



The Spoke

Help! Help!

“My 12 year old grandson just fainted. I don’t think he is breathing...”



That was the scene portrayed as our speaker **Dan Barnett** introduced us to CPR/AED and CERT training. Dan’s colleague started CPR on the manikin, a bystander was directed to call 911 and another “bystander” was sent for the AED (Automated External

Defibrillator).

CPR was continued as the AED was set up. The AED has a fairly powerful computer. It began issuing instructions in a Star Wars like voice:

“Analyzing heart rhythm”

“Do not touch the patient”

“Shock advised”

“Charging”

“Stay clear of patient”

“Press the orange button now”

“Shock delivered”

“Analyzing heart rhythm”

“Do not touch patient”

“Analyzing heart rhythm”

“No shock advised”

“It is safe to touch the patient”

Dan pointed out that response time is the key in heart emergencies. There is about 4

minutes before lack of oxygen causes brain damage. Having trained people acting at the scene is critical to the patient’s survival.



The Bonita Springs Fire Control and Rescue District conducts a CPR/AED course for the general public. The 3 hour course is conducted one or two days per month. The cost is \$20 for residents of Bonita Springs. Call or go online to the BSFD to sign up.

Dan was also promoting joining CERT team (Community Emergency Response Team). There are teams in many neighborhoods of Bonita Springs. Instruction is 2-8 hr sessions plus the CPR/AED course. The training is applicable to personal life emphasizing fire safety, hurricane preparation, and extensive first aid training. There are no physical requirements. Since there are many components to a CERT team there is always a place for someone who cannot perform physical tasks easily.

LAST WEEK'S MEETING

President **Sandy Hemstead** presided. She started the meeting thanking all the volunteers who had helped during her year. **Chris Riesen** presented the invocation; guest speaker **Dan Barnett** led the Pledge of Allegiance; and **Don Manley** did a rousing recital of the Four-Way Test. **Ron Anderson** directed a “nice job” version of Amazing Grace.

Wonder Garden Clean Up Day immediately after the July 1st meeting. Bring your gloves and tools and wear clothes appropriate for the meeting as well as the clean up.

Mark McCaw rose to thank **Donna Marcotte** for doing all the arrangements for the golf events. The next Alternative Meeting will be Thursday, July 16th at the Colony. **Steve McIntosh**, candidate for Mayor, will be there as a candidate forum. The August Alternative Meeting will have **Bill Lonkart**, also a candidate for Mayor, as the speaker.

Bob Lombardo is still accepting checks for wheelchairs. Checks should be made out to the Wheelchair Foundation. More than 40 wheelchairs have been donated by club members so far.

George Cohan started off with a soliloquy about the changes in Rotary. “Now we read the prayer, but we sing the hymn. You can make up on the golf course. Maybe things are changing faster than I can take.”

He celebrated the birthdays of **Jay Berube** and “on-time” **Don Thomson**. George then called out **Don Manley** whom George called about a Rotary matter and never got a reply. Apparently, Don’s excuse was he was on a trip to the Outback. Not good enough, \$20 fine.

He then excoriated **Nancy Ross** for her joy, “That the Chicago Red Wings [sic] won the Stanley Cup. When are these Yankees going to become Floridians? I root for no Northern teams even though I grew up there. I adopt local teams.” \$10 please, Nancy.



Peter Zahner presented **Brad Piotrowski** with his “Blue Badge of Membership”. Brad has completed all of the requirements for membership. His classification is Dentist - Periodontist. **Steve**

Slachta was his sponsor.

Sandy announced that **election of Foundation Trustees** will be held July 8th. Please contact a member of the nominating committee, Bobbi Bird, Roger Brunswick, Mark McCaw, if you are interested.

Marjorie Rubacky rose and asked that we specifically thank those who had been responsible for the very fine speakers we had during the year: Tom Briers, Donna Marcotte, Steve Slachta, Susan Schmitt, Kae Moore, Nancy Ross, Dave Shellenbarger, Steve McIntosh, Clara Anne Graham, Kenny King, and Sara McCallum. Thank you, Marjorie, for leading this successful effort.

Anyone interested in becoming “**family unit**” members, that is joining with spouse or domestic partner for one membership, please contact Sandy.

Steve McIntosh will be leading the

The first “Alternative Meeting” was held in the dining room of the Miromar Lakes Golf Club. About 16 Rotarians and guests were there. **Susan Schmitt** introduced our speaker, **Liz Fields**, executive director of Rotary Camp Florida in Brandon. For many of us this was a chance to learn more about the Camp Florida we have heard about but don’t know much about. And it was an opportunity to present a \$1,000 check from the club’s general fund to the camp.

Rotary’s Camp Florida, Inc. was founded to acquire, **operate and maintain a year-round camp facility for children with special medical needs.** In 1991, Rotarians banded together to acquire the facility, a former United Methodist Church owned camp in the middle of Brandon. Twenty eight Rotarians personally guaranteed almost \$600,000 of debt. The mortgage was paid off in 2001. **The camp is not owned by one club, but is a project of all Rotary clubs throughout Florida.** It is a stand-alone 501 (c)(3) non-profit corporation.

The mission of the camp is to provide barrier free camping facilities for special needs user groups. Some of the groups who use the facility are:

- The Children’s Cancer Center
- Faces of Courage
- The Muscular Dystrophy Association
- Tourette’s Syndrome
- Florida Diabetes Association
- Sickle Cell Anemia
- Downs Syndrome
- Shriner’s
- Perthes foundation

Being “barrier free” allows children with all disabilities to enjoy the fun and excitement of camp. Each group has their own special fun events and they all have a great time. Other non profit organizations visit camp including visits from therapy dogs and horses and the camp hosts a community fair.

Each group brings their own camp counselors who ensure that campers are safe, secure, that their health is good and that they are having fun. Many of the counselors are cancer survivors or attended camp themselves.

There are climate controlled cabins that can house up to 130. All cabins have bunk beds that can be removed to accommodate hospital beds if needed.

The success of the camp is best told by some of the children’s comments:

I feel normal here.

I don’t have to worry about telling people why I take the medicine I take.

I can get my chemo and go back with my friends, it doesn’t feel so bad.

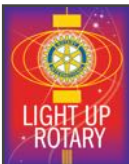
I am giving my Mom a break.

I make new friends

I have fun and forget about my illness.

For many of these children this is the only camp that they can attend as they are dependent on electricity to survive.

The camp always needs volunteers and can arrange for workdays providing there are no camps in session. Financial support is always welcome.



Rotary Club of Bonita Springs, chartered November 3, 1978. The Club may be contacted through its mailing address P.O. Box 474, Bonita Springs Florida 34133. You can reach **The Spoke** through its email BonitaSpoke@aol.com. **Scott Gerrish** issue editor.

President	Sandra Hemstead
President-Elect	Thomas B. Briers
Secretary	Gregory T. Holtz
Treasurer	Bob Lombardo
Sergeant-at-Arms	George M. Cohan III

Last Week: Frequent Winner Adam

Botana drew J♣ to win \$5.



The 50/50 is \$844

Rotary Sings: *She'll Be Comin' Round The Mountain*

She'll be coming round the mountain when she comes
She'll be coming round the mountain when she comes
She'll be coming round the mountain, she'll be coming
round the mountain,
She'll be coming round the mountain when she comes

She'll be driving six white horses when she comes
She'll be driving six white horses when she comes
She'll be driving six white horses, she'll be driving six white
horses,
She'll be driving six white horses when she comes

Oh, we'll all go out to meet her when she comes
Oh, we'll all go out to meet her when she comes
Oh, we'll all go out to meet her, we'll all go out to meet
her,
We'll all go out to meet her when she comes

The 4-Way Test
of things we think, say or do.

Is it the **TRUTH**?

Is it **FAIR** to all concerned?

Will it build **GOODWILL** and
BETTER FRIENDSHIPS?

Will it be **BENEFICIAL** to all
concerned?

This Week:

Ismael Hernandez
Freedom & Virtue
Institute

Birthdays

Jim Horein June 20

This Morning's Invocation

O God, we pray for all Rotarians throughout the world that their visions and dreams might be realized, that their projects might be successful, and their beneficial influence be felt in high places and low.

Inspire us all to be responsive to needs, to live and act with integrity, to serve with love, that peace might be real and lasting.

Hear now our thanks for food to nourish us, for fellowship to enrich us, for work to engage us, all in accord with Your will to empower us and Your Spirit to guide us. Amen.

Your finances. Your future. *Our focus.*

McCaw Wealth Management

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