

## What is a Life Group, and Who can start one?

LifeGroups are small groups of friendly people who hang out and do life together during the week. Lifegroups meet at homes, restaurants, parks, or where ever! These groups include fellowship, prayer, Bible study, support, and accountability. Sometimes they include sports, games or food. Many groups are limited due to size and meeting places so grab a friend and start your own group today! Groups can happen at any time any place!

1. **There is a fellowship** (social connection) – most people in the group have things in common, such as kids, hobbies, careers, etc.
2. **There is a ministry** (Spiritual connection) – the group shares in Bible study, prayer, and possible discussion of the message from the previous Sunday.
3. **There is a mission** (outward connection) – the group shares a common purpose to reach out in some way. Often a work project for someone in need.

### **Example of a typical group:**

4 to 6 friends meet at “Joes” house and watch a 15 minute DVD, They pray about life and personal struggles. They discuss the “talk it over” questions from the bulletin in church that week. They go in the backyard and hang out while the kids play. Someone invites a new friend, and He starts coming to church. The group decides to sponsor the local soup kitchen, or visit a nursing home. They may meet for a few months on Friday night from 6:00 till 8:00pm and take a break for the summer. Whatever the details, each group “does life together”, and leads people to become fully devoted followers of Christ.

### **Leadership required:**

1. **Host** – allows the group to meet at their home each week
2. **Facilitator** – calls people and plans the activity, food, etc
3. **Spiritual leader** – prays, leads Bible discussion.

\*often a group declines when one person dominates conversations or excludes the quiet onlooker. Everyone matters; they feel included, on purpose! A healthy group will grow and split into more groups.