Dynamic Aerial & Acrobatics 2021 - 2022 Schedule

Monday

Studio 1	Studio 3
Silks (Beg) Erin 3:45 - 4:40	3:45 - 4:40
Silks (Inter) Erin 5:00 - 5:55	5:00 - 5:55

Tuesday

Studio 1	Studio 3
3:30 - 4:25	**Acro Tech (Beg)** Marissa 3:30 - 4:25
4:45 - 5:40	**Contortion (Inter/Adv)** ***Flexibility Based Skills Only***
6:00 - 6:55	Marissa 4:45 - 7:10

Wednesday

Studio 1	Studio 3
Hoop (Beg/Inter) Daina 3:45 - 4:40	3:45 - 4:40
5:00 - 5:55	**Contortion (Beg)** Daina 4:45 - 6:10
6:15 - 7:10	**Contortion (Inter/Adv)** ***Balance Based Skills Only*** Daina 6:30 - 7:55

Thursday

Studio 1	Studio 3
Silks (Beg) Erin 3:45 - 4:40	**Acro Tech (Inter)** Daina 3:30 - 4:25
Silks (Inter) Erin 5:00 - 5:55	**Contortion (Inter/Adv)** ***Flexibility Based Skills Only***
6:15 - 7:10	Daina 4:45 - 7:10

Class Legend

Beginner Classes
Ages 7 - 12
Weekly Tech Classes running from Sept - June

Intermediate/Advanced Classes
Ages 13 - 18
Weekly Tech Classes running from Sept - June

IMPORTANT
Auditions are required for all new students wanting to join the Inter/Adv Contortion Classes.
Please contact the studio to set up an audition time.