

ALL DAY CAVE OFFERINGS

PLAIN TOAST – 2 slices/blueberry chia seed jam or ghee	2
EGG SANDWICH – egg any style/spinach/ghee + cheese	5.5 1
HOUSEMADE PALEO GRANOLA – granola bowl/seasonal fruit/milk of choice (SM or LG)	5/7
GRANOLA TOAST – almond butter/banana slices/housemade granola/honey	5.75
AVOCADO HALF – EVOO/sea salt/pepper - on bed of greens + hard-boiled or fried egg	2.5 1
AVOCADO TOAST – EVOO/sea salt/pepper – on bed of greens + hard-boiled or fried egg	6 1
CITRUS AVOCADO TOAST – lime juice/clover sprouts – on bed of greens + hard-boiled or fried egg	6.75 1
SMOKED SALMON AVOCADO TOAST – cucumber/smoked salmon/dill – on bed of greens + hard-boiled or fried egg	8 1
SMOKED SALMON MELT – ghee/spinach/avocado/smoked salmon/muenster/lemon/capers + hard-boiled or fried egg	8
PALEO BOWL – greens/grass-fed beef sausage or chicken sausage/sweet potatoes/sauerkraut + ½ avocado/egg/2 slices toast	9 1 ea.
SANDWICHES – Choice of Side Salad or Chips	
EGG SALAD - organic eggs/avocado mayo/spinach	7.5
VEGGIE – Hummus/Spinach/Cucumber/Carrot/Sprouts + avo / cheese / chicken	7.5 1 ea.
GRILLED CHEESE PANINI - muenster/mozzarella/organic spinach	7.5
VEGGIE PANINI - sundried tomatoes/roasted peppers/spinach/muenster	7.5
BBQ JACKFRUIT – BBQ jackfruit/Housemade Paleo Coleslaw	8
CHICKEN PESTO PANINI - pesto/organic chicken/spinach/muenster	8.5
CHICKEN SALAD – Chicken Breast/Avocado Mayo/Cranberries/Walnuts/Celery	8.5
SALADS	
Cave Classic Salad – spring mix/cucumber/peppers/carrots/egg/croutons + avo + chicken	7 1 2
Chicken Cranberry Salad – spring mix/cranberries/candied walnuts/feta/chicken	8.5
SCOOPS – NO BREAD – with side of cucumber salad and artisan quinoa crackers	
EGG SALAD – bed of greens/eggs/avo mayo/sprouts	7.5
BBQ JACKFRUIT – bed of greens/bbq jackfruit/housemade paleo slaw	8
CHICKEN SALAD – bed of greens/chicken/celery/avo mayo/cranberries/walnuts/sprouts	8

• CAVEGIRL COFFEEHOUSE IS 100% GLUTEN FREE and REFINED SUGAR FREE •
• WE ARE PALEO INSPIRED AND LOCALLY SOURCE AS MANY ORGANIC INGREDIENTS AS POSSIBLE •