

Dominique Mack

Writer | Counselor | Advocate

Dominique Mack is a brilliant writer, counselor, and advocate for women and girls empowerment. Known for her unorthodox approach of marrying spirituality with her rebel tongue, Dominique breaks down the complexity of healing in a relatable, inclusive and accessible way.

Dominique's events and trainings are informative, interactive, and calls to action for change. Her work has been featured everywhere from The Huffington Post, XONecole, Elite Daily, Blavity, For Harriet and many others. Advocating healing through one's own stories, she shares her personal experiences of shame, generational trauma, and body image struggles merged with her therapeutic skill set.

Dominique is the creator of The Soul Work Rx a wellness community for women of color seeking wholeness in every area of their life with intention. The Soul Work Rx Women's Retreat is a carefully curated one of a kind luxury yet affordable wellness experience centering Black womanhood and women of color vulnerability.



Expertise

- Personal and Professional Development
- Leadership Development
- Social Entrepreneurship
- Racial Equity
- Writing and Editing Marketing
- Generational Trauma
- Women's Empowerment
- Victimology and Crisis Intervention
- Community Development Strategies

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