

# breakfast

All breakfast items are available until 10:45am Mon-Fri, 12n Sat-Sun

- Toast to Health\*** *VT available all day* 6.5  
Multi-grain toast topped with mashed avocado, lime, fresh spinach, one egg your way
- Oh My Omelette** *VT available all day* 8.5  
Three-egg omelette with sautéed mushrooms, onions, spinach, coconut bacon, goat cheese, tomatoes, multi-grain toast
- Morning Wrap Up** 8.5  
Organic scrambled eggs, smoked turkey, broccoli, white cheddar, red pepper spread, whole wheat tortilla, served with seasonal fruit
- Ready, Set, Go** *GF · V* 7.5  
Steel-cut oats with Vega® vanilla protein, almond milk, topped with walnuts, cranberries, apples, hemp seeds, cinnamon
- Savory Breakfast Bowl** *GF* 9.5  
Two soft boiled eggs, quinoa, avocado, cilantro pesto, sun-dried tomato, topped with hemp seeds and toasted pine nuts
- Let's Go!** *V* 5.5  
with almond butter, coconut bacon, hemp seeds, honey drizzle
- Coastal Toast** 8.5  
with cashew cream cheese, smoked salmon, capers, red onion, Everything Spice, house-made lemon preserves

## beverages & caffè

- Iced and Hot Tea** *see counter for full tea menu* 2.5
- Homemade Lemonade** *see counter for flavors* 3
- Kombucha** *see counter for flavors* 4|6
- Coffee** 3.5
- Bulletproof™ Coffee** 5  
Organic coffee, MCT oil, grass-fed butter
- Latte | Cappuccino** 5  
Organic cow milk, almond milk, or coconut milk
- Cool-Berry Matcha** *SEASONAL · NEW* 7  
Blueberry infused almond milk, lavender, matcha, agave, served iced
- Hug In A Mug** 6  
Steamed almond milk, coconut milk, maple syrup, vanilla, ginger, turmeric, spices **+ add espresso**
- Matcha Latte** 6  
Matcha, choice of agave, honey, or maple syrup, choice of milk
- Ashwagandha Latte** 6  
Ashwagandha, almond milk, coconut milk, maple syrup, cinnamon
- Charcoal Lavender Latte** 6  
Espresso, almond milk, maple syrup, vanilla, lavender, charcoal
- Collagen Chai** 6  
Chai, collagen, coconut butter, choice of milk
- Maca Mocha** 6  
Espresso, almond and coconut milk, cacao, maca, maple syrup, cinnamon, vanilla

(913) 544 · 1515 [enjoypurefood.com](http://enjoypurefood.com)  
10573 Mission Road, Leawood, KS 66206  
M-F: 8AM-8PM | Sat: 9AM-8PM | Sun: 9AM-3PM

Please visit our website as our hours may change.  
Prices and availability subject to change.



spring 2021

## cold-pressed juices

- Cleansing** *Detoxifying, Hydrating, Anti-Inflammatory, Fat-Burning*  
Green apple, lemon, zucchini, cucumber, kale, spinach, romaine, parsley, ginger, sea salt
- Metabolizing** *Fat-Burning, Detoxifying, Alkalizing*  
Ruby Red grapefruit, green apple, fennel, lemon, sea salt
- Oxygenizing** *Energizing, Post-Workout, Heart Health, Brain Focus*  
Orange, green apple, beet, cucumber, basil, sea salt
- Rejuvenizing** *Immune-Boosting, Anti-Inflammatory, Anti-Oxidant*  
Carrot, pineapple, cucumber, fennel, ginger, sea salt
- Greenzing** *No Sugar, Alkalizing, Anti-Inflammatory, Mineralizing*  
Cucumber, lemon, spinach, swiss chard, fennel, ginger, sea salt
- Celery Juice** 100% organic celery juice  
*Immune-Boosting, Anti-Inflammatory, Toxin Removal, Liver Health*
- Harmonizing** *SEASONAL · NEW Immunity, Liver Support, Hydration*  
Orange, pineapple, zucchini, carrots, beets, cucumber, lime, cayenne, sea salt

8oz glass - 4.5 | 16oz bottle - 9

## smoothies

- Tastes-Like-Ice-Cream Kale** *Energy, Protein, Digestion*  
Kale, banana, cashews, dates, vanilla, ginger
- Blueberry Brain Booster** *Energy, Brain Focus, Digestion, Detox*  
Blueberries, banana, almond milk, chia, flax, hemp, maple syrup, cinnamon
- Mighty Mojo** *Energy, Protein, Workout Endurance & Recovery*  
Raw coconut water, banana, almond butter, cacao, maca, chia, Vega® chocolate protein powder
- Green Mojito** *Anti-Inflammatory, Immunity, Detox, Hydration*  
Pineapple, raw coconut water, spinach, mint, lime, stevia
- Carrot Cake** *SEASONAL · NEW Immunity, Inflammation, Antioxidants*  
Carrots, cashews, banana, almond milk, coconut milk, maple syrup, vanilla, ginger, lemon, turmeric, spices
- Sunrise Warrior** *SEASONAL 500% Daily Vitamin C, Immunity, Protein*  
Orange, strawberry, red bell pepper, camu powder, coconut milk, Vega® vanilla protein powder, cayenne

One Size | 16oz - 9

## smoothie bowls

- Clean Livin'** *GF · V · O* 11  
Açaí, banana, blueberries, Vega® vanilla protein, almond milk, topped with granola and flax seeds
- Gorgeous** *GF · V* 11  
Dragonfruit, pineapple, banana, dates, coconut milk, topped with granola and hemp seeds
- Green Beauty** *GF · V* 11  
Avocado, spinach, banana, oats, almond butter, almond milk, topped with granola and chia seeds
- Strawberry Rose Ice Cream** *GF · V* 10  
Strawberry, banana, rose water, dates, cashews, vanilla, almond milk, topped with granola

## small plates

<b>Guacamole Goodness</b> GF · V	8
Fresh guacamole served with organic tortilla chips	
<b>Chickpea Hummus</b> GF · V	7.5
House-made hummus served with GF crackers, cucumbers, grape tomatoes + add <b>Albacore tuna</b> +2	
<b>Yin, n' Yang</b> GF · V	7.5
Roasted red pepper and walnut spread + chickpea hummus, served with GF crackers, cucumbers	
<b>Homemade Soups</b> GF	4.5   6
<ul style="list-style-type: none"> <li>Chicken and Vegetable, in a lemon ginger broth</li> <li>Daily Vegan Soup</li> </ul>	

### SEASONAL SIDES GF · V

<b>Spring Brussels Sprouts - 6</b> with ginger-miso dressing	<b>Rice + Black Beans - 4.5</b> with brown rice and mashed black beans
<b>Mashed Cauliflower - 5</b> with garlic cashew cheese	<b>Quinoa Tabbouleh - 3.5</b>

## handhelds

Gluten-Free Bread +2 | Vegan Cheese +1.5

<b>Mexicali Cool Wrap</b>	11
Chicken, Mexican coleslaw, guacamole, white cheddar, cilantro pesto, whole-wheat tortilla	
<b>Spicy Rooster Sandwich</b>	11
Chicken, avocado, lettuce, tomato, jalapeño aioli, toasted multi-grain bread	
<b>Gobble It Up Sandwich</b>	10
Turkey, white cheddar, coconut bacon, tomato, lettuce, Dijon-mayo, multi-grain bread	
<b>Trail Hike Sandwich</b>	11
Tuna, avocado, apples, cranberries, walnuts, onion, celery, Dijon-mayo, multi-grain bread	
<b>Omega Burger</b> NEW	11
Salmon patty on whole-wheat bun with shredded lettuce, tomato, sliced cucumber, hemp seeds, Dijon mayo	
<b>Barefoot Burger</b> VT	10
Veggie burger on whole-wheat bun with tomato, lettuce, house-made pickles, choice of vegan mayo or ketchup	
<b>Vegelicious Wrap</b> v	10
Mixed greens, avocado, quinoa, tomato, red onion, almonds, red pepper spread, balsamic vinaigrette, whole-wheat tortilla	
<b>Paradiso Tostada</b> GF · V	11
Three crispy corn tortillas with ground mushrooms and walnuts, roasted red pepper spread, avocado, tomato, lettuce, house-made salsa	

### Sandwiches + Wraps Include Choice Of:

Green Salad | Tortilla Chips | Soup Cup +2.5

## all-day breakfast

<b>Toast to Health*</b> VT	6.5
Multi-grain toast topped with mashed avocado, lime, fresh spinach, one egg your way	
<b>Oh My Omelette</b> VT	8.5
Three-egg omelette with sautéed mushrooms, onions, spinach, coconut bacon, goat cheese, tomatoes, multi-grain toast	

\* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness.

## warm bowls

<b>Take On The World</b> GF · V · O	10
Red and white quinoa, avocado, kale, broccoli, beets, almonds, hemp seeds, ginger-miso dressing	
<b>Pals Forever</b> GF NEW	12
Chicken, broccoli, mushrooms, carrots, peas, grilled onions, Mojo sauce	
<b>Ahi Poke*</b> GF	15
Sesame crusted seared ahi tuna, fresh mango, pickled ginger, avocado, cucumber, sweet potatoes, brown rice, soy glaze	
<b>Great Catch</b> GF · O	13
Alaskan wild-caught salmon, sautéed kale, caramelized sweet potatoes, onion, celery, citrus-ginger vinaigrette	
<b>Countryside</b> GF · O	12
Cauliflower rice, chicken, cilantro pesto, peas, topped with diced tomatoes, shredded carrots, cilantro, microgreens	
<b>Terra Bella</b> GF · V	12
Vegan lasagna with roasted zucchini, eggplant, marinara, house-made cashew cheese	

## large plates

<b>Salmon + Goat Cheese</b> GF	16
Wild-caught salmon and goat cheese with balsamic reduction, served with mashed cauliflower and broccoli	
<b>Chicken Parmesan</b> GF	15
Lightly breaded chicken breast with parmesan, house-made marinara and pesto, served with mashed cauliflower and broccoli	
<b>Fiesta!</b> GF · V NEW	11
Brown rice, mashed black beans, Pico de Gallo, guacamole, Guajillo red sauce, choice of mushroom and walnut mix or chicken +2	

## fresh salads

<b>Farmer's Market</b> GF · VT · O	12
Mixed greens, avocado, tomato, broccoli, carrots, beets, peas, cucumber, almonds, Manchego cheese, balsamic vinaigrette	
<b>Tuna Niçoise</b> GF NEW	12
Tuna, mixed greens, hard boiled egg, tomatoes, green beans, new potatoes, Kalamata olives, smokey white balsamic dressing	
<b>Bountiful</b> GF · VT	11
Massaged curly kale, coconut bacon, goat cheese, roasted squash, granola, cranberries, pecans, smokey white balsamic	
<b>Fit Caesar</b> GF	11
Chicken, chopped romaine, avocado, tomatoes, capers, vegan Caesar dressing	
<b>Classico</b> GF	13
Butter lettuce, turkey, white cheddar, egg, avocado, tomato, red onion, Kalamata olives, hemp seeds, zesty Italian dressing	

### ADDITIONAL PROTEIN

Free-Range Chicken	+ 3.5	Albacore Tuna	+ 3
Wild-Caught Salmon	+ 6	Hard Boiled Egg	+ 1

## desserts

<b>Chocolate Caramel Mousse Torte</b> GF · V	7
<b>Carrot Cake</b> GF · V SEASONAL	7

GF gluten-free · V vegan · VT vegetarian · O organic (85% or more)