

# GIONA'S G.I.O.N.A.'S KITCHEN

PREPARED FOODS

**Curb Side Pickup, Delivery, Catering and Prepared Meals**  
**914-495-3720 or 914-495-3721 • [www.gionascatering.com](http://www.gionascatering.com)**  
*(Substitutions can be made for vegan, vegetarian and gluten free)*

## Big Plates

<b>Blanca's Empanada Platter</b> .....	13.95
Served with Tostones, side of Slaw, and House-Made Pico de Gallo	
<b>Penne Vodka</b> .....	9.95
Prosciutto with a Cream Tomato Sauce	
<b>Pasta Primavera</b> .....	9.95
Served with Pomodoro Sauce	
<b>Kauai</b> .....	14.95
Spicy Garlic Shrimp with Mango, Edamame, Served over Rice Noodles	
<b>The Impossible Burger!</b> .....	10.95
Served with Avocado, Lettuce, Tomato, Vegan Cheese, with side of Sweet Potato Fries	
<b>Spaghetti and Meatballs</b> .....	9.95
Served Tomato Basil Sauce	
<b>Orange Ginger Chicken Stir Fry</b> .....	11.95
w/ Vegetables and Rice	

## Items below accompanied with a vegetable and a starch

<b>Pollo Alla Principessa</b> .....	11.95
Chicken Cutlet with Bread Crumbs, Parmigiano, Artichoke Hearts and Lemon White Wine Sauce	
<b>Brick-Pressed Chicken</b> .....	11.95
"Alla Villa Massa" Topped w/ Chianti Classico Sauce	
<b>Classic Turkey Breast</b> .....	10.95
Served with Classic Gravy	
<b>Marinated Seven Spice, Grilled Flank Steak</b> .....	14.95
<b>Sautéed Lemon Sole</b> .....	12.95
Finished w/ Lemon Caper Sauce	
<b>Organic Atlantic Wild Salmon</b> .....	14.95
Filet Served w/ White Caper Sauce	
<b>South of the Border Pulled Pork</b> .....	12.95
Served with Chipotle Cole Slaw, Tomato, and Avocado	
<b>Moroccan Spiced Pork</b> .....	11.95
Moroccan Style Seasoned Roasted Pork Loin	

## Soup Menu

6.50 pint / 10.00 quart

Country Beef Barley • Lentil Vegetable • Mama's Chicken and Rice w/ Veggies  
 Roasted Cauliflower "Alla Parmigiana" • Wild Mushroom "Perfection"

## Kids Menu

<b>Homemade Chicken Tenders</b> .....	7.95
with French Fries or Sweet Potato Fries	
<b>Sliders</b> (with cheese add \$1.00) .....	8.95
Two Grilled Burger with French Fries or Sweet Potato Fries	
<b>Penne with Tomato Sauce</b> .....	6.95
<b>House Made Mac &amp; Cheese</b> .....	6.95

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## Morning Plates

Served from 7-10am

**Build Your Own Sandwich**.....Varies  
 1 Egg 1.75    2 Eggs 2.50    Steak 2.00    Avocado 1.25    Turkey, Sausage, Ham, Bacon, Cheese .50 each

### Signature Omelettes

Served with Potatoes and Bacon or Sausage

**The Athens** ..... 7.50

Feta, Chives, Onion, and Tomato

**The Californication**..... 8.00

Peppers, Tomato, Avocado, and Cheddar

**The Barcelona** ..... 8.00

Sausage, Onions, Potatoes, and Peppers

### Signature Sandwiches

Served with Side of Potatoes, and Your Choice of Bread

**The Whitey**..... 5.50

Egg Whites with Grilled Veggies and Muenster

**The NY Classic** ..... 3.50

Two Eggs, Bacon, and Cheese

**The Sunshine Roll-up** ..... 5.50

Scrambled Eggs with Cheddar and Sausage Served on a Wrap

## All Day Plates

**Organic Chicken Caesar Salad** ..... 9.95

Grilled Organic Chicken, Shredded Parmigiano, Organic Romain and House Made Dressing

**Beet and Apple Salad**..... 9.95

With Goat Cheese over Organic Greens with Fennel and Dill

**Vegetarian Salad** ..... 7.95

Seasonal Grilled Vegetables Served over Organic Greens and Feta

**Wild Atlantic Grilled Salmon Carpaccio Salad** .....

10.95

Over Organic Field Greens, Bermuda Onions, Grape Tomatoes with Lemon Vinaigrette

**Mediterranean Organic Chicken Salad** .....

10.95

Manchego, Pears, Olives, Cashew, and Balsamic Vinaigrette over Organic Field Greens

**Giona's Burger Platter** ..... 9.95

Your Choice of Beef, Vegetable, or Chicken-Turkey and Served with French Fries (with cheese add \$1.00)

**Grilled Veggie Wrap**..... 7.95

Goat Cheese, Olive Spread, Organic Greens, and Tomato

**Seasonal Grilled Vegetable Frittata**..... 9.95

Topped with Imported Feta Cheese w side salad

**Organic Tuscan Chicken Wrap** ..... 7.95

With Grilled Organic Chicken, Artichoke Parmigiano Spread, Tomato and Organic Greens

**Sole Filet Wrap**..... 8.95

Organic Field Greens, Grape Tomatoes and Lemon Dressing

**Turkey Bacon Avocado Wrap**..... 8.95

with Organic Lettuce, Tomato and Muenster Cheese

**Mexican Vegan Burrito** ..... 9.95

Pinto Beans, Rice, Veggies, Avocado, Vegan Sour Cream and Cheese

**The Philadelphia Grinder**..... 8.95

Grilled Flank Steak Served on Garlic Bread with Onions, Peppers, and Melted Mozzarella

**El Cubano Panino** ..... 7.95

Roasted Pork Loin, Smoked Ham, Swiss, Pickles, and Dijon Mustard Served with Side of Plantains

**Na Pali Coast Roll**..... 7.95

Gluten Free Rice Wrap, Carrot, Cucumber, Slaw, and Avocado, with Sweet Chili Sauce

**802 Commerce Street Thornwood N.Y. 10594**