

Dominique Mack

Writer | Counselor | Advocate

Dominique Mack is a brilliant writer, counselor, and advocate for women and girls empowerment. Known for her unorthodox approach of marrying spirituality with her rebel tongue, Dominique breaks down the complexity of healing in a relatable, inclusive and accessible way.

Dominique's events and trainings are informative, interactive, and calls to action for change. Her work has been featured everywhere from The Huffington Post, XONecole, Elite Daily, Blavity, For Harriet and many others. Advocating healing through one's own stories, she shares her personal experiences of shame, generational trauma, and body image struggles merged with her therapeutic skill set.

Dominique is the creator of The Soul Work Rx a wellness community for women of color seeking wholeness in every area of their life with intention. The Soul Work Rx Women's Retreat is a carefully curated one of a kind luxury yet affordable wellness experience centering Black womanhood and women of color vulnerability.



Expertise

- Personal and Professional Development
- Leadership Development
- Social Entrepreneurship
- Racial Equity
- Writing and Editing Marketing
- Generational Trauma
- Women's Empowerment
- Victimology and Crisis Intervention
- Community Development Strategies

Featured



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Writing and Editing Rates

- **\$10 Proofreading:** This is the easiest type of editing. Proofreading is about getting rid of the cosmetic errors. It is usually the last step in the writing/editing process. It's not meant to be comprehensive it doesn't involve re-working text, or re-arranging content. Proofreading is about doing a last run-through to catch surface problems.
- **\$13 Copy editing:** Copy editing is about improving style, formatting, and accuracy. Copy editing is about making sure there aren't inconsistencies, and that the style flows well — in addition to being grammatically correct. Could involve restructuring some paragraphs, or heavily correcting style, flow, and grammar.
- **\$15 Content editing:** Is much more intensive. There is a level of content creation and critique. Adding things that were left out and rewriting sections of content
- **Grant writing and ghost writing:** \$1 per word or an agreed upon package deal based on length of project. Projects begin at \$5,000 dependent upon number of contacts/meetings, project length, deadline/expedition of service story development/planning, research writing, and editing.
 - Interviews and research to learn all about you and your project
 - Planning and outlining your project
 - Ghostwriting original content based on interviews or research
 - Revisions to our writing per your feedback and guidance
 - Meticulous editing to ensure your project is free of error
- **Resumes** \$50
- **Proposals** \$500
- **Articles/Blogs** \$200
- **Hourly Rate** \$50 and above
- **Bios and profiles** \$200 and above
- **Deposit** \$200 minimum or 25% down of project estimate.

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Speaker and Training Rates

Keynote, expert panelist, workshop host, for the following topics: Leadership Development, Personal Development, Community Development, Crisis Intervention, Women's Empowerment, Purpose, Manifestation, Grief and loss, Boundaries, Shame, Patterns,

In Person events: \$3, 500 full day event / \$1, 500 half day

Online events: \$2, 200 full day event, contact soulworkrx@gmail.com for more information to meet your event needs.

Interviews and podcast appearance: audience must be 1,000 listener or greater, on areas of women, family or community development contact for more information to gauge the fit of audience and needs.

TRAVEL EXPENSE POLICY:

Dominique's speaking fees do not include travel and lodging expenses. Dominique generally requires one round-trip coach-class airfare ticket for events further than 225 miles from Brunswick, GA, and one full-size rental car plus gas OR one round-trip train ticket (if available) for events further than 50 miles but less than 225 miles from Brunswick, GA. In addition to round-trip travel accommodation to the event, Dominique requires ground transportation and/or parking to and from the event, as well as 3.5 star (or better) hotel lodging, plus meals if the engagement requires an overnight stay. Travel arrangements are to be booked and paid directly by your organization; however, Dominique may be reimbursed for these expenses following the engagement if prior agreement was made in the contract. Dominique's preferred travel brands are as follows:

AIR

- Delta Airlines
- American Airlines
- United Airlines
- Southwest Airlines

HOTELS

- Marriott/Starwood
- Hilton

CAR RENTAL

- Enterprise
- Hertz

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Program Development and Project Management Consulting

- Projects begin at \$5,000 dependent upon number of contacts, project length, project planning, partnerships, and editing.
 - Program Development
 - Program Design
 - Assessment
 - Data Collection
 - Budget Design
 - Evaluation
 - Recruitment/Hiring
 - Identifying key partnerships
 - Strategic Planning
 - Reporting requirements
- **Hourly Rate** \$150
- **Deposit** required 50% down of project estimate.