Stamford, CT: I-95

Summary

<table>
<thead>
<tr>
<th>National Ranking by Congestion Index</th>
<th>43</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Speed</td>
<td>43.4</td>
</tr>
<tr>
<td>Peak Average Speed</td>
<td>32.5</td>
</tr>
<tr>
<td>Nonpeak Average Speed</td>
<td>46.9</td>
</tr>
<tr>
<td>Nonpeak/Peak Ratio</td>
<td>1.44</td>
</tr>
<tr>
<td>Peak Average Speed Percent Change 2018 - 2019</td>
<td>-0.61%</td>
</tr>
</tbody>
</table>

### Average Speed by Time of Day

- **MPH:**
  - Lowest speed (10 AM to 11 AM) is around 20 MPH.
  - Highest speed (11 PM to 12 AM) is around 60 MPH.

- **Time of Day:**
  - Weekdays with peak congestion typically occur from 6 AM to 9 AM and 4 PM to 7 PM.
  - Nonpeak times are generally more favorable, with speeds reaching up to 50 MPH.

### Additional Data

- **NY:**
  - Located northeast of the study area.
- **Long Island Sound:**
  - To the east of the study area.
- **CT:**
  - Covering the region.
- **Norwalk:**
  - Located southwest of Stamford.