



September 13th, 2017

YARRABAH LITERACY PROJECT UPDATE

Yarrabah is on the northeast coast of Queensland, Australia about 60 km south-east of Cairns and beyond the Yarrabah Range. The population is over 3000, almost all of whom are Aboriginal or Torres Strait Islander.

Prior to European contact, at least three different tribes hunted and gathered in the local area and traded with each other. They were the Gungganyji, Yidinyji and Dyirbal peoples, who spoke dialects of a single language.

In 2014, the Rotary Club of Cairns Southside and the **Rotary Club of Bonita Springs** along with other districts in Australia and New Zealand were successful in acquiring a Global Grant of \$US 70,000 through the Rotary Foundation to support a literacy project at Yarrabah.

Half of the funds were used to restock the library and the other half used to employ specialist literacy teachers to drive the reading program in the school.

A reading program involving parents, teachers and kids over two years with measurable outcomes through reporting systems was already in place, with teachers and teacher aides working together.

The children loved the new books and being able to choose books to take home from the old library meant that parents wanted to become involved.

It is great to see that the connection with Yarrabah State School continues, with the second Books for Homes program funded by the grant, and another one due later in the year.

The children select three books from a supplied catalogue, which they take them home to share with their family.

Cairns Southside Rotarians visited Yarrabah during August to help give the Books for Homes to the children, and obtained much joy from it.



Last Week Meeting

We started with early morning meet and greet. President **Jon McLeod** was at the helm. **Ray Faubion** presented the invocation; **Roger Brunswick** led the Pledge of Allegiance to a virtual flag; and **Donna Marcotte** recited the Four Way Test flawlessly.

Jim Dati and **Steve Krchniak** collaborated to lead the very small group in singing *The Battle Hymn of the Republic*.

Mark McCaw claimed he had two signups for Saturday Golf. (No one else volunteered.)

New Member



Jon reported that **Trina Carbonneau** has been accepted as a club member. Her classification is Personal Banker. She was proposed by Sue Masters. Trina is a **personal banker** at First Florida Integrity Bank.

Announcements

Donna Marcotte announced the Club Social at **Momentum Brewhouse** has been **rescheduled** to the following Tuesday, September 19th at 5 pm. There is

still time to sign up. \$25/pp. Pay on-line or bring a check.

Dictionary Day Labeling, scheduled for Saturday, has been **cancelled**.

Paul Harris Fellowship Deals

Between now and September 30th, the District and the club's Foundation will contribute 334 PH points each toward a member's PHF. So the member's **actual cash outlay would be \$333**. A great bargain and an opportunity for everyone in the club to gain a new PHF and/or to honor a family member of deserving community member. Contact Wayne Hemstead if you are interested.

DG **Bobbi Bird** reported she had **helped to pack** 226,000 meals at a packing event in Dallas for Houston flood victims.

Last Week Program



Donna Marcotte introduced our speaker **Suzanne Jeffreys** a Certified Nutrition Therapist.

What does she do? "I teach you how to diagnose yourself and learn what your body is trying to tell you! Yep, I don't give you a fish, I teach you how to fish! I set you up for success by addressing not only diet tips

or meal plan suggestions, but healthy lifestyle habits, including healthy supplementation choices, exercise, stress management, detoxing your kitchen and home, sharing recipes, teaching you how to read labels, shop efficiently and cost-effectively, save time in the kitchen, and develop and implement a stress management plan. I'm also an experienced fitness instructor, should physical fitness be one of your goals!"

Take Susan's Vitality Quiz

Rate yourself from 1 (lowest) to 5 (highest)

- ___ Daily energy level
- ___ Immune system strength
- ___ Appearance of skin, hair, and nails
- ___ Ability to manage stress
- ___ Healthy daily diet
- ___ Overall health & outlook
- ___ Total up your Vitality score

17 or under. At least you're honest. Now there's nowhere to go but up.

18-24. The good news is, you're doing okay. The bad news is you're doing just okay.

25-30. Bravo! You are obviously care about taking care.

Suzanne offered several ways to get more acquainted with her, newsletter, complimentary nutrition consultation, and notices about her Healthy Bar Hopping events. Sign up at her web site www.americanhealthylifestyleclub.com.



Song Leader

Requires 15-30 minutes per week selecting and leading songs for highly acclaimed group of 40-80 members of the Bonita Springs Rotary Club Choir.

Breakfast provided (at your own expense).

Serious applicants only email to jmcleod@johnrwood.com

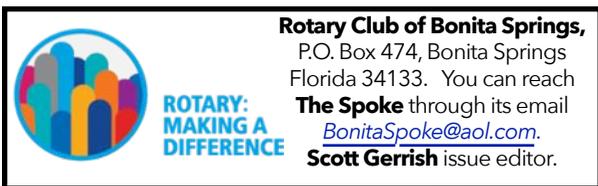
Bulletin Editor

Prepare weekly club newsletter for emailing and printing. May assemble team of reporters and photographers as required.

Responsibility includes stylistic and content control.

Successful applicants will have had some experience in DTP using Word, Publisher, Pages, etc. This may be a full or part time job. Rotary Regulars welcome to apply. Preference given to retired veterans.

Serious applicants only email to jmcleod@johnrwood.com



Bob Lombardo drew the 4♣ for \$5



The 50/50 is \$500
42 Cards Left

This Week
Tamika Seaton, MSM
Executive Director,
Florida Lions Eye Clinic

Birthdays

None this week

Your finances. Your future. *Our focus.*

McCaw Wealth Management

Mark W. McCaw

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Rotary Sings: Bye Bye Blackbird

Pack up all my care and woe

Here I go, singing low

Bye bye blackbird!

Where somebody waits for me

Sugar's sweet, so is he

Bye bye blackbird!

No one here can love or understand me

Oh, what hard luck stories they all hand me

Make my bed and light the light

I'll arrive late tonight

Blackbird, bye bye

This Morning's Invocation

Good and Gracious God, we are privileged to be involved in service, but in our reaching out, keep us from inflated egos and undue self-congratulations, realizing that only by empowerment from Your Will can we serve others.

So give us wisdom, guidance, strength and the will to be engaged in fruitful service. We intercede for all who are in need this day, locally and globally. We also pray for all who serve those with needs, both within and outside of the Rotary family.

Accept our thanks for food to strengthen us, for fellowship to enrich us, and for Your promised grace to sustain us. Amen.