




MaanaS
PLEASANT INDIAN CUISINE
www.maanas.com

Menu

DRINKS AND SALADS

BEVERAGES

Tea & Coffee :

Ice Tea	\$1.95
Masala Tea	\$1.95
Coffee	\$2.95

Soft Drinks (Regular/Diet):

Pepsi	\$1.95
Coke	\$1.95
Sprite	\$1.95
Sierra Mist	\$1.95
Mountain Dew	\$1.95
Lemonade	\$1.95

LASSI

Mango Lassi	\$3.50
Yogurt blended with mangoes and aromatic spices	
Badam Milk	\$3.50
Deliciously Flavoured milk with almonds and cardamom	
Sweet/Salt Lassi	\$3.50
Yogurt blended with plain sweet or salt	

SOUPS

Tomato Soup	\$3.95
Fresh Tomato Soup seasoned with cloves, Cumin seed and Cilantro	
Mulligatawny Soup	\$3.95
A Spicy broth of split peas, Vegetables and Chicken	
Veg-Corn Soup	\$3.95
Mixed Vegetable soup with corn, black pepper and a blend of spices	
Rasam Soup	\$3.95
A Spicy Soup with tomatoes, tamarind, black pepper and spices	
Veg-Corn Chicken Soup	\$4.95
Fresh vegetables, corn and chicken soup with black pepper	

SALADS

Spicy Cucumber Salad	\$6.95
Cucumber, Black Pepper and Lettuce	

CHEF RECOMMENDED APPETIZERS

Chicken 999	\$10.99
Chicken cut into small pieces marinated in yogurt and spices and deep fried until crispy	
Majestic Chicken	\$10.99
Chicken cut into fillets and mixed with Maanas spices and deep fried until crispy	
Appollo Fish	\$12.95
Fish Fingers	\$12.95
Fish cut into fillets and mixed with Maanas spices and deep fried until crispy	

***Automatic Gratuity for group of 5 or more.

APPETIZERS

VEGETARIAN

- Aloo Bonda** \$5.95
Deep fried gram flour balls filled with potatoes and spices
- Veg Samosa** \$4.95
Crispy turnovers stuffed with potatoes, green peas, carrot and spices
- Cutlet** \$4.95
Minced vegetables with spices crumbed and deep fried
- Pakora - choice of veg/onion/paneer** \$4.95
Assortment of deep fried golden finger hot peppers, onion, potatoes and/or homemade paneer in chick pea batter
- Mirchi Bajji** \$5.95
Deep Fried Mirchi Bajji and served with finely chopped onion and Masala
- Cut Mirchi** \$5.95
Deep Fried Cut Mirchi and served with finely chopped onion and masala
- Mysore Bajji** \$5.95
Deep fried Indian all purpose flour balls served with a side of spicy chutney
- Poori** \$6.95
Whole wheat deep fried puffed bread with curry
- Idli** \$5.95
Steamed mixture of rice flour and urad dal, served with sambar and chutney
- Vada** \$5.95
Lentil doughnut shaped dumplings, served with sambar and coconut chutney
- Masala Vada** \$5.95
Spicy lentil dumplings, served with sambar and coconut chutney
- Maanas Special Assortment** \$7.95
Medhu Vada, Samosa, Cutlet, Mysore Bajji, Chilli Bajji
- Podi Idli** \$5.95
- Chilly Baby Corn Masala** \$5.95
- Gobi 999** \$8.95

INDO CHINESE

- Gobi Manchurian** \$8.95
Deep fried battered Cauliflower sauteed in manchurian sauce
- Paneer Manchurian** \$8.95
Homemade cottage cheese cubes dipped in batter and deep fried & tossed in manchurian sauce
- Baby Corn Manchurian** \$8.95

NON-VEGETARIAN

- Keema Samosa** \$7.95
Spiced ground lamb wrapped in a pasty shell (Khol) and deep fried
- Chicken Pakora** \$8.95
Tender pieces of chicken, delicately spiced and batter fried

INDO CHINESE

- Chilli Chicken** \$9.95
Boneless chicken sautéed with hot chillies and onions
- Chicken 65** \$9.95
Chicken pieces marinated in yogurt with spices and deep fried
- Ginger Chicken** \$9.95
Chicken pieces marinated in Ginger Garlic paste with spices and deep fried
- Chicken Schezwan** \$8.95
Schezwan style marinated chicken. A spicy one
- Chicken Manchurian** \$9.95
Chicken pieces cooked in spicy Chinese sauce
- 555 Chicken** \$10.95
Long slices of Chicken, onion, garlic, whole red chillies and cashew nuts all pan fried in a homemade sauce

TANDOORI OVEN

(Takes minimum 15 minutes)

- Chicken Tikka** \$12.95
Chunks of Boneless Chicken marinated in spices & roasted with bell peppers & onions
- Tandoori Chicken** \$12.95
Spring Chicken Marinated in spiced yogurt and a half a dozen seasonings then delicately roasted in a clay oven
- Boti Kabab** \$12.95
Lamb pieces marinated in Indian spices made on tandoori
- Sheek Kabab** \$12.95
Deliciously Spiced skewered rolls of minced lamb
- Mixed Grill** \$13.95
Clay oven assorted Appetizer Plate - Tandoori Chicken, Boti Kabab, Chicken Tikka and Shrimp
- Tandoori Shrimp** \$14.95
Spring Shrimp Marinated in spiced yogurt and a half a dozen seasonings then delicately roasted in a clay oven

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MAIN COURSE

(Served with Naan and Basmati Rice)

VEGETARIAN

Chana Masala	\$10.95
A Special Punjabi Chick Pea Preparation	
Chana Saag	\$10.95
A Special Punjabi Chick Pea Preparation with spinach	
Aloo Gobi	\$10.95
Potatoes and Cauliflower cooked in a spicy curry sauce	
Navratan Kurma	\$11.95
Delicious Mughlai dish with nine different veggies, fruit and nuts	
Bendi Fry	\$11.95
A Special deep fried Okra preparation	
Kadai Bendi	\$11.95
Tender lightly deep fried Okra with fresh sautéed tomatoes and onions	
Kadai Mushroom	\$11.95
Chopped Mushroom cooked in a traditional kadai with onion & tomato sauce	
Kadai Paneer	\$11.95
Paneer cubes & capsicum cooked in a traditional kadai with onion & tomato sauce	
Saag Paneer	\$11.95
Delicately flavored fresh spinach cooked with chunks of homemade cheese	
Mutter Paneer	\$11.95
Cottage Cheese Cubes With Green Peas	
Malai Kofta	\$11.95
Vegetarian fried balls simmered in a rich creamy sauce	
Dal Fry (Dal of the Day)	\$11.95
Lentil fried on a clay oven	
Baigan Bhartha	\$12.95
Tender mashed eggplant blended with sautéed onions, tomatoes and green peas	
Paneer Tikka Masala	\$12.95
Cottage Cheese Prepared in Thick Authentic creamy gravy	
Bagara Baigan	\$12.95
Slit brinjals cooked in an aromatic homemade sauce	
Phool Makhana Masala	\$12.95
Puffed lotus seeds Prepared in Thick Authentic creamy	
Tindora Fry	\$12.95
A Special Deep Fry Tindora and topped with coconut powder	

NON - VEGETARIAN

Egg Curry	\$10.95
Boiled egg, Cooked in butter, seasonings and fresh tomato sauce	
Chicken Makhani	\$12.95
Boneless Tandoori Chicken, Cooked in butter, seasonings and fresh tomato puree	
Chicken Tikka Masala	\$12.95
Tender Tandoori cooked boneless chicken curried in specisauce	
Chicken Curry (Boneless)	\$12.95
Tender cooked boneless chicken curried	
Andhra Chicken (Spicy)	\$13.95
Chicken with bones fried and cooked with special Masala & Chill powder	
Chicken Vindaloo	\$13.95
Boneless Chicken cubes in Potato, Tomato, onion, Ginger, Garlic sauce - with a hint of Vinegar	
Kadai Chicken	\$12.95
Boneless diced chicken cooked in a traditional Kadai with onion & tomato sauce	
Chicken Saag	\$12.95
Chicken Prepared With Spinach	
Murg Chole	\$12.95
Chicken cooked with tomatoes and onions in mashed chana gravy	
Chettinad Chicken	\$13.95
Chicken Prepared in spicy curry sauce with tamarind, ginger and garlic	
Goat Curry / Fry	\$14.95
Tendered goat pieces pan fried with traditional Indian spices	
Lamb Curry	\$14.95
Lamb Curry Flavored With Indian Spices	
Lamb Vindaloo	\$14.95
Lamb cubes in Potato, Tomato, onion, Ginger, Garlic sauce - with a hint of Vinegar	
Lamb Saag	\$14.95
Lamb Prepared With Spinach	
Shrimp Masala	\$14.95
Sautéed shrimp cooked with Chef's homemade masala	
Fish Curry	\$14.95
Salmon fish with homemade curry sauce	
Amaravathi Goat/Lamb/ Shrimp Curry	\$14.95
Gongura Mutton/Shrimp Curry	
Nellore Cheppala Pulusu.....	
Royalu(Shrimp) Fry	

TANDOORI BREADS

Butter Naan	\$1.50	Paratha	\$2.00
Leavened dough bread		Flaky skillet cooked bread	
Tandoori Roti	\$2.00	Aloo Paratha	\$3.50
Whole wheat bread cooked in our clay oven		Flaky skillet cooked bread with potatoes	
Garlic / Kashmiri Naan	\$2.50	Paneer Kulcha	\$3.50
Leavened dough bread with garlic /Raisins,Almonds & cashew nuts		Leavened stuffed naan with paneer	
Keema Naan	\$3.50	Onion Kulcha	\$2.50
Leavened dough bread with Keema		Leavened stuffed naan with onions	

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DOSA AND RICE

DOSA

(Thin Pancakes made of rice & lentil batter - Served with Sambar & Chutney)

Plain Dosa	\$6.95
Masala Dosa.....	\$8.95
Onion & Chilli Dosa	\$7.95
Mysore Masala Dosa	\$9.95
Spring Dosa	\$9.95
Plain Ravva Dosa	\$8.95
Onion & Chilli Ravva Dosa	\$10.95
Upma Moong Dosa	\$10.95
MLA Pesarattu	\$10.95
Paneer Bhurji Dosa	\$11.95
Maanas Special Karam Masala Dosa	\$11.95
<small>House specialty in Rayalaseema Style</small>	
Paper Dosa	\$9.95
Paper Masala Dosa	\$10.95
Egg Dosa	\$10.95
Chicken 65 Dosa	\$12.95
Ghee Roast Dosa	\$9.95

UTHAPPAM

(Thick Pancakes made of rice & lentil batter - Served with Sambar & Chutney)

Plain Uthappam	\$6.95
Tomato, Peas & Onion	\$7.95
Onion & Chilli	\$7.95
Vegetable.....	\$7.95
Cocktail.....	\$10.95

CHAAT

Samosa Chaat.....	\$4.95
<small>Veg Samosa and chickpea curry, topped with onion and various chutneys</small>	
Alu Tikki Chaat	\$4.95
<small>Potato cutlet, Pav Bhaji and chickpea curry, topped with onion and various chutneys</small>	
Pani Pooi.....	\$4.95
<small>Puff-pastry balls served with spiced potatoes, pea and a side of spicy chutneys</small>	
Bhel Puri	\$4.95
<small>Puffed rice mixed with potatoes, tomatoes, onion and chutneys</small>	

RICE

(Served with Sambar / Chutney / Raita))

South Indian Rice Specialties \$7.95
Tamarind Rice / Tomato Rice / Lemon Rice / Pongal / Upma / Curd Rice

BIRIYANI

(Served with raita and Gravy)

Veg Biryani.....	\$11.95
Egg Biryani.....	\$12.95
Hyderabad Chicken Dhum Biryani.....	\$12.95
Lamb Biryani	\$13.95
Goat Biryani.....	\$13.95
Shrimp Biryani.....	\$13.95
Maanas Special Chicken Biryani	\$13.95
<small>House specialty with Boneless Chicken</small>	
Jackfruit Veg Biryani	\$13.95
MLA Biryani Potlam.....	\$13.95
Lal Mirchi Chicken Biryani.....	\$13.95
Golden Chicken Biryani	\$13.95
Crispy Fish Biryani	\$13.95
Kheema Biryani.....	\$13.95
Gongura Chicken/Goat.....	\$13.95/\$14.95
Ulavacahru Chicken/Goat.....	\$13.95/\$14.95
Avakai Chicken/Goat	\$13.95/\$14.95

FRIED RICE - INDO CHINESE

(Served with hot Sauce)

Vegetable Fried Rice	\$9.95
<small>Fresh vegetables cooked with basmati rice and homemade spices</small>	
Egg Fried Rice	\$10.95
<small>Steamed basmati rice made with eggs and chillies</small>	
Chicken Fried Rice	\$10.95
<small>Steamed basmati rice with Chicken pieces and homemade spices</small>	

NOODLES - INDO CHINESE

(Served with hot Sauce)

Hakka Noodles	\$9.95
<small>Less Spicy noodles with Soy Sauce</small>	
Schezwan Noodles	\$9.95
<small>Spicy noodles with Soy Sauce</small>	
Singapore Noodles.....	\$9.95
<small>Noodles with homemade sauce</small>	
Chicken Noodles	\$10.95
<small>Noodles with homemade Chicken broth</small>	

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DESSERTS

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- Gulab Jamoon** \$3.95
Fried milk balls immersed in cardamom sugar syrup
- Rasamalai** \$4.95
Sweet cottage cheese dumplings flavored with saffron and cardamom
- Carrot Halwa** \$4.95
Shredded carrots cooked with milk, cardamom and dry fruits
- Rice Kheer** \$4.95
Boiled rice with Milk and Sugar
- Special Mango Kulfi** \$4.95
Traditional Indian mango ice cream with mango



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Business Hours

Mon-Sun: 11 AM to 10 PM

Thank You for Visiting MaanaS
Enjoy the Food!



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