

From the Pastoral Care Committee

After this Sunday's service, and for the foreseeable future, there will be a Pastoral Care listener available to members who feel the need to talk about concerns they might have. The name of the Pastoral Care listener will be announced during the service. You will have to access the Pastoral Care listener, by phone or email, through the UUFSD Directory.

For those who are not currently logged into the Directory, you may either download the app "instantchurchdirectory" on your phone or other mobile device or go to instantchurchdirectory.com in your computer browser. Once you have done that you will create a new account and login with the email you have on file with UUFSD. Instant Church Directory will then ask you to create a password. Once you have done that you should be good to go. If you have any problems logging on, please contact Tracey at office@uufsd.org or 858-755-9225.

Religious Education is continuing online through Zoom. Join us!

Mondays, Wednesdays, and Fridays, 6:30-7 pm: Story time with Alison
Tuesdays and Saturdays, 7pm: High school youth group
Saturdays, 4 pm: Middle school coming of age group
Sundays, 2 pm: Adult OWL
Sundays, 4 pm: Young Adult group

For the Zoom link & password, just email Alison, our R.E. Director, at alison@uufsd.org or text her at 619-252-1867. We may be physically distant, but we do not have to be socially or spiritually separated. We will get through this time together.

Wednesday Mindfulness Meditation Group

The Mindfulness Meditation group offered by Livia Walsh each Wednesday morning will be offered via Zoom from 9:30-10:30 instead of in person attendance.

If you would like to participate on any given Wednesday please send Livia an email on Tuesday evenings and she will send you the Zoom link. (livwalsh1@gmail.com)

Join the Racial Justice Task Force for a Book Discussion over Zoom

We will be trying out the Zoom app for a book discussion on Sunday, April 26th at 2:00pm.

Our topic involves immigration, including our southern border and its dangers: The Line Becomes a River: Dispatches from the Border (2018) is a memoir by Francisco Cantú. This author writes stunningly about the beauty of the desert. The son of a park ranger, Cantú grew up in the southwest. When he joined the Border Patrol, he became witness to the stark realities of our southern border, where the obligations of his job weighed heavily against his values.

Call or text Cathy Leach-Phillips at 650 224-1974 or email bookclub@uufsd.org if you have any questions. All who have read the book are welcome.

Please contact Dana at dfriehauf@yahoo.com if you need assistance using Zoom.
Join Zoom Meeting Link:
<https://zoom.us/j/96275829038?pwd=VjhCK1JCL0dTV1U5TIY4MWF5NERjQT09>
Meeting ID: 962 7582 9038, Password: 966364

Unitarian Universalist Fellowship of San Dieguito

Single Service at 10:00am

Watch This Sunday's Sermon Via Zoom

<https://uufsd.org/zoom>
Meeting ID: 995 7087 9448
Password: 485217
Telephone: 669-900-6833



Sunday, April 26, 2020

“Be Here Now and Then”

Prelude “Simple Gifts”

arr. Scott Roewe, *saxophone, Louis Durra, piano*

Welcome

Angie Knappenberger

Opening Hymn #128 For All That is Our Life

Chris Lehman

Announcements

Chalice Lighting

Centering Hymn #123 Spirit of Life

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea;
move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free;
Spirit of Life, come to me, come to me.

Fellowship Covenant

“May love be the spirit of this congregation;
May the quest for truth be its sacrament.
And service be its prayer;
To dwell together in peace,
To seek knowledge in freedom,
And to help one another in fellowship.
This is our Covenant.”

Story for All Ages

Alison A.L.G. McLeod

Joys and Sorrows (sung response—2x) **Hymn #1002**

“Comfort me, comfort me, comfort me, oh my soul.”

Generosity Message

Spoken Meditation “Meditation on Letting Go”

by Carol Allman-Morton *Rev. Thomas Perchlik*

“Meditation on Breathing” Hymn #1009

“When I breathe in, I breathe in peace.
When I breathe out, I breathe out love.”

Silent Meditation

Sermon “Be Here Now and Then”

Closing Hymn #1028 The Fire of Commitment”

by Jason Shelton

Closing Words

Extinguishing the Chalice

“We extinguish this flame
but not the light of truth,
the warmth of community,
or the fire of commitment.
These we carry in our hearts
until we are together again.”

Postlude “A Golden Gate Afternoon” by Tom Gerou

Katie Klaerich

*Minister
Worship Associate
Religious Education Director
Music Director
Pianist
Sound/Audio Visual Specialist
Pastoral Listener*

*Rev. Thomas Perchlik
Angie Knappenberger
Alison A.L.G. McLeod
Chris Lehman
Katie Klaerich
Joe Cantrell
Kerry Traylor*

Service will be followed by a “Virtual Coffee Hour