

METROPOLITAN SAFETY COUNCIL, NEW ORLEANS

Your safety & health training center since 1950.

Defensive Driving 4-Hour Course (DDC-4)

The National Safety Council's Defensive Driving Course was the first driver improvement course in the nation. Since 1964, more than 80 million drivers worldwide have taken it, and the ranks are growing by more than a million a year. Over 50 years later, this course still sets the standard for driver improvement training.

DDC-4 is a four-hour driver improvement program that also makes an ideal refresher course. In just half a day, DDC-4 offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude and responsibility in preventing accidents and reinforces the good driving skills students already have. Most importantly, DDC-4 shows students the consequences of the choices they make behind the wheel and puts defensive driving in a personal context.

COURSE CONTENT

➤ **Session 1**

- What's In Our Control
- What Can Happen
- Defensive Driving
- Collision Prevention
- Occupant Safety
- Vehicle Maintenance

➤ **Session 2**

- Sharing the Road
- Hazard Recognition
- "What If" Strategy
- Speeding
- Aggressive Driving & Road Rage
- Following Too Closely

➤ **Session 3**

- Distracted Driving
- Vehicle & Lane Management
- Alcohol & Drug Impairment

➤ **Session 4**

- Drowsy Driving
- Recognize the Hazard
- Make the Right Choice
- My Driving Habits
- Alternative Choices
- My Plan

➤ **Summary, Review**

➤ **Multiple Choice Test**

Prices subject to change without notice.

Rev 1/21

