

## The difference is in the +!

**Repair+** L-Glutamine + Fiber drink mix is a complete gut-support product with ingredients shown to soothe the occasional discomforts of a bloated, gassy gut and support the restorative processes that your gut needs to digest food and absorb the powerful nutrients.

The integrity of the gut wall is critical to our well-being and can slowly become damaged over time from poor diet, excessive stress, poor microbiome balance, prescription and recreational drugs, and regular periods of dehydration. When there is gut damage we need to address the reasons why, but **Repair+** can assist the healing process with the components needed for gut repair.



## Product Features

An efficacious blend of the key healing amino acid L-glutamine, together with soothing and anti-inflammatory herbs, gentle soluble-fiber sources, and a key digestive enzyme that work together to support the digestive system:

- **L-Glutamine** is the most abundant amino acid in the body. It is a precursor of the most potent antioxidant, glutathione. It is also a critical fuel source for the mucosal epithelial cells of the small intestine. In clinical studies it has been shown to assist in the prevention of gut deterioration and hyperpermeability, including leaky gut.
- **Gut-healing herbs.** **Repair+** contains four effective but gentle gut-healing herbs to reduce discomfort and support repair:
  - **Deglycyrrhizinated licorice** can stimulate the body to increase the number of mucus-secreting cells in the digestive tract, improve the quality of mucus, lengthen intestinal cell life, and enhance microcirculation in the gastrointestinal lining.
  - **Fennel seed** has been shown to increase bile production, assisting digestive function and decreasing gas, bloating and abdominal cramps.
  - Studies of **peppermint-leaf extract** suggest that it is

## KEY BENEFITS

**Repair+** is a full spectrum gut-support formulation that can be used as a “gut first aid” product where gut function is severely compromised. It contains ingredients to immediately soothe a damaged gut, ingredients to support healing and ingredients to create a healthy gut environment to prevent future damage.

For people with adequate gut function, **Repair+** can be used as an effective gut-maintenance product to ensure optimal gut function at all times.

**Repair+** has been formulated to work in harmony with BeneYOU’s Love Your Gut line. The soluble fiber in **Repair+** is an ideal additional substrate for the growth of probiotic bacteria.



BeneYOU

# Repair+™

GUT SUPPORT

effective in reducing abdominal pain, flatulence, and diarrhea in patients with irritable-bowel syndrome (IBS).

- **Slippery elm bark** is considered the classic “demulscent” or anti-inflammatory herb, supporting production of an effective mucosal barrier in the gut and thereby soothing damaged gut tissue.
- **Soluble fiber** acts as a repository for toxins, allowing them to be eliminated. We have included two soluble fiber sources:
  - **Pectin** is a soluble fiber that can regulate the body’s use of sugars and cholesterol, and its bulking effect can assist in satiety, reducing appetite and food intake so it may contribute to weight-loss goals.
  - **Acacia fiber** strengthens the gut mucosal barrier by increasing numbers of specific strains of beneficial bacteria that can produce gut-nourishing short-chain fatty acids. Studies show that gut bacteria ferment acacia fiber well into the distal (or last) part of the colon, while most other prebiotic fibers are fermented right away in the first section of the colon, leading to a sudden build-up and release of gas. For people prone to gas and bloating, acacia fiber proves to be incredibly well-tolerated, even at high doses.
- **Alpha Galactosidase** is an enzyme that works in the gut to break down the complex branched sugars (polysaccharides) found in foods like legumes (beans) and cruciferous vegetables (cauliflower, broccoli, cabbage, brussels sprouts) into simple sugars, making these foods somewhat more digestible, and reducing intestinal gas. Without the enzyme, the polysaccharides found in these foods can pass through the small intestine unaffected and, once in the large intestine, they be metabolized by intestinal flora, fermenting to produce the gases that cause discomfort.

Other ingredients include a natural lemon-lime flavor, citric acid to support the flavor, and sweetener (stevia) to produce a pleasant-tasting product suitable for daily use.

## SUGGESTED USE:

Repair+ should be used once a day. Mix the recommended dose into 8-12 oz cup of water and follow this with an additional 1-2 glasses of water to ensure full hydration of the soluble fiber.

In situations of extreme discomfort repair+™ may be used more frequently or as prescribed by your healthcare professional.

## Additional Ingredient Information

- **L-Glutamine**
- **Fennel seed**
- **Deglycyrrhizinated licorice**
- **Peppermint-leaf extract**
- **Slippery elm bark**
- **Soluble fiber blend:**
  - **Apple/Citrus Pectin**
  - **Acacia Fiber**
- **Alpha-galactosidase**



SOY-FREE



GLUTEN-FREE



NUT-FREE



VEGAN-FRIENDLY



NON-GMO



DAIRY-FREE



STEVIA



MADE IN USA

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.