

Cheeseburgers a la Ruben

Courtesy Ruben Caro

Ingredients:

Cambrooke Foods Camburgers – 58 phe/burger

Cambrooke Foods Homestyle White Bread – 2 slices = 30 phe

Cambrooke Foods Low Pro Sliced Swiss Cheese 45 phe/slice

Worcestershire Sauce – Free

Thaw burgers

Pre-cook seasoned burgers in a sauté pan with Worcestershire sauce

Place pre-cooked burgers on grill and grill for 2-3 minutes per side.

Put cheese on to melt just before serving

Butter bread then grill bread 1 minute per side

Put burger together, cut in 1/2 and serve

PHE = 133 per burger or 66 per ½ burger