



SMART

NOOTROPIC BRAIN BOOST

A SMART nootropic brain boost with proper hydration

Get more done with BeneYOU's SMART! From morning 'til night, boost creativity, focus and overall cognitive potential with safe, proven nootropic ingredients.

There's a point in your day when your brain tires. From failing to recall that one simple word that's just on the tip of your tongue, to walking into a room and realizing you've forgotten why you entered in the first place.... Now you can blow away the fog with nootropics that'll boost clarity, focus, and motivation.



Product Features

L-THEANINE — This amino acid helps relax without sedation, and it increases levels of GABA, a neurotransmitter with calming effects on the brain. When paired with caffeine, L-Theanine synergizes and neutralizes negative effects of caffeine. That means more energy and clarity, and less crashing and shaking.

BACOPA MONNIERI — Also known as the “Herb of Grace,” Bacopa monnieri helps stimulate regeneration of brain tissue, helping with memory and improving anxiety levels. It's also been linked to helping cleanse the liver of common toxins.

BIOPERINE® — BioPerine, a special extract from black pepper, is what's known as a “bioavailability enhancer.” It's been clinically proven to optimize — by 25-45% — your body's access to the critical elements of a supplement. BioPerine is so effective and unique that it's been granted a U.S. patent.

GREEN TEA — Known for its antioxidant properties, green tea also has shown anti-inflammatory benefits, both essential for healthy brain function. And when paired with L-Theanine (above), it's been known to improve reaction time.

KEY BENEFITS

When you need to be focused and attentive, and you need to process information accurately, SMART helps you get more out of your day.*

- Hydration
- Clarity*
- Focus*
- Stimulating*
- Use every day
- Just 10 calories

SUGGESTED USE:

- Add a stick to 16 oz. of chilled water.
- Shake it up
- Drink it up

USE RESPONSIBLY. Intended for adults. Use as directed. Consult with physician if you are pregnant or nursing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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GINSENG — Regularly used to boost energy, relieve stress, and even help lower blood-sugar and cholesterol levels, ginseng has been used for centuries by Tibetan monks to help clear their minds before meditation.

INOSITOL — This carbohydrate is great at keeping fats from collecting around the liver. It also has energy properties and helps regulate your serotonin and GABA levels, clearing your mind and boosting your mood simultaneously.

HUPERZINE — Derived from club moss, huperzine has been used in China for centuries as a remedy for colds and rheumatoid issues. It has been shown to help relax muscles and tendons, improve blood circulation, and stabilize the neurotransmitters that help us learn.

NOOTROPIC

The term “nootropics” is derived from the Greek concept of “turning the mind,” and the studies on it address focus, concentration, and memory. (Apparently “brain booster” made too much sense.)



Additional Ingredient Information

Store in a cool, dry place, away from direct sunlight.

Nutrition Facts		
Serving Size: 1 Stick (4.5 g)		
Servings Per Container: 30		
	Amount Per Serving	% Daily Value*
Calories	12	
Total Carbohydrates	3 g	
Sugars	3 g	
Total Fat	0 mg	
Protein	0 mg	
Natural Caffeine	25 mg	
M-NOOT™ Proprietary Blend	139 mg	†
L-Theanine		†
Bacopa Monnieri Extract		†
Ginkgo Biloba Extract		†
Panax Ginseng Extract		†
Inositol Nicotinate		†
Huperzine Extract		†
BioPerine®	5 mg	

*Percent Daily Values are based on a 2,000-calorie diet.
†Daily Value not established.

Other ingredients: Natural Color, Unrefined Cane Sugar, Citric Acid, Natural Pineapple Flavor, Stevia



GLUTEN-FREE



NON-GMO



VEGAN-FRIENDLY



MADE IN USA

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