



Premium Chicken Breast Sandwich

With Rich Chicks Premium Whole Grain Breaded Truly Whole Muscle Chicken Fillet

Serving Size: 1 Sandwich

Yield: 120 Servings

Contribution: 2oz Meat/Meat Alternate, 2.5oz Grains

Smart Snack: Not currently Smart Snack Compliant

RC Product Code: 13408

Ingredients	Amount	Preparation Instructions
Rich Chicks Premium Whole Grain Breaded Truly Whole Muscle Chicken Breast Fillet	30 lbs	Place Chicken Fillets on sheet pan. Heat at 350 degrees in a convection oven for 10 - 12 minutes or until product reaches an internal temperature of 165 degrees.
Aunt Millie's WG Hamburger Buns 3354	10 Dozen	Place heated Chicken Fillet on bottom portion of roll, add top, wrap and serve with 1 mustard packet
Mustard Packet 5.5 grams	120	

Nutritional Information for 1 Sandwich			
Portion	1 sandwich	Cholesterol (mg)	53
Calories	333	Sodium (mg)	583
Total Fat (g)	9.5	Total Carbohydrates (g)	27
Saturated Fat (g)	1.5	Dietary Fiber (g)	>1
Trans Fat (g)	0	Protein (g)	24
Sugar (g)	11		

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.