



# Garlic Basil Meatball Subs

## With Rich Chicks Garlic Basil Chicken Meatballs

**Serving Size:** 1 Sandwich

**Yield:** 128

**Contribution:** 2oz Meat/Meat Alternate, 1/2 Cup Red/Orange Vegetable, 2 oz Grain

**RC Product Code:** 91401

Ingredients	Amount	Preparation Instructions
Rich Chicks Garlic Basil Meatballs	20 lbs	1. Place 5 lbs of meatballs in full pan cover with 1#10 can of marinara sauce. Heat covered in 350 degree oven for 30 minutes or until internal temperature reaches 165 degrees.
Marinara Sauce	4 #10 Cans	2. Place 5 meatballs and 1/2 cup sauce on hot dog bun
Whole Grain Rich Hot Dog Buns	11 Dozen	3. Hold in warmer until ready to serve

Nutritional Information			
Portion	1 Sandwich	Cholesterol (mg)	48
Calories	294	Sodium (mg)	681
Total Fat (g)	7	Total Carbohydrates (g)	36
Saturated Fat (g)	1.25	Dietary Fiber (g)	2
Trans Fat (g)	0	Protein (g)	19

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.