

Whole Wheat Choco Chip Cookies from Eryn Jones Fuson

Ingredients:

- 1 cup Sucanat
- 1/2 cup applesauce or butter
- 3 cups whole-wheat flour
- 1 tsp baking soda
- 1/2 tsp salt
- 2 eggs
- 2 tsp *pure* vanilla extract
- 1/2 cup chocolate or carob chips
- 1/2 cup chopped walnuts or pecans or hazelnuts
- 1/2 cup rolled oats

Directions:

1. Preheat oven to 350°
2. Mix sucanat and applesauce (or butter) until well-blended.
3. Add flour, baking soda, salt and mix well
4. In separate bowl, mix eggs and vanilla, add to dry mixture
5. Mix all together well. Stir in chocolate chips, nuts, and oats.
6. Spoon batter onto cookie sheet, which has been covered with parchment paper, and flatten. Bake for 13-15 minutes.
7. Makes approximately 24 cookies.

Bon Appétit!

