

This portion of our menu changes for lunch and dinner daily, as our cooks & menu planners are continually creating new & exciting dishes while also drawing from hundreds of recipes found in the Moosewood Restaurant cookbooks.

sandwiches

Ira's Lunch Pita Creamy tofu-kan and vegetable spread with greens and tomato
Half 3.5 Whole 5.75

Pesto Ciabatta (v) Ithaca Bakery bread with basil-walnut pesto, roasted Roma tomatoes, greens and fresh mozzarella (opt.) 5.5

soups

Cup 2.75 Bowl 3.75

Curried Split Pea (v)
Creamy Sweet Potato
Chilled Cucumber-Yogurt

our dressings

All entrees are served with a house salad. *Dressings:* house (creamy spinach-basil), feta garlic, lemon tahini, miso ginger, honey dijon, dressing du jour (ask for availability)

today's entrees

Ratatouille (v)

A variation on a recipe from [Moosewood Restaurant Simple Suppers](#)

Classic French stew with eggplant, zucchini, peppers and tomatoes simmered with herbs and wine; served on rice, topped with Parmesan cheese (opt.) 8.5

Scarlett's Frittata

A variation on a recipe from [Moosewood Restaurant New Classics](#)

Roasted sweet potatoes and peppers baked with smoked & sharp cheddar, herbs and egg custard; served with cabbage slaw 9

Mushroom-Tofu-Pecan Burger (v)

From [Moosewood Restaurant New Classics](#)

Savory baked patty served on rice, topped with caramelized onions and dilled Havarti cheese (opt.) 8.5

Aegean Torta

Flaky whole wheat filo pastry filled with fresh fennel, artichoke hearts and sun-dried tomatoes with a blend of cheeses, herbs and eggs; served with marinated green & yellow beans 9

Indonesian Rice Salad (v)

A mix of brown & Thai black rice, diced vegetables, currants and fresh pineapple tossed with an orange-sesame dressing; topped with toasted cashews and tofu-kan and served with a cup of soup of your choice 9

Greens and Garlic Lasagna

Pasta baked with a creamy tomato-basil sauce, Italian cheeses and local organic kale 9

A 1.00 plating fee will be assessed for split entrees. Please, no more than two separate checks.

(V) - may be made vegan. Dishes are served with optional items unless otherwise requested.

If you have any dietary restrictions or food allergies, please consult your waiter for a complete list of ingredients