

SUNDAY MORNING TEACHING GUIDE

Teacher: Donovan Christian

We learned last week that biblical peace is NOT circumstantial. Peace is more than an absence of conflict, but rather the ability to have confidence in the Lord of Peace. Jesus' presence in our lives gives us peace even when conflict remains. If you're missing peace, the missing peace is Jesus. He is the foundation for true peace in your life.



CONVERSATION STARTER

- Who in your house controls the TV?
- Have you ever been accused of being a control freak?

READ AND DISCUSS

What are some of the ways you feel like life is out of your control right now? In what ways do you feel like you have control?

What do you *feel* when things are out of your control?

Read Isaiah 26:3-14

Why is it so easy to put our trust in things that have far less control than God?

What would you say you've been putting your trust in? Think about what your mind has been set on and thoughts been focused on. Be honest with yourself/group.

Why are some of those things we put our trust in a poor place to put our trust in?

APPLICATION

Was there a moment you experienced more peace this week because of last week's teaching and application.

Are there things keeping you from trusting God more?

Whenever you sense a lack of peace in your life, recognize in that moment that God is in control and put your mind on him (not the problem) and you will have more peace.

God is in control, so I don't have to be. How will you let that truth bring you peace?