



Preventive care benefits for adults

All Marketplace health plans and many other plans must cover the following list of preventive services without charging you a [copayment](#) or [coinsurance](#). This is true even if you haven't met your yearly [deductible](#).

IMPORTANT These services are free only when delivered by a doctor or other provider in your plan's network.

1. [Abdominal aortic aneurysm one-time screening](#) for men of specified ages who have ever smoked
2. [Alcohol misuse screening and counseling](#)
3. [Aspirin use](#) to prevent cardiovascular disease and colorectal cancer for adults 50 to 59 years with a high cardiovascular risk
4. [Blood pressure screening](#)
5. [Cholesterol screening](#) for adults of certain ages or at higher risk
6. [Colorectal cancer screening](#) for adults 50 to 75
7. [Depression screening](#)
8. [Diabetes \(Type 2\) screening](#) for adults 40 to 70 years who are overweight or obese
9. [Diet counseling](#) for adults at higher risk for chronic disease
10. [Falls prevention](#) (with exercise or physical therapy and vitamin D use) for adults 65 years and over, living in a community setting
11. [Hepatitis B screening](#)  for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
12. [Hepatitis C screening](#) for adults at increased risk, and one time for everyone born 1945–1965
13. [HIV screening](#) for everyone ages 15 to 65, and other ages at increased risk
14. [Immunization vaccines](#) for adults — doses, recommended ages, and recommended populations vary:
 - o [Diphtheria](#)

- [Hepatitis A](#)
- [Hepatitis B](#)
- [Herpes Zoster](#)
- [Human Papillomavirus \(HPV\)](#)
- [Influenza \(flu shot\)](#)
- [Measles](#)
- [Meningococcal](#)
- [Mumps](#)
- [Pertussis](#)
- [Pneumococcal](#)
- [Rubella](#)
- [Tetanus](#)
- [Varicella \(Chickenpox\)](#)
- 15. [Lung cancer screening](#)  for adults 55-80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
- 16. [Obesity screening and counseling](#)
- 17. [Sexually transmitted infection \(STI\) prevention counseling](#) for adults at higher risk
- 18. [Statin preventive medication](#) for adults 40 to 75 at high risk
- 19. [Syphilis screening](#) for adults at higher risk
- 20. [Tobacco use screening](#) for all adults and cessation interventions for tobacco users
- 21. [Tuberculosis screening](#) for certain adults without symptoms at high risk