

# SUNDAY MORNING TEACHING GUIDE

Teacher: Donovan Christian

Letting peace *rule* in your heart is very different from experiencing moments of peace. This week we learn more about Jesus' peace and how we can let it take control in our hearts in difficult moments.



## CONVERSATION STARTER

What are some of your jerk reactions when things go wrong?

## READ AND DISCUSS

Colossians 3:12-15

What does a heart of peace look like according to this passage?

Paul paints a picture of what peace looks like in Col 3:12-15. How well do you think followers of Jesus resemble this picture in their interactions with each other? Is your answer concerning? Why or why not?

Paul assumes a Christian should view who they are as *God's chosen ones, holy and beloved*. Do you believe that is your core identity?

If God really does view you as his chosen, holy, and beloved one, how does that change how you live and treat others? Is understanding and believing that God sees you that way a foundation for peace?

Paul encourages Christians to let peace *rule* in your heart. What does that mean? How do you get there?

Read John 14:27 Why is the peace of Jesus different than other *peace*?

## APPLICATION

How do you "let the peace of Christ rule (umpire) in your heart" according to Sunday's message? Think of a personal scenario you can apply this in.

What are some ways you need to invite Jesus and his peace to rule in your heart?

In difficult moments challenge yourself to say, "**Jesus, thank you that your peace is available to me in this moment. I invite your peace to take control of my heart.**"