

Digital detox: Six unplugged vacations around the world

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Step away from the iPad. Take a break from tweeting. And don't even think about checking your work e-mail. For your next vacation, consider going cold turkey by ditching all your techie tendencies and completely unplugging. The goal at these getaways is to cure your case of digital dependence and get a good dose of R&R.

The Singular Patagonia

Patagonia, Chile

Your M.O. when you check into this five-star retreat, which happens to be surrounded by the snowcapped Andes and Torres del Paine National Park, is to become one with nature. And you really can't do that until you stop with the instagramming. That said, this luxe hotel, which was named a national historic landmark, makes it easy for you. The "One With Nature" package has guests surrendering their personal devices upon check-in, and they may also choose rooms with no television (the view of the majestic Fjord of Last Hope will have to do). Without your usual time-consuming technology, you have more time to explore the area by horseback (with a real-life gaucho), take cooking classes and hike past blue-tinted icebergs. Come dinnertime, if you are itching for a quick fix, you are allowed to access your devices 30 minutes before or after dinner. thesingular.com