



# Sweet & Sour Chicken Breast Sandwich

With Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Fillet

**Serving Size:** 1 Sandwich

**Yield:** 120 Servings

**Contribution:** 2oz Meat/Meat Alternate, 2.5oz Grains

**Smart Snack:** Not currently Smart Snack Compliant

**RC Product Code:** 13440

Ingredients	Amount	Preparation Instructions
Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Breast Fillet	30 lbs	Place Chicken Fillets on sheet pan. Heat at 350 degrees in a convection oven for 10 - 12 minutes or until product reaches an internal temperature of 165 degrees.
Aunt Millie's WG Hamburger Buns 3354	10 Dozen	Place heated Chicken Fillet on bottom portion of bun, add 2 Tbsp Sweet & Sour Sauce place top of bun wrap and serve.
Kikkoman's LS Sweet & Sour Sauce	1 Gal	

Nutritional Information for 1 Sandwich			
Portion	1 sandwich	Cholesterol (mg)	53
Calories	411	Sodium (mg)	619
Total Fat (g)	9	Total Carbohydrates (g)	52
Saturated Fat (g)	1.5	Dietary Fiber (g)	>1
Trans Fat (g)	0	Protein (g)	26
Sugar (g)	19		

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.