

## **SHADOW Lake Nature Preserve**

PO Box 58963 // 21656 184<sup>th</sup> Ave SE Renton, WA 98058 shadowhabitat.org <u>info@shadowhabitat.org</u> (425) 432 4914

# SHADOW Lake Nature Preserve Summer Wilderness Adventures

SHADOW Lake Nature Preserve welcomes summer groups with a suite of summer-friendly activities, service projects, and, as always, walks in our rare and unique peat bog.

## **Logistics**

All packages come with a tour of the 5,000-year-old Shadow Lake Bog. All groups are required to place a \$20 non-refundable booking deposit to secure their date. Packages are scheduled Tuesday - Friday from 10 am - 5 pm.

The Nature Preserve is open from dawn to dusk and can be accessed without a SHADOW Naturalist. We ask that groups of 15 people or larger contact us before taking self-guided walks or using the property.

**Pricing and Packages** 

Package Name	Package Includes	Program Length	Cost for School Groups (does not reflect sliding scale)
Bog Walk	Naturalist led walk through our 10000 year old peat bog	1 Hour	No booking fee + \$3/camper
Explorer Package	Bog Tour + 1 Facilitated activity of choice	2 Hours	\$20 booking fee + \$5/camper
Adventurer Package	Bog Tour + 2 Facilitated activities of choice	3 Hours	\$20 booking fee + \$10/camper
Steward Package	Bog Tour, 1 Facilitated activity of choice +2 hour Volunteer service project at SHADOW	4 Hours	\$20 booking fee No fee per person
Satellite Package	Have an instructor from the Nature Preserve visit your camp	4 – 8 Hours	\$40 per hour Half Day (4 hours) = \$ 185 Full Day (8 hours) = \$ 320

## **Costs**

Cost includes facilitated activities or tour by a SHADOW educator, materials including art supplies, journals, tools, work gloves, etc. Groups are responsible for providing their own food, snacks, beverages, and appropriate clothing for the day. All funds collected to go directly to support SHADOW Lake Nature Preserve in advancing its mission.

MODAILS

SHADOW Lake Nature Preserve stewards critical habitat, increases access to green spaces, and provides inclusive environmental education to cultivate a land use ethic throughout the Puget Sound Region.



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## **Discounts & Sliding Scale Pricing**

We believe that ALL students should experience this special ecosystem, which is why we work hard to subsidize our educational programming. If the fee presents a financial challenge for your community or group, please contact Alex Hardy at <a href="mailto:education@shadowhabitat.org">education@shadowhabitat.org</a> or by phone at (425) 432-4914 and we will work with you.

## **Summer Activities**

## **Bog Walk**

The keystone of every Wilderness Adventure is a guided, or student-facilitated, tour of the 5,000-year-old Shadow Lake Bog, the Nature Preserve's gem and founding inspiration. Bog walks include a few short educational opportunities and activities.

### Hiking

Join a SHADOW Naturalist for a hike around the Nature Preserve. We are home to over 3 miles of trails perfect for exploring young and old forests, wetlands, and more! Hiking pairs nicely with our Gardening Activity as the Native Plant Garden is a 1-mile roundtrip walk from our Uplands Trailhead Area.

### **Nature Art**

Create nature-inspired art and let the Nature Preserve be your muse. We will choose between a variety of activities: Found Item Art, The Art of Nature Journaling, Building Fairy Houses, Design Your Own Bog Creature and more!

#### **Youth Science**

Learn and Do with this activity focused around the scientific exploration. This activity will focus around observations of wildlife for our iNaturalist database, recording the pH in wetlands for our Bog Project, or recording information on plants for the National Phenology Network.

### Gardening

Spend time gardening and learning about Native Plants at our Native Plant Garden. This activity is all about care for our garden and the earth while learning the importance of pollinators. \*Gardening requires some hiking and may require additional time.

### **Service Projects**

Our 104-acre Nature Preserve relies on volunteers like you to help us remove invasive species, pick up litter, keep trails clear, and do upkeep like cleaning and clearing. Join a Naturalist in a 2-hour service project of the staff's choosing and help preserve this place.

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