

REVELATIONS OF THE HEART

~ Join us for a 7-week journey blending Kabbalah & creative writing ~



COME BE A WITNESS TO YOUR LIFE AND HEAR THE REVELATIONS OF YOUR HEART THROUGH WRITING!

Based on an ancient Hebrew custom called "Counting the Omer," for 49 days this creative spring cleanse immerses you in seven Kabbalistic qualities from the Tree of Life. The 50th day is known as the time of Revelation, called Shavuot in Judaism or the Feast of Weeks in Christianity.

Experience this sacred practice, shed the shackles of perfectionism, and let your creative process unfold. Watch miracles grow during this reflective, mystical, and fun journey.

No writing experience necessary and you don't have to share your writing with the class unless you want to! Teens and adults welcomed.

**Ya'el's book, *Revelations of the Heart*, is available on Amazon.com
and is a useful guide to the workshop.**

WHEN:

**Mondays, March 29-May 10, 2021
4:30-6 pm or 6:30-8pm (MT)
Two classes: Both class times offered.**

REGISTRATION/CONTACT:

**yaelchaikindcounseling@gmail.com
Limited to 12 each class
Registration Fee: \$150
Via zoom**

Ya'el Chaikind, MPH, MA, LPCC

is a published author and poet,
a book counselor, and
a licensed psychotherapist.
She has facilitated writing
workshops for 20 years.

HERE'S WHAT PAST PARTICIPANTS HAVE TO SAY:

"Ya'el supported each of us to find our own
unique style and gifts with words."
– Alexanna, Nurse

"Your workshop gave me new tools to dig into my
human experience, to express and heal myself
through the written word."
– Gary, Sculptor

"When I'm in Ya'el's class, I feel nothing short of
inspired. She is so full of vitality, love, and spirit, I
am lifted out of the ordinary and into the land of
extraordinary."
– Terry, Facilitator

**PS Did you find the interesting, unintentional
typo in the flyer? I left it in!**