MINDSET: More often than not, we fail as a result of what is going on in our heads, not in our hands. At BASE by Pros, developing a mentally tough student athlete is a fundamental goal of our training programs. Our approach focuses on personal self-inspection, diligent preparation and goal-setting, and tools to promote “right now recovery” from failure.

SKILLS: At BASE by Pros we utilize a combination of unique training drills, state-of-the-art, real-time feedback, and repetition to ensure a progression of skills improvement in your student athlete. All of our training programs are taught by successful professional athletes with experience and an eye for detail.

STRENGTH: At BASE by Pros, we believe in physical conditioning well beyond the squat rack. While successful performance in sports is related to strength, a more balanced approach, which includes development in agility, flexibility, diet, and even proper sleep, will yield far more positive and dramatic results for most student athletes.

CHARACTER: Does your child have what it takes to make it? We can’t look at them and say for sure because so much of their athletic success will come from what is inside their head and their heart. At BASE by Pros, our trainers are successful professionals, but they are also mentors with strong moral character and a relentless desire to help your student athlete be the best version of themselves possible. Our programs will help them develop and maintain integrity, sacrifice, and focus. Student athletes who embrace the program will develop as conscientious citizens of solid character.

Character is the foundation on which our entire program is built.

WE STAND ALONE in our focus to develop the whole individual beyond the athlete.

Our customized pathways lead every one of our student athletes to achieve their biggest dreams!

BASE by Pros
14926 35th Ave West Lynnwood, WA 98087
Info@BASEbyPros.com  (425) 200-4448

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**BASEBALL & SOFTBALL TRAINING**

**LESSONS (1:1 & 2:1)**

- **2:1** Players benefit from personal instruction and a hint of competition while observing another student’s form and sharing the learning process.

- **1:1** For players seeking more individual attention to up their game.

**MOST POPULAR!**

- **16 LESSONS**
  - 3 monthly payments of $225
  - 3 monthly payments of $300

- **32 LESSONS**
  - 12 monthly payments of $185
  - 12 monthly payments of $280

**CLINICS (8:1)**

- One hour regularly-scheduled weekly clinics
- Starting at $35 per session
- Session packages: 4 at $180, 8 at $280
- Clinics cover all the bases, including hitting, fielding, pitching and catching

**ANNUAL MEMBERSHIPS**

- Athletic Assessment
- Fitness Assessment
- SHOWCasing Consultation
- Speaking Engagements

PLUS, a **10% DISCOUNT** across the board! Save on camps, classes, showcasing videos, leagues, merchandise, and more. Memberships are valid for the whole family. For athletes committed to taking their game to the next level, this one is a no brainer!

**FREE** INCLUDES: 10% DISCOUNT across the board!

**EVENTS**

- **Summer Camps** - A ton of recreational “fun in the sun” for younger kids
- **Skill-Based Camps** - Highly focused, year-round instructional opportunities for all ages
- **Holiday FanFest** - Our annual celebration brings plenty of joy to the offseason.
- **Hitting Leagues** - Experience an exciting level of competition while gaining valuable instruction.
- **Speaking Engagements** - Experts in often-overlooked topics provide both players and parents a unique opportunity for growth
- **Bat Demos** - Hit the cage with bats from your favorite brands, pick your favorite and save!