

MUSCATINE SCHOOLS (K - 8) BREAKFAST & LUNCH*

JULY

2019

*Menu subject to change

1	2	3	4	5
Summer Meals Program	Summer Meals Program	Summer Meals Program	Summer Meals Program	Summer Meals Program
Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	NO BREAKFAST OR LUNCH SERVED	Assorted Cereal w/ Toast
Chicken Filet Sandwich	Spaghetti w/ Meatsauce	Beef & Bean Walking Taco		PB&J Sandwich
Tater Gems	Breadstick	Refried Beans		Carroteenies
Peaches	Steamed Broccoli	Strawberries & Blueberries		Assorted Fruit
~~~~~	Banana	~~~~~		Rice Krispie Treat
Oranges	~~~~~	Fresh Strawberries	~~~~~	Assorted Apples
1% White Milk	Carrots & Celery w/ Ranch	1% White Milk		FF Chocolate Milk
100% Juice				
8	9	10	11	12
<b>Summer Meals Program</b>	<b>Summer Meals Program</b>	<b>Summer Meals Program</b>	<b>Summer Meals Program</b>	<b>Summer Meals Program</b>
Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast
Pancakes w/Sausage	Mac n Cheese	Beef Taco	Chicken Filet Sandwich	BBQ Pork Rib Sandwich
Potato Wedges	Green Beans	Mixed Greens	Sweet Potato Waffle Fries	Baked Beans
Applesauce	Pears	Fresh Orange	Grapes	Assorted Fruit
~~~~~	~~~~~	~~~~~	~~~~~	Carnival Cookie
Goldfish Crackers	Banana	Celery & Carrots w/ Ranch	Strawberries & Blueberries	Assorted Fresh F & V's
1% White Milk	1% White Milk	100% Juice	1% White Milk	FF Chocolate Milk
15	16	17	18	19
Summer Meals Program	Summer Meals Program	Summer Meals Program	Summer Meals Program	Summer Meals Program
Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast
Popcorn Chicken w/ Bread & Butter	Cheeseburger	Cheesy Nachos	Orange Chicken w/ Brown Rice	Cheese Pizza - Little Caesars
Sweet Potato Waffle Fries	Cheesy Potatoes	Refried Beans	Steamed Broccoli	Tri-Taters
Pears	Apple	Banana	Strawberries & Blueberries	Assorted Fruit
~~~~~	~~~~~	~~~~~	~~~~~	Cookie
Oranges	Cucumbers w/ Ranch	Assorted Apples	Red Grapes	Assorted Fresh F & V's
1% White Milk	100% Juice	1% White Milk	1% White Milk	FF Chocolate Milk
22	23	24	25	26
<b>Summer Meals Program</b>	<b>Summer Meals Program</b>	<b>Summer Meals Program</b>	<b>Summer Meals Program</b>	<b>Summer Meals Program</b>
Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast
Corn Dog	Chicken Alfredo w/ Garlic Breadstick	Crispitos w/ Cheese Sauce	Mozzarella Pizza Sticks w/ Marinara Sauce	Pancakes w/ Sausage
Baked Beans	Steamed Peas & Carrots	Steamed Corn	Cheesy Broccoli	Potato Wedges
Peaches	Banana	Clementine	Grapes	Assorted Fruit
~~~~~	~~~~~	~~~~~	~~~~~	Peanut Butter Cups
Pineapple Wedges	Assorted Apples	Broccoli w/Ranch	Strawberries & Blueberries	Assorted Fresh F & V's
1% Milk	1% Milk	100% Juice	1% Milk	FF Chocolate Milk
29	30	31	1	2
Summer Meals Program	Summer Meals Program	Summer Meals Program	Summer Meals Program	Summer Meals Program
Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast	Assorted Cereal w/ Toast
Muskie Burger w/Cheese	Spaghetti w/Meatsauce	Beef & Bean Walking Taco	Hot Dog on Bun	Pepperoni Pizza - Little Caesars
Sweet Potato Waffle Fries	Breadstick	Mixed Greens	Baked Beans	Tri-Taters
Applesauce	Green Beans	Banana	Strawberries & Blueberries	Assorted Fruit
~~~~~	~~~~~	~~~~~	~~~~~	Carnival Cookie
Assorted Apples	Carroteenies w/Ranch	Oranges	Red Grapes	Assorted Fresh F & V's
1% Milk	100% Juice	1% Milk	1% Milk	FF Chocolate Milk

BREAKFAST, where offered: Assorted Fresh Fruit & 100% Juice LUNCH - Offered daily: Fresh Baby Carrots & Fresh Fruit, 1% White & Chocolate Skim Milk

Please contact Nichole Sorgenfrey at [nichole@unitedwaymuscatine.org](mailto:nichole@unitedwaymuscatine.org) with comments or concerns

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