



**Discovery Challenge Academy**  
Document Checklist

Interview Date:	_____
Interview Time:	_____
Location:	
	<b>700 E. Roth Rd</b>
	<b>Lathrop CA, 95330</b>
	<b>916-616-7364</b>

**Applicant:**

The following documents will need to be turned at the time of your interview. If you are unable to gather all documents, we will **NOT** be able to process the application until all documents are turned in. You may turn in any documents by emailing them to [admissions@iamdiscovery.org](mailto:admissions@iamdiscovery.org) or by uploading them at [www.iamdiscovery.org/upload](http://www.iamdiscovery.org/upload).

- Online Application
- Custody Documents (If Applicable)
- Copy of Birth Certificate
- Copy of Social Security Card or Receipt
- Copy of California ID or Receipt
- Legal Supporting Documents, Ex. Police Report, ticket, court dates etc. (If Applicable)
- School Transcripts
- IEP / 504 (If Applicable)
- Copy of Health Insurance Card
- Sports Physical/SF 93 (Signed and Stamped by Dr., RN, PA, No Chiropractors)
- Therapist/Psychiatrist Clearance Letter (If Applicable)
- Immunization Records
- Tdap (Adacel within 10 Years)
- HPV Shot (Males and Females, Must Begin Series)
- MCV4 Shot (Within 5 Years) Booster shot required if Menactra shot was received before age 16
- TB Test with Results (Must be within 1 year of class start date)
- FLU Shot (January Class Only)
- Copy of Power of Attorney (**Notarized**)

If you have any questions, please contact the admissions department at [admissions@iamdiscovery.org](mailto:admissions@iamdiscovery.org) or by phone at 916-616-7364



Sports Physical Form (SF 93) Page 1 of 3

Discovery Challenge Academy - Report of Medical History and Insurance Information

- 1. Student Name: CA ID#: Birth Date Height Weight
2. Parent/ Guardian Name: Parent/ Guardian Contact Number:
3. Statement of Health- Good Fair Poor Explain:
4. Have you ever been hospitalized? Yes No For What? When?
5. Do you normally go to the Doctor for headaches, colds, or minor ailments? Yes No
6. Current Medications Reason
7. Allergies (List should include insect bites and stings, common foods, and medications)
8. Your Doctor's Name Phone# 24 hr. #
9. Do you wear braces? Yes No Do you wear contact lenses? Yes No
10. Have you been hospitalized in the last 6 months? For What?
11. Have you had a broken bone in the last 6 months? What happened?
12. Are you under a Doctor's care for ANY condition, or diagnosis or prescribed medication?

NOTE: If you answered "Yes" to question 9, 10, or 11, you must include a "Doctor's Release" stating that you are emotionally and physically capable to participate in all components of the program. A physical exam and release is required for accepted students.

CIRCLE ALL OF THE ITEMS THAT APPLY NOW OR THAT YOU HAVE EVER EXPERIENCED. IF YOU CIRCLE ANY ITEM, PUT THE YEAR THAT THE CONDITION OCCURRED NEXT TO THE CONDITION, AND A BRIEF EXPLANATION BELOW IT.

If this is a current condition, write CURRENT next to the condition. Failure to disclose known issues could result in expulsion of student.

Table with 4 columns of medical conditions: Eye, ear, nose, or throat trouble; Frequent indigestion; Pregnant at this time; Paralysis (include infantile); Chronic or frequent colds/coughs; Stomach, liver, or intestinal; Treated for female disorder; Epilepsy, seizures, or fits; Severe tooth or gum trouble; Gall bladder trouble; Change in menstrual cycle; Motion sickness; Bleeds easily; Arthritis, rheumatism; Recent gain/loss of weight; Frequent trouble sleeping; Liver disorder/disease; Diabetes or Hypoglycemia; Had 1 or more children; Eating Disorder; Nose bleeds; Jaundice or hepatitis; Unconsciousness/Head Injury; Depression or heavy weeping; Skin disorders; Bone, joint or deformity; Thyroid trouble or goiter; Loss of memory or amnesia; Sinusitis, hay fever; Tumor, growth, cyst, cancer; Lameness or neuritis; Nervous disorder; Asthma, shortness of breath; Rupture/hernia; Broken Bones; Adverse reaction to medication; Coughed up blood; Anemia; Sickle Cell; Rectal disorder; Tuberculosis; Painful/frequent urination; recurrent back pain; Head Lice; Sleepwalker; Scarlet/ Rheumatic fever; Bedwetting since age 12; Swollen or painful joints; Dizziness or fainting spells; Palpitation or pounding heart; Leg or feet cramps; Kidney stone/ blood in urine; Frequent or severe headaches; Heart trouble or murmur; Sugar or albumin in urine; Loss of finger, toe, arm, or leg; High or low Blood Pressure; Sexually Transmitted Disease; Knee brace or back support; Painful or "trick" knee, shoulder, elbow; Attempted suicide

I, (Printed Name of Parent) parent/guardian of (Printed Name of Student) hereby agree to:

- 1. Maintain active health insurance for the entire duration of the academy.
2. Ensure that all required vaccinations are up to date, in accordance to the academy's specifications, prior to the Academy's start date.
3. Provide \$50 on intake day to cover any miscellaneous medical expenses.

Signature of Parent/Guardian Signature of Parent/Guardian
Student Signature



## Sports Physical Form (SF 93) Page 2 of 3

**NOTE: This information is for official and medically-confidential use only and will not be released to unauthorized persons**

1. NAME OF EXAMINEE (Student) (Last, first, middle)			2. CALIFORNIA ID#	3. DOB	DATE OF EXAM:
4a. HOME STREET ADDRESS(Street, City, State, ZIP)			5. EXAMINING FACILITY (STAMP HERE)		
4b. CITY	4c. STATE	4d. ZIP CODE			
6. PURPOSE OF EXAMINATION					

### SPORTS PHYSICAL FOR APPLICATION TO ATTEND DISCOVERY CHALLENGE ACADEMY AND IMMUNIZATION UPDATE REQUIRED.

7. STATEMENT OF PATIENT'S PRESENT HEALTH AND MEDICATIONS CURRENTLY USED(Use additional pages if necessary)			
a. PRESENT HEALTH	b. CURRENT MEDICATION	REGULAR OR INTERM.	ROUTE
c. ALLERGIES(Include insect bites/stings and common foods)			
	d. HEIGHT	e. WEIGHT	
8. PATIENT'S OCCUPATION		9. ARE YOU (check one)	
<b>STUDENT</b>		<input type="checkbox"/> RIGHT HANDED <span style="margin-left: 100px;"><input type="checkbox"/> LEFT HANDED</span>	

10. PAST/CURRENT MEDICAL HISTORY											
CHECK EACH ITEM. IF "YES" EXPLAIN IN BLANK SPACE ON 2 <sup>ND</sup> PAGE. LIST EXPLANATION BY ITEM NUMBER											
CHECK EACH ITEM	YES	NO	YEAR	CHECK EACH ITEM	YES	NO	YEAR	CHECK EACH ITEM	YES	NO	YEAR
Household contact with anyone with tuberculosis				Shortness of breath				Bone, joint or other deformity			
Tuberculosis or positive TB test				Pain or pressure in chest				Loss of finger or toe			
Blood in sputum or when coughing				Chronic cough				Painful or "trick" shoulder or elbow			
Excessive bleeding after injury or dental work				Palpitation or pounding heart				Recurrent back pain or any back injury			
Suicide attempt or plans				Heart trouble				"Trick" or locked knee			
Sleepwalking				High or low blood pressure				Foot trouble			
Wear corrective lenses				Cramps in your legs				Nerve injury			
Eye surgery to correct vision				Frequent indigestion				Paralysis (including infantile)			
Lack vision in either eye				Stomach, liver or intestinal				Epilepsy or seizure			
Wear a hearing aid				Gall bladder trouble or gallstones				Car, train, sea or air sickness			
Stutter or stammer				Jaundice or hepatitis				Frequent trouble sleeping			
Wear a brace or back support				Broken bones				Depression or excessive worry			
Scarlet fever				Adverse reaction to medicine				Loss of memory or amnesia			
Rheumatic fever				Skin diseases				Nervous trouble of any sort			
Swollen or painful joints				Tumor, growth, cyst, cancer				Periods of unconsciousness			
Frequent or severe headaches				Hernia				Parent/sibling with diabetes, cancer, stroke or heart disease			
Dizziness or fainting spells				Hemorrhoids or rectal disease				X-ray or other radiation therapy			
Eye trouble				Frequent or painful urination				Chemotherapy			
Hearing loss				Bed wetting since age 12				Head Lice			
Recurrent ear infections				Kidney stone or blood in urine				Plate, pin or rod in any bone			
Chronic or frequent colds				Sugar or albumin in urine				Easy fatigability			
Severe tooth or gum trouble				Sexually transmitted diseases				Been told to cut down or criticized for alcohol use			
Sinusitis				Recent gain or loss of weight				Used illegal substances			
Hay fever or allergic rhinitis				Eating disorder (anorexia, bulimia, etc...)				Used tobacco			
Head injury				Arthritis, Rheumatism, or Bursitis							
Asthma				Thyroid trouble or goiter							



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#### 11. FEMALES ONLY

CHECK EACH ITEM	YES	NO	DON'T KNOW	DATE OF LAST MENSTRUAL PERIOD	DATE OF LAST PAP SMEAR	
Treated for a female disorder						
Change in menstrual pattern						

Pregnancy exam must be conducted. Results - Negative  Positive

	YES	NO	If you answered "yes" to any questions on page 1, use the space below to explain:
12. Have you ever been treated for a mental condition? (If yes, specify when, where, and give details)			
13. Have you had, or have you been advised to have, any operation? (If yes, describe and give age at which occurred)			
14. Have you ever been a patient in any type of hospital? (If yes, specify when, where, why, and name of doctor and complete address of hospital)			
15. Have you consulted or been treated by clinics, physicians, healers, or other practitioners within the last 5 years for other than minor illnesses? (If yes, give complete address of doctor, hospital, clinic and details)			
16. Have you ever been diagnosed with a learning disability? (If yes, give type, where and how diagnosed)			

#### 17. ADDITIONAL INFORMATION BELOW:

I certify that I have reviewed the foregoing information supplied by me and that it is true and complete to the best of my knowledge. I authorize any of the doctors, hospitals, or clinics mentioned above to furnish the Government a complete transcript of my medical record for purposes of processing my application for this employment or service. I understand that falsification of information on Government forms is punishable by fine and/or imprisonment.

18a. TYPED OR PRINTED NAME OF EXAMINEE (STUDENT)	18b. SIGNATURE	18c. DATE
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19. PHYSICIAN'S SUMMARY AND ELABORATION OF ALL PERTINENT DATA (Physician shall comment on all positive answers. Physician may develop by interview any additional medical history deemed important, and record any significant findings here.)

Candidate will be participating in daily physical training exercises such as: pushups, sit-ups, short distance running (normally under 2 miles), extended hiking, and other basic exercises. Is the patient able to participate in these exercises without limitation?

- Cleared
- Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_
- Not cleared (reason): \_\_\_\_\_

If History of Asthma, is Inhaler Needed  Yes  No  N/A

20a. TYPED OR PRINTED NAME OF PHYSICIAN OR EXAMINER (Must be MD, DO, PA, NP)	20b. SIGNATURE	20c. DATE
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# TB Test Result Form

Name: \_\_\_\_\_

DOB: \_\_\_\_\_ SEX: Male / Female

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**To be completed by the Physician:**

Name of MD who read the exam (please print): \_\_\_\_\_

Date TB test was administered: \_\_\_\_\_

Date TB test result was read: \_\_\_\_\_

Result of Test: MM Induration: \_\_\_\_\_

Does Patient need a chest x-ray? \_\_\_\_\_ Yes \_\_\_\_\_ No

Signature of MD who read the exam: \_\_\_\_\_

Date: \_\_\_\_\_

MD Address: \_\_\_\_\_ MD Phone Number: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please Attach Form Here if taken within the last 12 months:

Note: Your physician's office may use its own TB test form to report the results, or you may be submitting results from a TB test administered within the last twelve (12) months. If so, please attach that documentation. Please indicate dates when the test was administered and read.



**Discovery ChalleNGe Academy**

**Special Power of Attorney for the Authorization of Medical Care and Medical Expense Statement  
THIS FORM NEEDS TO BE NOTARIZED**

**KNOWN ALL MEN/WOMEN BY THESE PRESENTS:**

That I \_\_\_\_\_, Date of birth \_\_\_\_/\_\_\_\_/\_\_\_\_ ID # \_\_\_\_\_  
Guardian (or Student if 18 years old) (Guardian's, or Student's if 18 years old, CA ID #/Residency Card #)

Am a legal resident of \_\_\_\_\_ County, California, hereby appoint the director of Discovery ChalleNGe Academy, located at Sharpe Army Depot, Lathrop, CA, as my true and lawful attorney-in-fact to do the following in my name and in my behalf:

Anything necessary to maintain (my health) the health of my child\*, \_\_\_\_\_. I want my attorney-in-fact to  
\*If 18 years old enter "N/A".

Have the power to consent to any medical or dental treatment needed for my child and to sign any papers needed to authorize those treatments. I want my attorney-in-fact to be able to do anything I could do if I were personally present. Anything my attorney-in-fact does to maintain the health of my child (my health) will be the same as if I had done it myself. This is a Durable Power of Attorney. It will stay in effect if I become disabled, incapacitated or incompetent. This Power of Attorney shall expire after the 22 week residential phase is completed or the Cadet withdraws or is terminated from the Academy.

**Medical Expenses Statement of Understanding**

The medical staff at the Discovery ChalleNGe Academy consists of a Medical Doctor, P.A., and RNs. They will make all necessary medical determinations regarding current cadets. Discovery ChalleNGe Academy **DOES NOT** pay for normal medical expenses incurred by your cadet. The cadet, and ultimately the parent/guardian, regardless of insurance coverage, is responsible for all normal medical and dental expenses, to include all co-payments, deductibles, and all non-covered charges. The Academy will provide physician, hospital, or pharmacy needs with the appropriate insurance information or Medical or Medicaid coverage.

IN WITNESS WHEREOF, I have affixed my signature hereto this \_\_\_\_\_ day of \_\_\_\_\_ 20 \_\_\_\_\_

 Signature \_\_\_\_\_  
Guardian (or Student if 18 years old)

\*\*\*\*\* TO BE COMPLETED BY NOTARY \*\*\*\*\*

A notary public or other officer completing this certificate verifies only the identity of the individual who signed the document to which this certificate is attached, and not the truthfulness, accuracy, or validity of that document.

STATE OF CALIFORNIA, COUNTY OF \_\_\_\_\_)

On \_\_\_\_\_ before me, \_\_\_\_\_,

personally appeared \_\_\_\_\_, who proved to me on the basis of satisfactory evidence to be the person(s) whose name(s) is/are subscribed to the within instrument and acknowledged to me that he/she/they executed the same in his/her/their authorized capacity (ies), and that by his/her/their signature(s) on the instrument the person(s), or the entity upon behalf of which the person(s) acted, executed the instrument.

I certify under PENALTY OF PERJURY under the laws of the State of California that the foregoing paragraph is true and correct.

WITNESS my hand and official seal.

Signature: \_\_\_\_\_ (Seal)