:00-3:00 pm

Washington Park Senior Center

Flu Shots and Resource Fair
September 17 9:00-12:00 am

Kelly Senior Center

Flu Shots and Resource Fair
September 23 9:00am-1:00 pm

OUR FUTURE

As many of you know, we are facing unprecedented changes in our economy because of the pandemic and it will affect everyone in some way. Eighty-three percent of SOA's funding comes from the Milwaukee County Department on Aging and our programs are funded from the county tax levy. With the downturn in the economy, we know that these funds will be reduced in the future and it will have an impact on the senior centers and on the programs we can offer. We work very hard to use our funding frugally and have very little room for changes without reducing staff and programming. At this time, it looks like our budget for 2021 will be reduced by over \$170,000. We are working on a plan to reach out to the community and find new ways to fund the vital programs we offer for seniors. If you would like to help keep these programs in place, please spread the word about the importance of the senior centers and consider a donation to Serving Older Adults. Please help us continue our mission to provide opportunities and services to adults 50 and better.



THE LOSS OF A FRIEND



It is with great sadness that we tell you that our colleague, Morgan Morgan, Director of Senior Centers at Serving Older Adults, passed away on July 15, 2020, due to complications from a surgery she had on July 3rd. We are heartbroken and still trying to comprehend the news.

Morgan was an integral part of the SOA family. Her commitment to Serving Older Adults was evident when she worked tirelessly nights and weekends to help establish our new nonprofit organization in 2018. She did this while working a separate full-time job during the day to pay the bills. She was one of seven women who founded SOA, committed to ensuring that programs for older adults would continue when the existing service provider was at risk of closing.

Morgan was an invaluable colleague, without her leadership, input, and vision, Serving Older Adults wouldn't be where we are today. She was a kind, caring, and generous person and a good friend. She treasured the relationships she had with senior center participants, volunteers, co-workers, and community members. Each of you made a difference in her life.

Her career in senior center programming began at Interfaith Older Adult Programs in 2014 when she was hired as a Program Coordinator at Clinton Rose Senior Center in Milwaukee. She later served in various positions in the five Milwaukee County-owned senior centers rising to the level of Director of Senior Centers at Serving Older Adults in 2019. Many knew her work and dedication.

Morgan was passionate about her career and was constantly looking for new and better ways to engage and assist seniors in our community. She was moved by others in the community who stepped up to help, whether it was children and families making greeting cards to bring smiles to participants in our lunch program, volunteers working tirelessly to bring social engagement programs to our five senior centers or community partners who share our mission and vision. We are all grateful to have known her.

You are in God's hands now, Morgan, know that you were loved and will be greatly missed.

CONTACT US

Clinton Rose Senior Center	414-263-2255
McGovern Park Senior Center	414-527-0990
Kelly Senior Center	414-481-9611
Washington Park Senior Center	414-933-2332
Wilson Park Senior Center	414-282-5566