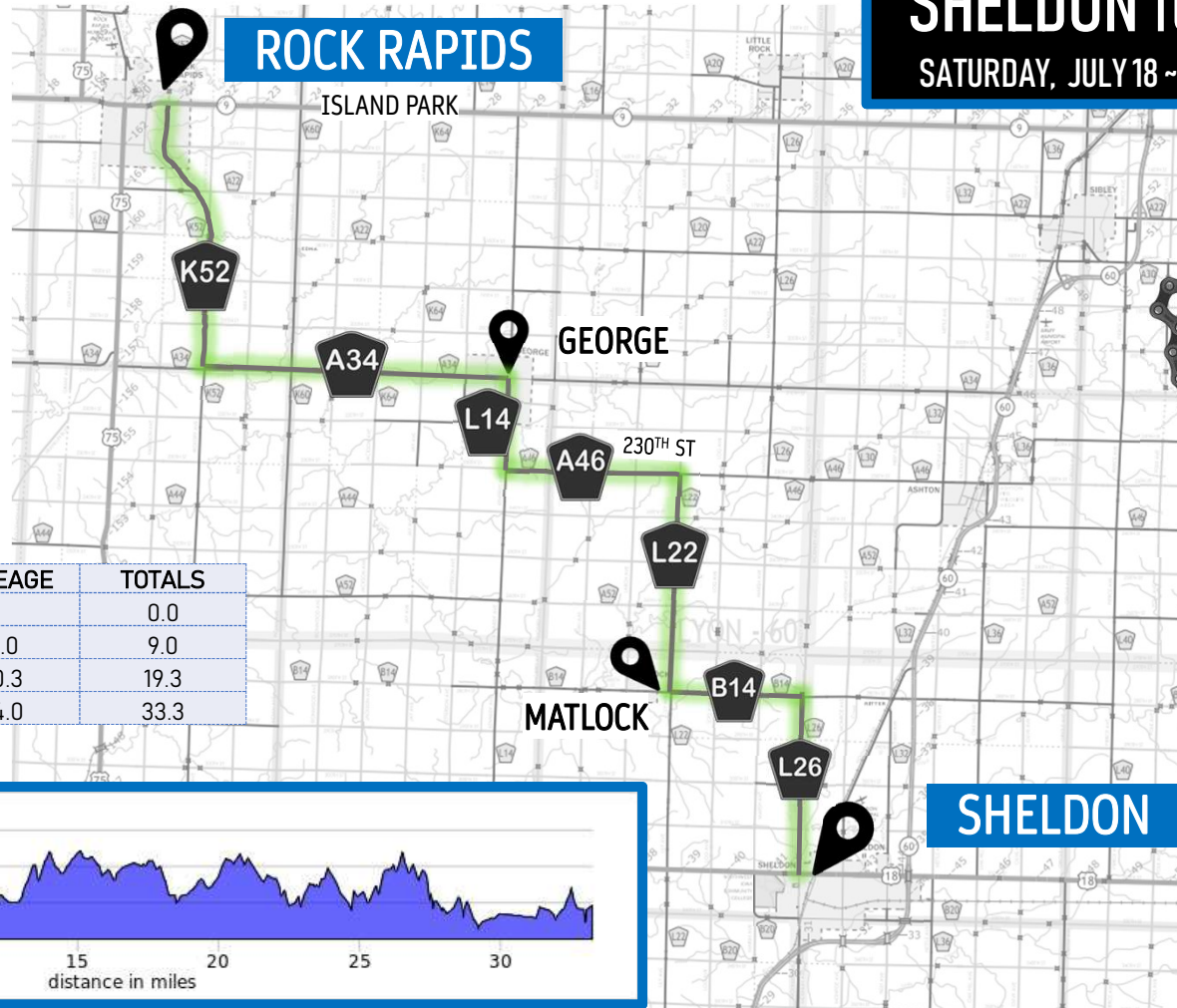


# SHELDON TO ROCK RAPIDS

SATURDAY, JULY 18 ~ 33.3 MILES ~ 771 FT OF CLIMB



Route and towns  
subject to change

DAY7 - SATURDAY	MILEAGE	TOTALS
Sheldon		0.0
Matlock	9.0	9.0
George	10.3	19.3
Rock Rapids	14.0	33.3

